

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05**Session Report**

Session: 3 Friday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	205 Women 50 Multi-Class PARA S1-S14 Free	10	1	08:30 AM	_____
Prelims	206 Men 50 Multi-Class PARA S1-S14 Free	13	2	08:32 AM	_____
	Break: 2 Minutes:				
Prelims	11 Women 200 Freestyle	80	8	08:36 AM	_____
Prelims	12 Men 200 Freestyle	97	10	08:58 AM	_____
Prelims	13 Women 400 IM	49	5	09:24 AM	_____
Prelims	14 Men 400 IM	72	8	09:54 AM	_____
	Break: 2 Minutes:				
Prelims	207 Women 50 Multi-Class PARA S1-S7 Fly	4	1	10:40 AM	_____
	Break: 2 Minutes:				
Prelims	209 Women 100 Multi-Class PARA S8-S14 Fly	7	1	10:44 AM	_____
Prelims	210 Men 100 Multi-Class PARA S8-S14 Fly	4	1	10:46 AM	_____
	Break: 2 Minutes:				
Prelims	15 Women 100 Butterfly	79	8	10:50 AM	_____
Prelims	16 Men 100 Butterfly	110	11	11:03 AM	_____
Finals-S	109 Women 15 & Over 400 Freestyle Relay	11	2	11:20 AM	_____
Finals-S	108 Men 15 & Under 400 Freestyle Relay	5	1	11:30 AM	_____
Finals-S	110 Men 16 & Over 400 Freestyle Relay	17	2	11:34 AM	_____
Finals-S	9 Women 1500 Freestyle	10	1	11:43 AM	_____
	Swimmers Counts for Warm-ups: 442	=====	=====		
	Entry / Heat Totals:	568	62		
	Finish Time			12:03 PM	_____

Event 205 & 206 - PARA 50 Free - Start from the south end (scoreboard)**Event 207 - PARA 50 Fly - Start from the south end (scoreboard)****Event 109 will swim before Event 108****Scratch deadline for finals:****30 minutes following the posting of results for event 16**

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Event 205 Women 50 LC Meter Multi-Class PARA S1-S14 Free

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Prelims				
0	Booth_S8SB7SM8, Madelein	19	VVAC/A,1,2,4,12,+	49.29
1	Sheppit-Edwards_S14S, Mel	16	GHAC	39.19
2	Smith_S14SB14SM14, Katie	16	BTSC/0	36.96
3	Jibb_S10SB9SM10, Mary C S	16	MUSAC/12,+	30.17
4	Hunsicker_S10SB9SM10, Ar	19	UL/3,5	29.31
5	Cosgriffe_S10SB9SM10, Kat	17	OAK/12,+	29.33
6	Calhoun_SB9, Meghan	19	OSAC/12,+	X32.02
7	Zafar_S8SB7SM8, Sumbul S	41	GHAC/A,2,4,12+	37.54
8	Stevens_S8SB8SM8, Ruby S	20	VVAC/A 3,4,12+	39.39
9	Van Wyck-Smart_S3SB2, Aly	20	VVAC/AE 3,4,12	1:14.96

Event 206 Men 50 LC Meter Multi-Class PARA S1-S14 Free

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
0				
1				
2				
3	Fricano_S14SB14SM14, Nic	19	GHAC	40.00
4	Tracey_S8SB7SM8, Nathan	20	KYPS/A 3,5,12+	35.95
5	Morgan_S7SB6SM7, Jack S7	20	KYPS/A 1,3,4,12+	39.59
6				
7				
8				
9				
Heat 2 of 2 Prelims				
0	Giammichele_S9SB9SM9, Cl	17	GHAC/A 3,5,12+	32.11
1	Leroux_SB9, James	25	UL/8	X31.58
2	Zona_S8SB7SM8, Zach S8	24	NHAC/3,5,12+	30.91
3	Fricano_S14SB14SM14, Ant	21	GHAC	30.02
4	MacDonald_S14SB14SM1, T	26	ROW/0	27.07
5	Cowan_S9SB8SM9, Felix Th	20	SAMAK/A,12,+	28.42
6	Daleman_S14SB14SM14, At	21	HHBF/0	30.74
7	Scott_S10SB9SM10, Nichola	20	OYO/A 12+	31.50
8	Kierstead_S14SB14SM1, Ge	14	MUSAC/0	31.76
9	Major-Gingras_S8SB8S, Edw	19	KYPS/A 3,5,12+	34.23

Event 11 Women 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Prelims				
0	Tripp, Helena T	12	KBM	2:22.31
1	Bennett, Anika	13	OTTER	2:21.44
2	Safa, Jade	14	MAC	2:20.16
3	Muir, Cassidy	14	OSHAC	2:19.54
4	Tomic, Mia	14	WAAC	2:18.90
5	Newell, Allison	14	ROW	2:19.08
6	Arlotti, Mia	14	WAC	2:20.10
7	Baetz, Evelyn 1	13	NYAC	2:20.60
8	Guo, Olivia	13	ROW	2:21.72
9	Willson, Isabel	13	WAAC	2:23.58

Heat 2 of 8 Prelims

0	Atherton, Lilah	16	GSH	2:17.90
1	Pierog, Madie	13	LSC	2:17.26
2	Cooper, Isabella	13	LSC	2:16.67
3	Anonychuk, Abigail	14	OAK	2:16.55
4	Gongora Gaytan, Daniela	15	OAK	2:16.14
5	Charapova, Kira	13	GO	2:16.15
6	Lee, Cayley	13	ESWIM	2:16.63
7	Wang, Jolie	14	ESWIM	2:16.69
8	Fagerstroem, Ginger G	14	TSC	2:17.72
9	Coode, Elizabeth K	15	CW	2:18.29

