

**2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05****Session Report**

Session: 8 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	217 Women 150 Multi-Class PARA SM1-SM4 IM	1	1	05:00 PM	_____
Finals	219 Women 200 Multi-Class PARA SM5-S14 IM	7	1	05:07 PM	_____
Finals	220 Men 200 Multi-Class PARA SM5-S14 IM	4	1	05:15 PM	_____
	Break: 3 Minutes:				
Finals	25 Women 200 IM	38	4	05:23 PM	_____
Finals	26 Men 200 IM	40	4	05:38 PM	_____
Finals	27 Women 200 Backstroke	40	4	05:52 PM	_____
Finals	28 Men 200 Backstroke	40	4	06:08 PM	_____
Finals	221 Women 50 Multi-Class PARA S1-S5 Back	2	1	06:24 PM	_____
Finals	223 Women 100 Multi-Class PARA S6-S14 Back	8	1	06:26 PM	_____
Finals	224 Men 100 Multi-Class PARA S6-S14 Back	7	1	06:32 PM	_____
	Break: 3 Minutes:				
Finals	29 Women 400 Freestyle	37	4	06:39 PM	_____
Finals	30 Men 400 Freestyle	40	4	07:03 PM	_____
Finals-1	117 Women 14 & Under 400 Medley Relay	9	1	07:26 PM	_____
Finals-1	118 Men 15 & Under 400 Medley Relay	9	1	07:33 PM	_____
Finals-1	119 Women 15 & Over 400 Medley Relay	10	1	07:38 PM	_____
Finals-1	120 Men 16 & Over 400 Medley Relay	9	1	07:44 PM	_____
	Swimmers Counts for Warm-ups: 286	=====	=====		
	Entry / Heat Totals:	301	34		
	Finish Time			07:50 PM	_____

**Event 217 & 219 are combined****Event 221 & 223 are combined**

## 2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

## Meet Program - Sunday Finals

**Event 217 Women 150 LC Meter Multi-Class PARA SM1-SM4 IM**

Lane	Name	Age	Team	Prelims
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**Heat 1 Finals A - Final**

0				
1				
2				
3				
4				
5				
6				
7				
8	Van Wyck-Smart_S3SB2, Aly	20	VVAC/AE 3,4,12	4:51.10
9				

**Event 217 combined with Event 219****Event 219 Women 200 LC Meter Multi-Class PARA SM5-S14 IM**

Lane	Name	Age	Team	Prelims
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**Heat 1 Finals A - Final**

0				
1	Zafar_S8SB7SM8, Sumbul Sl	41	GHAC/A,2,4,12+	3:50.94
2	Smith_S14SB14SM14, Katie	16	BTSC/0	3:23.67
3	Cosgriffe_S10SB9SM10, Kat	17	OAK/12,+	2:46.07
4	Van Dyk_S14SB14SM14, Err	20	BROCK/0	2:40.11
5	Marina_S14SB14SM14, Ang	23	BRANT/0	2:40.55
6	Jibb_S10SB9SM10, Mary C S	16	MUSAC/12,+	2:55.14
7	Sheppit-Edwards_S14S, Mel	16	GHAC	3:27.71
8				
9				

**Event 220 Men 200 LC Meter Multi-Class PARA SM5-S14 IM**

Lane	Name	Age	Team	Prelims
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**Heat 1 Finals A - Final**

0				
1				
2				
3	Giammichele_S9SB9SM9, Cl	17	GHAC/A 3,5,12+	3:06.83
4	Arndt_S13SB13SM13, Caleb	20	NEW/0	2:42.80
5	Kierstead_S14SB14SM1, Ge	14	MUSAC/0	2:54.28
6	Fricano_S14SB14SM14, Ant	21	GHAC	3:06.97
7				
8				
9				

