

# **SWIM ONTARIO**

# **ANNUAL REPORT**

## **2017-2018**



**PROUDLY PROVIDING 95 YEARS OF SERVICE**



# SWIM ONTARIO 2017-2018 ANNUAL REPORT

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# BOARD REPORTS

## PRESIDENT'S REPORT

### Thank you for your Passion

We are a strong family of 140 clubs totaling over 20,000 members from competitive to non-competitive, from age group swimmers to Olympians, to our latest and just as important Masters members. We have so much of which to be proud, including our dedicated staff, coaches, officials and the performance of our swimmers of all ages. Thank you all for your dedication, willingness to share and collaborate, and most importantly, your passion for our great sport.

We live in a province whose population exceeds 12 million, and where our Swim Ontario community makes up over 39% of the Canadian swimming population. We are a force in Canadian swimming, currently punching at our weight. Now is no time to go on defence. Now is a time to punch above our weight in all aspects of our business.

We also live in a time where the focus of the Canadian Sport System is on winning medals, through laser focused targeted excellence programs. This is “all good” and has helped our sport grow at a time when many other sports are suffering declining membership. The outcome of these targeted programs has led to Olympic medals in the pool, field, and gym but has also created many challenges, specifically, paying for and growing operational services that help safeguard and grow our clubs and, in turn, raising the general level of performance. We have heard from the membership that we must have the ability to balance the priority of winning medals with that of growing the entire system.

### The Skill of Listening

This past year your board practiced the skill of listening. Boards serve as the voice for the owners regarding the direction the organization must take. In order to govern effectively, a board needs to understand its members most highly coveted values and priorities. Your board felt it critical to pause and listen and understand exactly what the members' needs were. The **Move Us Forward** initiative was an important part of the listening process. The initiative was created to address governing, strategic and operational roles, relationships, and activities - enabling the organization to move forward.

Special thanks to our Move Us Forward consultants, Rose Mercier and Steve Norris, and our steering committee (Trevor Cowan, Anne Bell, Callum Ng, Jim Shaw, Bud Seawright and Byron MacDonald), Swim Ontario staff, and, all those that participated in interviews, the membership survey and round-table discussions. As promised, your board has made the full report available and will be making a presentation at this year's AGM conference.

### What Did We Learn?

Certainly, as the report indicates, there are many ups and downs in member perceptions. We are certainly very fortunate to have dedicated staff who have a solid grasp on policy and procedures. Our members positively value the Ontario Junior International, Ontario tour teams & camps and the Para Ontario swim strategy to name a few. But, there are also some gaps in terms of elements perceived as essential in moving us forward including relationship building, engaging members in decision making, demonstrating united leadership, staff resources, and, of course, building club and coach capacity. Other organizational improvements that seem to be required are role clarity between governance and operations, clarity about metrics, and the board's attention to accountability.

### Which Way to Go?

Clearly we have a decision to make around how best to Move Us Forward. Do nothing and continue as we are? Or embrace the Move Us Forward Report and focus on its key elements. Doing this will mean that the board needs to set a series of strategic goals and objectives going into the next planning cycle and empowering staff to develop a new strategic plan that builds from the core values and aspirational goals of the organization. It will also entail the board

investing a portion of the Swim Ontario surplus in strategic initiatives that builds our capacity to move forward, as well as hard work by your board to ensure that we continue to listen to our owners and proactively govern the organization.

The core recommendations boil down to three areas:

- Governance
- Performance Leadership
- Organizational Capacity

In terms of **Governance** we, as a board, need to do a better job ensuring that the board governs and directs the organization. It's often too easy to simply approve management plans. As a board, we must remember our job is to test assumptions and ensure planning has been thorough and well thought out. We also must ensure that we have a regular plan of member engagement and that our new directors are properly orientated and possess the right skills. Finally, we as a board need to properly establish regular, structured monitoring of Executive Director performance on pre-determined criteria.

Enhanced **Performance Leadership** was also identified as a critical requirement to drive Swim Ontario forward. The need for a CTO/Provincial mentor coach was identified as job one and redefining and prioritizing elements of the OSA. This is more than simply hiring a new resource. This is about listening and stimulating two-way dialogue and communication. We also need to continue to work on our partnerships, increase resources allocated to in-reach and outreach, and assure coach development which, as we learned, is far more than NCCP certification. Finally, we need to strengthen our analytics through simple, clear and measureable goals and outcomes. We learned through the data collection process that the core purpose of the organization needs to be focused on the age group 10 to 18 years. We need to supply tools and resources that grow the entire system. The medals of tomorrow will be a direct result of Swim Ontario's investment in the entire development system.

The final area of work is our need to upgrade our **Organizational Capacity** which, as I mentioned in my opening, is an ongoing challenge for the entire Canadian Sport System. Part of this work entails Swim Ontario creating deeper, more measurable outcomes attached to our strategic plan as well as using the next year to initiate the collection of informed data. Another part is increased and targeted communication and the modernization of Swim Ontario communication technology. Achieving this will require an investment by the organization and is likely a key strategic initiative in the near future. Of course, communication is not simply email, web or social correspondence. It's much more than that – it requires increased dialogue, greater collaboration, and listening. This is especially important when it comes to re-engaging our coaching & officiating communities and making them feel that they are being listened to and a valuable part of Moving Us Forward. Finally, our clubs are hungry for tools and resources, especially for small and medium clubs. They want more than policies to follow, they are looking for mechanisms, formal and informal, to share best practices in order to grow and streamline their businesses.

One of the great things about our sport is the people it attracts and their incredible passion for the sport, their willingness to give back and help others who aspire to be the very best they can be! We must hold these values close and always treat everyone with respect, even though we may disagree from time to time. We must always focus on what is best for our swimmers.

We thank you for your participation in the Move Us Forward process and we look forward to the membership's continuing support to Move Us Forward as an organization.

Finally, I'd like to extend special thanks to our outgoing directors Mike Brown, Clare Atkinson, Bud Seawright and Dale Leckie; we thank you for your service and for always putting our swimmers first.

Dan Thompson  
Swim Ontario Board of Directors President

## **EXECUTIVE DIRECTOR AND OPERATIONS REPORTS**

On behalf of Swim Ontario, I would like to offer my congratulations to the swimmers and coaches who are responsible for a very successful string of strong performances in 2018.

At the Commonwealth Games Team, we had Taylor Ruck tie the all-time the Commonwealth Games record for most medals won at a single games with eight medals. She also set a new record for medals by a Canadian at the Pan Pacific Championships. Meanwhile, not to be outdone, Kylie Masse was named the top overall female swimmer at the Pan Pacific Swimming Championships in Tokyo in August. Congratulations to Ben Titley, Linda Kiefer and Byron MacDonald, for the tremendous success of both the University of Toronto and HPC Ontario swimmers and their strong contributions to Ontario's and Canada's success on the international stage.

Congratulations to Alec Elliot and coach Hans Witolla, for seriously successful performances at the Para Pan Pacific Games. Alec was a triple gold medalist while adding another silver, leading a nine medal haul for Ontario.

Swim Ontario had 14 athletes named to the Junior Pan Pacific Championships in Fiji in August. We suspected the meet would be very successful for our Ontario swimmers and they did not disappoint us, winning more than 60% of Canada's medals at the meet. Our swimmers won, or were part of, 9 medals in total, including 2 gold medals, from Maggie MacNeil (100 fly) and Gabe Mastromatteo (100 breast).

At the World Junior Open Water Championships, Ontario swimmers represented us with pride and success. Alexander Axon (MAC), posted Ontario and Canada's best-ever result at the 38-country event. Alex placed fifth in the boys age 14-15 five-kilometre race. Ian Friesen (CW) also posted a nice placing at 17<sup>th</sup> in the same event. On the women's side, in the five-kilometre event for 14-15 year old girls, Kenna Smallegange (BAD) was an impressive ninth.

Swim Ontario is very proud of the continued efforts of coaches Dean Henze, Sean Baker, Rob Novak, Rob Garofalo, Jason Allen, Janet Hyslop, Kevin Thorburn, Andrew Craven, Bill O'Toole, Kyle Pinsonneault, Nick Abrametz, Russ Franklin, Sergei Soloukhin, Murray Drudge, Tom Langridge, Vicki Keith, and Ian Roopnarine and we congratulate them for their success in guiding our Ontario athletes to these outstanding performances (which are also highlighted later in this report.)

Swim Ontario would also like to offer our support and best wishes to the Ontario Swimmers heading to Buenos Aires next month to compete in the Youth Olympic Games. We trust that all of their planning and hard work pay the expected dividends.

Finally, congratulations to Graeme Aylward (MMST) and Aleksa Gold (TSC), our two Swim Ontario post-secondary scholarship winners for 2018. The post-secondary scholarship provides 2 awards of up to \$16,000.00 each.

Congratulations go to the Etobicoke Swim Club, who captured the team title at Canadian Junior Swimming Championships.

This past season has seen Swim Ontario and several of its clubs partner to contribute to the development of our sport in other service segments of swimming. Swim Ontario extends our recognition (and thanks) to MAC, NKB, ESWIM, MSSAC, OAK and RHAC and their Local Organizing Committees for their partnership in the delivery of the Spring and Summer Festivals; Spring and Summer Provincial and AA Champs competitions.

I would also like to highlight that we have surpassed the twenty thousand registered swimmers for the first time this past season. An impressive benchmark at 20,922 swimmers in the province. We have been fortunate that the general trend of our membership base over the last 10 years has been increasing yearly as is noted further on in this

report. That is a testament to your hard work as member clubs and the success of our Ontario swimmers on the world stage. We need to consistently monitor our ways and means to ensure that there is continued success in our membership growth by keeping our sport fun, meaningful and affordable in comparison to other recreation alternatives.

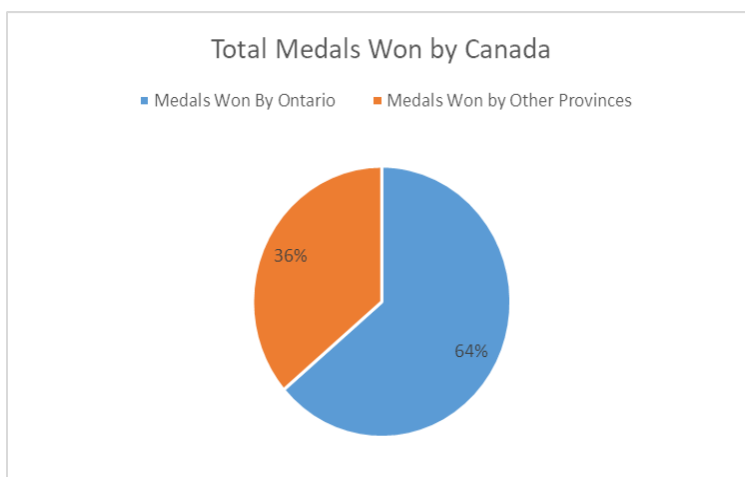
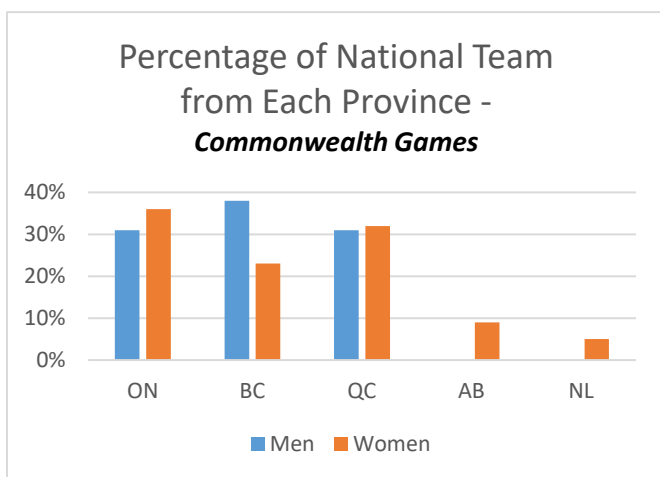
Swim Ontario has a chance to achieve this continued success in the pool and with our registration numbers at an all-time high, but we must ensure that we do not rest on our laurels. The corporation of Swim Ontario faces many complex challenges on a daily basis. In order for our performance success to continue, we need to operate a strong and sustainable business model that takes into account these “outside challenges” and keep them from distracting us from our performance goals. Today’s best amateur sport organizations continue to operate like modern, successful corporations, working in a collaborative but competitive international environment. If we have learned one thing from this season’s many successful performances, and previous World Championship and Olympic successes, Ontario is definitely the engine which drives Canadian excellence. Maintaining that “engine” as a finely tuned machine requires not only exceptional leadership, but experienced mechanics all collaboratively contributing to Team Ontario and Team Canada success.

Thank you to the Swim Ontario staff, and volunteers (Board and committee members) for their time and commitment to keep the engine of Swim Ontario running successfully. Our recent success to date has been neither coincidental nor accidental but rather a direct result of our Swimming Canada inspired, Swim Ontario made, Vision 2020 strategic plan, of which you are all successful contributors.

#### **Commonwealth Games - Gold Coast, Australia - April 5-10, 2018**

##### Ontario swimmers selected to Team Canada

Tristan Cote - ESWIM Mack Darragh - OAK Ruslan Gaziev - MAC Eli Wall - TSC Zach Zona - CHP-Quebec/NHAC Kylie Masse - WEST Penny Oleksiak - TSC	Taylor Ruck - HPC-O/SCAR Kayla Sanchez - HPC-O/AAC Erika Seltenreich-Hodgson - HPC-VAN/GO Rebecca Smith - HPC-O/SCAR Abi Tripp - KYPAC Mabel Zavaros - OAK
<u>Coaches:</u> Linda Kiefer Bill O'Toole Ben Titley	<u>Support Staff:</u> Johnny Fuller Ryan Atkison



#### **Day 1 Ontario Highlights:**

200 Free - Taylor Ruck (HPCO/SCAR) - GOLD - 1:54.81

200 Free - Penny Oleksiak (TSC) - 7th - 1:59.55

400 IM - Erika Seltenreich-Hodgson (HPC-VAN/GO) - 4th - 4:38.51

200 Breast - Eli Wall (TSC) - 8th - 2:11.94

4x100 Free Relay Women - Alexia Zevnik, Kayla Sanchez, Penny Oleksiak, Taylor Ruck - SILVER - 3:33.92

#### **Day 2 Ontario Highlights:**

400 IM - Tristan Cote (ESWIM) - 7th - 4:20.29

100 Fly - Penny Oleksiak (TSC) - 4th - 57.50

100 Fly - Rebecca Smith (HPCO/SCAR) - 6th - 57.91

100 Fly - Mabel Zavaros (OAK) - 8th - 58.98

4x100 Free Relay Men - Yuri Kisil, Markus Thormeyer, Ruslan Gaziev, Carson Olafson - 5th - 3:16.98

100 Breast Semi Final - Eli Wall (TSC) - 10th - 1:01.47

#### **Day 3 Ontario Highlights:**

200 Fly - Mack Darragh (OAK) - 6th - 1:57.81

50 Free - Taylor Ruck (HPCO/SCAR) - SILVER - 24.26

50 Free - Kayla Sanchez (HPCO/AAC) - 6th - 25.12

100 Back - Kylie Masse (WEST) - GOLD - 58.63

100 Back - Taylor Ruck (HPCO/SCAR) - BRONZE - 58.97

4x200 Free Relay Women - Penny Oleksiak, Kayla Sanchez, Rebecca Smith, Taylor Ruck - SILVER - 7:49.66

#### **Day 4 Ontario Highlights:**

200 Back - Kylie Masse (WEST) - GOLD - 2:05.98

200 Back - Taylor Ruck (HPCO/SCAR) - SILVER - 2:06.98

200 IM - Erika Seltenreich-Hodgson (HPC-VAN/GO) - BRONZE - 2:11.74

200IM SM8 - Zach Zona (CHPQ/NHAC) - 5th - 2:41.66

100 Free S9 - Abi Tripp (KYPAC) - 7th - 1:09.43

50 Fly - Penny Oleksiak (TSC) - 4th - 25.88

50 Fly - Rebecca Smith (HPCO/SCAR) - 5th - 26.49

50 Breast Semi Final - Eli Wall (TSC) - 28.52 - 12th

100 Fly Semi Final - Mack Darragh (OAK) - 53.43 - 9<sup>th</sup>

#### **Day 5 Ontario Highlights:**

100 Free - Taylor Ruck (HPCO/SCAR) - BRONZE - 53.08

100 Free - Penny Oleksiak (TSC) - 5th - 53.85

100 Free - Kayla Sanchez (HPCO/AAC) - 7th - 54.30  
 200 Fly - Mabel Zavaros (OAK) - 6th - 2:09.20  
 50 Free Semi Final - Ruslan Gaziev (MAC) - 22.80 - 14th

#### Day 6 Ontario Highlights:

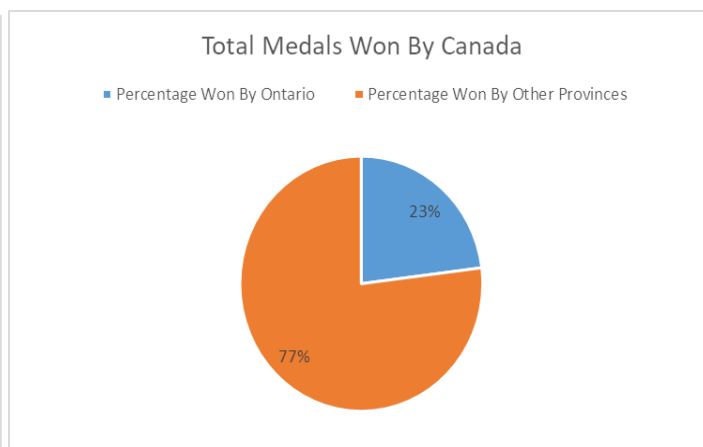
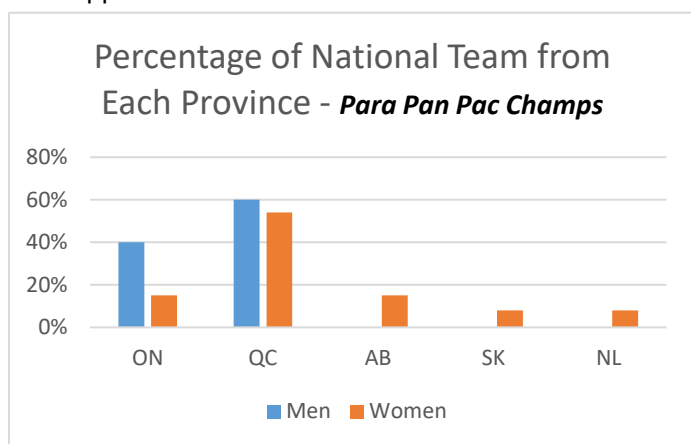
50 Back - Kylie Masse (WEST) - SILVER - 27.82  
 50 Free S8 - Abi Tripp (KYPAC) - BRONZE - 32.49  
 400 Medley Relay Women - Kylie Masse, Kierra Smith, Penny Oleksiak, Taylor Ruck - SILVER - 3:55.10  
 400 Medley Relay Men - Markus Thormeyer, Eli Wall, Josiah Binnema, Yuri Kisil - 5th - 3:36.12

#### Pan Pacific Para Swimming Championships: Cairns, Australia August 9-13, 2018

##### Ontario swimmers selected to Team Canada:

Matthew Cabraja - COBRA  
 Angela Marina - BRANT  
 Abi Tripp - KYPAC

Zach Zona – CHP-Quebec/NHAC  
 Alec Elliot – ROW



#### Day 1

Angela Marina - BRANT - 200 Free - 2:16.70 - GOLD  
 Alec Elliot - ROW - 400 Free - 4:10.70 - SILVER  
 Zach Zona - CHPQ/NHAC - 400 Free - 4:44.19 - 6<sup>th</sup>

#### Day 2

Alec Elliot - ROW - 100 Free - 55.19 - 4th  
 Zach Zona - CHPQ/NHAC - 100 Free - 1:05.28 - 8th

#### Day 3

Alec Elliot - ROW - 200 IM - 2:15.45 - GOLD  
 Matthew Cabraja - COBRA - 200 IM - 2:54.37 - BRONZE  
 Abi Tripp - KYPAC - 200 IM - 3:00.45 - 4th  
 Zach Zona - CHPQ/NHAC - 2:38.90 - 5th

#### Day 4

Alec Elliot - ROW - 100 Back - 1:02.39 - GOLD  
 Matthew Cabraja - COBRA - 100 Back - 1:21.70 - SILVER  
 Angela Marina - BRANT - 100 Back - 1:14.14 - BRONZE



Abi Tripp - KYPAC - 100 Back - 1:26.50 - 5th  
 Zach Zona - CHPQ/NHAC - 100 Back - 1:17.78 - 8th

### Day 5

Alec Elliot - ROW - 100 Fly - 58.21 - GOLD  
 Matthew Cabraja - COBRA - 50 Free - 31.81 - BRONZE  
 Alec Elliot - ROW - 50 Free - 25.55 - 4th  
 Angela Marina - BRANT - 100 Fly - 1:06.49 - 5th  
 Zach Zona - CHPQ/NHAC - 100 Fly - 1:11.23 - 6th

## 2018 Pan Pacific Championships Tokyo, Japan, August 9-14, 2018

### Ontario Swimmers selected to Team Canada:

Taylor Ruck - SCAR/HPCO  
 Kayla Sanchez - AAC/HPCO  
 Rebecca Smith - SCAR/HPCO  
 Javier Acevedo - AAC  
 Kierra Smith - SCAR/HPCO

Richard Funk - TSC  
 Tristan Cote - ESWIM  
 Ruslan Gaziev - MAC  
 Mabel Zavaros - OAK  
 Mack Darragh - OAK

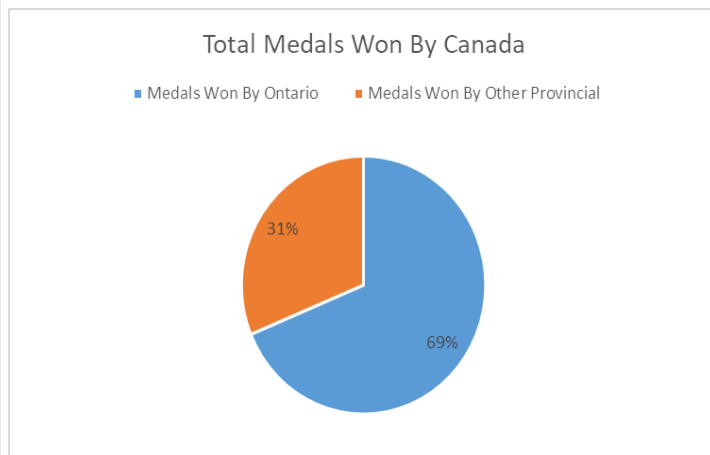
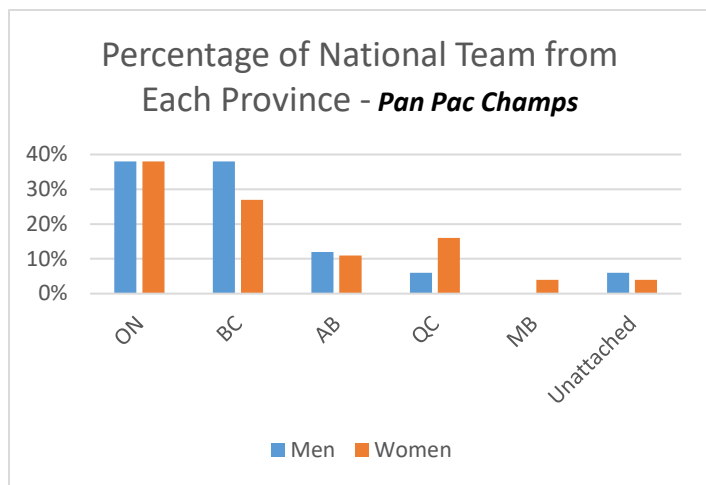
Kylie Masse - WEST  
 Eli Wall - TSC  
 Erika Seltenreich-Hodgson - GO/HPCVan  
 Kennedy Goss - GGST

