

2023-2024 Female "B" Standards

13&U	14	15	16	17&O	EVENT	17&O	16	15	14	13&U
LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM
30.65	30.10	29.66	29.47	29.11	50 Fr	28.54	28.90	29.09	29.52	30.04
1:06.37	1:04.95	1:04.24	1:03.85	1:02.90	100 Fr	1:01.67	1:02.60	1:02.98	1:03.68	1:05.07
2:24.17	2:21.00	2:20.60	2:17.92	2:16.14	200 Fr	2:13.48	2:15.21	2:16.99	2:18.24	2:21.34
5:06.60	4:58.50	4:56.84	4:52.89	4:49.50	400 Fr	4:43.82	4:47.14	4:51.02	4:52.66	5:00.58
10:33.36	10:24.05	10:18.03	10:05.33	9:59.28	800 Fr	9:47.53	9:53.46	10:04.87	10:11.81	10:20.94
20:13.91	19:56.06	19:42.53	19:20.19	19:08.58	1500 Fr	18:46.06	18:57.43	19:19.35	19:32.60	19:50.10
1:14.91	1:13.63	1:12.57	1:11.46	1:10.30	100 Bk	1:08.92	1:10.07	1:11.14	1:12.18	1:13.44
2:41.67	2:37.56	2:35.82	2:34.52	2:31.88	200 Bk	2:28.90	2:31.48	2:32.76	2:34.48	2:38.50
1:25.83	1:24.80	1:24.15	1:23.69	1:22.85	100 Br	1:21.22	1:22.05	1:22.50	1:23.13	1:24.15
3:04.88	3:02.57	3:02.03	3:00.62	2:59.72	200 Br	2:56.19	2:57.08	2:58.46	2:58.99	3:01.26
1:14.71	1:13.54	1:12.42	1:11.47	1:10.75	100 FI	1:09.36	1:10.08	1:11.00	1:12.10	1:13.24
2:49.68	2:46.69	2:45.40	2:40.14	2:37.75	200 FI	2:34.65	2:37.00	2:42.15	2:43.42	2:46.35
2:45.30	2:40.72	2:39.06	2:36.72	2:35.26	200 IM	2:32.22	2:33.65	2:35.95	2:37.56	2:42.06
5:49.28	5:46.31	5:36.67	5:34.51	5:30.50	400 IM	5:24.02	5:27.95	5:30.07	5:39.52	5:42.44

2023-2024 Male "B" Standards

13&U	14	15	16	17&O	EVENT	17&O	16	15	14	13&U
LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM
29.07	28.21	27.70	26.67	26.33	50 Fr	25.82	26.15	27.15	27.66	28.51
1:03.64	1:01.46	1:00.01	58.11	57.24	100 Fr	56.11	56.96	58.83	1:00.25	1:02.39
2:19.38	2:15.15	2:10.76	2:06.99	2:05.44	200 Fr	2:02.99	2:04.50	2:08.19	2:12.50	2:16.65
4:58.31	4:49.01	4:41.11	4:34.48	4:30.63	400 Fr	4:25.31	4:29.09	4:35.59	4:43.34	4:52.46
10:22.91	10:06.53	9:48.68	9:32.76	9:27.04	800 Fr	9:15.91	9:21.53	9:37.14	9:54.64	10:10.70
20:01.61	19:22.81	18:48.60	18:18.08	18:07.10	1500 Fr	17:45.78	17:56.54	18:26.47	19:00.02	19:38.05
1:12.57	1:10.58	1:08.74	1:05.77	1:05.04	100 Bk	1:03.76	1:04.48	1:07.39	1:09.20	1:11.14
2:36.82	2:32.91	2:29.36	2:23.00	2:21.48	200 Bk	2:18.69	2:20.20	2:26.43	2:29.91	2:33.74
1:23.33	1:20.27	1:19.38	1:15.85	1:15.09	100 Br	1:13.62	1:14.36	1:17.82	1:18.70	1:21.69
2:59.89	2:55.02	2:52.54	2:45.27	2:43.60	200 Br	2:40.39	2:42.03	2:49.16	2:51.59	2:56.36
1:12.54	1:09.52	1:07.36	1:05.11	1:04.45	100 FI	1:03.18	1:03.83	1:06.03	1:08.16	1:11.12
2:43.66	2:40.43	2:36.08	2:26.43	2:24.96	200 FI	2:22.12	2:23.57	2:33.03	2:37.28	2:40.45
2:39.08	2:33.33	2:29.44	2:24.91	2:22.32	200 IM	2:19.52	2:22.07	2:26.51	2:30.33	2:43.28
5:38.63	5:29.68	5:24.49	5:16.72	5:13.56	400 IM	5:07.41	5:10.52	5:18.13	5:23.21	5:31.99

revised January 7, 2024