**Event 25 Women 200 LC Meter IM**

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

**Heat 1 13 & Under A - Final**

0	Tomory, Zoe	13	LSC	2:38.01
1	Lee, Cayley	13	ESWIM	2:37.09
2	Warkentin, Katherine	13	ESWIM	2:36.52
3	Stokley, Lauren	13	LAC	2:35.56
4	Stokley, Grier	13	LAC	2:34.55
5	Walker, Chloe	12	USC	2:35.30
6	Harrison, Ella A	13	CREST	2:36.47
7	Cooper, Isabella	13	LSC	2:36.54
8	Xu, Sunny	13	ROW	2:37.60
9	Luz, Luana-Lis	13	YORK	2:39.83

**Alternates 13 & Under**

1	Mezei, Gemma E	13	OAK	2:40.66
2	Song, Anna	13	OAK	2:40.96

**Heat 2 14 Year Olds A - Final**

0				
1	Hollo, Annika	14	GO	2:36.53
2	Turton-Sugden, Emma	14	OAK	2:33.01
3	Gonzalez, Daniella	14	CAMO	X2:30.81
4	Tigert, Leah L	14	TSC	2:27.76
5	Yuen, Abby	14	NYAC	2:29.58
6	Chai, Amy	14	MAC	2:31.00
7	Kogon, Kiera	14	MAC	2:35.78
8	Ironside, Sophie	14	MSSAC	2:37.15
9				

**Heat 3 15 Year Olds A - Final**

0	Taivassalo, Kesa I	15	MAC	2:30.98
1	Wang, Angela Jiachen	15	MAC	2:29.43
2	Chiamera, Isabella	15	SWOTT	2:27.91
3	Statkevicius, Sylvia	15	ESWIM	2:25.29
4	Bezanson, Maya	15	ESWIM	2:21.79
5	Denes, Julia	15	BTSC	2:24.39
6	Moustgaard, Maizie	15	NKB	2:27.51
7	Luu, Kaitlyn A	15	TBT	2:28.65
8	Frickleton, Aneshka	15	ESWIM	2:29.46
9	Brousseau, Charlotte	15	CAMO	X2:31.42

**Alternates 15 Year Olds**

1	Toews, Bevin	15	ESWIM	2:32.17
2	Yu, Victoria	15	NKB	2:32.89

**Heat 4 16 & Over A - Final**

0	Campbell, Lauren	17	LAC	2:26.59
1	Kovaluk, Alexia	17	CAMO	X2:25.70
2	Raymond, Victoria	17	ESWIM	2:24.47
3	Boyd, Trinity	17	ESWIM	2:24.31
4	Brousseau, Julie	17	NKB	2:18.95
5	Oravsky, Laila M	16	BTSC	2:22.75
6	Schlyter, Emma H	23	TBT	2:24.47
7	Gulyas, Greta	17	RAMAC	2:25.25
8	Gao, Emma M	17	MAC	2:26.10
9	Kovaluk, Eva	18	CAMO	X2:26.75

**Alternates 16 & Over**

1	Er, Melissa	16	BAD	2:27.16
2	Bleakney, Lila	17	GGST	2:27.85

## 2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

## Meet Program - Sunday Finals

## Event 26 Men 200 LC Meter IM

Lane	Name	Age	Team	Prelims
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## Heat 1 14 &amp; Under A - Final

0	Ha, Carsten	14	APEX	2:24.48
1	Li, Max C	14	MAC	2:23.98
2	Lee, Luke	14	NYAC	2:23.08
3	Cescon, Benjamin D	14	CREST	2:20.43
4	Vaillancourt, Henri	14	CAMO	X2:18.10
5	Watson, Scott	14	ESWIM	2:19.67
6	MacNeil, Noah	14	ESWIM	2:21.93
7	Jian, Alex	14	RAMAC	2:23.60
8	Blackwell, Matthew	14	OTTER	2:24.19
9	Yao, Alex	13	MAC	2:24.61