### Coaches:

Linda Kiefer  
 Ben Titley

### Support Staff:

Johnny Fuller  
 Ryan Atkison



### Day 1

Taylor Ruck - HPCO/SCAR - 200 Free - 1:54.44 - GOLD  
 Kayla Sanchez - HPCO/AAC - 200 Free - 1:57.23 - 5th  
 Erika Seltenreich-Hodgson - HPCVAN/GO - 400 IM - 4:40.22 - 6th  
 Richard Funk - TSC - 100 Breast - 1:00.62 - 8th  
 Tristan Cote - ESWIM - 400 IM - 4:21.72 - 8<sup>th</sup>

### Day 2

Kylie Masse - WEST - 100 Back - 58.61 - GOLD  
 Taylor Ruck - HPCO/SCAR - 100 Free - 52.72 - BRONZE  
 Mack Darragh - HPCO/OAK - 200 Fly - 1:56.27 - 5th

Javier Acevedo - AAC - 100 Back - 53.90 - 5th  
 Kayla Sanchez - HPCO/SCAR - 100 Free - 53.14 - 6th  
 Mabel Zavaros - OAK - 200 Fly - 2:09.95 - 6th  
 Kennedy Goss - GGST - 100 Back - 1:00.90 - 7th  
 4x200 Free - (Sanchez, Ruck, Smith, Paddington) - 7:47.28 - BRONZE

### Day 3

Rebecca Smith - HPCO/SCAR - 100 Fly - 58.19 - 4th  
 Kennedy Goss - GGST - 400 Free - 4:13.25 - 8th  
 4x100 Free - (Ruck, Sanchez, Smith, Zevnik) - 3:34.07 - BRONZE

### Day 4

Taylor Ruck - HPCO/SCAR - 200 Back - 2:06.41 - SILVER  
 Kylie Masse - WEST - 200 Back - 2:07.00 - 4th  
 Taylor Ruck - HPCO/SCAR - 50 Free - 24.47 - 4th  
 Javier Acevedo - AAC - 200 Back - 1:58.36 - 7th  
 Kayla Sanchez - HPCO/AAC - 50 Free - 24.94 - 7th  
 Eli Wall - TSC - 200 Breast - 2:13.56 - 8<sup>th</sup>

### Jr. Pan Pac – August 23-26, 2018 – Suva Fiji

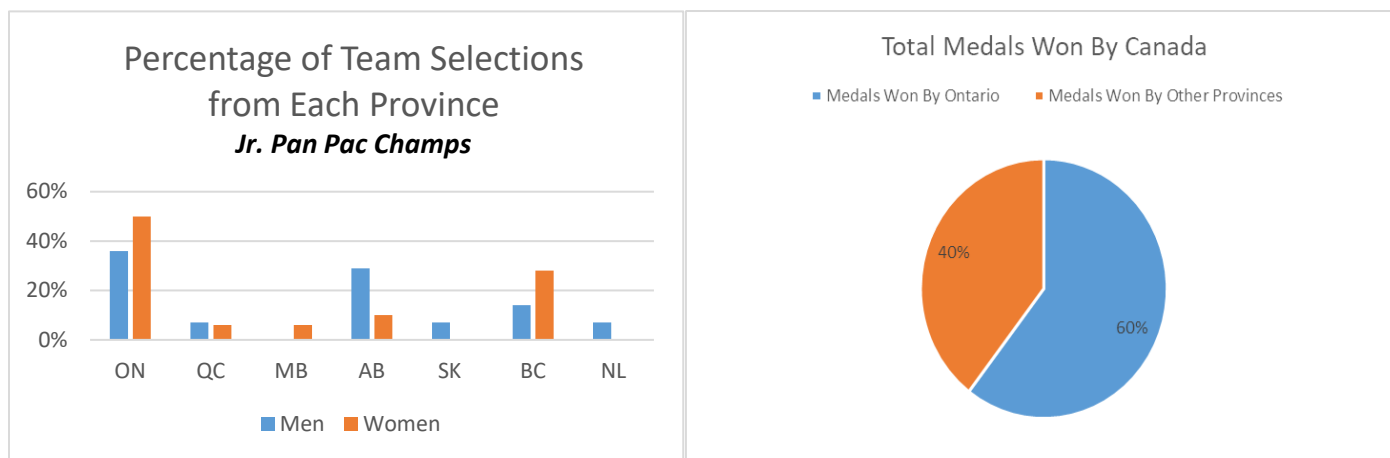
Justin Baker - NYAC  
 Justin Konik - ESWIM  
 Joshua Liendo - NYAC  
 Gabe Mastromatteo - KSS  
 Alexander Milanovich – ESWIM

Maude Boily-Dufour - SR  
 Madison Broad - CYPs  
 Hanna Henderson - ESWIM  
 Kennady Kilger - TSC  
 Nina Kucheran - SLSC

Victoria Kwan - MAC  
 Maggie MacNeil - LAC  
 Katja Pavicevic - TSC  
 Rosie Zavaros – OAK

### Coaches: & Support Staff:

Dean Henze, Kevin Thorburn, Janet Hyslop and Amber Hutchinson(Biomechanics)



### Day 1 Highlights

Madison Broad - CYPs - 100 Back - 1:00.53 - BRONZE  
 Maude Boily-Dufour - SR - 100 Back - 1:02.37 - 4th  
 Justin Konik - ESWIM - 200 Free - 1:52.80 - 7th  
 Victoria Kwan - MAC - 200 Fly - 2:15.54 - 8th  
 Joshua Liendo - NYAC - 200 Fly - 2:04.32 - 8th  
 Mixed 400 Medley Relay (Gabe Mastromatteo, Maggie MacNeil) - 3:51.27 – SILVER

### Day 2 Highlights

Gabe Mastromatteo - KSS - 100 Breast - 1:01.27 - GOLD  
Nina Kucheran - SLSC - 100 Breast - 1:08.37 - SILVER  
Maggie MacNeil - LAC - 100 Free - 55.84 - 6th  
Alexander Milanovich - ESWIM - 100 Breast - 1:03.38 - 6th  
Victoria Kwan - MAC - 400 IM - 4:53.15 - 8<sup>th</sup>

### Day 3 Highlights

Maggie MacNeil - LAC - 100 Fly - 58.38 - GOLD  
Madison Broad - CYPs - 200 Back - 2:10.73 - SILVER  
Joshua Liendo - NYAC - 100 Fly - 54.13 - 4th  
Rosie Zavaros - OAK - 200 Back - 2:14.81 - 4th  
Women 4x100 Free - (Maggie MacNeil, Hanna Henderson) - 3:44.73 - BRONZE

### Day 4 Highlights

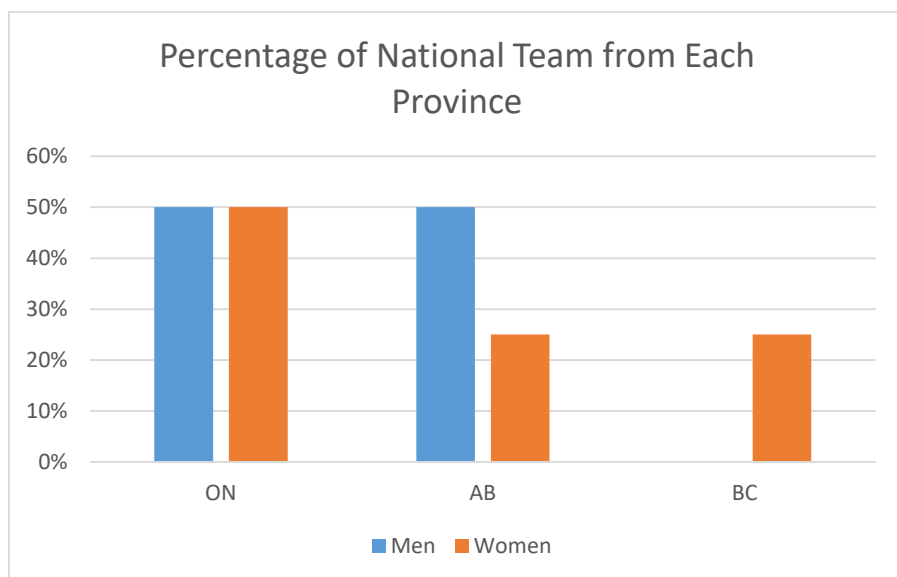
Nina Kucheran - SLSC - 200 Breast - 2:29.55 - 4th  
Joshua Liendo - NYAC - 50 Free - 23.22 - 5th  
Gabe Mastromatteo - KSS - 200 Breast - 2:15.78 - 6th  
Victoria Kwan - MAC - 200 IM - 2:17.87 - 7th  
Maggie MacNeil - LAC - 50 Free - 26.25 - 7th  
Women 4x100 Medley Relay - (Madison Broad, Nina Kucheran, Maggie MacNeil) - 4:05.21 - SILVER  
Men 4x100 Medley Relay - (Gabe Mastromatteo, Joshua Liendo) - 3:42.05 - BRONZE

### World Junior Open Water

Alexander Axon – MAC – 5K – 5<sup>th</sup>                      Kenna Smallegange – BAD – 5K – 9th  
Ian Friesen – CW – 5K – 17<sup>th</sup>

### Youth Olympics Team October 6 - 18, 2018 Buenos Aires, Argentina

Joshua Liendo NYAC Alexander Milanovich ESWIM	Madison Broad CYPs Nina Kucheran SLSC
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## **OHPSI Performance Development Programming - Camps & Tour Teams**

- November Para Training Camp – Nov. 10-11, 2017
  - i. We had 7 outlier swimmers from 3 clubs attend a Para OSA Outlier camp at TPASC
  - ii. This was “skills development” camp.
  - iii. There was an activation/dryland teaching component headed by Amber Hutchinson.
  - iv. There will be coach mentorship opportunities
  - v. The camp will be headed by Vicki Keith and Amber Hutchinson
  - vi. John Munro (KYPAC) was the Team/Manger chaperone
  - vii. Mike Thompson (HPC-Quebec Head Coach) was there post camp for 3 days at TPASC with his training group from Montreal working with the Para OSA invited coaches in a coach mentorship training session
- Youth Team Camp 1 – Dec 8-9, 2017
  - i. 17 swimmers from 15 clubs attended the camp
  - ii. 3 coaches (TBT, RAMAC, NKB) attended all of part of the camp
  - iii. Camp data was emailed on January 3, 2018.
- Team Ontario Tour Team – TYR Pro Series meet in Austin, TX - Jan. 9-15, 2018
  - i. 11 Swimmers from 8 clubs
  - ii. Coach R Novak & Coach J Hyslop are team coaches
  - iii. Amber IST support of Team Ontario, OSA, and Swimming Canada NDTP
  - iv. L. Dong – Team Manager
  - v. Partially funded by OHPSI funds

*From Head Coach Rob Novak:*

*The meet overall was a great experience for all the swimmers in their preparation for the Commonwealth Games and Trials in April. The older swimmers were made mentors for the younger ones.*

- Team Ontario Para Performance Camp 2 - TPASC – Jan 26-27, 2018
  - i. 11 swimmers attended
  - ii. Vicki Keith (Head camp coach)
  - iii. Don Burton and Marty McKend (Camp Coaches)
  - iv. Coach Mentorship Opportunities for Club coaches
  - v. Amber – Activation and Biomechanics
  - vi. Technical & Skill focused swim sessions
  - vii. Two swimming tests recorded – 5x200 step test & Max Dive 50
  - viii. Group activation prior to each swim session
  - ix. Video session – discussion of world class para swimming
  - x. Funded by Para Collective funds
- Ontario Jr. Team Training Camp – Islamorada, FL. Feb 17-27, 2018
  - i. Total of 22 athletes from 12 clubs in attendance
  - ii. Don Burton (Head Camp Coach)
  - iii. Karen Wilson & Lee Placek - Chaperones
  - iv. Alex Ruyter - Camp Educational Tutor
  - v. Amber Hutchinson – Biomechanics and S & C
  - vi. Sheryl Ross – Sport Nutritionist and additional Team Manager
  - vii. Andrew Craven (LAC) – Guest Coach – 5 days
  - viii. Ken McKinnon (Jr National Coach) – 4 days
  - ix. Pre Pool Activation - A 20-minute activation was completed prior to each pool session (see right). Camp athletes received printed copies of this activation in the camp package and on deck at camp. Throughout



the camp, the activation was modified to allow for additional mobility, strength, or power work as it related to the pool sessions (i.e. extra mobility prior to active recovery sessions, or extra power work prior to sessions of high intensity swimming). Furthermore, this activation was designed for the camp athletes to gain familiarity with the program at camp and for athletes to continue execution during prelims and finals of Provincial Champs.

- x. Biomechanics - Stroke analysis was completed on Day 1 or 2 of camp and progression was tracked throughout the week.
- xi. Nutrition – Individual nutrition consultation and follow up throughout the camp. Daily hydration testing and monitoring with daily feedback. Smoothie bar and snack station organized by the team nutritionist.
- xii. Individualized reports will be sent to home club coaches to summarize the activation, stroke and skill analysis, nutrition feedback, and athlete progress throughout the camp.

#### **Youth Team Camp 2: March 9-10 at TPASC**

- i. 21 swimmers from 15 clubs attended the camp
- ii. 1 club coach attended the camp
- iii. Primarily a skill development camp with emphasis in starts & turns & dry land activation
- iv. There were also 2 big workout sets with a focus on stroke reliability

#### **Para Swim Camp 3: March 16-17 at TPASC**

- i. 11 swimmers attended the camp
- ii. Vicki Keith – and Michel Bérubé are Camp Coaches
- iii. IST – Amber Hutchinson
- iv. Guest coaches from COBRA, UCRO, OSHAC
- v. Funded by Para Collective funds

#### **Open Water Train & Race Camp: May 4-7 Miami, FL**

- i. 6 swimmers attended (3M & 3F)
- ii. Don Burton went as Head Coach
- iii. Joni Maerten-Sanders was apprentice coach and Team Manager
- iv. Swimmers participated in a combination of seven pool and open water workouts
- v. Swimmers participated in two open water races (800m and 5km)
- vi. All six swimmers reached the podium
- vii. The purpose of this train & race camp is a means to introduce Open Water swimming to athletes who will be 17 (and under) at Trials 2020 – YOB 2003 or Later.

#### **Para Train/Race Camp May 9-15, Cincinnati, FL**

- i. 6 swimmers attended (3M & 3F)
- ii. Michel Berube (Swimming Canada) was Team Leader
- iii. Assistant Coaches (Vicki Keith & Gord Sprung)
- iv. The coaching staff worked on getting the swimmers to be more self-sufficient in their meet warm-ups and race planning. Being able to let the swimmers auto-evaluate was at times a challenge, but as a whole everyone learned how to get the best of every individual.

*From Michel Bérubé*

*In general, I can say that the whole experience was a total success. The swimmers learned a lot about meet warm-ups and race strategies. The coaching staff worked on getting the swimmers to be more self-sufficient in their meet warm-ups and race planning. Amber Hutchinson did a fabulous job as an IST (integrated support team) service, doing all the activation before every workout and meet sessions as well as videotaping all races and analyses each race with each swimmer and coach.*

**TYR Pro Series Meet - Santa Clara, CA - June 5-11, 2018**

- i. 12 swimmers selected to the team.
  - a. Selection was WR – top 50; National Team members, and Gold Medalists at National Champs
- ii. Byron MacDonald - Team Leader and Women's Coach
- iii. Rob Novak – Men's Team Coach
- iv. Karen Wilson - Team Manger

*From Byron MacDonald*

*The athletes came well prepared. They were ready to compete and took the meet seriously.*

*Our results were very good; ten swimmers in the A finals (and) several medals is also very nice of course. Though they were expected.*

<b>Swim Ontario Provincial Performance Development Program 2018-2020: Dates for 2018-19</b>		
<b>Date</b>	<b>Description</b>	<b>Notes</b>
Sept 28-29	Youth Camp 1 Male	YOB 2003-2005 – Olympic Event top 4 National AG Ranking Selection from LCM 2018 Swimming Canada Selection
Oct 6-12	Youth Olympic Games	
Oct 12-13	Youth Camp 1 Female <i>Swim Like a Girl Camp</i>	YOB 2004-2006 Olympic Event top 4 National AG Ranking Selection from LCM
October 26-27	Open Water Camp	YOB 2003: By Invitation based off April Performance Window
Nov 8-9	Para Outlier in-reach Camp	Team Ontario based off selection standards
Dec 14-16	OJI at TPASC	Japan and GB/Scotland confirmed to attend
Jan 10-13 (TBC)	TYR Pro Series Austin	Absolute Based on OnTrack Rank and World Rank LCM 2018
Jan 31 - Feb 1	Para Outlier in-reach Camp	Team Ontario based off selection standards
Feb 15-24	Provincial Jr. Team /OSA Away Camp (24-32)	Based on absolute OnTrack and % of OnTrack LCM 2018
March 1-4	Ontario Swimming Champs	Etobicoke
March 8-9	Youth Camp 2 M (same swimmers as # 1)	YOB 2003-2005 – Olympic Event top 4 National AG Ranking Selection from LCM
March 15-16	Youth Camp #2 F (same swimmers as # 1)	YOB 2004-2006 - Multi Event Selection from LCM 2018
<b>Swim Ontario Programming after April 1, 2019... is subject to 2019-2020 Budget approval</b>		
April 03-07	Can World Trials - (including Para)	Toronto Pan Am Sports Centre
April 11-14	Speedo Eastern Champs	Quebec City (U Laval)
May 3-6 (TBC)	Miami Open Water – Train/Race	YOB 2003: By Invitation based off Performance Window(s) Performances
May 9-13	Para Train /Race Camp (Location TBD)	Team Ontario based off selection standards
May 17-19	M & F Combined Youth Team Camp at OSA	M: YOB 2003-2005 & F: YOB 2004-2006 SO will likely add swimmers based on results from Provincials
June 6-9 (TBC)	TYR Pro Series Santa Clara	Absolute Based on OnTrack Rank and World Rank LCM 2017

June 27-30	Ontario Swimming Champs	TPASC
July 3	SO Open Water Championships	Professors Lake (TBC)
July 25-29	RBC Canadian Jr. Swimming Champs	Repsol Centre - Calgary
August 1-4 (TBC)	Ontario Youth Team to North American Challenge Cup	M: YOB 2003 & 2005 F: YOB 2004 & 2005 <b>Selection CRITERIA TBD</b>
August 8-11	RBC Canadian Swimming Champs	Pan Am Pool - Winnipeg

## Masters

Our venture into the business of Masters swimming seems off to a successful start. Currently we have 687 competitive and 229 non-competitive registrants. These swimmers come from 30 clubs which include 21 age group clubs and 8 Masters only clubs. Thank you to Barrie Trojans for hosting the 2018 Swim Ontario Masters Provincial Championships.

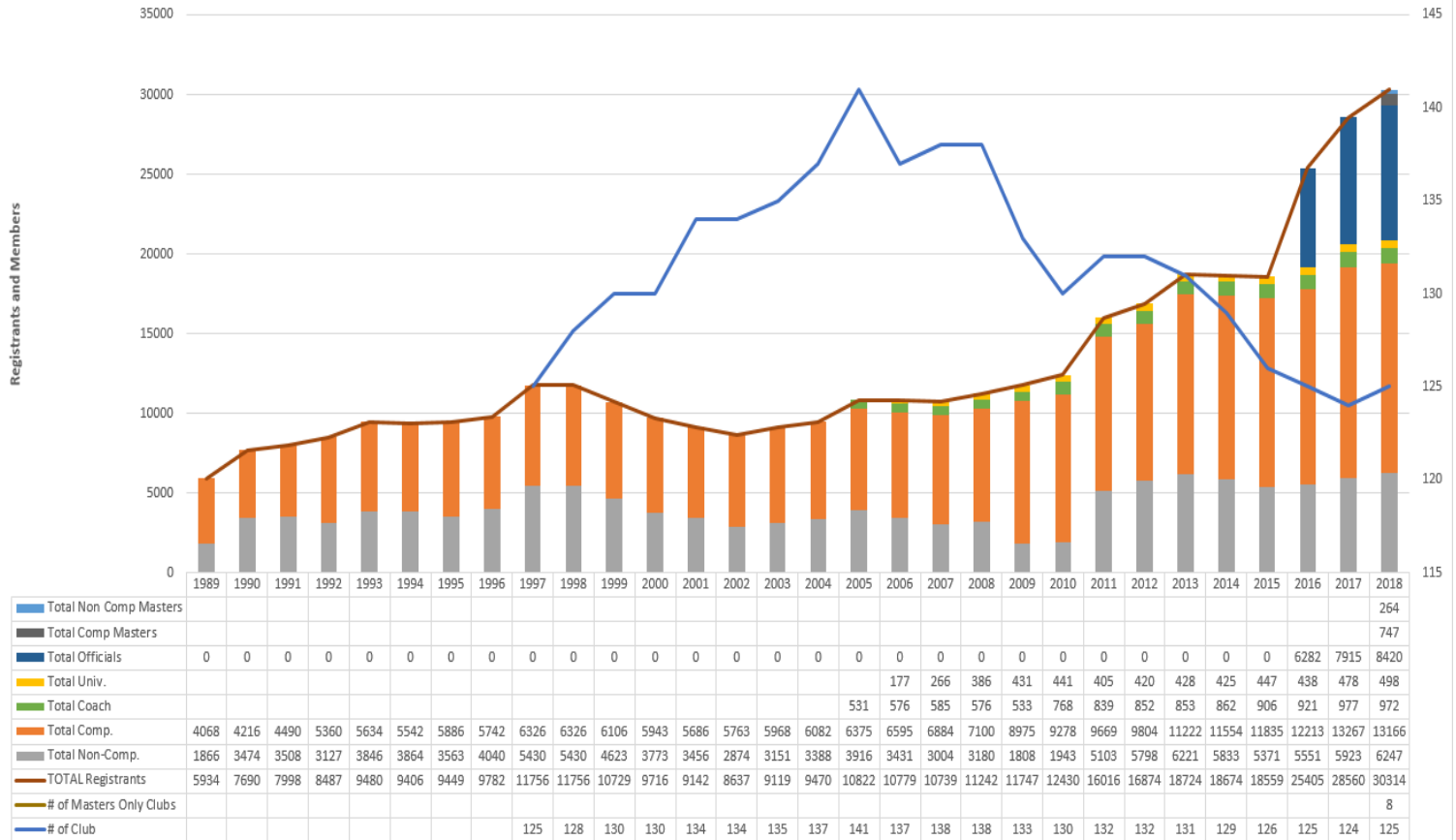
## Registration Updates

Registration numbers with Swim Ontario continue to grow across all categories. The addition of the Masters category for the 2017-18 season now marks the first time that Swim Ontario reaches over 20 thousand registered swimmers.