Heat 3 of 8 Prelims

0	Walker, Chloe	12	USC	2:16.08
1	Anthony, Lauren	17	MMST	2:15.65
2	Cabezas Garzon, Mariana	14	ESWIM	2:14.78
3	Duvall, Abby G	15	WAC	2:14.07
4	Hontoria Arroyo, Marcela	18	UG	2:13.65
5	Opara, Adaora I	14	MAC	2:13.84
6	Cyr, Emma	17	GO	2:14.10
7	Logan, Quinn I	14	CW	2:14.93
8	Er, Rosalie	13	BAD	2:15.89
9	Barber, Molly	15	SWOTT	2:16.13

Heat 4 of 8 Prelims

0	Tomory, Zoe	13	LSC	2:13.46
1	Jacques, Emma	16	BTSC	2:13.42
2	Miksa, Adele	15	NYAC	2:12.17
3	Bertelink, Nicole	15	NYAC	2:11.80
4	Frickleton, Aneshka	15	ESWIM	2:11.53
5	Lipton, Harper	15	NYAC	2:11.56
6	Ljuckanov, Lily	15	WS	2:12.17
7	Ryan, Analise	13	NYAC	2:12.70
8	Murray, Kendra	15	PICK	2:13.45
9	Schwindt, Jess	18	OAK	2:13.55

Heat 5 of 8 Prelims

0	Weiss-Reid, Beatrice	17	GO	2:11.30
1	Toews, Avery	15	ESWIM	2:10.73
2	Denes, Julia	15	BTSC	2:10.50
3	Young, Sophia	13	ESWIM	2:10.22
4	Tian, Amy Y	16	HAC	2:09.82
5	Toews, Bevin	15	ESWIM	2:10.03
6	Dreghici, Jessica	15	CW	2:10.27
7	Kryger, Madison	14	BROCK	2:10.53
8	Stepanoff, Paige M	13	TSC	2:11.03
9	Moustgaard, Maizie	15	NKB	2:11.43

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 6 Prelims (#11 Women 200 LC Meter Freestyle)

0	Smith, Rachel	16	MMST	2:08.75
1	Chen, Sophia	17	MAC	2:08.10
2	Hu, Yueyi	16	MAC	2:07.51
3	Gao, Emma M	17	MAC	2:06.26
4	Bezanson, Maya	15	ESWIM	2:02.61
5	Manning, Brooke	17	GGST	2:05.03
6	Raymond, Victoria	17	ESWIM	2:07.16
7	Bleakney, Lila	17	GGST	2:07.76
8	McGhan, Maya	17	NKB	2:08.33
9	Partridge, Viviane	16	GO	2:09.63

Heat 7 of 8 Prelims

0	Hocevar, Natalie	15	MSSAC	2:08.56
1	Kovaluk, Alexia	17	CAMO	2:08.08
2	Sheng, Jessica Z	17	MAC	2:07.51
3	Sava, Helen Anne	17	RAMAC	2:05.91
4	Statkevicius, Sylvia	15	ESWIM	2:02.45
5	Tigert, Leah L	14	TSC	2:04.24
6	Tomic, Nika N	17	BTSC	2:07.05
7	Vroom, Taira N	16	BTSC	2:07.54
8	Boyd, Trinity	17	ESWIM	2:08.11
9	Ogneva, Ekaterina	16	RAMAC	2:09.61

Heat 8 of 8 Prelims

0	Burton, Bridget	17	ISC	2:08.46
1	Campbell, Lauren	17	LAC	2:07.90
2	Lloyd, Delia	16	ESWIM	2:07.31
3	Schlyter, Emma H	23	TBT	2:05.44
4	Brousseau, Julie	17	NKB	2:00.65
5	Oravsky, Laila M	16	BTSC	2:03.55
6	Norman, Gemma	19	UT	2:06.29
7	Hutchison, Taya R	15	WAC	2:07.51
8	Er, Melissa	16	BAD	2:08.10
9	Kissuk, Sophie	16	ESWIM	2:08.90

Event 12 Men 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 10 Prelims

0				
1	Fright, Cullen M	14	WS	2:13.21
2	Zhou, Stanley	14	MAC	2:11.78
3	Rossel, Sam	15	OSAC	2:10.53
4	Almangush, Taha	15	GO	2:08.69
5	Killam, Carson J	13	NYAC	2:09.42
6	Yaghi, Marcel	14	MSSAC	2:11.02
7	Keenes, Charlie	13	COBRA	2:12.26
8				
9				

Heat 2 of 10 Prelims

0	Ye, Justin	14	RHAC	2:08.14
1	Tufekcibasi, Selim	14	TSC	2:07.55
2	Lee, Joseph	14	ROW	2:07.41
3	Bouley, Albert B	16	CREST	2:06.97
4	Vlakos, Emmanuel	14	CAMO	2:06.80
5	Oviedo, Rodrigo	14	CW	2:06.92
6	Posternak, Maty	13	OAK	2:07.06
7	Gemmell, Lucas M	14	OAK	2:07.44
8	Lanca, Samuel	15	SWOTT	2:07.66
9	Law, Brennan	14	OSAC	2:08.32

Heat 3 of 10 Prelims

0	Zhang, Jerry Z	14	MAC	2:05.75
1	George, Quintin K	18	SCAR	2:04.55
2	Pantartotto, Zachary	15	SWOTT	2:04.05
3	Flint, Benjamin	15	VAC	2:03.87
4	Harrison, Jaques R	15	CREST	2:03.52
5	D'Amour, Louis-Thomas	17	CAMO	2:03.64
6	Shearer, Ewan	15	LAC	2:03.91
7	Watson, Scott	14	ESWIM	2:04.40
8	Skavinski, Nicholas	14	ESWIM	2:05.62
9	Hicks, Logan J	16	BBST	2:06.30