## Alternates 14 &amp; Under

1	Fedorovskiy, Max K	14	OAK	2:24.98
2	Layton-Matthews, Ryan	14	KBM	2:25.09

## Heat 2 15 Year Olds A - Final

0	Gort, Toby	15	NYAC	2:18.60
1	Farrow, Malachi	15	BLEN	2:18.44
2	Shearer, Ewan	15	LAC	2:18.06
3	Schaepper, Jordan	15	NKB	2:15.67
4	Hibbert, Samuel	15	GGST	2:13.99
5	Morin, Lucas	15	CAMO	X2:15.50
6	Lee, Yuto	15	NKB	2:16.40
7	Kong, Kiet	15	MAC	2:18.08
8	Clawson-Honeyman, Finnig	15	GO	2:18.47
9	Wu, Ian	15	ESWIM	2:18.60

## Alternates 15 Year Olds

1	Chen, Lucas O	15	RHAC	2:18.73
2	Prodan, Chris	15	MSSAC	2:18.87

## Heat 3 16 Year Olds A - Final

0	Bereza, Justin V	16	SCAR	2:18.51
1	Pawlak, Jacob	16	NKB	2:17.10
2	Loewen, Jack P	16	CREST	2:16.01
3	Pilienci, Alex	16	NKB	2:15.50
4	Rusu, Eduard-Daniel	16	CAMO	X2:13.29
5	Yarusevych, Michael	16	CW	2:15.25
6	Daley, Elijah	16	ESWIM	2:15.84
7	Taylor, Noah S	16	TSC	2:16.05
8	Hua, Jason	16	CREST	2:17.61
9	Kurji, Alyn J	16	WS	2:18.83

## Alternates 16 Year Olds

1	Miekus, Mark	16	MSSAC	2:18.97
2	Borden, Jace	16	NKB	2:19.85

## Heat 4 17 &amp; Over A - Final

0	Sieluzycski, Tristan	18	WS	2:12.08
1	Zhang, Kevin	17	ESWIM	2:11.96
2	Chisholm, sam	17	TBT	2:11.70
3	Allen, Isaac	18	WS	2:11.04
4	Yazedjian, Alexandre	17	CAMO	X2:10.21
5	Senc-Samardzic, Filip	17	TSC	2:11.01
6	Scheffel, Carter	17	BRANT	2:11.64
7	Jibb, Owen A	18	MUSAC	2:11.95
8	Vilchez, Jordi	17	BTSC	2:12.04
9	Debroux, William M	17	BTSC	2:13.52

## Alternates 17 &amp; Over

1	Harris, Aiden	17	ESWIM	2:14.29
2	Bryer, William	18	WLU	2:14.58

## Event 27 Women 200 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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## Heat 1 13 &amp; Under A - Final

0	Harrison, Ella A	13	CREST	2:34.76
1	Lee, Cayley	13	ESWIM	2:34.75
2	Muscat, Hayley O	13	CW	2:32.49
3	Tomory, Zoe	13	LSC	2:30.73
4	Xu, Sunny	13	ROW	2:29.33
5	Ryan, Analise	13	NYAC	2:30.51
6	Du, Le Anne	13	ROW	2:31.70
7	Stepanoff, Paige M	13	TSC	2:33.79
8	Pitts, Payton	13	EBSC	2:34.75
9	Begun, Blythe S	13	TSC	2:34.97

## Alternates 13 &amp; Under

1	Bennett, Anika	13	OTTER	2:36.85
2	McLean, Keira P	13	GHAC	2:36.98

## Heat 2 14 Year Olds A - Final

0	Gonzalez, Daniella	14	CAMO	X2:32.40
1	Stefels, Torrin	14	BROCK	2:30.92
2	Ho, Michelle	14	APEX	2:29.95
3	Ironside, Sophie	14	MSSAC	2:27.59
4	Kryger, Madison	14	BROCK	2:18.25
5	Tigert, Leah L	14	TSC	2:24.99
6	Tomic, Mia	14	WAAC	2:28.96
7	Cabezas Garzon, Mariana	14	ESWIM	2:30.85
8	Fukamachi-Jones, Nanami F	14	DUCKS	2:31.60
9	Chung, Emma R	14	SCAR	2:32.54

## Alternates 14 Year Olds

1	Crainford, Kaitlyn E	14	TSC	2:35.12
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## Heat 3 15 Year Olds A - Final