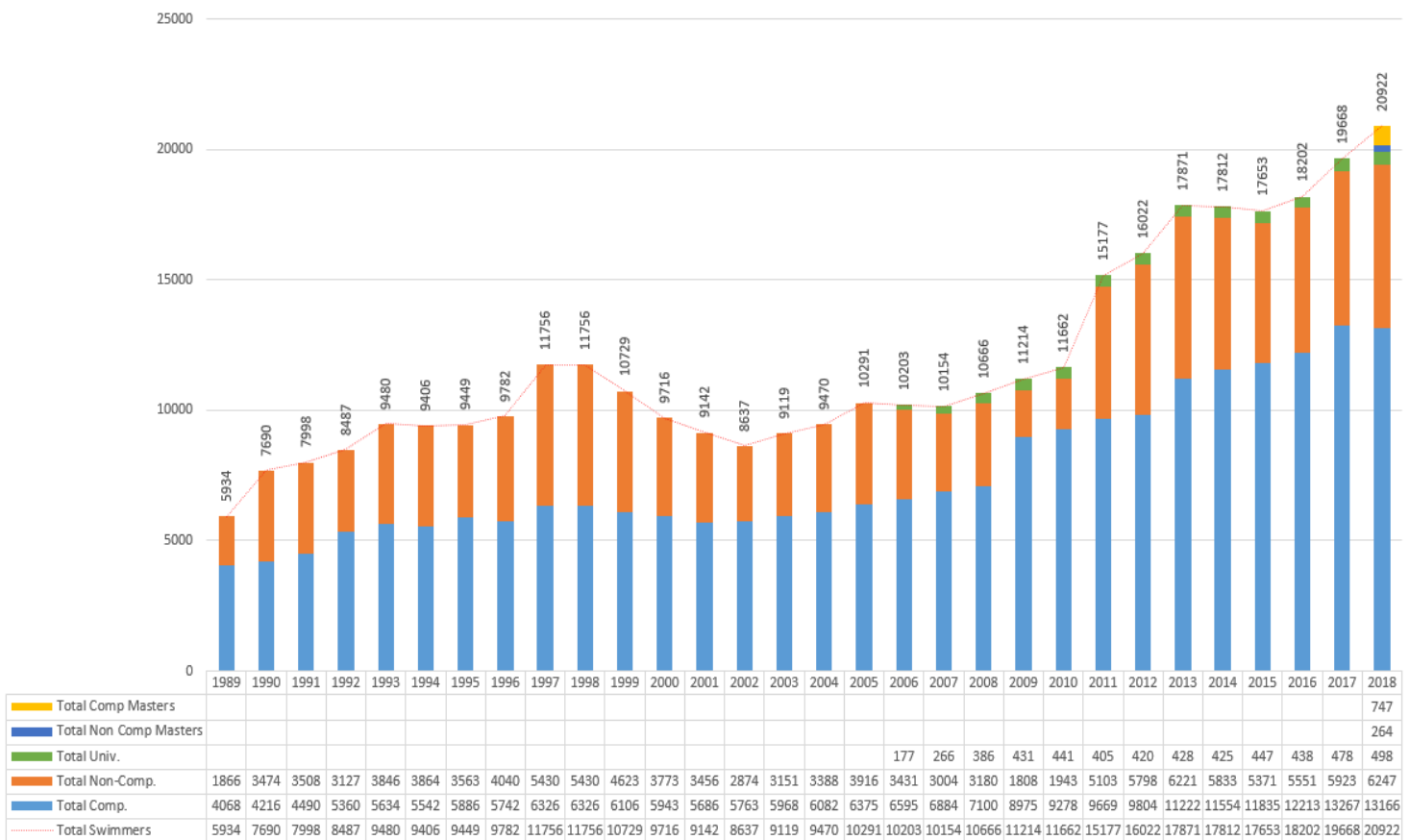
### 2017-2018 Registration Totals:

Competitive	13166	Coaches	972	Age Group Clubs	125
Non Competitive	6247	Officials	8420	Masters Only Clubs	8
Competitive Masters	747			Varsity Teams	12
Non Competitive Masters	264				
University	498				
Total swimmers	20,922				

Swim Ontario Registration 1989 - 2018

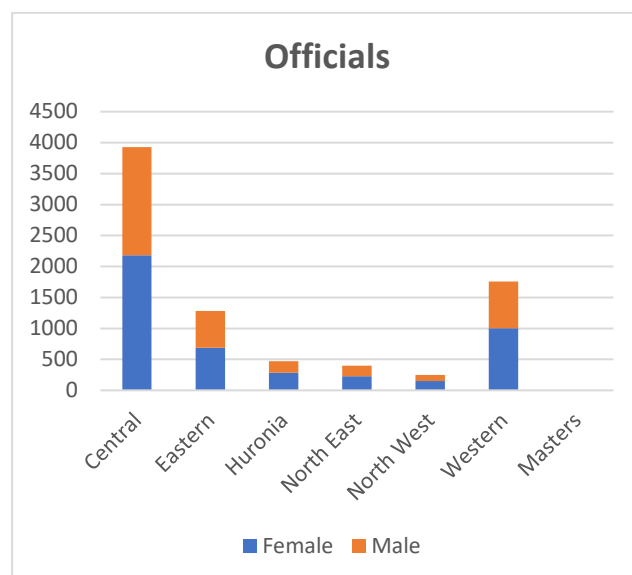
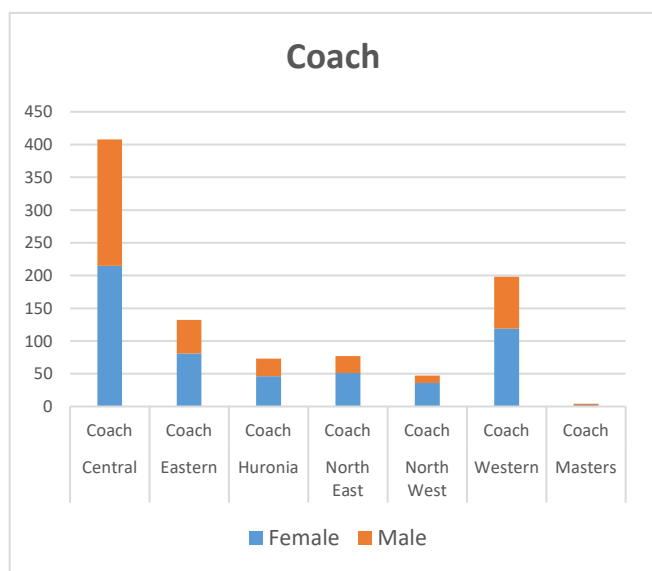
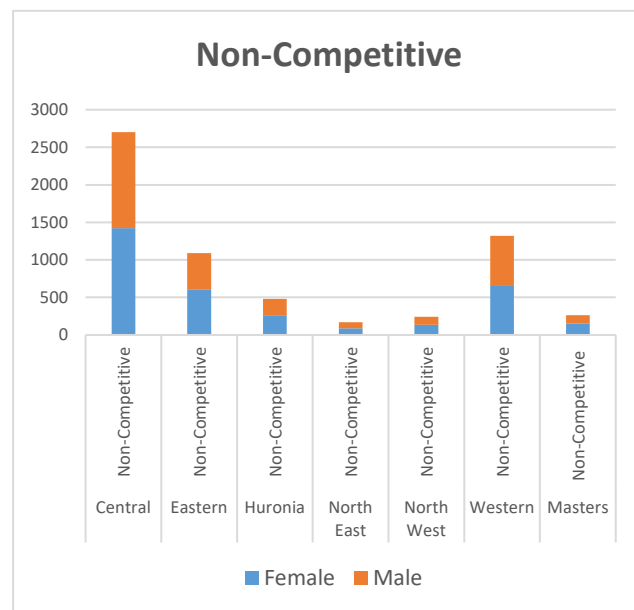
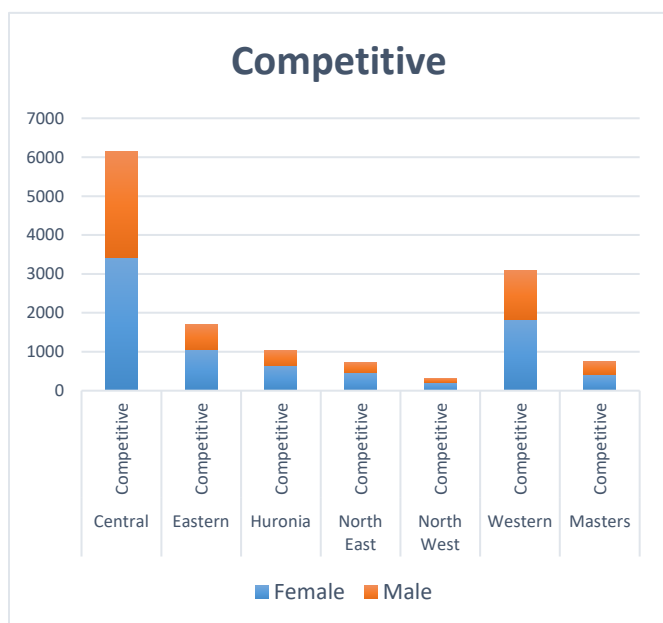


Swimmer Registration 1989-2018





## Regional Breakdown of Registration



## Ontario Swim Academy

This past swim season, we had an increase in the number of athletes visiting the program. Each visit gave us a small snapshot of the programs throughout the Swim Ontario community and it is always a wonderful opportunity to get to know people from across the province. Being granted the opportunity to start building a trusting and working relationship with so many athletes and coaches is a privilege for us and we truly enjoy all of these visits. We are happy to speak and work with everyone to show that we do have you and Ontario swimmers' best interests in mind as we work towards a "one for Ontario" mindset with each swimmer-coach tandem who visits the OSA. Competitive swimming is a wonderful sport and we celebrate with you in all Ontario performances.

Excluding all the Swim Ontario Provincial camps and all swimmers from non-Ontario clubs, in the 2017-2018 swim season we had:

- 73 athletes from 27 clubs come for at least one visit
- Over 386 visits from those athletes (those who came back for more visits)

Every swim club has both opportunities and struggles and having conversations with the coaches from these clubs is a fantastic way to find unique solution to not so unique issues. Many of the visits often turn into discussions with respect to these "unique" club dynamics issues.

The OSA Daily Training Environment is a burgeoning world class arena. The group has a singular focus of performance and for some of the visitors, this is an eye opener. The one take away which we stress with each visiting athlete is to go back to their club with the same determination and drive that they showed every day during their visit to the OSA; return to their home programs and be an even better version of themselves within their home environment and work hard to add value to each practice. To arrive at the pool each day determined to become true leaders and to contribute positively for all practices. We believe that this messaging was achieved this season and that the coaches of the visiting athletes seemed to appreciate how we interacted and worked with each athlete.

Athletes of the OSA have injuries just like athletes from all programs, and unfortunately we did have some serious injuries this past season which slowed the progress of some of our athletes. All injury issues were addressed with personal rehab plans and modified when needed. All athletes were able to race pain free by the end of the season with some very solid results. A few of our in-reach athletes showed up with injuries as well and we were able to help steer people in the right direction after completing paramedical assessments with these athletes. Working with the fantastic IST group at CSIO is a critical key to the success of our program.

#### **BIOMECHANICS – Amber Hutchinson**

**Individual stroke and/or video analysis:** Each OSA athlete undergoes individual stroke or video analysis for 15-30 minutes each week. The SwimPro video system is used for skill analysis. SmartPaddle stroke analysis determines areas of improvement within each stroke.

**DTE Monitoring** – Video support with immediate feedback is used on a regular basis to reinforce skill and stroke progress, particularly during training sets with a gradual application of fatigue.

**Progress Tracking** – Video and stroke analysis for each athlete are stored. Progress is discussed and evaluated with the Academy coach on a bi-weekly basis. Reports are created quarterly.

**Visiting and part-time athletes** – Reports and feedback are sent to the home club coaches following each visit.

#### **PERFORMANCE ANALYSIS - Amber Hutchinson**

**Video race analysis** – All races of OSA athletes are filmed and stored for immediate debrief. The videos are analyzed and race metrics are reported to indicate target areas for improvement.

**Progress tracking** - Videos and race metrics are stored and used to track progress of skills within performances, as well as differing strategy and execution of races.

**Part-time athletes-** Priority races of part time OSA athletes are filmed and stored for immediate debrief. The videos are analyzed and race metrics are reported to indicate target areas for improvement.

#### **PHYSIOTHERAPY – Meghan Buttle**

**Individual Meetings** – OSA athletes receive 30 min appointments weekly for monitoring or treatment.

**Part-time athletes** – Physiotherapy support is available to all part-time athletes on a needs-basis.

**Progress tracking** – Each appointment for treatment is followed by immediate communication with the academy coach to ensure alignment between training and rehabilitation protocols.

## **PHYSIOLOGY – Elton Fernandes**

**Step Test** – A test is conducted every 4-6 weeks to evaluate training adaptations and indicate target training zones.

**Monitoring** – Training sets conducted by the physiologist are conducted biweekly to ensure that target training zones are being achieved and accurate.

**Progress Tracking** – A combination of Step test and bi-weekly monitoring effectively tracks training adaptations. Each test is followed by a review and debrief with the academy coach.

## **NUTRITION – Erik Sesbreno**

**Anthropometrics** – OSA athletes undergo anthro data collection every 4-6 weeks to establish physical adaptations and track periods of growth. These measures are also used to determine and adjust nutritional plans.

**Individual Meetings** – Bi-weekly meeting with each athlete provide specific nutritional consulting and encourage individualized learning.

**Group Learning Sessions** – Bi-monthly cooking sessions are conducted with the full OSA group. These target specific areas of nutrition.

## **SPORT PSYCHOLOGY/MENTAL SKILLS – Dr. Judy Goss**

**Individual Meetings:** The individual meetings on Saturday morning allowed Judy to keep up to date on the current situation and challenge for each athlete. They each have different skills to work on and most of them struggle with managing the demands of school and being a high-performance athlete.

**Group Sessions:** The most recent group educational session was about Fear and Focus. The other group sessions were on Goal Setting and Ideal Performance State for the drop-in athletes that come to OSA.

**Part-time athletes:** Judy will continue to meet with the incoming swimmers to ensure that they feel that they have some support in the transition into the OSA.

## **Weekly schedule**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PRE POOL 510-530AM	PRE POOL 510-530AM	PRE POOL 510-530AM	OFF	PRE POOL 510-530AM	Medballs 815 - 845 AM
530 - 730 AM - SCM	530 - 730 AM - SCM	530 - 730 AM - LCM		530 - 730 AM - LCM	900 - 1130AM - LCM
					Recovery tubs 1140-12PM
Activation until 330 PM	OFF	Activation until 330 PM	Dryland 330-4PM	Activation until 330 PM	OFF
345 - 530 PM SWIM		345 - 530 PM SWIM	415 - 6 PM SWIM	345 - 530 PM SWIM	
S&C 545 - 645 PM		S&C 545 - 645 PM	Stretch 6-630PM	S&C 545 - 645 PM	

CLINIC HOURS with Meghan Buttle	245 - 345 PM		715 - 815 AM	245 - 345 PM
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9 Pool sessions – 18 hours available

Pre-pool activation or dryland prior to all pool sessions

5 sessions for biomechanics and video analysis

3 sessions for S&C

3 clinic hours with Physiotherapist

1 recovery session on Saturday morning

Testing days – S&C, biomechanics, physiology, mental skill individual consultations

- Full IST meeting following each testing date
- Physiology, Nutrition, and Mental skill monitoring bi-weekly

## Para OSA Report

### Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
PRE POOL until 230 PM	OFF	PRE POOL until 230 PM	OFF	PRE POOL until 230 PM
230 - 330 PM		230 - 330 PM		230 - 330 PM

Program tentatively scheduled to begin Oct 1st

3 sessions weekly – 1.5 hours available each session

Technical camp for outlier/non-local athletes - 1.5 days in November, January, March

### Activation / S&C – Amber Hutchinson

- Develop and progress activation routines
- Reinforce habit of pre-pool routines prior to each swim workout
- Target strength and motor limitations in alignment with Swimming Canada protocols and physiotherapist recommendations for each athlete

### Biomechanics – Amber Hutchinson

- Establish skill and stroke fundamentals
- Progress skills and develop control under fatigue
- Specific stroke analysis (SmartPaddle analysis)

### Swim Training – Don Burton

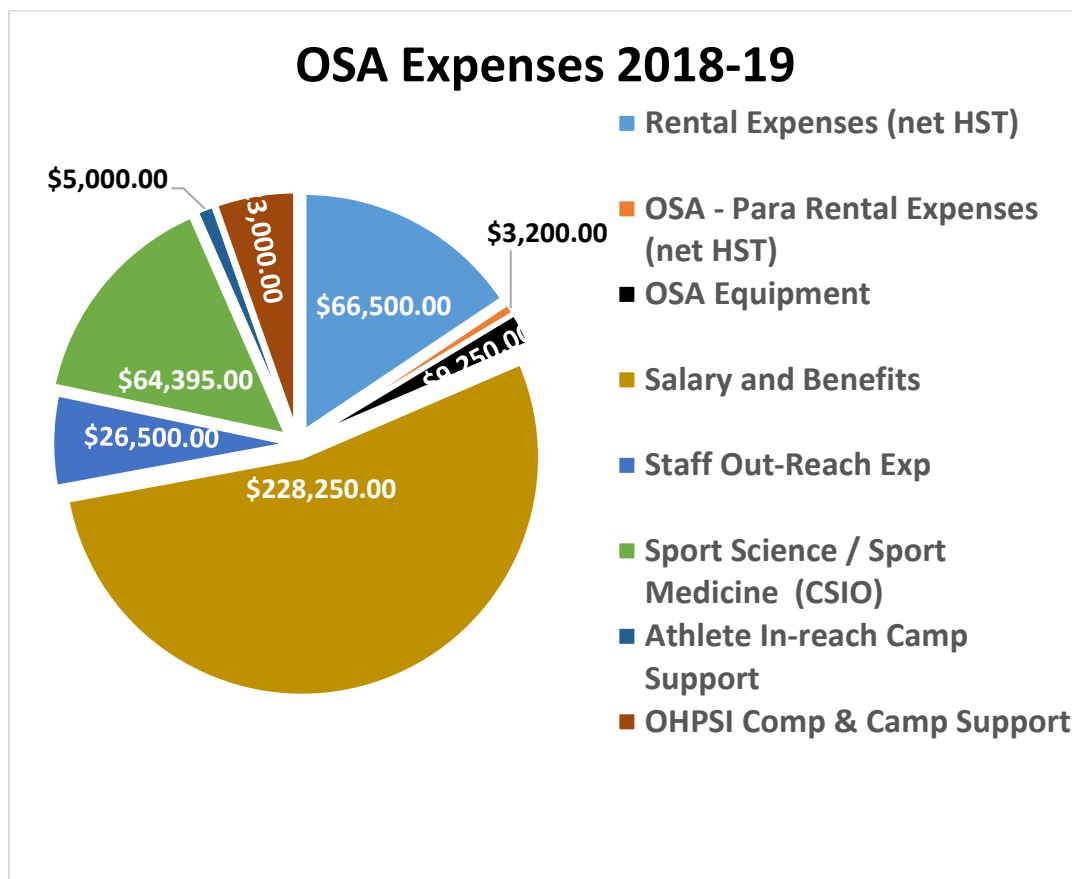
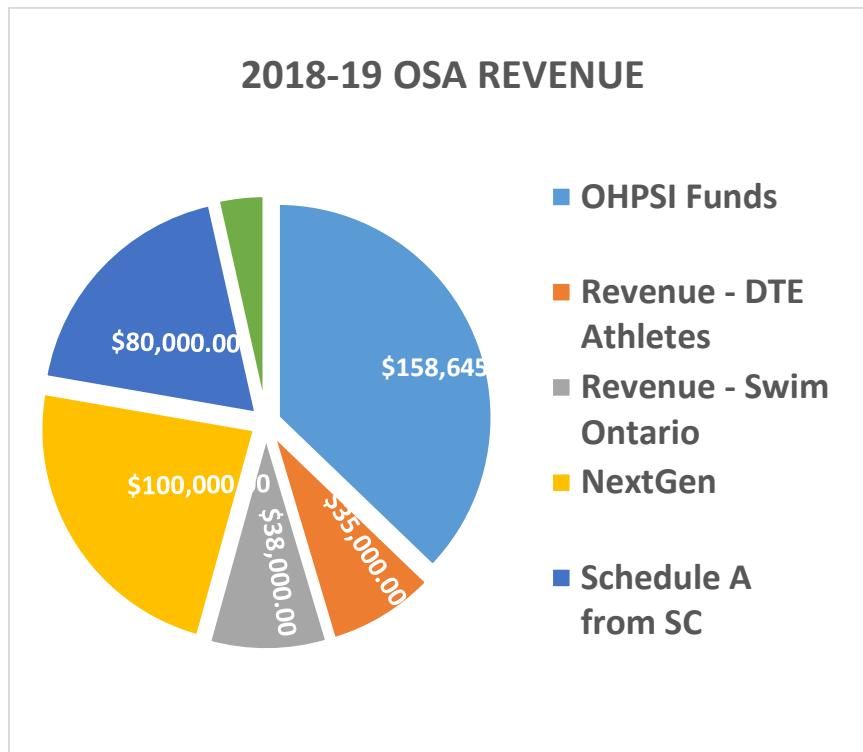
- Individualized training and reinforcing skills under fatigue
- New strategies and training methods

### Home Club Coaches

- Don Burton and the home club coaches communicate regularly to ensure the Para OSA interventions are in complete alignment with the home club program and YTP
- Home club coaches are encouraged and welcome to join all Para OSA sessions
- Monthly athlete review and progress report sent to home club coaches



## OSA Revenue and Expenses overview



## Executive Summary of Athlete and Club Funding

The athlete and club performance funding remains virtually unchanged, aside from some minor housekeeping edits, from last season.

### Senior Performance Fund

#### Objective:

Swim Ontario will provide money for a program to provide financial support to Ontario registered high performance and world class swimmers in order to facilitate their continued improvement towards international podium success.