Heat 4 of 10 Prelims

0	Carswell, Riley	15	WEST	2:03.30
1	Liu, Patrick	15	ROW	2:03.12
2	Usher, Gavin M	16	BTSC	2:02.87
3	Zou, Ethan	16	RAMAC	2:02.85
4	Radic, George	15	OAK	2:02.32
5	Iarmenco, Maxim	15	CAMO	2:02.76
6	Chen, Lucas O	15	RHAC	2:02.86
7	Kwon, Koen	15	OAK	2:02.97
8	Campbell, Trevor J	15	WS	2:03.27
9	Shi, Alex	16	OAK	2:03.51

Heat 5 of 10 Prelims

0	Brennan, Francis	15	BBST	2:02.00
1	MacGregor, Callum	17	SWOTT	2:01.90
2	Gort, Toby	15	NYAC	2:01.77
3	Daley, Elijah	16	ESWIM	2:01.54
4	Thomas, Evan	16	LAC	2:01.43
5	Matz, Ethan T	15	MMST	2:01.54
6	El Tatawy, Abdullah	15	LAC	2:01.67
7	Tully, Emerson	15	VAC	2:01.81
8	Boulaajoul, Malik	16	CAMO	2:01.92
9	McCormick, Michael	17	SWOTT	2:02.13

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 6 Prelims (#12 Men 200 LC Meter Freestyle)

0	Stuckless, Kyle	16	LAC	2:01.25
1	Bertrim, James T	16	SLSL	2:00.98
2	De Lucia, Paolo	17	OAK	2:00.66
3	Chari, Vik	15	MSSAC	2:00.65
4	Miekus, Mark	16	MSSAC	2:00.43
5	Cortez, David	16	CAMO	2:00.46
6	Hibbert, Samuel	15	GGST	2:00.65
7	Borden, Jace	16	NKB	2:00.95
8	Brock, Holden	16	NYAC	2:01.02
9	Yang, Paul	16	NYAC	2:01.37

Heat 7 of 10 Prelims

0	Duong, Kale	16	ESWIM	2:00.34
1	Da Ponte, Tyler	17	NEW	1:59.69
2	Barnardo, Connor	16	LAC	1:59.47
3	Pawlak, Jacob	16	NKB	1:59.36
4	Harvie, David	17	PICK	1:59.23
5	Dietz, Brian	16	ESWIM	1:59.36
6	Campbell, Ethan M	18	WS	1:59.42
7	Fonseca, Simon	14	CAMO	1:59.55
8	Dautrey, Jacob	20	CAMO	1:59.84
9	Hodson, Evan C	16	CW	2:00.43

Heat 8 of 10 Prelims

0	Kurji, Alym J	16	WS	1:58.30
1	Harris, Aiden	17	ESWIM	1:57.55
2	Banta, Jared L	17	GHAC	1:56.84
3	Malakhovets, Max	17	ESWIM	1:55.76
4	Senc-Samardzic, Filip	17	TSC	1:53.53
5	Allen, Isaac	18	WS	1:55.28
6	Winterborn, Ben C	17	KBM	1:56.12
7	Chisholm, sam	17	TBT	1:57.22
8	Gonzalez Barboza, Sebastian	17	CAMO	1:57.99
9	Payne, Hunter	16	BRANT	1:58.59

Heat 9 of 10 Prelims

0	Zhang, Yichi	16	RAMAC	1:58.22
1	Zhang, Kevin	17	ESWIM	1:57.53
2	Taylor, Noah S	16	TSC	1:56.70
3	Paulins, Sebastian	24	BRANT	1:55.74
4	Ginzburg, Eric	18	RAMAC	1:53.30
5	Haba, Hashim	18	MAC	1:54.98
6	Vilchez, Jordi	17	BTSC	1:56.04
7	Maher, Kevin	17	ESWIM	1:57.22
8	Powalowski, Mateusz	17	MAC	1:57.68
9	Sayed, Ali	16	CAMO	1:58.48

Heat 10 of 10 Prelims

0	Duffy, Edouard	17	CAMO	1:58.04
1	Rutherford-Parish, Emerson	17	GHAC	1:57.32
2	Destang, Antoine	14	ESWIM	1:56.24
3	Risk, Olivier	17	ROCS	1:55.36
4	Volodin, Artiom	19	CAMO	1:53.19
5	Row, Jaxson W	16	SJL	1:54.48
6	McMann, Preston	18	NKB	1:55.91
7	Scheffel, Carter	17	BRANT	1:57.03
8	Vorobiev, Max	15	MAC	1:57.59
9	Bereza, Justin V	16	SCAR	1:58.48

Event 13 Women 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 5 Prelims

0	Rus, Sophie	12	ROW	5:44.59
1	Warkentin, Katherine	13	ESWIM	5:31.91
2	McIntosh, Grace	13	GO	5:31.01
3	Stokley, Lauren	13	LAC	5:30.72
4	Harrison, Ella A	13	CREST	5:29.01
5	Leno, Alexandra	12	ESWIM	5:29.18
6	Cooper, Isabella	13	LSC	5:30.80
7	Lee, Cayley	13	ESWIM	5:31.02
8	Fukamachi-Jones, Nanami F	14	DUCKS	5:37.57
9				

