



2026

# MASTERS

## PROVINCIALS



\*\*\*Registration for Swimmers and Coaches - Olympic Lounge (2nd floor)\*\*\*  
Pick-Up Deck Accreditation

### Day 1 - Friday, April 17, 2026

7:30 AM	Registration Opens!
7:45 AM	Deck Access
8:30 AM-8:55 AM	Warm-Up
<b>9:00 AM-12:00PM</b>	<b>Session 1 - Racing in Shallow Pool Only</b>
11:30 AM	Registration Continues
11:30 AM-1:00 PM	LUNCH - Olympic Lounge
12:30 PM - 12:55 PM	Warm-Up Group A
1:00 PM-1:25 PM	Warm-Up Group B
<b>1:30 PM-5:30 PM</b>	<b>Session 2 - Racing in Shallow Pool Only</b>

### Day 2 - Saturday, April 18, 2026

7:30 AM	Registration & Deck Access
8:00 AM-8:25 AM	Warm-Up Group B
8:30 AM-8:55 AM	Warm-Up Group A
<b>9:00 AM-11:40 AM</b>	<b>Session 3 - Racing in Shallow Pool (Women) &amp; Deep Pool (Men)</b>
11:30 AM-1:00 PM	LUNCH - Olympic Lounge
11:45 AM	Master's Ambassador Launch - Q&A
12:00 PM	Registration Continues
12:30 PM - 12:55 PM	Warm-Up Group A
1:00 PM-1:25 PM	Warm-Up Group B
<b>1:30 PM-5:40 PM</b>	<b>Session 2 - Racing in Shallow Pool Only</b>

### Day 3 - Sunday, April 19, 2026

7:30 AM	Registration & Deck Access
8:00 AM-8:25 AM	Warm-Up Group B
8:30 AM-8:55 AM	Warm-Up Group A
<b>9:00 AM-11:40 AM</b>	<b>Session 3 - Racing in Shallow Pool (Men) &amp; Deep Pool (Women)</b>
11:30 AM-1:00 PM	LUNCH - Olympic Lounge
12:00 PM	Registration
12:30 PM - 12:55 PM	Warm-Up Group A
1:00 PM-1:25 PM	Warm-Up Group B
<b>1:30 PM-5:00 PM</b>	<b>Session 2 - Racing in Shallow Pool Only</b>
2:00 PM-4:00 PM	Swim Series Award Presentations (during session)
5:00 PM	Masters Provincials Team Awards

\*\*\*Please follow the Split Warm-up Schedule\*\*\*

**Group A** - SQUALL, SOM, LSD, NTMSC

**Group B** - All other clubs

The Patio pool is open for continuous warm-up and cool-down.  
Swimmers are encouraged to watch from the athlete area in the stands in between races.