#### Funding Available:

The grant funding will be dispersed depending based on each eligible swimmers' World Ranking in their single highest ranked swim in an Olympic, pool event, as follows:

- Maximum of \$20,000, for expenses, for a World Ranking of 1st to 10th place inclusive
- Maximum of \$12,000, for expenses, for a World Ranking of 11th & 25th place inclusive
- Maximum of \$8,000, for expenses, for a World Ranking of 26th & 50th place inclusive

Swim Ontario Senior Performance Funding - Executive Summary (Rounded Amounts)		
Number Details	Rank	
3 Swimmers	Top 10 World	\$ 60,000.00
5 swimmers	11-25 World	\$ 38,400.00
4 swimmers	26-50 world	\$ 22,400.00
		<b>\$ 120,800.00</b>

### Jr. Performance Fund

#### Objective:

A total of \$18,000.00 (6 x \$3000.00) has been allocated by Swim Ontario, for Ontario registered swimmers performance development stream, 18 and under male and 17 and under female, to facilitate their continued improvement towards world class status.

#### Eligibility:

- Must be registered, in the competitive open or varsity open registration categories with an affiliated Swim Ontario age group club, in good standing.
- To be eligible, individually, swimmers must also be in good standing with, Swim Ontario and Swimming Canada.
- Only Male Swimmers born in 2000 or later will be considered for this grant
- Only Female swimmers born in 2001 or later will be considered for this grant
- Swimmers must be eligible to represent Canada internationally.
- If selected, must participate in Swim Ontario Provincial Team activities and designated competitions as requested by the Provincial Programs Manager

#### Funds awarded in 2017-18

Swim Ontario Junior Performance Funding - Executive Summary		
Number Details	Rank	
5 Swimmers (4 Male & 1Female)	Track 1 On Track	\$ 15,000.00

#### Para Athlete Performance Funding

##### Objective

To support high performance para athletes who are not otherwise receiving direct funding from Swimming Canada's Athlete Assistance Program (AAF). Maximum of Four Cards 2 male and 2 female

##### Amount

Up to a maximum of \$2500 for the top ranked male and female swimmer Up to a maximum of \$1500 for the second ranked male and female swimmer

#### Club Performance Grant Funding

##### High Performance Senior Club Performance Grant

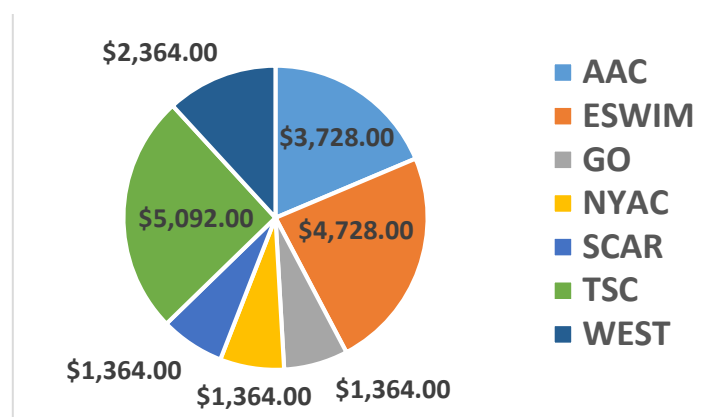
##### Objective

To support Swim Ontario affiliated age group and varsity programs that produce Ontario trained high performance swimmers. This grant is intended to help facilitate a pathway for swimmers to become future National Team members.

##### Amount

Up to \$2500 of funding support based on each eligible swimmer. The amount received is subject to the overall budget available and number of eligible swimmers.

#### 2017-18 HP Club Grant Funding



#### Junior Club Performance Grant

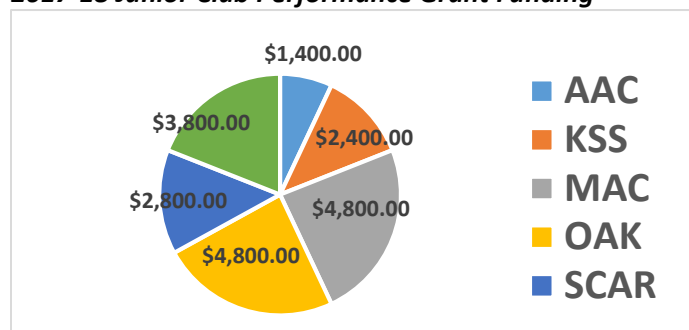
##### Objective

To support Swim Ontario affiliated age group clubs and varsity programs that produce Ontario trained high performance swimmers. This grant is intended to help facilitate a pathway for swimmers to become future National Team members.

### Amount

Up to \$2000 of funding support based on each eligible swimmer. The amount received is subject to the overall budget available and number of eligible swimmers

### 2017-18 Junior Club Performance Grant Funding



### Swim Ontario Post-Secondary Performance Scholarship

Swim Ontario will award a financial scholarship to two Ontario swimmers to allow the recipients to focus on swimming excellence while pursuing Post-Secondary academics in Ontario. Two swimmers will each be awarded a \$16,000.00 scholarship based on the criteria published on the Swim Ontario website.

**2018 Winners: Aleksa Gold TSC & Graeme Aylward MMST**

### Past Recipients Include:

Hannah Genich SCAR  
Alexandre Perreault OTTSC  
Josee Barrette GO  
Victoria Radounski RHAC  
Kylie Masse WEST  
Mitchel Ferraro USC  
Oliver Straszynski TSC  
Kelly Hotta SLSC  
Jillian Stoyan TSC  
Eli Wall GO  
Gamal Assaad OAK  
Jennifer Tapley ESWIM

Jennifer McNaughton HAC  
Evan VanMoerkerke SWA  
David Riley TSC  
Bridget Coley HAC  
Victoria Munro HAC  
Hannah Genich SCAR  
Alexandre Perreault OTTSC  
Josee Barrette GO  
Victoria Radounski RHAC  
Kylie Masse WEST  
Mitchel Ferraro USC  
Oliver Straszynski TSC

Kelly Hotta SLSC  
Jillian Stoyan TSC  
Eli Wall GO  
Gamal Assaad OAK  
Jennifer Tapley ESWIM  
Jennifer McNaughton HAC  
Evan VanMoerkerke SWA  
David Riley TSC  
Bridget Coley HAC  
Victoria Munro HAC

### Swim Ontario Program Investment

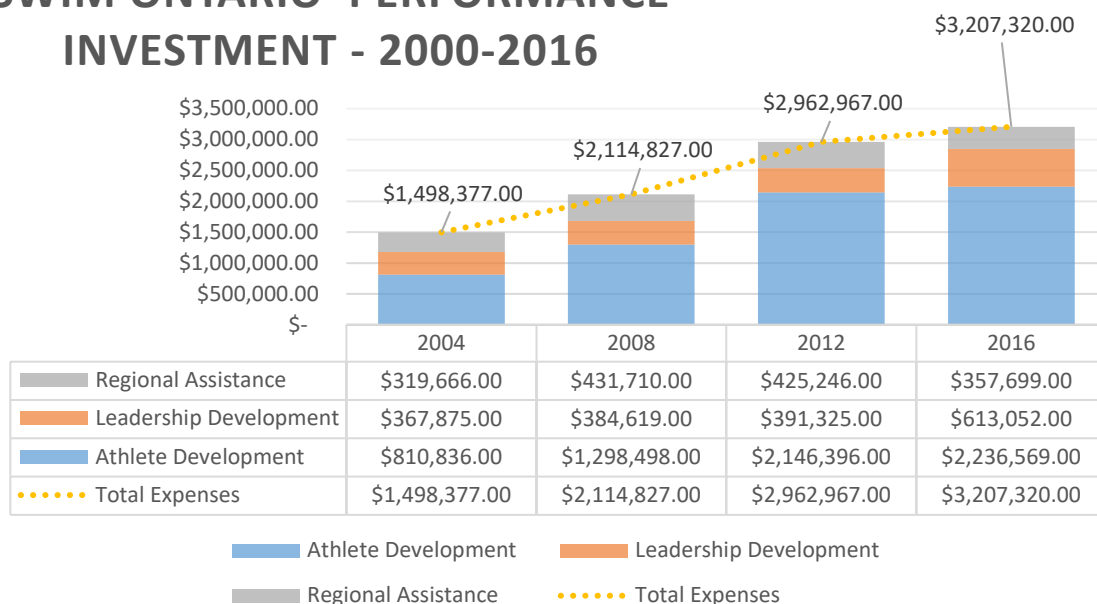
Below is a snapshot of Swim Ontario investment in our three core areas of investment:

- Regional Assistance
- Leadership development (Coaches, Officials, Board and Staff)
- Athlete development (Club support, Programming costs and direct athlete support)

Over the past four quadrennials this investment has totalled over 9.78 million dollars. Our results for 2016 through 2018 have so far, have provided a significant return on this investment. Our future investment needs to continue to be purposeful, resourceful, innovative and most importantly effective, in order to replicate our 2016 success in 2020.



## SWIM ONTARIO PERFORMANCE INVESTMENT - 2000-2016



Quads	Athlete Development	Leadership Development	Regional Assistance	Total Expenses
2004	\$810,836.00	\$367,875.00	\$319,666.00	\$1,498,377.00
2008	\$1,298,498.00	\$384,619.00	\$431,710.00	\$2,114,827.00
2012	\$2,146,396.00	\$391,325.00	\$425,246.00	\$2,962,967.00
2016	\$2,236,569.00	\$613,052.00	\$357,699.00	\$3,207,320.00

### Swim Ontario Competitions

#### Ontario Junior International (OJI) 2018

The Ontario Junior International is scheduled for December 14-16, 2018 at the Toronto Pan Am Sports Centre. The qualifying criteria was reviewed in the spring of 2018 and two events, the women's 1500m freestyle and the men's 800m freestyle, were added to the competition schedule. All of the other criteria remains unchanged from 2017.

#### 2017-2018 Provincial Competition

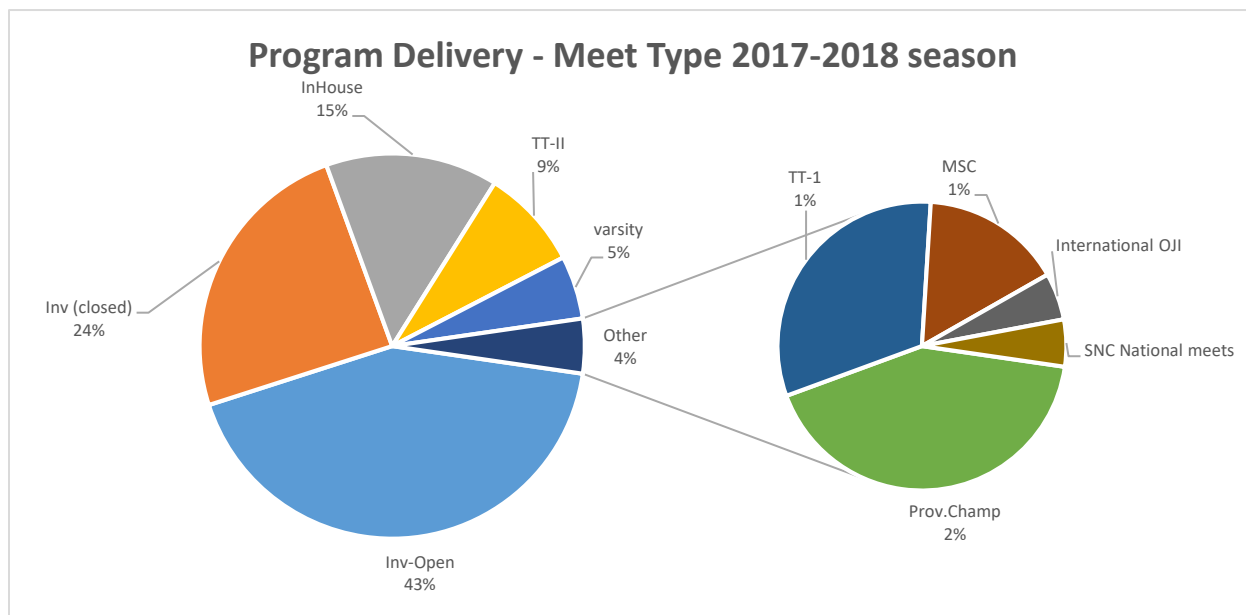
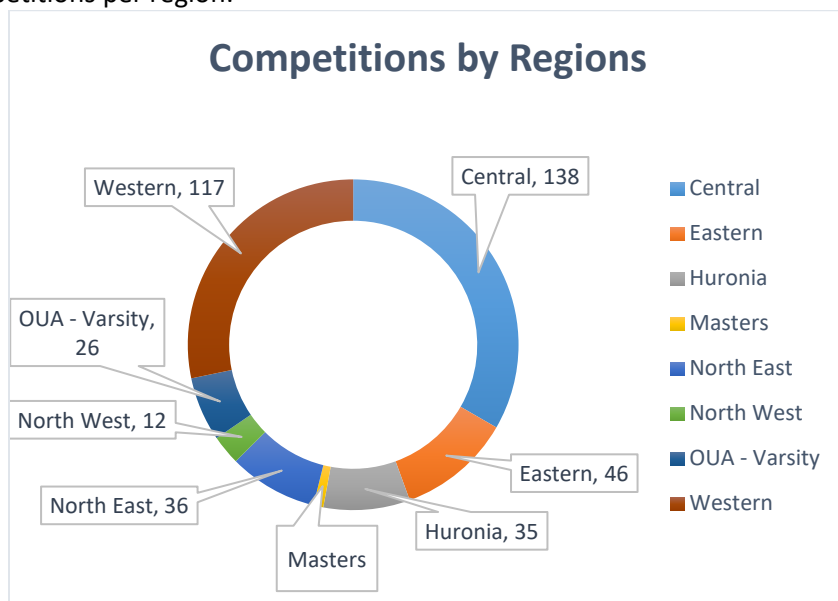
Thank you to the hosts of the provincial and national meets this past season who provided quality competitions for competitors.

- Winter Festival 2018 – Nepean Kanata Barracudas (NKB)
- Spring Provincials 2018 – Etobicoke Swimming (ESWIM)
- Spring AAs 2018 – Markham Aquatic Club (MAC)
- Summer Festival 2018 – Markham Aquatic Club (MAC)
- Summer Provincials 2018 – Mississauga Aquatic Club and Oakville Aquatic Club (MSSAC/OAK)
- Summer AAs 2018 – Richmond Hill Aquatic Club (RHAC)

Competition	Clubs	Female	Male	Total Swimmer	Ind. Swims	Relays
Winter Festivals	87	386	351	736	3410	363
Spring Provincials	88	443	492	935	4235	448
Spring AAs	53	195	169	364	1477	95
Summer Festivals	82	410	378	788	3763	401
Summer AAs	65	259	210	469	1850	160
Summer Provincials	80	409	449	858	3407	362

## Competitions in Ontario

A total of 100 clubs hosted 414 competitions in Ontario for the 2017-18 season. An increase of 8 host clubs and 9 competitions from last season. The following are breakdowns of the different types of sanctions approved last season and the number of competitions per region:



## 2018-2019 Provincial Competition Update

The provincial programs development and deliveries were reviewed this past year to ensure the provincial competitions align with the Swim Ontario Strategic Plan, the Swim Ontario and Swimming Canada LTAD and provide the optimal performance environment at each provincial competition. Time standards and competitions were reviewed with input from the technical leadership and Sport Management Committee of Swim Ontario. A summary of the updates for the 2018-2019 Provincial Competitions is depicted below.

- Ontario Festival Champs (Winter) 2019 – Mississauga Aquatic Club (MSSAC) at Etobicoke Olympium
- Ontario Swimming Champs (Spring) 2019 – Etobicoke Swimming (ESWIM) at Etobicoke Olympium

- Ontario Youth-Junior Champs (Spring) 2019 – Richmond Hill Aquatic Club (RHAC) at Markham Pan Am
- Ontario Festival Champs (Summer) 2019 – Markham Aquatic Club (MAC) at Markham Pan Am
- Ontario Swimming Champs (Summer) 2019 – Whitby Dolphins (WD) at Toronto Pan Am Sports Centre
- Ontario Youth-Junior Champs (Summer) 2019 – Brantford Aquatic Club (BRANT) at Wayne Gretzky Sportsplex

## 2018-2019 Summary Provincial Competitions

Name	Ontario Festival Champs (Winter) (FEST)	Ontario Youth-Junior Champs (Spring) (OYJ) (Formerly AA Champs)	Ontario Swimming Champs (Spring) (OSC) (Formerly Prov Champs)	Ontario Masters Swimming Champs (OMSC)	Ontario Festival Champs (Summer) (FEST)	Ontario Youth-Junior Champs (Summer) (OYJ) (Formerly AA Champs)	Ontario Swimming Champs (Summer) (OSC) (Formerly Prov Champs)
Dates	Feb. 16-17, 2019	Mar. 7-10, 2019 First weekend of March Break	Feb. 28-Mar. 3, 2019	April 26-28, 2019	June 14-16, 2019	June 27-30, 2019 Same weekend as OSC	June 27-30, 2019
Location	Etobicoke	Markham	Etobicoke	Etobicoke	Markham	Brantford	TPASC
Days	2 days	4	4	3	3	4	4
Course	SC	LC	LC	SC	LC	LC	LC
Format	Timed Finals	Heats / Finals	Heats / Finals	Timed Finals	Timed Finals	Heats / Finals	Heats / Finals
Age Groups	10&U, 11, 12, 13	13&U, 14, 15, 16&O	14&U, 15, 16, 17&O, PARA	Masters	10&U, 11, 12, 13	13&U, 14, 15, 16&O	14&U, 15, 16, 17&O, PARA
Relay Age Groups	11&U 12-13	max 2 per club 14&U 15&O 800 F.R. - OPEN	max 2 per club 15&U 16&O 800 F.R. - OPEN	Masters	11&U 12-13	max 2 per club 14&U 15&O 800 F.R. - OPEN	max 2 per club 15&U 16&O 800 F.R. - OPEN
Qualifying	1 <b>FEST</b> QT	1 <b>OYJ</b> QT	1 <b>OSC</b> QT	No qualifying	1 <b>FEST</b> QT	1 <b>OYJ</b> QT	1 <b>OSC</b> QT
Meet De-Qualifying		4 or more <b>OSC</b> QTs				4 or more <b>OSC</b> QTs	
Qualifying Standards	Festivals Standards (same as last season)	Youth-Juniors Standards (same as AA from last season) Separate standards for 17&Over	Swimming Canada CJC/CSC Standards +1.5%		Festivals Standards (same as last season)	Youth-Juniors Standards (same as AA from last season) Separate standards for 17&Over	Swimming Canada CJC/CSC Standards +1.5%
Targeted numbers	800 - 900	600 – 750	550 - 675	300	800 - 900	600 – 750	550 - 675
Max events	6	8	8	6	7	8	8
Bonus Events	1 QT = 3 Bonus 2 QTs = 2 Bonus 3 QTs = 1 Bonus 4 or more QTs = No Bonus	1 QT = 2 Bonus 2 or more QTs = 1 Bonus without exceeding maximum <b>No Bonus 400 Free/IM, 800 and 1500Free</b>	1 QT = 2 Bonus* 2 or more QTs = 1 Bonus without exceeding max* *All bonus swims must make the B QT <b>No Bonus 400 Free/IM, 800 and 1500Free</b>		1 QT = 3 Bonus 2 QTs = 2 Bonus 3 QTs = 1 Bonus 4 or more QTs = No Bonus	1 QT = 2 Bonus 2 or more QTs = 1 Bonus without exceeding maximum <b>No Bonus 400 Free/IM, 800 and 1500Free</b>	1 QT = 2 Bonus* 2 or more QTs = 1 Bonus without exceeding max* *All bonus swims must make the B QT <b>No Bonus 400 Free/IM, 800 and 1500Free</b>
Recovery and Regeneration Period – March 4 to 27, 2019 with the exception of OYJs March 7-10, 2019							

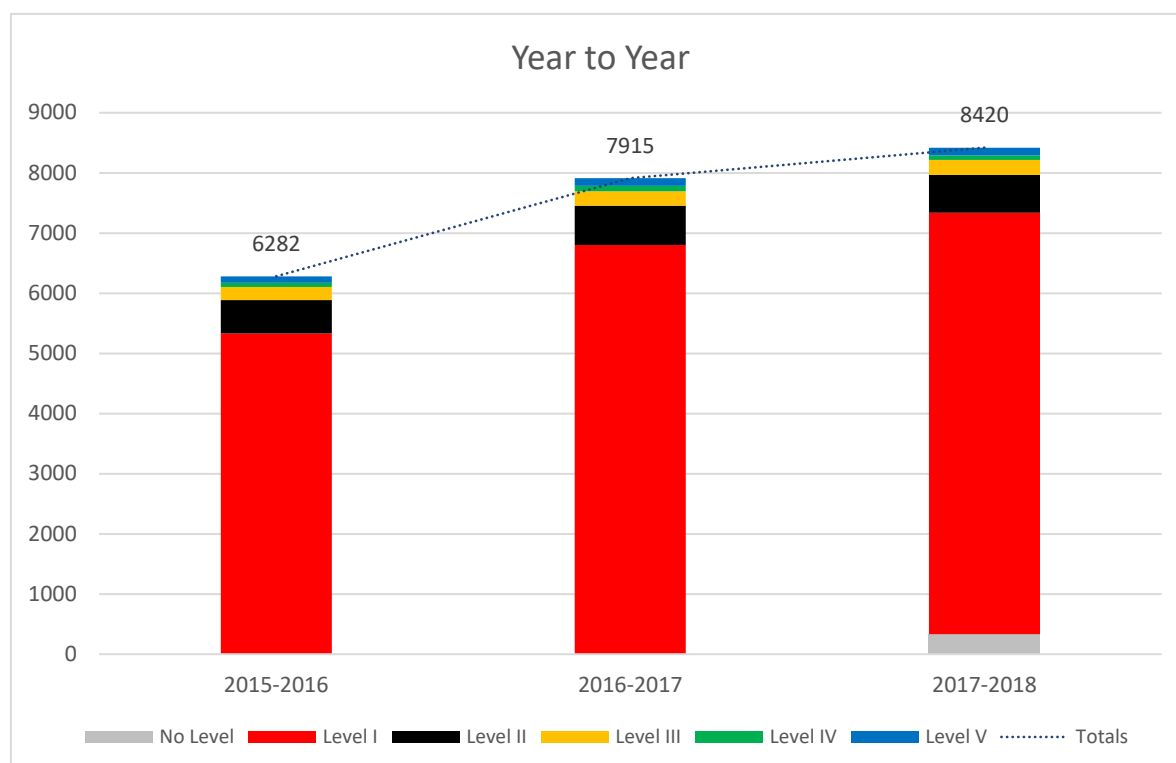
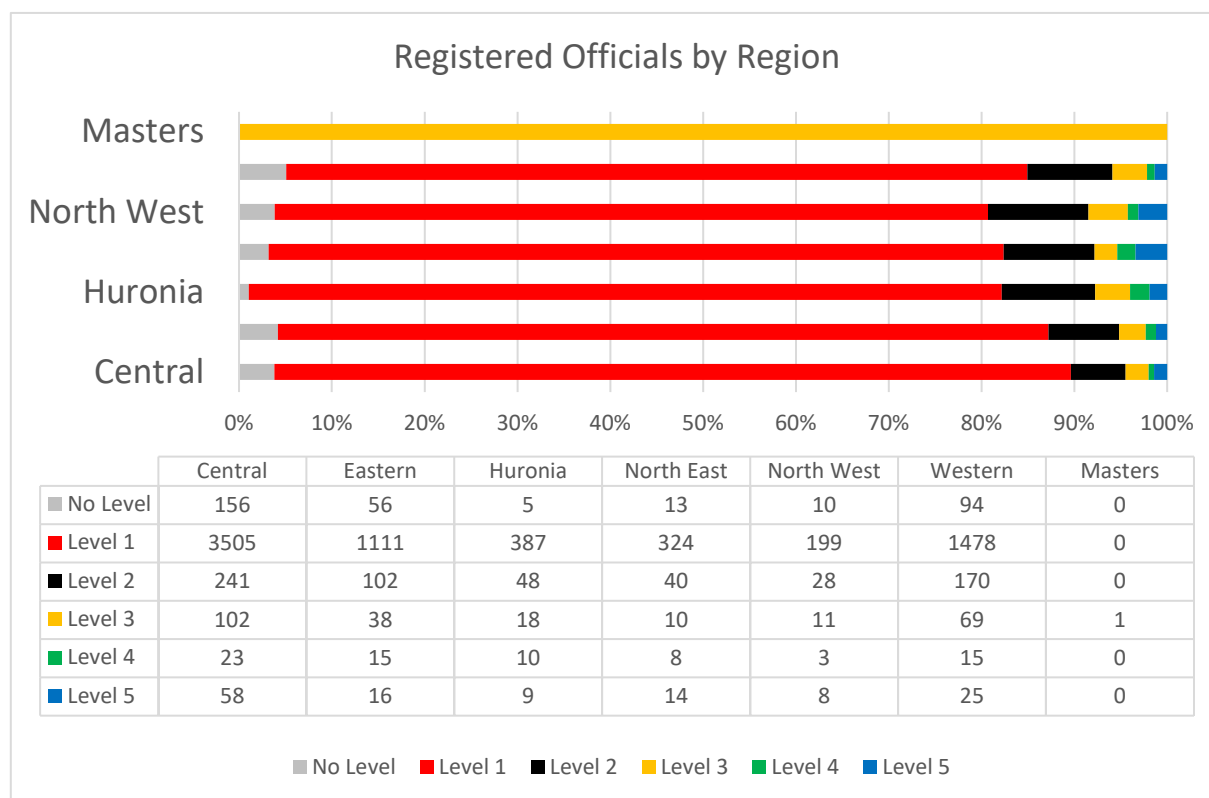
## Swim Ontario Officials

In 2017-2018 the Swim Ontario Officials Committee (SOOC) provided support to independent officials and member clubs in the development of their volunteer officials. The SOOC advises the Executive Director or designated staff of Swim Ontario in areas related to officiating and competitions in Ontario. A comprehensive report from the SOOC on official's education, evaluation and certification is provided for the Annual General Meeting.