Heat 2 of 5 Prelims

0	Charapova, Kira	13	GO	5:27.04
1	Walker, Chloe	12	USC	5:25.35
2	Kogon, Kiera	14	MAC	5:24.56
3	Langridge, Isabel	17	GO	5:22.03
4	Moustgaard, Maizie	15	NKB	5:18.92
5	Toews, Avery	15	ESWIM	5:19.05
6	Gonzalez, Daniella	14	CAMO	5:23.47
7	French, Cordelia	15	OAK	5:24.78
8	Xu, Sunny	13	ROW	5:26.69
9	Connors, Nicole	15	MSSAC	5:27.45

Heat 3 of 5 Prelims

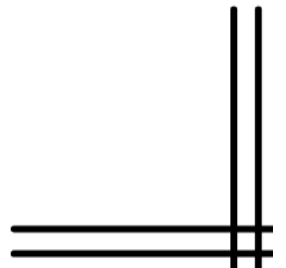
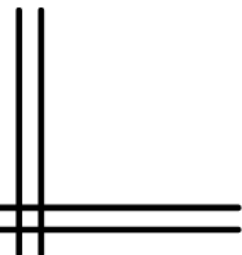
0	Chai, Amy	14	MAC	5:17.35
1	Matthews, Lily	16	GGST	5:13.07
2	Moustgaard, Ella	17	NKB	5:11.14
3	Wang, Angela Jiachen	15	MAC	5:05.80
4	Bezanson, Maya	15	ESWIM	4:55.75
5	Boyd, Trinity	17	ESWIM	5:03.24
6	Coolen, Meredith	18	MSSAC	5:09.87
7	Nicols, Jasmine	16	MAC	5:12.07
8	Taivassalo, Kesa I	15	MAC	5:14.08
9	Turton-Sugden, Emma	14	OAK	5:17.92



ONTARIO POWER
GENERATION

HILLMAN™

HIDE AUTO CENTRE
JAPANESE CAR SPECIALIST



2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 4 Prelims (#13 Women 400 LC Meter IM)

0	Lipton, Harper	15	NYAC	5:16.18
1	Coburn, Willow R	15	CW	5:13.00
2	Christie, Claire	16	GGST	5:10.94
3	Luu, Kaitlyn A	15	TBT	5:04.78
4	Sava, Helen Anne	17	RAMAC	4:54.83
5	Gulyas, Greta	17	RAMAC	5:02.49
6	Masic, Ema	17	ESWIM	5:08.87
7	Cheng, Denise	16	MAC	5:12.02
8	Brousseau, Charlotte	15	CAMO	5:13.94
9	Schultz, Anwyn O	16	GHAC	5:17.90

Heat 5 of 5 Prelims

0	Dreghici, Jessica	15	CW	5:14.56
1	Bennett, Aryka L	16	UCRO	5:12.66
2	Michaud, Élisabeth	17	CAMO	5:10.66
3	Ogneva, Ekaterina	16	RAMAC	5:04.48
4	Brousseau, Julie	17	NKB	4:47.44
5	Schlyter, Emma H	23	TBT	5:02.37
6	Vadeika, Robin	17	MAC	5:06.47
7	Toews, Bevin	15	ESWIM	5:11.87
8	Kissuk, Sophie	16	ESWIM	5:13.17
9	Yu, Victoria	15	NKB	5:17.53

Event 14 Men 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 8 Prelims

0				
1				
2				
3	Paterson, Liam	13	CCSC	5:23.33
4	Sweetnam, Declan	14	SWOTT	5:09.89
5	Suceveanu, Kirill	13	RAMAC	5:20.70
6				
7				
8				
9				

Heat 2 of 8 Prelims

0	Steffler, Benjamin I	15	MAC	5:09.70
1	Fedorovskiy, Max K	14	OAK	5:09.32
2	von Wasilewski Peyko, Pete	14	TSC	5:08.30
3	Zhou, Keaton	16	GO	5:07.62
4	Blackwell, Matthew	14	OTTER	5:06.53
5	Beyea, Alexander	15	NKB	5:07.17
6	Wang, Jack	14	BAD	5:08.22
7	Cooke, Jackson	13	LAC	5:08.63
8	Gostlin, Misha T	13	TSC	5:09.62
9				

Heat 3 of 8 Prelims

0	Bertrand, Charles	18	GO	5:06.03
1	Jian, Alex	14	RAMAC	5:04.19
2	Brown, Connor D	14	CW	5:03.25
3	Lee, Aidan	13	RAMAC	5:02.66
4	Wu, Ian	15	ESWIM	5:01.20
5	Shi, Alex	16	OAK	5:01.51
6	MacNeil, Noah	14	ESWIM	5:02.67
7	Watson, Scott	14	ESWIM	5:03.77
8	Yao, Alex	13	MAC	5:05.37
9	Skavinski, Nicholas	14	ESWIM	5:06.24

Heat 4 of 8 Prelims

0	Nolan, Declan	15	LAC	5:00.98
1	Kwon, Koen	15	OAK	5:00.50
2	Cescon, Benjamin D	14	CREST	5:00.11
3	Vaillancourt, Henri	14	CAMO	4:59.37
4	Piccinin Witzell, Devin	16	ROW	4:59.13
5	Farrow, Malachi	15	BLEN	4:59.20
6	Hou, Eric	15	ESWIM	5:00.04
7	Clawson-Honeyman, Finnig	15	GO	5:00.34
8	Hou, Jeffrey	17	ESWIM	5:00.80
9	Sahr, Adamm M	15	MAC	5:01.02