0	Leigh, Peyton	15	BROCK	2:29.92
1	Moustgaard, Maizie	15	NKB	2:28.59
2	Denes, Julia	15	BTSC	2:27.73
3	Lipton, Harper	15	NYAC	2:26.81
4	Ljuckanov, Lily	15	WS	2:23.58
5	Xia, Vanessa	15	OAK	2:25.08
6	Lu, Esther	15	LAC	2:27.55
7	Chiumera, Isabella	15	SWOTT	2:28.20
8	McDonald, Nalina	15	LSC	2:28.69
9	Oke, Hayley E	15	MUSAC	2:30.44





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## 2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

## Meet Program - Sunday Finals

**Alternates 15 Year Olds...(#27 Women 200 LC Meter Backstroke)**

1	Mantha, Emi	15	CAMO	2:30.60
2	Baglole, Rowan A	15	WS	2:31.11

**Heat 4 16 & Over A - Final**

0	Montrichard, Halayna	16	BRANT	2:24.84
1	Morrison, Clarke	18	NEW	2:24.12
2	Wieclawek, Blythe	17	CATS	2:22.00
3	Burton, Bridget	17	ISC	2:20.80
4	Lloyd, Delia	16	ESWIM	2:18.28
5	Sava, Helen Anne	17	RAMAC	2:20.71
6	Krisko, Zoe	19	CAMO	X2:21.64
7	Ebli, Julia A	16	TSC	2:22.40
8	Moustgaard, Ella	17	NKB	2:24.20
9	Mitchell, Piper J	16	WS	2:25.00

**Alternates 16 & Over**

1	Matthews, Lily	16	GGST	2:26.11
2	Kissuk, Sophie	16	ESWIM	2:26.19

**Event 28 Men 200 LC Meter Backstroke**

Lane	Name	Age	Team	Prelims
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**Heat 1 14 & Under A - Final**

0	Yaghi, Marcel	14	MSSAC	2:23.54
1	Lee, Luke	14	NYAC	2:22.52
2	Fright, Cullen M	14	WS	2:21.59
3	Li, Michael J	14	MAC	2:21.00
4	Posternak, Maty	13	OAK	2:15.55
5	Gemmell, Lucas M	14	OAK	2:19.68
6	Watson, Scott	14	ESWIM	2:21.48
7	Killam, Carson J	13	NYAC	2:22.07
8	Heiden, Liam	13	EBSC	2:23.53
9	Law, Brennan	14	OSAC	2:24.12

**Alternates 14 & Under**

1	Rusu, Robert	14	NEW	2:24.67
2	Vigneault, Nathan B	14	COBRA	2:25.48

**Heat 2 15 Year Olds A - Final**

0	Kay, Declan E	15	SCAR	2:19.40
1	Radic, George	15	OAK	2:18.09
2	Morin, Lucas	15	CAMO	X2:17.20
3	Kim, Daniel D	15	NYAC	2:16.15
4	Brennan, Francis	15	BBST	2:12.77
5	Harrison, Jaques R	15	CREST	2:16.13
6	Shearer, Ewan	15	LAC	2:16.98
7	Vilchez, Lucian	15	BTSC	2:17.26
8	Gallacher, Jonathan R	15	UCRO	2:18.56
9	Macpherson Lewison, Brady	15	GHAC	2:19.69

**Alternates 15 Year Olds**

1	Nolan, Declan	15	LAC	2:19.70
2	Du, Samuel Jinyang	15	MST	2:20.07

**Heat 3 16 Year Olds A - Final**

0	Taylor, Noah S	16	TSC	2:18.46
1	Loewen, Jack P	16	CREST	2:18.04
2	Sclater, Henry	16	GGST	2:16.24
3	Brock, Holden	16	NYAC	2:13.95
4	Duong, Kaedin	16	ESWIM	2:13.50
5	Bailey, Damien	16	NYAC	2:13.76
6	Payne, Hunter	16	BRANT	2:14.18
7	Chakraborty, Sparsho	16	SWOTT	2:17.42
8	Klein, Cooper	16	LAC	2:18.23
9	Killam, Ethan	16	NYAC	2:20.53