## Swimming Canada Registration System

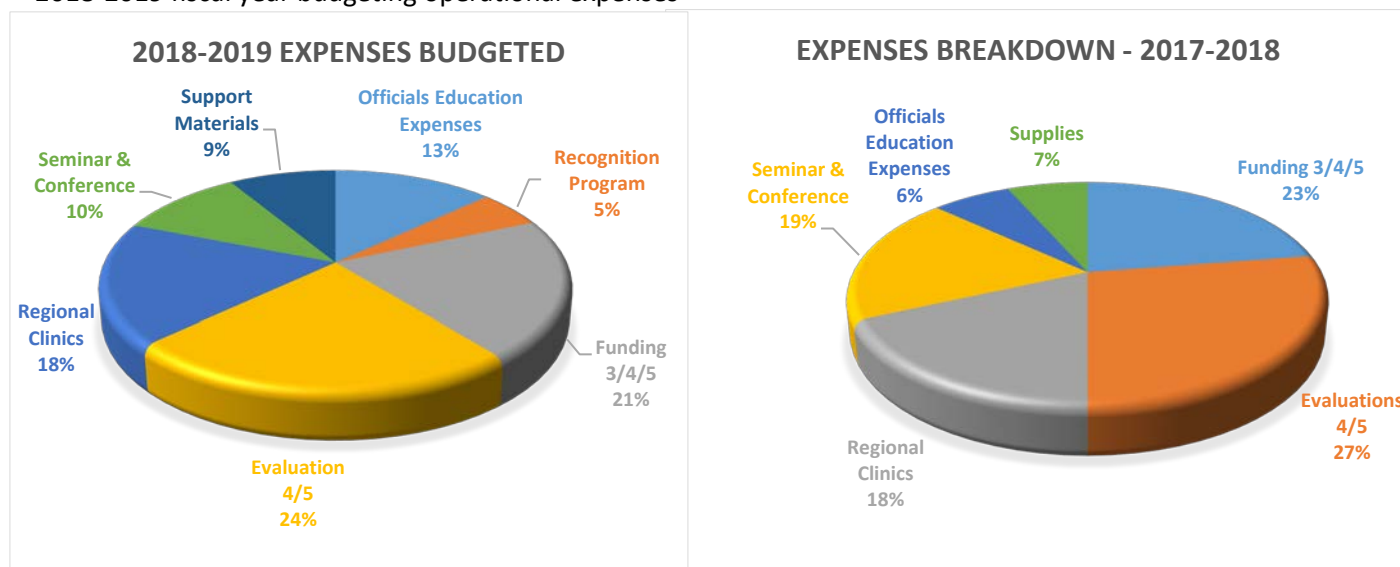
The 2017-18 season saw an increase in officials registration to 8420 officials registered as active on the Swimming Canada registration system (including 334 No level officials), up 6% from 2016-17 season. Level I through V official numbers remain steady. We did see an increase in new Level II officials as compared to last season mainly due to clubs familiarizing themselves with the registration system and updating online officiating profiles. Swim Ontario will continue to encourage and educate club administrators on the importance of updating online profiles with clinics taken and on-deck evaluations received by level I and II officials. Swim Ontario also continues to provide feedback and solutions to Swimming Canada to ensuring that the registration system becomes the primary database of records for officials from Level I to V and beyond.

Level I	Level II	Level III	Level IV	Level V
7004	629	249	74	130



## Officials Development Budget

Revenue for Official's development services came from officials registrations. Expenses for Official's development services are broken into general categories shown below. The 2017-18 planned balanced budget showed a surplus due to increase in official's registration numbers and less than expected expenditures in the clinic deliveries in outlying areas, Level 3/4/5 funding and regional clinics. The implementation of webinars has helped with clinic deliveries. Over 75% of expenses dealt with the delivery of the certification pathway and helping officials move up in levels. There is no increase in the official's registration fees for 2018-19 season, however, Swim Ontario has planned increase in allocated budget to closely match registration numbers. Areas of Increased expenses are in recognition programs, evaluation and education of evaluators as well as Level 3/4/5 funding. Below is an overview of expenses for the 2017-18 fiscal year as well as the 2018-2019 fiscal year budgeting operational expenses



## Ontario Competitions and the Officials Development Program

A total of 100 clubs hosted over 400 competitions in Ontario for the 2017-18 season; an increase of 8 clubs from last season. All clubs, except those that did not register officials in the previous season, were given an opportunity to provide officials development plans to be reviewed by Swim Ontario in order to obtain exemption from the Officials Development Program (ODP) requirements and provide an opportunity to continue hosting competitions.

The updated Official's Development Program compliance has seen some club fall below the ODP requirements, sometimes due to increase number of families based on registered competitive swimmers and others with lack of participation in registering and updating officials' online profiles. A mid-season report is provided to clubs in March and a final report in August. By mid-season almost half had reached ODP requirements and approximately ¼ were making progress.

In summary, a small number of clubs may lose ODP requirements, however, the majority can obtain exemption with a submitted official's development plan and some due diligence in updating the online profiles of their officials.

## National and International Events in Ontario

Ontario was host to one national competitions during the 2017-18 season. Ontario officials had leadership roles in the delivery of these events and provided our young and upcoming Level IV/V officials opportunities to work senior level positions and exposed more clubs to hosting national level competitions.

Upcoming for this season are many opportunities for Ontario officials. Swim Ontario will host the Canadian Swimming Trials at the Toronto Pan Am Sports Centre in early April followed closely by the Speedo Eastern Championships in Quebec City mid-April and the Canadian Swimming Championships will be held in Winnipeg in August 2018.

### **Officials Communication**

Communication is both through TAS Bulletin, Officials Bulletins and utilising the Swimming Canada registration system to send reminders and quick communications to Meet Managers and Club Officials Chairs/Administrators.

### **Coaching and NCCP**

There were 972 Coaches registered with Swim Ontario for the 2017-2018 season and we continue to see coaches progress through the NCCP Pathway. There were 18 courses offered this past season; 16 101 courses with 177 new coaches trained and 2 201 course with 23 coaches trained. There are 13 courses currently available for the 2018-2019 season, with more to be added.

Professional Development requirements for active coach certification from Coaches Association of Canada is ongoing. All certified coaches are being notified regarding their status and requirements via email as they register for the season, and they are provided with a list of opportunities available. Please direct any questions regarding NCCP to Lindsay Taylor.

Respectfully submitted,  
John Vadeika  
Swim Ontario Executive Director

### **FINANCE AND AUDIT COMMITTEE**

I would like to thank the Swim Ontario staff and committee members for their efforts throughout the year. The members of the Finance and Audit Committee for 2017 were Bud Seawright (chair), Tracy Bennett, Louise Barton, Jason Dickens, Dan Taylor, Jocelyn Jay, John Vadeika, and Heather Dwinnell and the auditor was James G. A. Gibbs, CPA (Suite 908, 505 Consumers Rd. Toronto, Ontario M2J4V8)

When you review the Audited Financial statement for 2018 you will see that although we projected a small deficit of \$671.00, there was a surplus of \$109,037.00. The main reasons for the surplus occurred late in the year, with an unexpected grant of \$60,000.00 for para swimming and unused regional budget items. This surplus puts Swim Ontario above the targeted reserve of \$800,000 to \$1,000,000 and we are budgeting for a deficit of \$34,500.00 in 2019. There has been a change in fees for competitive and non-competitive swimmers to satisfy a motion from the 2017 AGM, the result of this change should be revenue neutral. We have worked to fund the projects brought forward by the Board and pressures identified by staff.

Swim Ontario has just conducted a complete review of all areas of operation called the Move Us Forward Project. To support the results of the project there may be further investments in Swim Ontario made in the near future that will reduce the present reserves.

In 2019, we will continue to operate in a positive financial position, able to reinvest in our organization and meet the needs of our current commitments.

If you have further questions, please contact me at [bud@seawright.ca](mailto:bud@seawright.ca).

Bud Seawright  
Finance and Audit Committee Chair

## **POLICY AND PLANNING COMMITTEE**

### ***Program Policy Committee Members***

Michael Brown (Chair), Tym Barker, Anne Bell, David Shemilt, Clare Atkinson, John Vadeika and Brian Ward

### **Summary**

An organization's governing documents should be reviewed on a regular basis in light of the organization's current environment. As such, new policies, procedures or related documents may need to be created, and old policies, procedures or related documents may need to be amended. Any newly created or amended documents should be drafted in manner to help promote effective and efficient operation and/or governance of the organization, as applicable. The Policy and Planning Committee worked hard this past year to help achieve this desired outcome.

This past year, the following documents were created, reviewed or amended by, or with the help of, the Policy and Planning Committee:

- Director Orientation Package and Director Welcome Documentation;
- Screening Procedure;
- Screening Policy;
- Anti-doping Policy;
- Social Media Policy;
- By-law review re: potential definition inconsistency with Motion "x" from AGM 2017;
- Facility Rules & Guidelines of Swimming Canada re: Impact on Swim Ontario;
- Swimming Canada's proposed nationalized Complaint and Dispute Resolution Procedure re: Impact on Swim Ontario;
- Swimming Canada's Responsible Coaching Movement and Safe Sport Environment re: Impact on Swim Ontario;
- Nominations Committee Terms of Reference; and
- Program Policy Committee Terms of Reference.

The Policy and Planning Committee is committed to maintaining Swim Ontario's policies, procedures and related documents in order to help promote the effective and efficient operation and/or governance of this organization.

Respectfully,

Michael Brown  
Policy and Planning Committee Chair

## **NOMINATIONS COMMITTEE**

I would like to welcome all of you to the 2018 Swim Ontario Conference and AGM. I would like to thank the Swim Ontario Staff who have worked hard in preparing useful information sessions for our club administrators and coaches; we are always looking for ways to make this AGM weekend better and we are always open to suggestions.

Last year the Board received complaints in relation to the way Nominees for elections to the Board of Directors were chosen. The Board conducted a review and the following process was chosen.

All applicants who meet the eligibility criteria below would automatically be confirmed as a Candidate for Director of the Swim Ontario Board of Directors. Nominations from the floor will NOT be accepted.



The applicants would complete an application form and Nominations Questionnaire; these documents would be distributed in its entirety to the membership for review and consideration prior to elections. The above Candidate's information would be circulated to the membership in early September at least fifteen (15) days prior to the Annual General Meeting by the Executive Director. The information would then be published and posted on the Swim Ontario website and other social media as applicable.

### **Board and Election Information**

The Swim Ontario Board of Directors is comprised of seven (7) positions. Four (4) positions are elected for a two (2) year Term, in even number years (2018), and three (3) positions are elected for a two (2) year Term, in odd number years (2019).

The Nominating Committee is a standing committee of the Swim Ontario Board of Directors that is responsible for ensuring that the Swim Ontario Board of Directors is composed of persons sufficiently qualified and skilled to provide effective leadership to Swim Ontario.

The Nominations Committee's responsibilities are;

1. Identify potential Board nominees for future consideration
2. Make best efforts to ensure that the number of nominees precludes acclamation
3. Inform the Board of the slate of candidates

To be eligible for nomination, individuals must be a "resident" of Ontario as that term is defined in the Income Tax Act (Canada).

The following persons are disqualified from being a director:

- A. A person who is not an individual.
- B. A person who is under 18 years old.
- C. A person who has been found under the Substitute Decisions Act, 1992 or under the Mental Health Act to be incapable of managing property.
- D. A person who has been found to be incapable by any court in Canada or elsewhere.
- E. A person who has the status of bankrupt.
- F. A person not in Good Standing with Swim Ontario or any other sport organization.

Each Director shall not be an employee of Swim Ontario, Swim Ontario Regions and Swimming/Natation Canada or any other PSO.

Skills beneficial to a governance board model include those related to business, relationship development, communications, marketing, finance, change management, and the sport of swimming. Previous board experience is an asset.

**Elections for these positions will take place during the Annual General Meeting, Sunday, September 22, 2018.**

I would like to thank Dan Taylor and Jen Button for their help as members of the Nominations committee. Their dedication and experience were very much appreciated.

Thank you very much for your participation in swimming and I hope you all have a great season.

Sincerely;

Paul Legault  
Nominations Committee Chair

## **MASTERS COMMITTEE**

We are proud that in our first year of operation we registered 916 masters swimmers with Swim Ontario; 687 competitive and 229 non-competitive. These swimmers were registered with 29 clubs, which included 21 age group clubs and 8 masters-only clubs.

I'd like to thank the Swim Ontario Masters committee (Andy Ritchie, Jack So, Bud Seawright, Jocelyn Jay, Ralph Ades and Katie Osborne) for their tireless support in this year of transition. We met on 17 occasions and made a lot of progress including the following:

- Developed a non-competitive swimmer category
- Alleviated the requirement of Masters-only clubs to incorporate
- Created a mechanism for registering independent swimmers
- Adjusted club fees and administration processes
- Developed value add programs (Masters clinic, New Year's Eve Challenge 100 x 100)
- Hosted the first Swim Ontario Masters Provincial Championships with special thanks to the Barrie Trojan Swim Club who were the meet hosts

## **What are the Swim Ontario Masters Guiding Principles?**

The Swim Ontario Masters program believes in a series of guiding principles which form the basis of our work today and into the future. Our belief is in the value of, and need for, an aligned national strategy with our partners; Masters Swimming Canada and Swimming Canada. We believe over time it is in the best interests of Masters swimmers in Ontario to have a single governing body that considers and meets the needs of all adult swimmers in the province, including fitness swimmers, competitive pool swimmers, open water swimmers and multi-sport athletes. A single provincial body facilitates swimmer registration, meet sanctioning, insurance, ranking and record-keeping, implementation of safe sport measures, coaching certification, member communications, and delivery of programs and special initiatives for the Masters swimming community.

Swim Ontario Masters promotes and supports fun, fitness, friendship, healthy living and competition for adults through swimming. Swim Ontario will promote, encourage, support and grow Masters swimming in all its forms in the province. Our goal is to be the leading resource for adult swimming in the province and to offer programs and services for all adult swimmers in the province that are effective, inclusive, safe, respectful and fun.

## **Why is integration of Masters swimming an important opportunity for Swim Ontario clubs?**

Swim Ontario, a sanctioning partner of Swimming Canada, which is the official governing body of all FINA sanctioned swimming events in Canada. Masters is a growing component of the FINA family and has growing numbers of passionate "Swim for Life" advocates for our great sport.

We understand that the historic and strategic focus for Swim Ontario is age group swimming targeting 10 to 18-year-olds. However, for many clubs, Masters swimming can be a valuable partner that adds breadth to any club's service offering. Not only do Masters swimmers provide a source of volunteers, local fundraisers and potential revenue in terms of club fees, they also provide an excellent and influential lobby group when working with your municipality in building new facilities. It's important that the entire aquatic community is aligned when lobbying for a new pool and or enhanced programming. These passionate swimmers are also a great buffer for the aquafit and recreational lane

swimming lobbyist who want pools maintained at 85 degrees. Masters swimmers are often influential members of a community and with our aging population (Ontarians over 65 will double by 2041 from 16.7 to 24.8% of the populations) they can be great community ambassadors. Masters swimmers can also serve as role models for lifelong active living, and the presence of a vibrant Masters program provides a pathway for swimmers to remain in the pool and active beyond their competitive age group years.

### **What can our Swim Ontario Clubs do to help grow the Masters program?**

More than anything, we need help hosting events. We think there is a good opportunity for clubs to run events in a way that works for them. Options include one day event splitting the pool time between age group and Masters sessions, or two-day events, with one day being an age group session and the next day being a masters session. Shorter master's events could also be run between morning and afternoon sessions. The reality is many of our masters clubs are masters only but for those with integrated age group programs this could be an opportunity that can grow over time. If your club is interested in exploring hosting opportunities, please contact the Swim Ontario Masters Committee and we will work with you to ensure success through promotion and advertising support. We are seeking 3 or 4 in-season opportunities staggered throughout the fall and winter.

### **What are our 2018/2019 Objectives?**

1. Increase the number of Masters clubs from 29 in the 2017/2018 season to 45 clubs in the 2018/2019 season.
2. Grow the current membership base of 916 registered swimmers in 2017/2018 season to 1,500 swimmers in (2018/2019). Of those swimmers target 1,100 Competitive and 400 Non-Competitive.
3. Fully align Swim Ontario requirements and fees working with SNC and the other PSO's across the country no later than June of 2018. If that cannot be done ensure SO is competitive with MSO in key requirement and fee categories.
4. Start to get our clubs to host events and have Swim Ontario provide value added services.

### **What are the plans for next year?**

1. Host a best ever Swim Ontario Masters Provincial Championships hosted by EOMAC April 26 to 28, 2019
2. Develop a micro site for Masters only messaging
3. Continue to enhance the Swim Ontario Masters Facebook Page
4. Host two Masters clinics and New Year's Eve 100 x 100 Challenge
5. Continue to enhance event results & records reporting
6. Encouragement of new Swim Ontario Masters event opportunities
7. Execute a targeted social media/web advertising campaign
8. Encourage partnerships in the open water to extend value to our members in this growing discipline

The 2017/2018 was a good start but the work has only just begun. If you are interested in serving on the Swim Ontario Masters Committee, please extend your interest to Heather Dwinnell.

Yours in swimming for life,

Dan Thompson  
Swim Ontario Masters Committee Chair

## COMMITTEES OF THE EXECUTIVE DIRECTOR REPORTS

### SPORT MANAGEMENT COMMITTEE

The role of the Sport Management Committee is to work with Swim Ontario staff and act as an operational advisory committee to the Executive Director. The committee's primary role is to provide recommendations and advice with respect to direction and operations of Swim Ontario technical programming.

*The following is a list of motioned recommendations sent to the Executive Director for approval in the 2017-18 swim season:*

- To recommend approval for the amended selection and the two nominees (Graeme Aylward and Aleksa Gold) for the Swim Ontario Post Secondary Bursary and forward as such to the Executive Director.
- To recommend for approval the Swim Ontario Para Post Secondary Bursary as detailed in the draft selection document.
- To accept the recommendation to add the Para Finals as discussed and outlined in the letter from V. Keith
  - *Individual high point scoring review*
    - *5-2-1 instead of FINA pts.*
    - *British Para Swimming Point tables*
- To accept and adopt the recommended changes in high point scoring system at Provincial Championships and AA Championships
- A SMC sub-committee was formed (Byron & Kevin) to discuss recommendations for HP Athlete and Club Funding. Wordsmith changes were made and a further review is to be conducted in the fall of 2018.
- With respect to the swimmer subscription and timeline/session management for July 2018 Provincial Championships, the following was recommended to be both inserted in the meet package and communicated in advance to the membership as a plan of action should the meet approach or exceed the numbers of March 2018.

<b>Option 2 Chase starts Shorter sessions 4 day</b>	Chase Starts 2 per lane for distance Time Final for 400s	1 QT = 1 Bonus 2 QT = 1 Bonus 3 QT = 1 Bonus 4 or more QT = 0 Bonus Bonus swims must meet the B qualifying time	<u>Estimated Duration</u> 4.5 hours 4.5 hours 4.5 hours 3.0 hours	Will require an adjustment in event order.
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- Provincial Records for Varsity clubs and swimmers; the procedure and practice will remain as is currently in place.
- With respect to Open Water Provincial Champs, a 2km race has been approved as the single/only distance available for all age groups 12 & over.
- Recommendation to approve Richmond Hill Aquatic Club bid to host AA CHAMPS, March 7-10, 2019
- The two swimmers requesting an exemption will be allowed to swim 2018 Spring Provincial Championships in Etobicoke.
- To recommend to approve the para funding document as outlined in the Swim Ontario proposal to CPC/MTCS.

- Recommendation NOT extend the entry deadline (for Summer Festival Champs) from June 5 to June 11 as the Western Region scheduled our championship meet the weekend of June 7-10, occurring after the Festival deadline.
- Recommendation to approve the revised Provincial Championship criteria to proceed with option #1 for 2018-19 season
- To recommend for approval Brantford Aquatic Club as host for AA Champs, June 27-30, 2019.
- To recommend for approval the amendments to the 2019 Provincial Championship qualifying criteria (CJC/CSC +1.5%) and changes to the bonus swim structure for Provincial Champs and AA Champs – now called Ontario Swimming Champs and Ontario Youth/Junior Champs respectively, as outlined by staff.
- The final 2018-19 Provincial Championship qualifying criteria summary table is included in the Operations Report.

