

2023 Summer Ontario Youth-Junior Champs - 6/15/2023 to 6/18/2023**Session Report**

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Women 100 Backstroke	87	9	09:00 AM	_____
Prelims	4 Men 18 & Under 100 Backstroke	84	9	09:17 AM	_____
Prelims	5 Women 50 Freestyle	160	16	09:33 AM	_____
Prelims	6 Men 18 & Under 50 Freestyle	160	16	09:47 AM	_____
Prelims	7 Women 18 & Under 200 Breaststroke	100	10	10:00 AM	_____
Prelims	8 Men 18 & Under 200 Breaststroke	100	10	10:33 AM	_____
Finals-S	101 Women 14 & Under 200 Medley Relay	0	0	11:04 AM	_____
Finals-S	102 Men 14 & Under 200 Medley Relay	0	0	11:04 AM	_____
Finals-S	103 Women 15 & Over 200 Medley Relay	16	2	11:04 AM	_____
Finals-S	104 Men 15 & Over 200 Medley Relay	18	2	11:10 AM	_____
Break: 15 Minutes: Warm up/cool down					
Finals-S	1 Women 18 & Under 800 Freestyle	30	3	11:30 AM	_____
Finals-S	2 Men 18 & Under 800 Freestyle	41	5	12:02 PM	_____
Swimmers Counts for Warm-ups: 535		=====	=====		
Entry / Heat Totals:		796	82		
Finish Time				12:53 PM	_____

Session: 2 Thursday Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	1 Women 18 & Under 800 Freestyle	10	1	06:00 PM	_____
Finals-1	2 Men 18 & Under 800 Freestyle	10	1	06:12 PM	_____
Finals	3 Women 100 Backstroke	40	4 u	06:22 PM	_____
Finals	4 Men 18 & Under 100 Backstroke	40	4 u	06:33 PM	_____
Finals	5 Women 50 Freestyle	40	4 u	06:43 PM	_____
Finals	6 Men 18 & Under 50 Freestyle	40	4 u	06:50 PM	_____
Finals	7 Women 18 & Under 200 Breaststroke	40	4 u	06:57 PM	_____
Finals	8 Men 18 & Under 200 Breaststroke	40	4 u	07:13 PM	_____
Finals-1	101 Women 14 & Under 200 Medley Relay	9	1	07:29 PM	_____
Finals-1	102 Men 14 & Under 200 Medley Relay	9	1	07:33 PM	_____
Finals-1	103 Women 15 & Over 200 Medley Relay	10	1	07:37 PM	_____
Finals-1	104 Men 15 & Over 200 Medley Relay	10	1	07:40 PM	_____
Break: 10 Minutes: Warm up/cool down					
Finals	106 Men 800 Freestyle Relay	10	1	07:54 PM	_____
Swimmers Counts for Warm-ups: 320		=====	=====		
Entry / Heat Totals:		308	31		
Finish Time				08:04 PM	_____

TIMES ARE ESTIMATES

2023 Summer Ontario Youth-Junior Champs - 6/15/2023 to 6/18/2023**Session Report**

Session: 3 Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	11 Women 18 & Under 200 Freestyle	127	13	09:00 AM	_____
Prelims	12 Men 18 & Under 200 Freestyle	87	9	09:36 AM	_____
Prelims	13 Women 18 & Under 400 IM	26	3	09:59 AM	_____
Prelims	14 Men 18 & Under 400 IM	47	5	10:17 AM	_____
Prelims	15 Women 18 & Under 100 Butterfly	123	13	10:46 AM	_____
Prelims	16 Men 18 & Under 100 Butterfly	137	14	11:06 AM	_____
Finals-S	107 Women 14 & Under 400 Freestyle Relay	0	0	11:26 AM	_____
Finals-S	108 Men 14 & Under 400 Freestyle Relay	0	0	11:26 AM	_____
Finals-S	109 Women 15 & Over 400 Freestyle Relay	11	2	11:26 AM	_____
Finals-S	110 Men 15 & Over 400 Freestyle Relay	10	1	11:36 AM	_____
Break: 15 Minutes: Warm up/cool down					
Finals-S	9 Women 18 & Under 1500 Freestyle	3	1	11:55 AM	_____
	Swimmers Counts for Warm-ups: 443	=====	=====		
	Entry / Heat Totals:	571	61		
	Finish Time			12:15 PM	_____

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	9 Women 18 & Under 1500 Freestyle	10	1	06:00 PM	_____
Finals	11 Women 18 & Under 200 Freestyle	40	4 u	06:21 PM	_____
Finals	12 Men 18 & Under 200 Freestyle	40	4 u	06:35 PM	_____
Finals	13 Women 18 & Under 400 IM	26	4 u	06:49 PM	_____
Finals	14 Men 18 & Under 400 IM	40	4 u	07:16 PM	_____
Finals	15 Women 18 & Under 100 Butterfly	40	4 u	07:41 PM	_____
Finals	16 Men 18 & Under 100 Butterfly	40	4 u	07:51 PM	_____
Finals-1	107 Women 14 & Under 400 Freestyle Relay	9	1	08:00 PM	_____
Finals-1	108 Men 14 & Under 400 Freestyle Relay	8	1	08:06 PM	_____
Finals-1	109 Women 15 & Over 400 Freestyle Relay	10	1	08:11 PM	_____
Finals-1	110 Men 15 & Over 400 Freestyle Relay	10	1	08:17 PM	_____
	Swimmers Counts for Warm-ups: 286	=====	=====		
	Entry / Heat Totals:	273	29		
	Finish Time			08:22 PM	_____