**Alternates 16 Year Olds**

1	Sachade, Nicolas	16	ESWIM	2:21.04
2	Yin, Louie	16	YORK	2:21.53

**Heat 4 17 & Over A - Final**

0	Van Niekerk, Ruben	17	OAK	2:15.89
1	Greenshields, Sam	19	MAC	2:15.55
2	McGroarty, Declan	17	SCAR	2:14.92
3	Milne, Logan A	17	ROCS	2:14.14
4	Al Bawwab, Yazan	23	SWOTT	2:12.16
5	Yazedjian, Alexandre	17	CAMO	X2:13.80
6	Winterborn, Ben C	17	KBM	2:14.65
7	McCormick, Michael	17	SWOTT	2:15.38
8	George, Quintin K	18	SCAR	2:15.76
9	Rasmussen, Simon	17	DUCKS	2:15.98

**Alternates 17 & Over**

1	Debroux, William M	17	BTSC	2:16.47
2	Cocking, Jack	17	NKB	2:19.68

**Event 221 Women 50 LC Meter Multi-Class PARA S1-S5 Back**

Lane	Name	Age	Team	Prelims
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**Heat 1 Finals A - Final**

0				
1				
2				
3				
4				
5				
6				
7				
8	Burns_S5SB4SM5, Hannah	19	LAC/A,12	1:06.53
9	Van Wyck-Smart_S3SB2, Aly	20	VVAC/AE 3,4,12	1:18.69

**Event 221 combined with Event 223**

## 2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

## Meet Program - Sunday Finals

**Event 223 Women 100 LC Meter Multi-Class PARA S6-S14 Back**

Lane	Name	Age	Team	Prelims
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**Heat 1 Finals A - Final**

0	Smith_S14SB14SM14, Katie	16	BTSC/0	1:40.74
1	Stevens_S8SB8SM8, Ruby S	20	VVAC/A 3,4,12+	1:37.39
2	Marina_S14SB14SM14, Ang	23	BRANT/0	1:16.17
3	Van Dyk_S14SB14SM14, Em	20	BROCK/0	1:11.59
4	Cosgriffe_S10SB9SM10, Kat	17	OAK/12,+	1:13.44
5	Jibb_S10SB9SM10, Mary C S	16	MUSAC/12,+	1:20.64
6	Sheppit-Edwards_S14S, Mel	16	GHAC	1:38.02
7	Booth_S8SB7SM8, Madelein	19	VVAC/A,1,2,4,12,+	2:07.40
8				
9				

**Event 224 Men 100 LC Meter Multi-Class PARA S6-S14 Back**

Lane	Name	Age	Team	Prelims
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**Heat 1 Finals A - Final**

0				
1	Morgan_S7SB6SM7, Jack S7	20	KYPS/A 1,3,4,12+	1:43.80
2	Fricano_S14SB14SM14, Ant	21	GHAC	1:24.64
3	Kierstead_S14SB14SM1, Ge	14	MUSAC/0	1:20.10
4	MacDonald_S14SB14SM1, T	26	ROW/0	1:04.92
5	Scott_S10SB9SM10, Nichola	20	OYO/A 12+	1:18.91
6	Tracey_S8SB7SM8, Nathan !	20	KYPS/A 3,5,12+	1:23.78
7	Daleman_S14SB14SM14, At	21	HHBF/0	1:26.68
8				
9				

**Event 29 Women 400 LC Meter Freestyle**

Lane	Name	Age	Team	Prelims
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**Heat 1 13 & Under A - Final**

0	Pierog, Madie	13	LSC	4:58.26
1	Er, Rosalie	13	BAD	4:54.01
2	Harrison, Ella A	13	CREST	4:45.13
3	Ryan, Analise	13	NYAC	4:41.53
4	Stepanoff, Paige M	13	TSC	4:39.29
5	Walker, Chloe	12	USC	4:41.45
6	Tomory, Zoe	13	LSC	4:41.58
7	Rattee, Zoe M	12	TSC	4:50.91
8	Young, Sophia	13	ESWIM	4:57.13
9	Cooper, Isabella	13	LSC	5:05.62