On behalf of the corporation of Swim Ontario, I would like to thank the members of the Sport Management Committee Vicki Keith, Daryle Martin, Chela Beckon, Byron MacDonald, Kevin Thorburn, Don Burton, Darin Muma and Christy Yaremczuk for their significant efforts in helping to guide the direction of Swim Ontario programming and sport management in 2017-18.

Respectfully submitted;

Paul Legault  
Sport Management Committee Chair

## **SWIM ONTARIO COACHES COMMITTEE**

It has been my great pleasure to serve you as the Chair of the Swim Ontario Coaches Committee (SOCC) this year. Working alongside my colleagues Don Burton and Stu McLean as committee members and also with Darin Muma, our Swim Ontario representative, we have accomplished a great deal over the last twelve months.

Last year at this time, it became overwhelmingly obvious to me that the SOCC had an opportunity to lead with positive change and embark on an investigation to discover what Coaches in Ontario need to excel within their roles, as supported by Swim Ontario. During the SOCC meeting in 2017, I spoke with many of you about this possibility and the response was more than encouraging.

At that time, it was decided that our preliminary investigation would centre on communication and professional development/SO conference. This investigation would take place in the form of Coaches Consultations, to be held at Winter Festivals and Spring Provincials 2018. In order to spread the word about this opportunity to be heard, several coaches came forward to assist with hand-delivering invitations to their coaching colleagues at their respective Regional Championship meets held in February 2018.

I'd like to take this opportunity to personally thank those volunteers who ensured that the largest numbers of coaches were reached face-to-face by handing off our postcard invitations in person and on deck. Our deepest gratitude goes to,

Mackenzie Salmon (Central)  
Kim Inglis-Clarke (Central)  
Rod Thomas (Northeast)  
Penny Bosma (Western)  
Stu McLean (Northwest)  
Jason Morawski (Huron)

The consultations took place as planned, and two small groups of dedicated coaches came forward to attend, contribute, and embark on a plan for change together. I want to thank all of the coaches who took part and provided us with critical feedback on the topics and questions provided. Without your valuable input, we would not have been able to collect such rich data to then share with Swim Ontario Administrators, Staff and ultimately, the Board, in order to better inform our organization as we move forward.

The purpose of these consultations was to gather information from Coaches with regards to three research questions;

- Which components of the Swim Ontario communication plan are effective from your perspective?
- What could be done to better suit your needs to accessing and providing information?
- What would you recommend to improve for Swim Ontario Conference offerings?

Here are some highlights of some of the emerging themes from the consultation process:

- Email as a method of communication is working well, and some refinement is needed.
- More face-to-face interactions are encouraged.
- Communications regarding decisions needs to include a rationale.
- Resources need to be put into the SO website to enhance user user-friendliness.
- Coaches are interested in developing a formal channel for in-flow of communication to SO and with each other.
- The vast majority of Coaches in Ontario are age-group coaches and so our professional development (conference) opportunities should reflect that.
  - Ensure all content at conference is relevant to age-group Coaches and younger Coaches in order to really develop mastery of the fundamentals of swimming as a critical foundation of performance swimming.

The SOCC members fully understand that all of the items mentioned in this document are not achievable with the current human and financial resources. However, we do feel that with some effective collaboration, especially during a time of moving forward, together we can create positive change in a few select areas.

Our work plan for consultations this year was well timed with the Board's new initiative, "Move Us Forward". On May 26<sup>th</sup> 2018 the Move Us Forward Working Group hosted a Coaches Roundtable event where a number of coaches contributed to a conversation around Coaching Development and the Provincial Calendar. Prior to the session, the SOCC was able to share our report from the Coaches Consultations held earlier in the year so as to better inform the discussions taking place at the Roundtable in May.

An opportunity to share the findings of our report was presented to me during the Roundtable event, and I was able to present the summary conclusions and recommendations to the group that day. The two consultants hired by Swim Ontario to lead the Roundtable discussion and Chair of the Move Us Forward Project, Dan Thompson, also learned on a deeper level what concerns the Coaches in Ontario currently have beyond the planned topics for the session in May.

Although it remains uncertain how this information will be used by Swim Ontario, we are optimistic that engaging in a productive conversation is the only way to begin. I welcome your feedback on this process we have undertaken and hope you can attend the annual SOCC meeting later this month. We will present our findings from the consultations and also host a discussion on what the coaching community feels is the role of the SOCC going ahead.

I have always believed that our greatest asset is each and every one of you. I have grown the most significantly in my coaching career because of generous informal coach mentors in Ontario, and for that I am truly grateful. You have all had a hand in the athlete development I have been able to engage in and your encouragement keeps me moonlighting as a coach year after year. I hope to continue my work with the SOCC and represent you all in the best way possible as a demonstration of gratitude for all that you have taught me.

Yours in Swimming,

Chéla Breckon  
Swim Ontario Coaches Committee Chair

## **SWIM ONTARIO OFFICIALS COMMITTEE**

In 2017-2018 the Swim Ontario Officials Committee (SOOC) composed of Trevor Cowan and Nicole Parent as Co-Chairs, Rob Filion from Huronia region, Daryle Martin from Northwest region, and Paul Corkum from Central region provided support to independent officials and member clubs in the development of their volunteer officials. The SOOC advises the Executive Director or designated staff of Swim Ontario in areas related to officiating and competitions in Ontario. Daryle Martin continued as a valuable member of the Sport Development Committee representing the SOOC. Paul Corkum was the Ontario representative on the National Officials Committee (OCRC).

### **Regional Officials Representative**

Swim Ontario and the SOOC would like to thank the RORs and their respective teams for their tireless efforts within their regions and across Ontario this past season:

2017-2018 ROR  
Central: YY Wong  
Eastern: Charles Montpetit  
Huron: Mary Jane Smith  
North Eastern: Connie Zwarich  
North Western: Jim Cumming  
Western: vacant

ROR input in the development and management of officials will continue to be valuable in the coming years. We appreciate the continued support in producing top quality officials.

The SOOC members with ROR collaboration completed several projects and provided recommendations to both the Sports Development Committee and the Executive Director of Swim Ontario. In particular, a new sub-committee on Education of officials was formed, revised Term of Reference and Roles and Responsibilities for Regional Officials Representatives were developed, tools such as an on-deck evaluation form were developed and a recognition program was established for the upcoming season with the implementation of the updated certification pathway from Swimming Canada.

The SOOC also provided feedback and input to the Executive Director regarding enhancement to the registration system for officials, the e-learning modules, official clinic feedback for Swimming Canada and the impacts on Swim Ontario procedures with the new Swimming Canada facility rules.

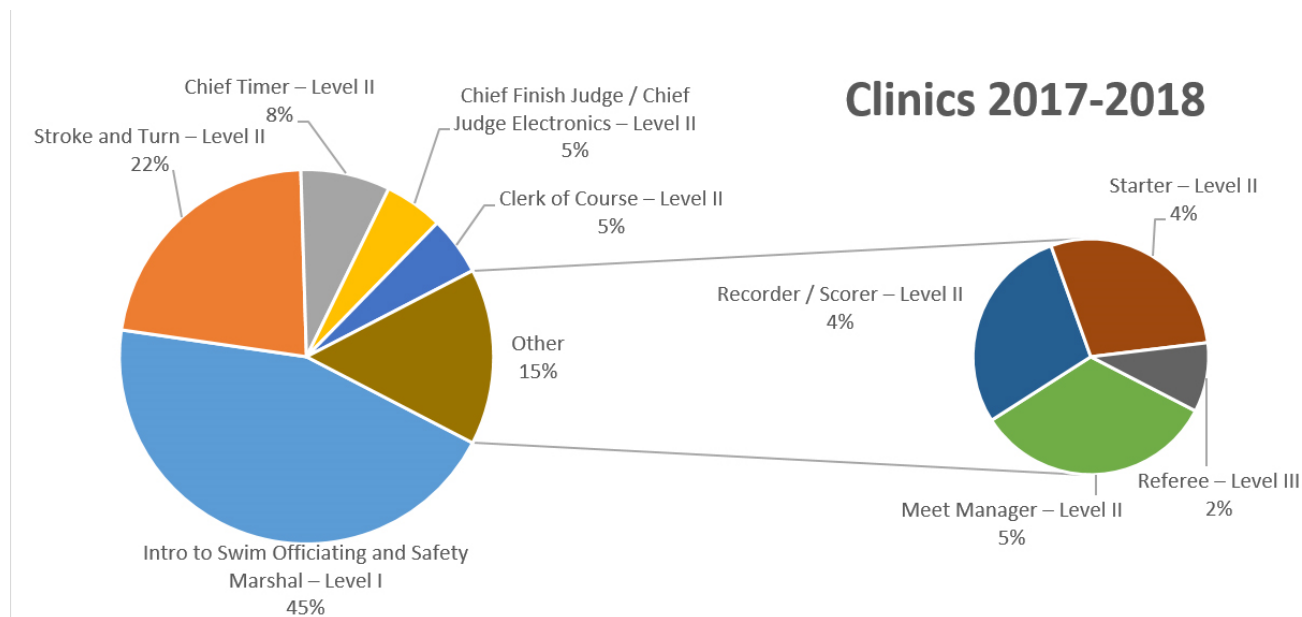
### **Education**

A total of 413 clinics servicing over 4862 officials across the province were conducted in the 2017-18 season. All clinics were instructed in person or via webinars with qualified instructors. Within each region, separate regional seminars were conducted with several clinics offered during the one day. Resources for member clubs and funding for regional clinics are provided by Swim Ontario.



As a means of reaching clubs that may not have access to qualified instructors for the officials clinics, Swim Ontario, in partnership with Contact North, delivered 13 webinars throughout the season with over 500 officials across the province participating. An Open Water clinic near the end of season had participants from Saskatchewan and Manitoba join the webinars.

With the launch of the new rule book in 2017-18, Swimming Canada updated all officials' clinics to match the rule changes implemented. As part of the Swimming Canada implementation of the updated certification pathway, Swim Ontario collected feedback from clinic instructors in May 2018 for each clinic which was then consolidated and provided to Swimming Canada for their annual clinic review (fall 2018). PowerPoint presentations and quiz answers for all Swimming Canada clinics are available to instructors and officials chairs through a Dropbox folder.



In April 2018, Swimming Canada launched their e-learning modules for officials. The Level I clinics, Introduction to Swimming Officiating and Safety Marshal Clinics, are now available to officials across the country. Swim Ontario continues to provide feedback for the e-learning modules. Seeing as these clinics make up 45% of clinics done in person, we anticipate clubs utilizing these modules this coming fall as new parents get involved with swim officiating.

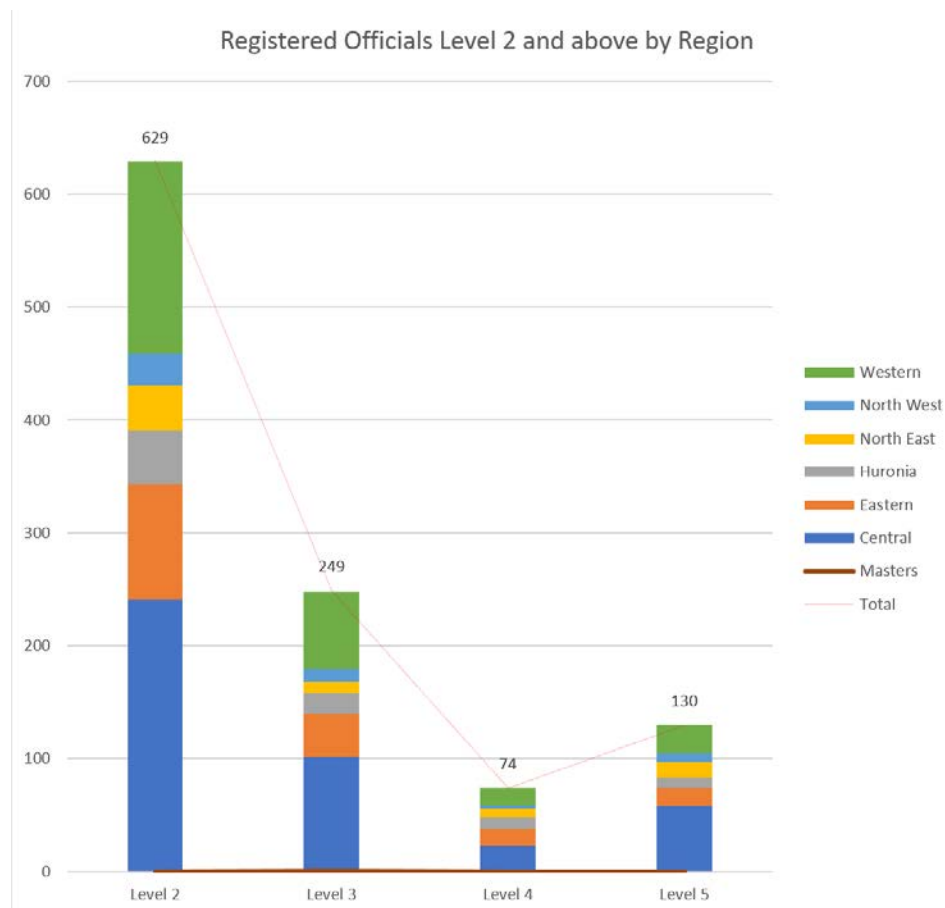
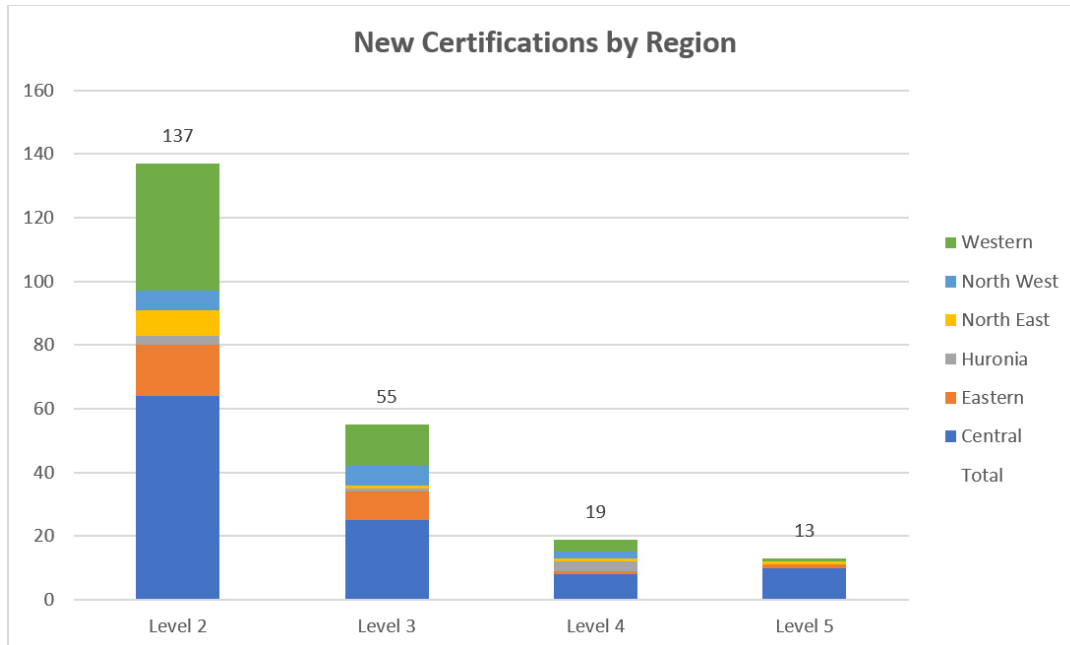
In January 2018, a sub-committee of SOOC for officials education (SOOC – ED) composed of RORs and SOOC members was formed to lead, support and implement a consistent and congruent education, evaluation and recognition program in all areas of Ontario as well as advise and recommend procedures on the education of officials. The SOOC-ED produced documents to allow consistent mentoring of all officials through the Stroke and Turn clinic and for Referees during their briefings. They have also developed criteria for a Level V to become an evaluator for Level IV and V certification and presentation for evaluators to standardize evaluation criteria. This consistent messaging will then be presented to Level V mentors that provide assessments for Level III and IV officials pursuing higher levels of certifications.

### Evaluation and Certification

Swim Ontario continues to educate officials on the certification pathway and has oversight of Level II to V certification. All clinics, deck evaluation and certification requirements are maintained on the registration system. A new recognition program has been approved for new Level III to V officials.

Swim Ontario had 48 evaluators available for 36 Level IV & V certification evaluation (coordinated through Swim Ontario) in 2017-2018. In total, 224 officials reached Level II, III, IV and V in 2017-18.

The SOOC and SOOC-ED continues to push for consistency throughout the province of guidelines for deck evaluations and certification by the regions and their RORs.



## **Swimming Canada and the Officials Competitions and Rules Committee (OCRC)**

Following the National Officials Symposium in November of 2017, the OCRC has continued the updating of the National Clinics for use across the country. The main goal was to standardize the content nationally and have consistency throughout the country with clinic deliveries. A new rule book has been posted online and is now available as a coil book for purchase. With this new rule book comes the new Swimming Canada facility rules document.

The OCRC also implemented workgroups, specifically one on evaluations to address concerns brought forward at their fall symposium specifically on standardizing evaluation criteria throughout the country. The SOOC is working closely with this workgroup to ensure we provide a consistent message.

The SOOC representative, Paul Corkum, continues to advocate for Ontario officials on the OCRC and addresses the frequently asked questions and feedback received from Ontario officials.

The OCRC continues to provide interpretations of rules and procedures. These are communicated as soon as available to Ontario officials through bulletins and memos.

Respectfully submitted,  
Trevor Cowan and Nicole Parent  
Swim Ontario Officials Committee Chairs

## **AWARDS COMMITTEE**

I would like to thank the Awards Committee members Chela Breckon (SOCC representative), Joni Maerten-Sanders (Regional Representative), and Nicole Parent (SOOC & Hall of Fame) for their on-going input. All wear multiple “hats” and their input has been very important to linking this committee into the Strategic Plan.

Meeting format has been in person or conference calls. Agenda items have included:

- i. Review and updates of Awards, Grants, Bursaries - Criteria, Applications on Swim Ontario website.
- ii. Review and discussion of Coach Awards
- iii. Review and discussion of Officials’ Awards
- iv. Update of Awards Calendar with application deadlines
- v. On-going tapping in to external awards. Key awards:
  - o Toronto Sports Hall of Fame – 2017
    - FEMALE ATHLETE OF THE YEAR - Penny Oleksiak
  - o Toronto Sport Hall of Honour - 2018
    - FEMALE ATHLETE OF THE YEAR - Penny Oleksiak
    - RELAY TEAM OF THE YEAR - Canadian Women’s Olympic 4x100 Relay – Penny Oleksiak; Michelle Toro; Chantal van Landeghem; Taylor Ruck; Sandrine Mainville
    - COACH OF THE YEAR: Ben Titley
    - SPORT LEGENDS: from swimming community – Marilyn Bell-DiLascio & Cindy Nicholas
    - SPECIAL OLYMPIAN: from swimming community – Jeffrey Steiman
  - o Coaches Association of Ontario
    - “Changing the Game” Female Mentor Coach – Vicki Keith
  - o Swimming Canada Awards
    - Female Swimmer of the Year – Kylie Masse
    - Coach of the Year (Female Swimmer) – Linda Kiefer
  - o Ministry Awards

- Local Club Builder Inclusion – Whitby Dolphins (Indigenous Games)
- Varsity Awards
  - Congratulations to University of Toronto Varsity Blues Coach Byron MacDonald who has been coaching the Blues since 1978-79 and received the Jean-Marie De Koninck Coaching Excellence Award 2018 at the U SPORTS Honours Awards Gala
- vi. Approval of 2017-18 Awards recipients for Swim Ontario
- vii. Approval of the 2017-2018 TAS Student Athlete Scholarship Recognition:  
In 2018, there were 33 TAS Scholarship Applications. Swim Ontario would like to congratulate all applicants on both their academic and swimming pursuits. The grade point average was 90% and the point score average 649. Swim Ontario would also like to thank Team Aquatics Supplies for their ongoing support of this award and recognition of the high school student athletes.
- viii. Coordination for 2018 of Swim Ontario Awards, SOCC Awards Awards Celebration & Hall of Fame Banquet Dinner.
- ix. Review of the Awards Committee Terms of Reference

In November of 2018 there will be a full review of the Awards Committee Terms of Reference, and all awards and terms of reference.

I look forward to continuing to collaborate with the Awards Committee to celebrate and promote the great achievements of our swimming community members.

Respectfully,

Christy Yaremczuk  
Awards Committee Chair

## **REGIONAL DIRECTORS COMMITTEE**

The RDC is made up of the six regional directors, and Chaired by Christy Yaremczuk – Regional Programs Manager.

### **2017-2018 RDC & RSC Committee Members**

Chair – Christy Yaremczuk

#### **Western Region:**

RD – Joni Maerten-Sanders  
Coach Rep – Liz Moskal  
Officials Rep – Vacant

#### **Eastern Region:**

RD – Rachele Campbell  
Coach Rep – Heather Page-Fairley  
Officials Rep – Charles Montpetit

#### **Central Region:**

RD – Louise Bull-Barton  
Coach Reps – Steve Downs & Olivier Renaud  
Officials Rep – YY Wong

#### **Huronian Region:**

RD – Jason Morawski  
Coach Rep – Vacant  
Officials Rep – Mary Jane Smith

#### **North Eastern Region:**

RD – Dan Taylor  
Coach Rep – Dean Henze  
Officials Rep – Connie Zwarich

#### **North Western Region:**

RD – Janet Hyslop  
Coach Rep – Stewart McLean  
Officials Rep – Jim Cumming

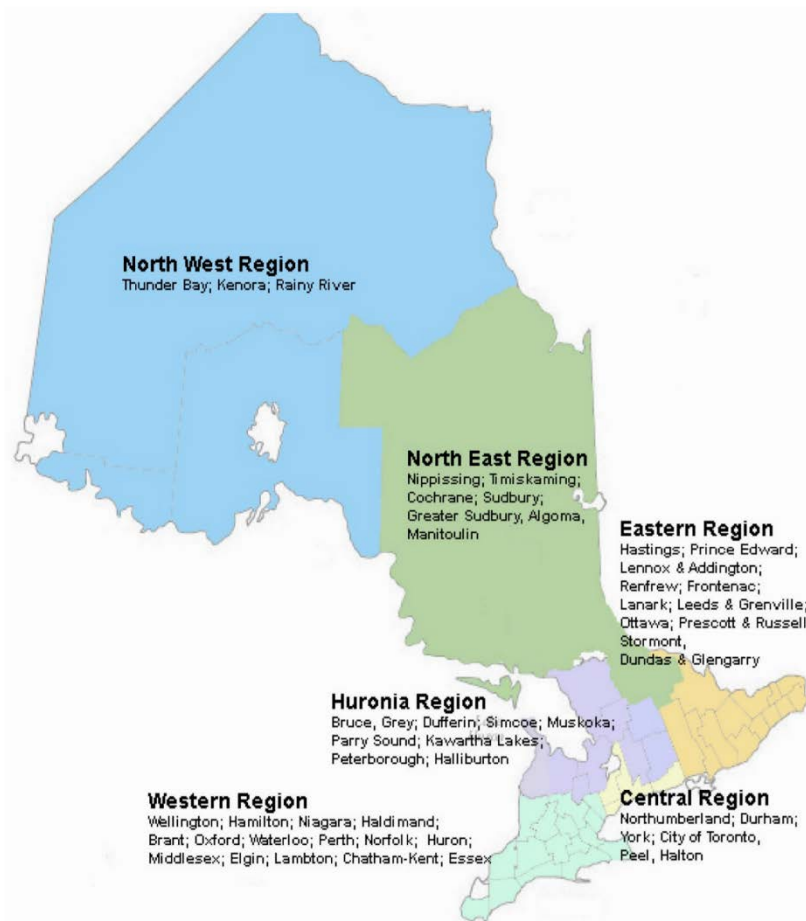
### **RDC & RSC Committees Mandate**

The RDC & RSCs will act as a regional advisory body to the Executive Director and the staff of Swim Ontario on matters pertinent to competitive swimming in their specifically defined region of Ontario. Each RSC will play a key role in the delivery of approved regional programs and operations of Swim Ontario, within those geographical boundaries.