Heat 5 of 8 Prelims

0	Lalonde, Louis M	15	ROCS	4:57.11
1	Sachade, Nicolas	16	ESWIM	4:54.99
2	Harrison, Jaques R	15	CREST	4:53.80
3	Lee, Yuto	15	NKB	4:53.38
4	Vorobiev, Max	15	MAC	4:52.76
5	Kong, Kiet	15	MAC	4:52.80
6	Loewen, Jack P	16	CREST	4:53.44
7	Pilicci, Alex	16	NKB	4:54.35
8	Borden, Jace	16	NKB	4:56.51
9	Radic, George	15	OAK	4:57.29

Heat 6 of 8 Prelims

0	Duong, Kaedin	16	ESWIM	4:51.65
1	Schaepper, Jordan	15	NKB	4:46.81
2	Matz, Josh J	19	MMST	4:45.34
3	Jibb, Owen A	18	MUSAC	4:42.70
4	Uy, Rowen	18	NYAC	4:38.82
5	Banta, Jared L	17	GHAC	4:41.39
6	Mills, Jack	18	NYAC	4:44.36
7	Rasmussen, Simon	17	DUCKS	4:46.14
8	Dietz, Brian	16	ESWIM	4:50.06
9	Morrissey, Cameron P	15	CW	4:52.20

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 7 Prelims (#14 Men 400 LC Meter IM)

0	Prodan, Chris	15	MSSAC	4:51.60
1	Sieluzycycki, Tristan	18	WS	4:46.55
2	Van Niekerk, Ruben	17	OAK	4:45.05
3	Haba, Hashim	18	MAC	4:42.21
4	Vilchez, Jordi	17	BTSC	4:32.43
5	Rusu, Eduard-Daniel	16	CAMO	4:40.58
6	Yazedjian, Alexandre	17	CAMO	4:44.31
7	Steuer, Aidan J	20	SLSC	4:45.72
8	Danda, Patryk A	16	BTSC	4:49.31
9	Cortez, David	16	CAMO	4:51.93

Heat 8 of 8 Prelims

0	Chari, Vik	15	MSSAC	4:50.71
1	Googe, Owen E	19	BBST	4:46.19
2	Moavro, Lucas A	17	WAC	4:44.66
3	Chisholm, sam	17	TBT	4:41.93
4	Gonzalez Barboza, Sebastian	17	CAMO	4:32.39
5	Scheffel, Carter	17	BRANT	4:38.84
6	Harris, Aiden	17	ESWIM	4:42.98
7	Vorona, Pavel	16	BWSC	4:45.57
8	Spiers, Aidan J	17	MUSAC	4:47.20
9	Duong, Kale	16	ESWIM	4:51.86

Event 207 Women 50 LC Meter Multi-Class PARA S1-S7 Fly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Prelims

0				
1				
2				
3	Kisser_S6SB6SM6, Dee S6	26	UL/3,5,12,+	56.00
4	Routliffe_S7SB7SM7, Tess S	24	UL/12,+	36.55
5	Soliman_S7SB6SM7, Myrian	23	MUST/H,A,1,3,4,12,+	42.05
6	Paré_S5SB5SM5, Clémence	20	SAMAK/A,Y,3,5,12,+	1:12.98
7				
8				
9				

Event 209 Women 100 LC Meter Multi-Class PARA S8-S14 Fly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Prelims

0				
1	Smith_S14SB14SM14, Katie	16	BTSC/0	1:44.93
2	Jibb_S10SB9SM10, Mary C S	16	MUSAC/12,+	1:18.36
3	Marina_S14SB14SM14, Ang	23	BRANT/0	1:10.33
4	Calhoun_SB9, Meghan	19	OSAC/12,+	X1:09.11
5	Cosgriffe_S10SB9SM10, Kat	17	OAK/12,+	1:09.24
6	Van Dyk_S14SB14SM14, Em	20	BROCK/0	1:14.96
7	Zafar_S8SB7SM8, Sumbul S	41	GHAC/A,2,4,12+	1:37.83
8				
9				

Event 210 Men 100 LC Meter Multi-Class PARA S8-S14 Fly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Prelims

0				
1				
2				
3	Fricano_S14SB14SM14, Ant	21	GHAC	1:27.82
4	Scott_S10SB9SM10, Nichol	20	OYO/A 12+	1:16.67
5	Kierstead_S14SB14SM1, Ge	14	MUSAC/0	1:19.68
6	Giammichele_S9SB9SM9, Cl	17	GHAC/A 3,5,12+	1:28.13
7				
8				
9				

Event 15 Women 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 8 Prelims

0	Provato, Isabella	13	MSSAC	1:14.20
1	Yong, Elayna	12	AAC	1:13.21
2	Bouchard, Tea	15	GO	1:12.40
3	Du, Le Anne	13	ROW	1:11.83
4	Hargadon, Gwyneth	17	GO	1:10.69
5	Ho, Michelle	14	APEX	1:11.30
6	Mahadana Arachchi, Nethay	15	OTTER	1:12.10
7	Rus, Sophie	12	ROW	1:12.73
8	Stefels, Torrin	14	BROCK	1:13.47
9				

Heat 2 of 8 Prelims

0	Kocher, Sophia	17	OSAC	1:10.46
1	Crainford, Kaitlyn E	14	TSC	1:10.26
2	Xu, Sunny	13	ROW	1:09.80
3	Burton, Isabelle	15	LAC	1:09.55
4	Munnik, Blaze A	13	TSC	1:09.22
5	Stepanoff, Paige M	13	TSC	1:09.48
6	Rattee, Zoe M	12	TSC	1:09.78
7	Er, Rosalie	13	BAD	1:09.93
8	Muscat, Hayley O	13	CW	1:10.27
9	Hunt, Elizabeth A	17	TSC	1:10.69