TIMES ARE ESTIMATES

2023 Summer Ontario Youth-Junior Champs - 6/15/2023 to 6/18/2023**Session Report**

Session: 5 Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	19 Women 100 Freestyle	185	19	09:00 AM	_____
Prelims	20 Men 18 & Under 100 Freestyle	168	17	09:28 AM	_____
Prelims	21 Women 18 & Under 200 Butterfly	61	7	09:51 AM	_____
Prelims	22 Men 18 & Under 200 Butterfly	65	7	10:13 AM	_____
Prelims	23 Women 100 Breaststroke	128	13	10:34 AM	_____
Prelims	24 Men 18 & Under 100 Breaststroke	146	15	10:56 AM	_____
Finals-S	111 Women 14 & Under 200 Freestyle Relay	3	1	11:21 AM	_____
Finals-S	112 Men 14 & Under 200 Freestyle Relay	0	0	11:24 AM	_____
Finals-S	113 Women 15 & Over 200 Freestyle Relay	17	2	11:24 AM	_____
Finals-S	114 Men 15 & Over 200 Freestyle Relay	18	2	11:28 AM	_____
	Break: 15 Minutes: Warm up/cool down				
Finals-S	18 Men 18 & Under 1500 Freestyle	14	2	11:48 AM	_____
	Swimmers Counts for Warm-ups: 565	=====	=====		
	Entry / Heat Totals:	805	85		
	Finish Time			12:27 PM	_____

Session: 6 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	18 Men 18 & Under 1500 Freestyle	10	1	06:00 PM	_____
Finals	19 Women 100 Freestyle	40	4 u	06:20 PM	_____
Finals	20 Men 18 & Under 100 Freestyle	40	4 u	06:29 PM	_____
Finals	21 Women 18 & Under 200 Butterfly	40	4 u	06:38 PM	_____
Finals	22 Men 18 & Under 200 Butterfly	40	4 u	06:53 PM	_____
Finals	23 Women 100 Breaststroke	40	4 u	07:07 PM	_____
Finals	24 Men 18 & Under 100 Breaststroke	40	4 u	07:18 PM	_____
Finals-1	111 Women 14 & Under 200 Freestyle Relay	8	1	07:27 PM	_____
Finals-1	112 Men 14 & Under 200 Freestyle Relay	9	1	07:31 PM	_____
Finals-1	113 Women 15 & Over 200 Freestyle Relay	10	1	07:34 PM	_____
Finals-1	114 Men 15 & Over 200 Freestyle Relay	10	1	07:37 PM	_____
Finals	115 Women 800 Freestyle Relay	9	1	07:40 PM	_____
	Swimmers Counts for Warm-ups: 307				
	Entry / Heat Totals:	296	30		
	Finish Time			07:51 PM	_____

TIMES ARE ESTIMATES

2023 Summer Ontario Youth-Junior Champs - 6/15/2023 to 6/18/2023**Session Report**

Session: 7 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	25 Women 18 & Under 200 IM	112	12	09:00 AM	_____
Prelims	26 Men 18 & Under 200 IM	114	12	09:37 AM	_____
Prelims	27 Women 18 & Under 200 Backstroke	71	8	10:12 AM	_____
Prelims	28 Men 18 & Under 200 Backstroke	68	7	10:38 AM	_____
	Break: 15 Minutes: Warm up/cool down				
Prelims	29 Women 18 & Under 400 Freestyle	41	5	11:14 AM	_____
Prelims	30 Men 18 & Under 400 Freestyle	45	5	11:40 AM	_____
Finals-S	117 Women 14 & Under 400 Medley Relay	0	0	12:06 PM	_____
Finals-S	118 Men 14 & Under 400 Medley Relay	0	0	12:06 PM	_____
Finals-S	119 Women 15 & Over 400 Medley Relay	10	1	12:06 PM	_____
Finals-S	120 Men 15 & Over 400 Medley Relay	8	1	12:11 PM	_____
	Swimmers Counts for Warm-ups: 376	=====	=====		
	Entry / Heat Totals:	469	51		
	Finish Time			12:17 PM	_____

Session: 8 Sunday Finals

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 75 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Women 18 & Under 200 IM	40	4 u	06:00 PM	_____
Finals	26 Men 18 & Under 200 IM	40	4 u	06:16 PM	_____
Finals	27 Women 18 & Under 200 Backstroke	40	4 u	06:30 PM	_____
Finals	28 Men 18 & Under 200 Backstroke	40	4 u	06:46 PM	_____
Finals	29 Women 18 & Under 400 Freestyle	40	4 u	07:02 PM	_____
Finals	30 Men 18 & Under 400 Freestyle	40	4 u	07:26 PM	_____
Finals-1	117 Women 14 & Under 400 Medley Relay	8	1	07:49 PM	_____
Finals-1	118 Men 14 & Under 400 Medley Relay	8	1	07:56 PM	_____
Finals-1	119 Women 15 & Over 400 Medley Relay	10	1	08:02 PM	_____
Finals-1	120 Men 15 & Over 400 Medley Relay	10	1	08:08 PM	_____
	Swimmers Counts for Warm-ups: 283	=====	=====		
	Entry / Heat Totals:	276	28		
	Finish Time			08:14 PM	_____

TIMES ARE ESTIMATES