The Defined geographic boundaries for the six regions:

- Beginning April 1<sup>st</sup>, 2015, the Swim Ontario Executive Director will review and approve regions and the defined geographical boundaries annually.

- Beginning April 1<sup>st</sup>, 2015 any new Swim Ontario clubs will fall within the jurisdiction of the Regional Boundaries as defined below.
  - Any clubs recognized by Swim Ontario prior to April 1<sup>st</sup>, 2015 will remain under the current regional jurisdiction as identified by Swim Ontario under Club Profiles on the Swim Ontario website.
- Central Region:** Counties & Regions: Northumberland; Durham; York; City of Toronto, Peel, Halton
  - Eastern Region:** Counties & Regions: Hastings; Prince Edward; Lennox & Addington; Renfrew; Frontenac; Lanark; Leeds & Grenville; Ottawa; Prescott & Russell; Stormont, Dundas & Glengarry
  - Huronia Region:** Counties & Regions: Bruce, Grey; Dufferin; Simcoe; Muskoka; Parry Sound; Kawartha Lakes; Peterborough; Haliburton
  - North East Region:** Counties & Regions: Nipissing; Timiskaming; Cochrane; Sudbury; Greater Sudbury, Algoma, Manitoulin
  - North West Region:** Counties and Regions; Thunder Bay; Kenora; Rainy River
  - Western Region:** Counties & Regions: Wellington; Hamilton; Niagara; Haldimand; Brant; Oxford; Waterloo; Perth; Norfolk; Huron; Middlesex; Elgin; Lambton; Chatham-Kent; Essex



## RDC & RSC Meetings 2017-2018

In the fall 2017-18 Swim Ontario staff presented the opportunity to travel to different regions to provide “in-reach” meeting updates on the Swim Ontario Strategic Plan and Operations Plan at meeting times, dates and locations appropriate to respective regions. These presentations were quite successful and the intention is to offer this opportunity to each of the six regions in 2018-2019.

The RDC & RSC also met regularly through 2017 and 2018 on a number of conference calls, as well as extensive group and one-on-one meetings held throughout 2017 and 2018.

Committee members were also invited to an in-person (or via conference call) meeting with Swim Ontario President Dan Thompson and Executive Director John Vadeika present during the April 2018 Swim Ontario Board meeting.

Agenda items for the RDC/RSC meetings were focused on:

- i. Discussion on Regional Budget allocation – formula per region; officials’ budget  
The Swim Ontario Finance Committee and Board approved the same funding formula for 2018-2019.
- ii. Budget tracking tool – This was “piloted” for 2016-2017 & proved successful and has been formalized for 2017-2019 with a review at this time.
- iii. Review, input and update of NCCP LF Pathway, Coach Certification Policy and Coach Professional Development Points. This process is currently under review by Swimming Canada with updates to follow in November 2018.
- iv. Review, input and update of Regional Learn to Train and Fundamental Camp Formats. It was determined that the 2017-2018 program was working successfully and will be applied in 2018-2019 with review at this time.
- v. Participation and feedback in to the Swim Ontario Strategic Plan
- vi. Feedback on Swim Ontario programming, in particular, the Provincial Competitions: Festivals; AA Competitions; Provincial Competitions
- vii. Regional Championships Review to consider regional Para standards and invitation to participate in the Ontario Para Collective Survey
- viii. Survey to Regional Chair, Coach and Official Rep
- ix. Team Championship Competitions:  
Division I – Team Cup - no competition was hosted  
Division II – Team Showdown – was hosted by Brantford Aquatic Club with positive feedback from all regions.  
Division III – Team Challenge – was hosted by Whitby Dolphins with positive feedback from all regions.  
Both Brantford and Whitby hosted successful competitions in 2017-2018.  
The three year review of these competitions was completed and Whitby has confirmed hosting the Team Challenge in April 2019 with Swim Ontario branding.

At the April 2018 Swim Ontario Board meeting, a session was devoted specifically to the regional budget allocation, as well as the process. The 2018-2019 budget was approved with the same allocation per region, with the feedback that a “checklist” of approved projects be provided to the regions. The officials’ allocation remains part of the SOOC Budget. However, RSCs can present combined projects where funds can be accessed for collaborative regional projects. The budget tracking tool used in 2017-2018 was approved for 2018-2019.

In September 2018, Swim Ontario staff will present a Provincial Programming update that will include regional updates. Regional Chairs and Coach Representatives will be invited to attend and provide input. The Presentation will included the following:

- 2017-18 Provincial Programming Highlights
- 2017-20 Provincial Programming
- 2017-20 Provincial Competition Schedule
- 2017-20 Regional Training Camps including technical tools to be implemented
- 2017-20 Funding Details including an approved projects “checklist” and overview of the regional officials’ budget

**Summary of SO Aligned Regional Funding for 2017-2018**

Regional Committee	Camps	Coaches	Approved Projects	Total Per Region
North West	\$6,000	\$800	\$16,000	\$22,800
North East	\$6,000	\$1,100	\$15,000	\$22,100
Eastern	\$6,000	\$1,500	\$13,500	\$21,000
Huron	\$6,000	\$1,200	\$14,500	\$21,700
Central	\$8,000	\$3,400	\$15,600	\$27,000
Western	\$6,000	\$2,000	\$13,000	\$21,000
	\$38,000	\$10,000	\$87,600	\$125,600

**Summary of SO Aligned Regional Funding for 2018-2019**

Regional Committee	Camps	Coaches	Approved Projects	Total Per Region
North West	\$6,000	\$800	\$16,000	\$22,800
North East	\$6,000	\$1,100	\$15,000	\$22,100
Eastern	\$6,000	\$1,500	\$13,500	\$21,000
Huron	\$6,000	\$1,200	\$14,500	\$21,700
Central	\$8,000	\$3,400	\$15,600	\$27,000
Western	\$6,000	\$2,000	\$13,000	\$21,000
	\$38,000	\$10,000	\$87,600	\$125,600

**SO Approved Regional Camp Initiatives**

*SO Regional Camp Templates*

- Fall 2018 – Fundamentals Camp – dolphin kick & streamline focus
- Fall 2018 – Learn to Train Camp – stroke efficiency, nutrition, dry-land focus
- Winter 2019 – Fundamentals Camp – back and breast skills & start focus
- Winter/Spring 2019 – Learn to Train Camp – IM skills, dry-land follow up focus

*Provincial Regional Outreach Programming*

- Swim Ontario will provide access to SO staff and OSA personnel and to supplement regional camps as time & training schedules permit
- Plan camps according to the SO Camp Template
- Selection should use a percentage of the OnTrack times using the SO OnTrack tool.
- Provide attendance lists coaches and swimmers (VERY IMPORTANT)

*SO Approved Regional Special Projects Initiatives Checklist:*

- Support Regional Swimmers to the Team Ontario Jr Team Camps at TPASC: October, December, May
- Support Regional Swimmers to either HPC-O & OSA opportunities.
- Support Regional Swimmers for travel to Toronto (Airport/Train station) for Ontario Tour Teams.
- Support travel expenses for IST personnel support for Regional Camps
- Support Athletes invoiced for non-funded activities (i.e. National Jr. Team Activities, FISU Games etc.)



- Support Para athletes travelling to camps/competitions/classification
- Coach Travel expenses to approved SO program activities
- Specific Officials' Education & Development projects
- Specific Coaches' Education & Development projects

### **SO Approved Region Specific Official Education and Development**

#### *Mentoring*

- Funding for ROR or designate to attend regional championships
- Travel and Accommodation to attend regional championships

#### *Facilitate communications – ROR team*

- Provide conference call line for ROR use
- Regional official meetings, as needed

**Central Region:** \$250

**Eastern Region:** \$750

**Huron Region:** \$1000

**North East Region:** \$1000

**North West Region:** \$1000

**Western Region:** \$1000

### **Regional Programs & Projects Highlights 2017-2018**

Regions were able to support a variety of opportunities for swimmers & coaches by accessing SO special projects, Learn to Train & Fundamentals Camps & coach NCCP certification funding including LF funding, Swimming 101, 201 and 301 support.

#### **Eastern Region Highlights – RD Rachelle Campbell & Coach Representative Heather Page Fairley**

The Eastern Region was represented by Abi Tripp and Vicki Keith at the World Para Swimming Championships and the Para Pan Pacific Championships, Montana Champagne, Alex Perreault and William Risk on Ontario Tour Teams and David Quirie and Scott Faithful at the Ontario Youth Development Camp.

On October 26/17 the region held a very successful Learn to Train Camp/FUNDamentals camp with 16 clubs participating and a record number of coaches and swimmers in attendance. Thank you also to Rachelle Campbell and Norma Perez who represented Eastern Region as mentor coaches at the OJI Fundamentals clinic in conjunction with the OJI swim meet at the Toronto Pan Am Sports Centre.

The 2017-2018 season also saw a record number of coaches earn Fundamentals coach certification and several coaches pursuing level 2/3. Congratulations to all.

Thank you to Belleville and Nepean for hosting very successful 2018 Eastern Ontario Regional Short Course & Long Course Championships.

Unfortunately Eastern Region felt a great loss in the fall of 2017 when Tom Anzai suddenly passed away falling from a ladder at his home. He will be remembered as a memory maker throughout Eastern Region and beyond.

Thank you to Rachelle Campbell and Heather Page Fairley for all that you have done as Regional Chair and Coach Representative to make the region stronger in the swimming community.

#### **Western Region Highlights – RD Joni-Maerten-Sanders; Coach Representative Liz Moskal**

Western Region started the season with a change in our subcommittee. Thank you to Jocelyn Jay, Carol McNiece and Brook Heath for your years of helping WOSA out. Liz Moskal stepped up to be Coaches Rep and the Regional Official Chair remains empty.

#### *REGIONAL MEETS*

This past season we used a D qualifying standard for 13 and over and dequalifying standard of Provincial Champs, in the 12 and under age group we used E qualifying standard with dequalifying of Festivals. The majority of the coaches felt this would be a great meet, allowing for many swimmers to be a part of a championship meet.

Short Course was hosted by London Aquatic Club in early Feb. The meet had over 1100 swimmers, and over 40 swimmers reached a Provincial/Festival/AA or Eastern Time standard at the meet. The Long course meet hosted by Brantford Aquatic Club and held the first weekend in June, had just over 800 swimmers and we had 48 swimmers reach Provincial/Festival/AA or Eastern Time standard at the meet.

Our continued thanks goes out to all the outstanding officials, volunteers and coaches who make these meets a success.

#### *TRAINING CAMPS*

After a year of missed camps we held four this season. In early Jan we held a Fundamentals camp with over 40 swimmers in Tillsonburg hosted by WAAC, a Learn to Train camp with 24 swimmers hosted by LAC and a training clinic working on Starts and Turns with 12 swimmers who were Junior Champs Qualifiers, this was held in Brantford and hosted by with Amber Hutchison, CAJ and WAAC. During March break we also held our first Para Camp hosted by STJJ and Paralympian Darda Sales.

#### *WOSA SWIMMERS NAMED TO TEAMS*

Pan Pacific Para Swimming Championships: Alec Elliot ROW, Angela Marina BRANT, Zach Zona NHAC

World Junior Open Water: Kenna Smallegange BAD, Ian Friesen CW

2018 Youth Olympic Games: Madison Broad CYPs

Junior Pan Pacific Championships: Maude Boily-Dufour SR, Madison Broad CYPs, Maggie MacNeil LAC

Pan Pacific Championships: Kylie Masse WEST, Maggie MacNeil LAC

Team Ontario Tour Team TYR Pro Series Austin- Kylie Masse WEST, Maggie MacNeil LAC, Madison Broad CYPs

Dixie Open Water- Kenna Smallegange BAD, Amy Meharg WAAC

#### **North East Region Highlights – RD Dan Taylor & Coach Representative Dean Henze**

With just over 700 swimmers, 12 swimmers taking advantage of the in-reach program at the Ontario Swimming Academy, multiple podium finishes at the Junior National Championships and outstanding performances throughout the year by Nina Kucheran being named to the Junior Pan Pacific and Youth Olympic Teams, NEOR is on track as a force to be reckoned with!

NEOR hosted two fall/winter Fundamentals and two spring LTT Training Camps. All of these experiences were very successful for the developing swimmers and coaches in NEOR region with energetic participation at each camp. The Region also hosted two training experiences, one with NEOR swimmers, which included awesome assistance from the Ontario Swimming Academy (OSA) biomechanist Amber Hutchison. We received, very positive feedback from this experience, in particular, the video analysis and technical tools that could be brought back into home programming. A second joint camp was with Laurentian which focused on the train to train and train to compete athletes and their coaches. This was also a very successful weekend and we plan on another in 2018-2019.

The Region now has 12 of our swimmers attending the OSA on multiple occasions through the year, which really assisted with the development of the swimmers and the coaches. The in-reach/out-reach approach is very helpful to NEOR athletes, coaches and families and we plan to access the OSA even more this upcoming season. A big thank you to Don Burton and all the OSA and SO staff for their assistance and direction.

### **North West Region Highlights – RD Janet Hyslop & Coach Representative Stewart McLean**

Northwest region had an impressive season. Both Thunder Bay Thunderbolts and Kenora Swimming placed athletes participated in numerous Ontario and Canadian camps and tour teams and athletes and coaches also taking advantage of the Ontario Swimming Academy in-reach and out-reach program. Coaches Dawnn Taylor and Rebecca Keffer also had the opportunity to attend a Florida camp as a mentoring opportunity.

Congratulations to Gabe Mastromatteo (KSS) who participated in a number of Ontario and Canadian teams, continued to break provincial and NAG records in the 50 and 100 breast and capped off his season as a member of Team Canada at the Junior Pan Pacific Swimming Championships.

North West Region hosted two very successful camps with Dryden running a Fundamentals camp and Thunder Bay a Learn To Train Camp with competition, NCCP clinic and officials clinic.

North West Region would like to thank local Level 5 official Daryle Martin for her contributions to the Swim Ontario Sport Development Committee and all of the mentoring she does as an official, as well as Jim Cummings who works tirelessly to run officials clinics in North West Region, mentors officials and continues to represents North West so well on the SOOC.

North West Region is quite proud of the swimmers, coaches and officials in the region and the various opportunities that they have had to participate in Swim Ontario camps, clinics and competitions at TPASC, OHPSI and OSA programming, both in-reach and out-reach, as well as accessing North West Region approved projects funding to enhance their athlete, coach and officials development.

North West Region also continues to offer NCCP Coaching Clinics in the Region, and is planning on hosting joint clinics and camps in the upcoming 2018-2019 season.

Thank you to Stewart McLean and Janet Hyslop who continue to represent North West so well in multiple roles and also as coach representative and regional director.

### **Huronion Region Highlights – RD Jason Morawski**

Huronion Region saw a transitional 2017-2018 season. We received great feedback on the “Fitter & Faster” fall learn to train camp & seminar experience from coaches, athletes and families, and this was definitely an inspiring way to start the 2017-2018 season. Huronion Region was once again part of the 2017-2108 NEOR Regional LC Championships and saw another successful performance outcome ranging across the age groups.

With support and incentives to coaches to participate the 2017-2018 coach meetings and AGM, we had a good turnout and received feedback on the Swim Ontario programming, as well as the Regional programming.

Huronion Region would like to thank Jason Morawski for his many years of service as the Regional Director and commitment to Huronion region. Jason took on a new opportunity with Oakville Aquatic Club for 2018. The position of both Regional Director and Regional Coach Representative are currently vacant and under consideration.

### **Central Region Highlights – RD Louise Barton & Coach Representatives Steve Downs & Olivier Renaud**

Central Region saw another successful swimming season, from hosting a full slate of regional championship competitions, to Central Region clubs continuing to step to the podium at Provincial, National and International competitions, to Central Region officials continuing to step forward on deck at competitions of all levels. Thank you to Etobicoke for hosting Spring Provincials, Markham for their leadership in taking on BOTH spring AA championships and summer festivals, Richmond Hill for going out on a limb to host the spring AA championships, and MSSAC and OAK co-hosting the summer provincials. All of the Central Region clubs should be proud of themselves for supporting and encouraging athlete, coach and official development all along the LTAD spectrum.

Highlights of 2017-2018 Performances from Central Region Coaches and Athletes on the National and International Stages included:

**Commonwealth Games:**

Tristan Cote – ESWIM  
Mack Darragh – OAK  
Ruslan Gaziev – MAC  
Eli Wall – TSC  
Penny Oleksiak – TSC

Taylor Ruck – SCAR/HPCO  
Kayla Sanchez – AAC/HPCO  
Rebecca Smith – SCAR/HPCO  
Mabel Zavaros – OAK

**World Swimming Championships SC:** Alex Loginov (TSC)

**Pan Pacific Swimming Championships:**

Kennedy Goss (GGST)  
Javier Acevedo (AAC)  
Kayla Sanchez (AAC/HPCO)  
Rebecca Smith (SCAR/HPCO)  
Eli Wall (TSC)  
Ruslan Gaziev (MAC)

Taylor Ruck (SCAR/HPCO)  
Kierra Smith (SCAR/HPCO)  
Mabel Zavaros (OAK)  
Mack Darragh (OAK)  
Richard Funk (TSC/HPCO)  
Tristan Cote (ESWIM)

**Pan Pacific Para Swimming Championships:** Matthew Cabraja (COBRA)

**Youth Olympic Games**

Joshua Liendo (NYAC)

Alexander Milanovich (ESWIM)

Central Region continued implementation new regional competition programming in 2017-2018 as per approval by the Regional Board and Coaches. This will be reviewed by the Central Region Board, Coaches, Officials and Clubs.

The region hosted a successful Learn to Train workshop in December 2017 and another in March 2018. The goal is to go back to the four camps in 2018-2019. Thanks to mentor coaches and organizing coach rep Steve Downs for continuing the trend of these camps having a positive outcome for Central Regional Learn to Train and Fundamentals athletes and coaches.

Central Region continued to host regional officials' clinics which were also well received and attended. Thank you to all of the work that our Regional Officials Committee provide for our region. The trend with many clubs continues to be to encourage or require all new members to obtain their timers and strokes & turns clinics and due to the elimination of the online officials clinics, we recognize the impact for clubs with respect to both the manpower of executing this educational process as well as the added cost associated with this. The Region is considering facilitating more regional officials clinics.

Central Region provided \$8,000 in Central Region athlete assistance, each in the amount of \$400 as well as assisted Swim Ontario and Swimming Canada with the funding for athletes from Central Region attending Junior Pan Pacific Championships and Youth Olympics.

I want to thank the members of the RDC for their commitment to the committee and I look forward to on-going collaboration with the RDs to ensure the best outcomes for each region, as well as the overall success of the Ontario Swimming Community as we strive towards our Vision 2020.

## **PARTNER ORGANIZATION REPORTS**

### **ONTARIO AQUATIC HALL OF FAME**

In September 2017, the OAHOF inducted Adam Purdy and Irene MacLeay and it was pleasing to see so many family and friends from near (London) and far (Thunder Bay) and points in between to share in the occasion.

Inductions are the culmination of many hours of research and preparation.

Anyone can nominate a candidate for induction at any time. Nomination information and forms are available on both the OAHOF and Swim Ontario web sites. Nominations are received at any time by the OAHOF Board of Directors and each is considered on its own merits. Approved nominations are then scheduled for induction at a mutually accepted date and time.

The OAHOF Board is a body of volunteers comprising seven members. Secretary Lisa Flood facilitates communications while Directors Paul Corkum, Anne Ottenbrite-Muylaert, Vicki Keith Munro and Jane Wright are ever supportive and contributory. Paul also edits the OAHOF Newsletter and will welcome any submissions for inclusion. There is currently one vacancy on the OAHOF Board.

Eric Martin resigned from the Board in the spring to pursue retirement interests with his wife. Eric's massive contributions over more than a dozen years can scarcely be overstated. He raised the audio-visual components of our inductions to an unprecedented level. He is missed but also wished well going forward. Thank you, Eric!

Swim Ontario staff, primarily Nicole Parent and Heather Dwinnell, provide logistical both throughout the year and during the inductions.

The Hall gratefully acknowledges the support, both in money and in kind from many sources. Team Aquatic Supplies, eVideo Solutions, Nothers Sign Recognition, Swim Ontario and Etobicoke Swim Club make each induction ceremony financially possible.

Etobicoke Swim Club's annual Hall of Fame Meet in October is a welcome start for many to the season.

Persons interested in serving on the OAHOF Board are invited to contact the President or the Secretary.

Donations and sponsorship proposals are always encouraged.