Heat 3 of 8 Prelims

0	Gross, Shaye	15	NYAC	1:08.95
1	Albert, Kaelyn	17	SSAT	1:08.80
2	Lu, Grace	16	OYO	1:08.34
3	Thorne, Claire	14	NEW	1:07.97
4	Chung, Emma R	14	SCAR	1:07.76
5	Mason, Sara V	14	KSSC	1:07.82
6	Bennett, Aryka L	16	UCRO	1:08.24
7	Vervoorn, Ryleigh	13	BAD	1:08.76
8	Mantha, Emi	15	CAMO	1:08.93
9	Skula, Amila	17	CREST	1:09.03

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 4 Prelims (#15 Women 100 LC Meter Butterfly)

0	Safa, Jade	14	MAC	1:07.73
1	Turton-Sugden, Emma	14	OAK	1:07.67
2	Young, Sophia	13	ESWIM	1:07.62
3	Good, Mackenzie	15	SCAR	1:07.35
4	Wright, Claire	15	PICK	1:06.92
5	Ma, Katie	15	MSSAC	1:07.14
6	Vicente, Savannah D	15	NYAC	1:07.43
7	Rodriguez, Juliana	15	CAMO	1:07.66
8	Brousseau, Merielle	17	NKB	1:07.71
9	Johnson, Olivia	15	WS	1:07.74

Heat 5 of 8 Prelims

0	Harrison, Ella A	13	CREST	1:06.84
1	Mitchell, Piper J	16	WS	1:06.58
2	Brousseau, Charlotte	15	CAMO	1:06.43
3	Wainwright, Kingsley	15	HAC	1:05.89
4	Coode, Elizabeth K	15	CW	1:05.62
5	Main, Tabi B	15	WAC	1:05.63
6	Kryger, Madison	14	BROCK	1:06.12
7	Shackell, Maggie 1	16	NYAC	1:06.47
8	O'Leary, Niamh	16	LAC	1:06.74
9	Opara, Adaora I	14	MAC	1:06.88

Heat 6 of 8 Prelims

0	Er, Melissa	16	BAD	1:05.33
1	Moustgaard, Maizie	15	NKB	1:04.73
2	Frickleton, Aneshka	15	ESWIM	1:04.47
3	Moran, Jessica	16	ESWIM	1:03.75
4	Hu, Yueyi	16	MAC	1:02.50
5	Kovaluk, Eva	18	CAMO	1:02.87
6	Gao, Emma M	17	MAC	1:04.19
7	Casasanta, Gabriella	18	BRANT	1:04.57
8	Hardie, Isla	15	GO	1:04.89
9	Du, Shu Tong	14	RHAC	1:05.62

Heat 7 of 8 Prelims

0	Stein-Blumberg, Mia R	16	TSC	1:05.22
1	Anthony, Lauren	17	MMST	1:04.69
2	Masic, Ema	17	ESWIM	1:04.46
3	Sang, Siporah	17	LAC	1:03.50
4	Raymond, Victoria	17	ESWIM	1:01.36
5	Nicols, Jasmine	16	MAC	1:02.62
6	Cheung, Eunice	15	NEW	1:04.18
7	Chen, Sophia	17	MAC	1:04.53
8	Denes, Julia	15	BTSC	1:04.80
9	Miksa, Adele	15	NYAC	1:05.62

Heat 8 of 8 Prelims

0	Tatic, Charla	16	LAC	1:04.94
1	Blake, Mikaela	17	USC	1:04.62
2	Luu, Kaitlyn A	15	TBT	1:04.27
3	Wasik, Adriana O	18	MAC	1:03.10
4	Wieclawek, Blythe	17	CATS	1:01.29
5	Bleakney, Lila	17	GGST	1:02.56
6	Sava, Helen Anne	17	RAMAC	1:04.04
7	Xia, Vanessa	15	OAK	1:04.49
8	Christie, Claire	16	GGST	1:04.77
9	Wang, Angela Jiachen	15	MAC	1:05.43

Event 16 Men 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 11 Prelims

0	Running, Graedon	14	OSHAC	1:07.19
1	Gibson, Lochlann	13	RHAC	1:06.72
2	Elsayed, Ahmed	13	OAK	1:05.91
3	Paterson, Liam	13	CCSC	1:05.08
4	Chan, Seamus	16	MSSAC	1:04.42
5	Kamal, Yasin	13	RHAC	1:04.97
6	Wei, Harry	14	WEST	1:05.52
7	Schinkelshoek, Cameron M	15	WAC	1:06.69
8	Liang, Anson	14	RHAC	1:06.87
9	Sneath, Ethan	14	USC	1:08.53

Heat 2 of 11 Prelims

0	Hamoda, Youssef H	16	TSC	1:04.31
1	Tian, Eric	14	SCAR	1:04.26
2	Malcolm, Evan	14	GGST	1:03.59
3	Hicks, Logan J	16	BBST	1:03.48
4	Ha, Carsten	14	APEX	1:03.41
5	Gallacher, Jonathan R	15	UCRO	1:03.43
6	Zeleni, Paul	14	MAC	1:03.49
7	Vlakovs, Emmanuel	14	CAMO	1:03.72
8	Reed, Jackson R	16	COBRA	1:04.27
9	Hayward, Greg	17	ROW	1:04.41

Heat 3 of 11 Prelims

0	Cescon, Benjamin D	14	CREST	1:03.33
1	Li, Michael J	14	MAC	1:03.08
2	Singh, Akash T	17	WS	1:02.84
3	Kennedy, Cameron	15	JDSS	1:02.74
4	Reyes, Bryce	15	MMST	1:02.49
5	Lee, Luke	14	NYAC	1:02.67
6	Mineque, Quezon C	17	CREST	1:02.74
7	Steele, Thomas	18	RCAQ	1:03.01
8	Piccinin Witzell, Devin	16	ROW	1:03.22
9	So, Nik	15	DUCKS	1:03.39



JA | PHYSIO & WELLNESS CENTRE

WHY US

JA PHYSIO IS A COHESIVE MULTIDISCIPLINARY TEAM OFFERING ONE-ON-ONE SESSIONS WITH YOUR THERAPIST, INDIVIDUALIZED TREATMENT PLANS AND VARIOUS TREATMENT OPTIONS.