**Heat 2 14 Year Olds A - Final**

0				
1	Newell, Allison	14	ROW	5:01.29
2	Thorne, Claire	14	NEW	4:47.36
3	Turton-Sugden, Emma	14	OAK	4:42.09
4	Tigert, Leah L	14	TSC	4:32.35
5	Kryger, Madison	14	BROCK	4:36.39
6	Anonychuk, Abigail	14	OAK	4:44.81
7	Opara, Adaora I	14	MAC	4:49.43
8				
9				

**Heat 3 15 Year Olds A - Final**

0	Toews, Avery	15	ESWIM	4:44.43
1	Gongora Gaytan, Daniela	15	OAK	4:41.01
2	Luu, Kaitlyn A	15	TBT	4:37.20
3	Dreghici, Jessica	15	CW	4:34.01
4	Bezanson, Maya	15	ESWIM	4:23.33
5	Leigh, Peyton	15	BROCK	4:32.38
6	Toews, Bevin	15	ESWIM	4:34.37
7	Ljuckanov, Lily	15	WS	4:40.17
8	Wang, Angela Jiachen	15	MAC	4:43.04
9	Frickleton, Aneshka	15	ESWIM	4:45.22

**Alternates 15 Year Olds**

1	Brousseau, Charlotte	15	CAMO	4:45.91
2	Gallant, Tayissa	15	WS	4:48.16

**Heat 4 16 & Over A - Final**

0	Chambers, Jacqueline	16	LAC	4:36.98
1	Er, Melissa	16	BAD	4:35.21
2	James-Brennan, Lydia	18	NKB	4:31.13
3	Sava, Helen Anne	17	RAMAC	4:28.69
4	Oravsky, Laila M	16	BTSC	4:22.86
5	Brousseau, Julie	17	NKB	4:23.86
6	Vroom, Taira N	16	BTSC	4:29.47
7	Boyd, Trinity	17	ESWIM	4:33.19
8	Gao, Emma M	17	MAC	4:36.89
9	Michaud, Élisabeth	17	CAMO	X4:38.17

**Alternates 16 & Over**

1	Donnelly, Megan E	16	OAK	4:38.65
2	Manzanares-Scozzese, Sien	16	MAC	4:38.90

**Event 30 Men 400 LC Meter Freestyle**

Lane	Name	Age	Team	Prelims
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**Heat 1 14 & Under A - Final**

0	Lee, Joseph	14	ROW	4:33.45
1	Zeleni, Paul	14	MAC	4:32.80
2	Lee, Aidan	13	RAMAC	4:30.89
3	Skavinski, Nicholas	14	ESWIM	4:27.28
4	Fonseca, Simon	14	CAMO	X4:10.23
5	MacNeil, Noah	14	ESWIM	4:26.68
6	Yao, Alex	13	MAC	4:28.04
7	Vlakos, Emmanuel	14	CAMO	X4:31.06
8	Capson, Ben	13	PICK	4:33.08
9	Zhang, Jerry Z	14	MAC	4:38.17

**Alternates 14 & Under**

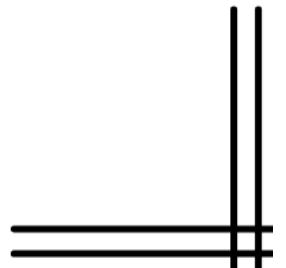
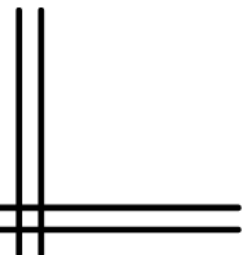
1	Miller, Taeden	14	NEW	4:40.58
2	Gostlin, Misha T	13	TSC	4:41.61