WE OFFER EARLY MORNING, EVENING AND SATURDAY APPOINTMENTS, FREE PARKING AND DIRECT BILLING!



MANAGE YOUR PAIN WITH:

- Physiotherapy
 - Orthopaedic & Sports Injuries
 - Paediatric & Pelvic Floor
 - Cancer & Complex/Neuro
 - Home Physio
 - Chiropractic Care
 - Massage Therapy
 - Acupuncture
 - Cupping
 - Shockwave
 - Taping
 - Custom Orthotics & Bracing
 - Individualized Exercise Programs
-



676 TAUNTON RD E
WHITBY, ON L1R 0K6

P + (289) 274-5399
F + (289) 274-5398

INFO@JAPHYSIO.CA
WWW.JAPHYSIO.CA

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 4 Prelims (#16 Men 100 LC Meter Butterfly)

0	Fitzgerald, Quinn	14	NKB	1:02.33
1	Fonseca, Simon	14	CAMO	1:02.26
2	Zhang, Sean	15	MSSAC	1:01.78
3	Liu, Yee Ming Eric	14	MAC	1:01.67
4	Barta, Aaron	15	WAC	1:01.61
5	Spiers, Aidan J	17	MUSAC	1:01.64
6	Reid, Camden	15	OSHAC	1:01.69
7	Layton-Matthews, Ryan	14	KBM	1:01.99
8	Lee, Dominic	16	NYAC	1:02.32
9	Blackwell, Matthew	14	OTTER	1:02.48

Heat 5 of 11 Prelims

0	Gomez, Leonardo	14	DUCKS	1:01.57
1	Selva, Marcus G	17	COBRA	1:01.49
2	Paterson, Ben	17	OSHAC	1:01.45
3	Rush, Cooper J	15	CREST	1:01.34
4	Raue, Matthew	17	OTTER	1:01.28
5	Walker, Raine	15	RHAC	1:01.33
6	Sahr, Adamm M	15	MAC	1:01.37
7	Cocking, Jack	17	NKB	1:01.46
8	Longtin, Corbin M	15	UCRO	1:01.51
9	Senez, Logan	16	CAMO	1:01.60

Heat 6 of 11 Prelims

0	Balaa, Kamal	15	GO	1:01.21
1	Maile, Sean	15	CAJ	1:01.07
2	Cortese, Logan W	15	WAC	1:00.90
3	Lu, Jack	17	CW	1:00.78
4	Brennan, Francis	15	BBST	1:00.61
5	Johnston, Caleb	15	ESWIM	1:00.76
6	MacLure, Simon	14	ESWIM	1:00.84
7	Jayabahu, Dylan V	15	CW	1:00.99
8	Gort, Toby	15	NYAC	1:01.20
9	Stoneburgh, Owen	18	GHAC	1:01.23

Heat 7 of 11 Prelims

0	Tran, Jack	16	BRANT	1:00.52
1	McGroarty, Declan	17	SCAR	1:00.47
2	Spurrell, Cale J	16	COBRA	1:00.29
3	Shearer, Ewan	15	LAC	1:00.28
4	Ciorogariu, Cristian M	17	CW	1:00.12
5	Yang, Paul	16	NYAC	1:00.22
6	Greenwood, Tyler	18	NEW	1:00.29
7	El Tatawy, Abdullah	15	LAC	1:00.46
8	Duong, Kaedin	16	ESWIM	1:00.49
9	Pawlak, Jacob	16	NKB	1:00.57

Heat 8 of 11 Prelims

0	Reyes, Javier	17	OAK	59.96
1	Harris-Barton, Tanner	15	TRENT	59.83
2	Barnardo, Connor	16	LAC	59.69
3	Zhang, Aidan	16	OAK	59.59
4	Khajuria, Brodie	17	AAC	59.51
5	Schaepper, Jordan	15	NKB	59.53
6	Thompson, Nate	17	OAK	59.63
7	Amaral, Lucas	15	NEW	59.70
8	Lee, Yuto	15	NKB	59.88
9	Hibbert, Samuel	15	GGST	1:00.02

Heat 9 of 11 Prelims

0	Vorona, Pavel	16	BWSC	58.95
1	Zhang, Yichi	16	RAMAC	58.38
2	Tomic, Luka	18	WAAC	57.84
3	Zhang, Kevin	17	ESWIM	57.11
4	Malakhovets, Max	17	ESWIM	55.55
5	Haba, Hashim	18	MAC	56.38
6	Allen, Isaac	18	WS	57.63
7	Davis, Josh W	17	UCRO	58.31
8	Vaillancourt, Henri	14	CAMO	58.75
9	Pilioci, Alex	16	NKB	59.40

Heat 10 of 11 Prelims

0	Chippindale, Liam V	17	KSSC	58.84
1	Maher, Kevin	17	ESWIM	58.33
2	Langman, Kelton	20	WLU	57.82
3	Lazure, Gaspar	17	WEST	56.88
4	Ginzburg, Eric	18	RAMAC	54.96
5	Sava, Michael Andrew	20	RAMAC	56.13
6	Sayed, Ali	16	CAMO	57.45
7	Yazedjian, Alexandre	17	CAMO	58.19
8	Stuckless, Kyle	16	LAC	58.53
9	Taylor, Noah S	16	TSC	59.34