**ONTARIO POWER**  
**GENERATION**

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JAPANESE CAR SPECIALIST



## 2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05

## Meet Program - Sunday Finals

**Heat 2 15 Year Olds A - Final (#30)**

0	Morrissey, Cameron P	15	CW	4:25.91
1	Radic, George	15	OAK	4:25.11
2	Harrison, Jaques R	15	CREST	4:20.96
3	Hou, Eric	15	ESWIM	4:18.62
4	Vorobiev, Max	15	MAC	4:06.81
5	Schaepper, Jordan	15	NKB	4:12.76
6	Brennan, Francis	15	BBST	4:18.88
7	Thompson, Oliver	15	OAK	4:24.39
8	El Tatawy, Abdallah	15	LAC	4:25.50
9	Tully, Emerson	15	VAC	4:26.68

**Alternates 15 Year Olds**

1	Iarmenco, Maxim	15	CAMO	4:27.15
2	Matz, Ethan T	15	MMST	4:27.43

**Heat 3 16 Year Olds A - Final**

0	Shi, Alex	16	OAK	4:32.61
1	Miekus, Mark	16	MSSAC	4:22.04
2	Switzer, William	16	MAC	4:19.22
3	Cortez, David	16	CAMO	X4:15.90
4	Rusu, Eduard-Daniel	16	CAMO	X4:12.37
5	Payne, Hunter	16	BRANT	4:13.37
6	Dietz, Brian	16	ESWIM	4:16.68
7	Barnardo, Connor	16	LAC	4:19.62
8	Bereza, Justin V	16	SCAR	4:23.04
9	Sayed, Ali	16	CAMO	X4:19.94

**Heat 4 17 & Over A - Final**

0	Banta, Jared L	17	GHAC	4:14.87
1	Harris, Aiden	17	ESWIM	4:14.13
2	Duffy, Edouard	17	CAMO	X4:08.52
3	Risk, Olivier	17	ROCS	4:06.79
4	Paulins, Sebastian	24	BRANT	4:00.31
5	Gonzalez Barboza, Sebastia	17	CAMO	X4:01.53
6	Vilchez, Jordi	17	BTSC	4:07.53
7	Powalowski, Mateusz	17	MAC	4:12.92
8	Debroux, William M	17	BTSC	4:14.48
9	Scheffel, Carter	17	BRANT	4:15.68

**Alternates 17 & Over**

1	Chisholm, sam	17	TBT	4:16.39
2	Wahba, Jacob	17	MSSAC	4:21.07

**Event 117 Women 14 & Under 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

0	LSC	A	5:05.96
1	OTTER	A	5:01.59
2	OAK	A	4:46.45
3	MAC	A	4:42.81
4	ESWIM	A	4:36.91
5	TSC	A	4:40.31
6	NYAC	A	4:43.79
7	MSSAC	A	4:49.65
8	ROW	A	5:01.66
9			

**Event 118 Men 15 & Under 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 2 of 2 Finals**

0	NYAC	A	4:17.04
1	NEW	A	4:16.30
2	OAK	A	4:14.56
3	MSSAC	A	4:12.09
4	ESWIM	A	4:08.51
5	MAC	A	4:09.74
6	RHAC	A	4:12.46
7			
8	NKB	A	4:16.47
9	LAC	A	4:17.24

**Event 119 Women 15 & Over 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 2 of 2 Finals**

0	ESWIM	B	4:26.17
1	MAC	B	4:25.82
2	LAC	A	4:23.72
3	NKB	A	4:22.93
4	ESWIM	A	4:21.08
5	MAC	A	4:21.61
6	NEW	A	4:29.19
7	TSC	A	4:24.58
8	BTSC	A	4:26.03
9	RAMAC	A	4:28.78

**Event 120 Men 16 & Over 400 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
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**Heat 3 of 3 Finals**

0	COBRA	A	4:09.59
1	NKB	A	4:05.67
2	NYAC	A	4:03.13
3			
4	RAMAC	A	3:55.83
5	WS	A	3:59.18
6	ESWIM	A	4:01.32
7	LAC	A	4:05.24
8	ESWIM	B	4:07.54
9	NYAC	B	4:09.90



PERFORMANCE PARTNERS AND SUPPORTERS

WINTER 2023

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ONTARIO SWIMMING CHAMPIONSHIPS

Ontario 