Heat 11 of 11 Prelims

0	Kurji, Alyn J	16	WS	58.77
1	Borden, Jace	16	NKB	58.33
2	Smith, Colin	18	NYAC	57.65
3	Harris, Aiden	17	ESWIM	56.40
4	Senc-Samardzic, Filip	17	TSC	53.82
5	Destang, Antoine	14	ESWIM	56.10
6	Boulaajoul, Zackariah	18	CAMO	57.41
7	Morin, Lucas	15	CAMO	58.18
8	Daley, Elijah	16	ESWIM	58.44
9	Macpherson Lewison, Brady	15	GHAC	59.33

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Event 107 Women 14 & Under 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals - Swimming with Finals			
0	LSC	A	4:26.97
1	ROW	A	4:23.30
2	OAK	A	4:18.37
3	NYAC	A	4:14.09
4	TSC	A	4:07.25
5	ESWIM	A	4:09.85
6	GO	A	4:14.11
7	MAC	A	4:20.22
8	OTTER	A	4:25.44
9	MSSAC	A	4:32.13

Event 109 Women 15 & Over 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals			
0			
1			
2			
3	BROCK	A	NT
4	OAK	B	4:16.39
5	GO	B	4:16.95
6			
7			
8			
9			

Heat 2 of 3 Finals

0			
1	CAMO	B	4:12.88
2	TSC	B	4:09.41
3	MAC	B	4:06.11
4	NYAC	A	4:03.68
5	LAC	A	4:05.73
6	OAK	A	4:08.38
7	MSSAC	A	4:10.94
8	WS	A	4:14.37
9			

Heat 3 of 3 Finals - Swimming with Finals

0	WAC	A	4:02.43
1	CAMO	A	4:02.06
2	GGST	A	4:01.58
3	NKB	A	3:57.44
4	ESWIM	A	3:52.89
5	MAC	A	3:54.11
6	TSC	A	3:58.46
7	GO	A	4:01.77
8	ESWIM	B	4:02.35
9	BTSC	A	4:03.56

Event 108 Men 15 & Under 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
0			
1			
2	RAMAC	A	4:05.81
3	MAC	B	3:57.70
4	CW	A	3:56.05
5	ESWIM	B	3:57.38
6	LAC	A	4:00.77
7			
8			
9			

Heat 2 of 2 Finals - Swimming with Finals

0	NKB	A	3:53.85
1	WAC	A	3:49.80
2	OAK	A	3:48.70
3	MSSAC	A	3:47.62
4	ESWIM	A	3:45.37
5	CAMO	A	3:45.78
6	MAC	A	3:48.64
7	NYAC	A	3:49.74
8	RHAC	A	3:52.20
9	SWOTT	A	3:54.11

Event 110 Men 16 & Over 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals			
0			
1	ROCS	A	3:53.38
2	OAK	B	3:51.25
3	ROW	A	3:49.84
4	SCAR	A	3:48.80
5	NYAC	B	3:49.23
6	GO	A	3:50.05
7	DUCKS	A	3:52.80
8			
9			

Heat 2 of 3 Finals

0	CREST	A	3:48.65
1	BRANT	A	3:45.95
2	WAC	A	3:45.34
3	NEW	A	3:43.84
4	TSC	A	3:42.09
5	LAC	A	3:43.81
6	ESWIM	B	3:44.79
7	MAC	A	3:45.41
8	SWOTT	A	3:48.15
9	WEST	A	3:48.70

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

Meet Program - Friday Prelims

Heat 3 Finals - Swimming with Finals (#110)

0	MSSAC	A	3:40.77
1	NKB	A	3:39.75
2	NYAC	A	3:38.45
3	RAMAC	A	3:37.51
4	CAMO	A	3:34.12
5	COBRA	A	3:37.04
6	WS	A	3:37.82
7	ESWIM	A	3:38.46
8	BTSC	A	3:40.40
9	OAK	A	3:42.08

Event 9 Women 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 2 Finals - Swimming with Finals

0	Manzanares-Scozzese, Sienr	16	MAC	18:14.69
1	Van Hoof, Madison	17	MSSAC	18:12.03
2	Chambers, Jacqueline	16	LAC	18:00.64
3	Cheng, Denise	16	MAC	17:53.16
4	Oravsky, Laila M	16	BTSC	16:36.40
5	James-Brennan, Lydia	18	NKB	17:51.06
6	Vadeika, Robin	17	MAC	17:53.51
7	Vroom, Taira N	16	BTSC	18:09.19
8	Chen, Sophia	17	MAC	18:12.26
9	Jacques, Emma	16	BTSC	18:16.44

Heat 2 of 2 Finals

0	Walker, Chloe	12	USC	18:46.72
1	Wang, Angela Jiachen	15	MAC	18:32.21
2	Newton, Rebecca	15	OAK	18:27.26
3	Donnelly, Megan E	16	OAK	18:21.37
4	Er, Melissa	16	BAD	18:20.29
5	Tomory, Zoe	13	LSC	18:20.36
6	Harrison, Ella A	13	CREST	18:27.11
7	Sun, Victoria	15	MAC	18:30.28
8	Gallant, Tayissa	15	WS	18:34.71
9	Er, Rosalie	13	BAD	19:13.32

PERFORMANCE PARTNERS AND SUPPORTERS

WINTER 2023

osc

ONTARIO SWIMMING CHAMPIONSHIPS

Ontario 