Rick Hannah  
Ontario Aquatic Hall of Fame President

Provincial Records September 2017 - September 2018							
Name	Club	Age	Event	Time	PROV	NAG	CAN
11 FEMALE SC							
Summer McIntosh	ESWIM	11	1500 FREE	17:42.19	PROV		
Summer McIntosh	ESWIM	11	200 BACK	2:21.90	PROV		
Summer McIntosh	ESWIM	11	200 FLY	2:22.78	PROV		
Summer McIntosh	ESWIM	11	200 FREE	2:09.82	PROV		
Summer McIntosh	ESWIM	11	400 FREE	4:29.61	PROV		
Summer McIntosh	ESWIM	11	400 IM	5:03.79	PROV		
Summer McIntosh	ESWIM	11	800 FREE	9:23.32	PROV		
11 FEMALE LC							
Summer McIntosh	ESWIM	11	100 BACK	1:07.84	PROV		
Summer McIntosh	ESWIM	11	100 FLY	1:05.60	PROV		
Summer McIntosh	ESWIM	11	1500 FREE	17:38.47	PROV		
Summer McIntosh	ESWIM	11	200 BACK	2:22.68	PROV		
Summer McIntosh	ESWIM	11	200 FLY	2:20.51	PROV		
Summer McIntosh	ESWIM	11	200 FREE	2:10.04	PROV		
Summer McIntosh	ESWIM	11	200 IM	2:26.97	PROV		
Summer McIntosh	ESWIM	11	400 FREE	4:34.48	PROV		
Summer McIntosh	ESWIM	11	400 IM	5:09.12	PROV		
Summer McIntosh	ESWIM	11	800 FREE	9:29.62	PROV		
12 FEMALE SC							
Elan Daley	NYAC	12	50 Fly	29.00	PROV		
Elan Daley	NYAC	12	50 Free	26.19	PROV	NAG	
12 FEMALE LC							
Elan Daley	NYAC	12	50 FREE	27.06	PROV		
Katrina Bellio	ESWIM	12	200 FREE	2:08.03	PROV		
Helen Sava	RAMAC	12	200 BACK	2:21.55	PROV		
Helen Sava	RAMAC	12	100 BACK	1:06.91	PROV		
13 FEMALE SC							
Katrina Bellio	ESWIM	13	200 FREE	2:03.45	PROV		
Katrina Bellio	ESWIM	13	400 FREE	4:15.17	PROV		
13 FEMALE LC							
Devon Burnett	ESWIM	13	200 FLY	2:21.93	PROV		
Katrina Bellio	ESWIM	13	200 FLY	2:21.29	PROV		
Katrina Bellio	ESWIM	13	200 FREE	2:05.03	PROV		
Katrina Bellio	ESWIM	13	200 IM	2:21.43	PROV		
Regan Rathwell	GO	13	400 IM	4:59.44	PROV		
Katrina Bellio	ESWIM	13	400 IM	4:56.75	PROV		
Katrina Bellio	ESWIM	13	800 FREE	8:55.10	PROV		
16 FEMALE SC							
Kayla Sanchez	AAC/HPCO	16	50 FREE	24.63	PROV	NAG	
Kayla Sanchez	AAC/HPCO	16	100 BACK	58.12	PROV	NAG	
Kayla Sanchez	AAC/HPCO	16	200 IM	2:09.93	PROV	NAG	
16 FEMALE LC							
Kayla Sanchez	AAC/HPCO	16	50 BACK	28.39	PROV		
Kayla Sanchez	AAC/HPCO	16	100 BACK	1:00.83	PROV		
Kayla Sanchez	AAC/HPCO	16	50 FREE	25.12	PROV		
17 FEMALE SC							
Taylor Ruck	SCAR	17	100 BACK	56.99	PROV	NAG	
Penny Oleksiak	TSC	17	100 FLY	57.25	PROV		
Penny Oleksiak	TSC	17	100 FREE	52.34	PROV		
Taylor Ruck	SCAR	17	100 FREE	52.09	PROV	NAG	
Taylor Ruck	SCAR	17	200 BACK	2:01.66	PROV	NAG	
Mable Zavaros	OAK	17	200 FLY	2:09.69	PROV		
Taylor Ruck	SCAR	17	200 FREE	1:52.74	PROV		
Taylor Ruck	SCAR	17	200 IM	2:09.67	PROV	NAG	
Rebecca Smith	SCAR/HPCO	17	50 FLY	26.14	PROV		
Penny Oleksiak	TSC	17	50 FREE	24.47	PROV	NAG	
Taylor Ruck	SCAR	17	50 FREE	24.08	PROV	NAG	
17 FEMALE LC							
Taylor Ruck	SCAR/HPCO	17	100 BACK	58.97	PROV		
Taylor Ruck	SCAR/HPCO	17	200 BACK	2:06.36	PROV		
Nina Kucheran	SLSC	17	200 BREAST	2:28.19	PROV		
Taylor Ruck	SCAR/HPCO	17	200 FREE	1:54.81	PROV		
Taylor Ruck	SCAR/HPCO	17	200 IM	2:11.16	PROV		
Taylor Ruck	SCAR/HPCO	17	50 FREE	24.26	PROV		
OPEN FEMALE SC							
Penny Oleksiak	TSC	OPEN	50 FLY	26.23	PROV		
Penny Oleksiak	TSC	OPEN	100 FLY	57.25	PROV		
Taylor Ruck	SCAR	OPEN	200 FREE	1:52.74	PROV		

Provincial Records September 2017 - September 2018							
Name	Club	Age	Event	Time	PROV	NAG	CAN
Taylor Ruck	SCAR	OPEN	200 BACK	2:01.66	PROV	NAG	
Kylie Masse	ESWIM	OPEN	50 BACK	26.15	PROV		
OPEN FEMALE LC							
Mable Zavaros	OAK	OPEN	200 FLY	2:08.71	PROV		
Taylor Ruck	SCAR/HPCO	OPEN	50 FREE	24.26	PROV		
Taylor Ruck	SCAR/HPCO	OPEN	200 FREE	1:54.44	PROV		
11-12 FEMALE RELAY LC							
Summer McIntosh, Nafeisha Yalikum, Victoria Raymond, Nika Tomic	ESWIM	11-12	4x50MR	2:07.95	PROV	NAG	
Summer McIntosh, Nafeisha Yalikum, Victoria Raymond, Nika Tomic	ESWIM	11-12	4x100MR	4:35.70	PROV	NAG	
Summer McIntosh, Nafeisha Yalikum, Victoria Raymond, Nika Tomic	ESWIM	11-12	4x100FR	4:05.22	PROV	NAG	
11-12 FEMALE RELAY SC							
Summer McIntosh, Nafeisha Yalikum, Victoria Raymond, Nika Tomic	ESWIM	11-12	4x50MR	2:01.85	PROV	NAG	
Summer McIntosh, Nafeisha Yalikum, Victoria Raymond, Nika Tomic	ESWIM	11-12	4x100MR	4:28.38	PROV	NAG	
15-17 FEMALE RELAY SC							
Honor Brodie-Foy, Aleksa Gold, Kennady Kilger, Penny Oleksiak	TSC	15-17	4x100FR	3:40.97	PROV		
Honor Brodie-Foy, Aleksa Gold, Kennady Kilger, Penny Oleksiak	TSC	15-17	4x100MR	4:02.57	PROV		
OPEN FEMALE RELAY SC							
Rachel Rode, Kylie Masse, Sarah Polley, Olivia Sbaraglia	UT	OPEN	4x100FR	3:40.51	PROV		
Kylie Masse, Rachael Parsons, Hannah Genich, Sarah Polley	UT	OPEN	4x100MR	4:00.69	PROV		
OPEN FEMALE RELAY LC							
Penny Oleksiak, Kayla Sanchez, Rebecca Smith, Taylor Ruck	CAN	OPEN	4x200FR	7:49.66	PROV		
12 MALE LC							
Jacob Stojanovic	COBRA	12	50 BACK	30.52	PROV		
13 MALE SC							
Charlie Kwinter	ESWIM	13	1500 FR	16:32.60	PROV		
13 MALE LC							
Charlie Kwinter	ESWIM	13	1500 FREE	16:50.88	PROV		
Charlie Kwinter	ESWIM	13	200 FLY	2:12.12	PROV		
Jack Li	OAK	13	200 FREE	1:59.63	PROV		
Charlie Kwinter	ESWIM	13	400 FREE	4:13.71	PROV		
Charlie Kwinter	ESWIM	13	400 IM	4:44.79	PROV		
Charlie Kwinter	ESWIM	13	800 FREE	8:53.04	PROV		
14 MALE LC							
Ian Friesen	CW	14	200 FREE	1:55.97	PROV		
Russell Burton	GMAC	14	50 BACK	27.67	PROV		
15 MALE SC							
Alexander Milanovich	ESWIM	15	100 BREAST	1:01.52	PROV		
Gabe Mastromatteo	KSS	15	100 BREAST	1:00.91	PROV		

Provincial Records September 2017 - September 2018							
Name	Club	Age	Event	Time	PROV	NAG	CAN
Joshua Liendo	NYAC	15	100 FLY	53.77	PROV		
Joshua Liendo	NYAC	15	100 FREE	49.42	PROV		
Joshua Liendo	NYAC	15	200 FLY	1:58.44	PROV		
Alexander Milanovich	ESWIM	15	50 BREAST	27.84	PROV		
Joshua Liendo	NYAC	15	50 FLY	24.40	PROV		
Joshua Liendo	NYAC	15	50 FREE	22.83	PROV		
15 MALE LC							
Gabe Mastromatteo	KSS	15	100 BREAST	1:01.33	PROV		
Joshua Liendo	NYAC	15	100 FLY	53.97	PROV		
Joshua Liendo	NYAC	15	100 FREE	51.19	PROV		
Gabe Mastromatteo	KSS	15	200 BREAST	2:15.53	PROV		
Joshua Liendo	NYAC	15	200 FLY	2:03.57	PROV		
Michael Sava	RAMAC	15	200 FLY	2:02.73	PROV		
Alexander Milanovich	ESWIM	15	50 BREAST	27.93	PROV		
Joshua Liendo	NYAC	15	50 FLY	25.10	PROV		
Joshua Liendo	NYAC	15	50 FREE	23.36	PROV		
16 MALE SC							
Ray Yang	ESWIM	16	200 FLY	1:59.15	PROV		
16 MALE LC							
Alexander Milanovich	ESWIM	16	100 BREAST	1:02.82	PROV		
Alexander Milanovich	ESWIM	16	50 BREAST	1:01.27	PROV		
Gabe Mastromatteo	KSS	16	200 BREAST	2:15.78	PROV		
OPEN MALE LC							
Eli Wall	TSC	OPEN	200 BREAST	2:11.94	PROV		
Mack Darragh	OAK	OPEN	200 FLY	1:56.27	PROV		CAN
13-14 MALE RELAY SC							
Russell Burton, Colin Campbell, Thomas McDonald, William Beckstead-Holman	GMAC	13-14	4x100FR	3:38.06	PROV		
Marcus Beckstead-Holman, Russell Burton, Thomas McDonald, Colin Campbell	GMAC	13-14	4x100MR	3:57.42	PROV		
13-14 MALE RELAY LC							
William Beckstead-Holman, Russell Burton, Thomas McDonald, Colin Campbell	GMAC	13-14	4x50MR	1:52.51	PROV		
William Beckstead-Holman, Russell Burton, Colin Campbell, Marcus Beckstead-Holman	GMAC	13-14	4x100FR	3:43.42	PROV		
OPEN MALE RELAY SC							
Kyle Haas, Eli Wall, Osvald Nitski, Mitch Ferraro	UT	OPEN	4x100MR	3:35.11	PROV		
OPEN MALE RELAY LC							
Sam Griffith, Taila Brown, Justin Baker, Joshua Liendo	NYAC	OPEN	4x50FR	1:33.75	PROV		
PARA WOMEN LC							
Angela Marina	BRANT	S14	100 BACK	1:13.54	PROV		CAN
Angela Marina	BRANT	S14	200 FREE	2:16.70	PROV		CAN
Angela Marina	BRANT	S14	50 FREE	29.41	PROV		CAN
Aly Van Wyck-Smart	VVAC	S2	100 BACK	3:08.10	PROV		CAN
Aly Van Wyck-Smart	VVAC	S2	100 FREE	3:23.06	PROV		CAN
Aly Van Wyck-Smart	VVAC	S2	200 FREE	6:06.80	PROV		CAN
Aly Van Wyck-Smart	VVAC	S2	50 BACK	1:27.89	PROV		CAN
Aly Van Wyck-Smart	VVAC	S2	50 FREE	1:33.90	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	100 FREE	3:09.11	PROV		CAN
Abi Tripp	KYPAC	S8	100 FREE	1:09.07	PROV		CAN
Aly Van Wyck-Smart	VVAC	SB2	50 BREAST	1:44.27	PROV		CAN
Abi Tripp	KYPAC	SB7	100 BREAST	1:32.51	PROV		CAN
Angela Marina	BRANT	SM14	200 IM	2:41.65	PROV		CAN
Angela Marina	BRANT	SM14	400 IM	5:50.23	PROV		CAN
Aly Van Wyck-Smart	VVAC	SM2	150 IM	5:18.74	PROV		CAN



Provincial Records September 2017 - September 2018							
Name	Club	Age	Event	Time	PROV	NAG	CAN
PARA WOMEN SC							
Angela Marina	BRANT	S14	100 FLY	1:09.64	PROV		CAN
Angela Marina	BRANT	S14	200 FREE	2:20.97	PROV		CAN
Angela Marina	BRANT	S14	400 FREE	5:04.22	PROV		CAN
Angela Marina	BRANT	S14	50 FREE	28.98	PROV		CAN
Angela Marina	BRANT	S14	800 FREE	10:33.10	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	100 BACK	3:13.61	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	100 FREE	3:06.44	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	200 FREE	6:29.77	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	400 FREE	12:56.20	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	50 BACK	1:32.91	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	50 FLY	2:05.86	PROV		CAN
Aly Van Wyck-Smart	VVAC	S3	50 FREE	1:28.74	PROV		CAN
Abi Tripp	KYPAC	SB7	100 BREAST	1:40.28	PROV		CAN
Angela Marina	BRANT	SM14	200 IM	2:39.93	PROV		CAN
Aly Van Wyck-Smart	VVAC	SM3	150 IM	5:47.30	PROV		CAN
Jessica Tinney	VVAC	SM6	400 IM	9:53.06	PROV		CAN
PARA MEN LC							
Gordie Michie	STJJ	S14	50 FLY	27.46	PROV		CAN
Tyson MacDonald	WRMS	S14	400 FREE	4:27.49	PROV		CAN
Gordie Michie	STJJ	S14	100 FLY	1:01.31	PROV		CAN
PARA MEN SC							
Zach Zona	NHAC	S8	400 FREE	4:50.76	PROV		CAN
Zach Zona	NHAC	SB7	100 BREAST	1:34.62	PROV		CAN
Zach Zona	NHAC	S8	1500 FREE	19:33.87	PROV		CAN
Zach Zona	NHAC	SM8	100 IM	1:16.18	PROV		CAN
Zach Zona	NHAC	S8	800 FREE	10:00.72	PROV		CAN
MASTERS FEMALE SC							
Cindy Bertelink	EOMAC	40-44	200 IM	2:27.13	PROV		CAN
Katie Osborne	GRAN	55-59	50 FREE	29.31	PROV		
MASTERS MALE SC							
Dan Greig	MSM	25-29	100 BREAST	1:05.47	PROV		
Len Gushe	SO-M	55-59	200 FREE	2:06.05	PROV		CAN
Len Gushe	SO-M	55-59	400 FREE	4:26.81	PROV		
Len Gushe	SO-M	55-59	1500 FREE	18:01.23	PROV		CAN
Len Gushe	SO-M	55-59	100 BACK	1:04.48	PROV		
Len Gushe	SO-M	55-59	200 BACK	2:17.23	PROV		CAN
Len Gushe	SO-M	55-59	200 FLY	2:31.13	PROV		CAN
Henry Vehovec	GRAN	60-64	50 BREAST	34.44	PROV		CAN
Ron Armstrong	EOMAC	65-69	50 FREE	28.05	PROV		
Ron Armstrong	EOMAC	65-69	200 FREE	2:19.80	PROV		
Ron Armstrong	EOMAC	65-69	100 IM	1:12.40	PROV		CAN
Paul Hebert	SO-M	65-69	100 BACK	1:20.73	PROV		
Peter Straka	NOR	75-79	50 FLY	35.39	PROV		
Peter Straka	NOR	75-79	100 FLY	1:35.41	PROV		
Peter Straka	NOR	75-79	200 IM	3:39.73	PROV		
Erik Haites	NOR	75-79	50 BREAST	44.45	PROV		
Michael Liepner	SO-M	80-84	50 BACK	48.01	PROV		CAN
MASTERS MALE LC							
Len Gushe	SO-M	55-59	200 FLY	2:33.67	PROV		CAN
Dan Thompson	AURO	60-64	50 FREE	27.14	PROV		CAN
Dan Thompson	AURO	60-64	50 FLY	28.36	PROV		CAN
Henry Vehovec	GRAN	60-64	50 BREAST	35.71	PROV		CAN



## **29th Annual Awards Ceremony**

September 22<sup>nd</sup>, 2018

### **Swim Ontario Awards**

#### **Irene & Bob Pirie Trophy**

Kylie Masse – WEST/UT

Mack Darragh – OAK

#### **Gus Ryder Trophy**

Abi Tripp – KYPAC

Alec Elliot - ROW

#### **Friends of Swimming**

Mike Brown

#### **Gord Noddle**

Bud Seawright

#### **Roll of Honour**

Greg Blaskovits  
Glenn Greig  
Wendy McCutcheon

Diane Davis  
Brad Knowles  
Mary Jane Smith

Wayne Dorrington  
Dayle Knowles  
Susan Smith



## **29th Annual Awards Ceremony**

September 22<sup>nd</sup>, 2018

### **Lifetime Achievement Award**

Bernie Grose

John Livings

David Mains

### **Elizabeth Collins Ralph Award**

Glenn Greig

### **John Grootveld Memorial Award**

Jim Brow

Horst Tietze

### **Swim Ontario Club Recognition**

Guelph Marlins Aquatic Club

### **Team Aquatic Supplies Regional Scholarships**

	<b>Female</b>	<b>Male</b>
<b>Central Region</b>	Honor Brodie-Foy (TSC)	Barstow Nyhof (COBRA)
<b>Eastern Region</b>	Kali Metuzals (GO)	David Quirie (NKB)
<b>Huronian Region</b>	Allyson Goldring (MUSAC)	
<b>North East Region</b>	Raili Kary (SSAT)	Thomas Boyd (SLSC)
<b>North West Region</b>	Hannah Johnsen (TBT)	Cameron Johnsen (TBT)
<b>Western Region</b>	Madelyn Gatrall (WAC)	David Hickey (LAC)



## **29th Annual Awards Ceremony**

September 22<sup>nd</sup>, 2018

### **Swim Ontario Coach Awards**

#### **Lea Bredschneider Award**

Penny LeCour – CT33 Thunderbirds

#### **Ontario Coach Service Award**

Tom Anzai - SWOTT

#### **Coach of the Year Awards**

##### **Top Female Swimmer**

Linda Kiefer/Byron MacDonald

##### **Top Male Swimmer**

Ben Titley

##### **Top Female Para Swimmer**

Vicki Keith

##### **Top Male Para Swimmer**

Hans Witolla

#### **Team Awards**

##### **Female**

Ottawa Y Olympians  
Owen Sound Aquatic Club  
Whitchurch-Stouffville  
Swim Club  
Kapswim  
J Dolphins Swim Club  
Variety Village Aquatic Club

##### **Winter Festivals**

##### **Spring AA Champs**

##### **Spring Provincials**

##### **Summer Festivals**

##### **Summer AA Champs**

##### **Summer Provincials**

##### **Male**

Nickel City Aquatics  
Middlesex Swimming  
Timmins Marlins Swim Club  
  
North Bay Y Titans  
Nepean Kanata Barracudas  
Timmins Marlins Swim Club

# ASSOCIATION INFORMATION

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## ASSOCIATION PROFILE

### Mission Statement

*Swim Ontario, its affiliates and stakeholders will provide an environment through which its participants lead Canadian swimming on all levels.*

Swim Ontario is the non-profit sports governing body responsible for the organization and regulation of swimming in the Province. The organization is led by a volunteer Board of Directors, and administered by a full-time professional staff, located in Toronto.

Swimming in Ontario is a grass roots community sport with 125 swim clubs throughout Ontario. In total, the association has approximately 19,000 fully registered swimmers, about 900 coaches, well over 15,000 officials, and numerous volunteers in its member clubs.

Swim Ontario attempts to create and enhance an image for competitive swimming as a sport that involves fun, strength, attainment of personal excellence, dedication, health, safety, and discipline - in short, a sport of superior values.

## ASSOCIATION DIRECTORY

### Head Office

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Web Site [www.swimontario.com](http://www.swimontario.com)

### Auditor

James Gibbs, C.A.

### Bank

Scotiabank

### Staff

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Brian Ward, Complaints, Disputes and Appeal  
Officer  
Email: [info@swimontario.com](mailto:info@swimontario.com)

## **SWIM ONTARIO BOARD OF DIRECTORS 2017-2018**

### **Dan Thompson**

#### **President**

- National Swim Team member for 7 years
- 1980 Olympian
- Commonwealth/Pan Am/World Student Games Medalist
- Current lifelong Master Swimmer
- Chair Swim Ontario Masters Committee
- Past President of Swimming Canada
- Former Board member for Canadian Sport Institute Ontario
- Former Member of Toronto 2015 Pan Am/Para Pan Sport Program Committee
- President Canadian Tire Jumpstart Charities 2007 – 2012
- President MacLaren Momentum 1999 to 2007

### **Clare Atkinson**

#### **Director at Large**

- Educated in the UK – Computer studies, Statistics & Biology
- Specialist in Business Solutions and Process Improvement
- Working with Public Sector, Healthcare and Large international organizations at all levels
- President of Masters Swim Club
- Past Officials Chair for North York Aquatic Club
- Board Member and Current President of North York Aquatic
- City of Markham Pool Allocation Advisory Group member
- Level V official
- Elected Board member and Secretary of Swim Ontario

### **Mike Brown**

#### **Director at Large**

- Chair of the Program Policy Committee
- Corporate/commercial lawyer in Ottawa, Ontario
- Swam competitively for 21 years with the Perth Stingrays Aquatic Club, the University of Minnesota, the University of Calgary and the University of Calgary Swim Club
- National team member for over 10 years
- Two time Olympian – 2004 Athens, Greece and 2008 Beijing, China
- World Championship silver medalist and Commonwealth Games gold and bronze medalist
- Current Canadian record holder in the 200m breaststroke LCM
- 2015 Ontario Aquatic Hall of Fame inductee
- Motivational speaker
- Married to Sarah, with their daughter Baya

### **Tym Barker**

#### **Director at Large**

- Swim Ontario Board of Directors, Secretary
- Past Board of Directors, Sault Surge Aquatic Team
- Current Officials Chair, Sault Surge Aquatic Team
- Swimming Canada Level 5 Official
- Past Board of Directors, Sault Ste. Marie Economic Development Corporation
- B.A.Sc. University of Waterloo, Mechanical Engineering

- Graduate courses in Financial Accounting and Business Management
- Professional Engineer and Business Owner
- Current Owner of Ecommerce Distribution company serving North America
- Previous CEO of Software Engineering company
- Ontario Global Traders award for fastest growth software company
- Previous Business Unit President of North American division of international public company

#### **Dale Leckie**

##### **Director at Large**

- Honours Biochemistry degree from McMaster University 1983
- Bachelor of Education from University of Western Ontario 1984
- Senior Mediator with Dispute Resolution Services of the Ministry of Labour
- Executive Director of the OSSTF Employee Life and Health Trust 2016-2017
- Associate General Secretary for the Ontario Secondary School Teachers Federation responsible for negotiations, grievances/arbitrations, education finance, pensions, pay equity, health and safety, benefits, long term disability, training and organizing and management responsibilities for approximately 50 senior level employees at OSSTF. 2000-2016
- Chair of the Board of Trustees of the Ontario Teachers Insurance Plan from 2010 to 2016.
- Director training from the McMaster University Directors College and trustee certification from the International Foundation of Employee Benefit Plans.
- Government of Ontario Commissions and Councils:
- Ontario Student Success Commission
- The Tripartite Teacher Advisory Council
- The Support Workers Advisory Council
- The Rozanski Education Finance Commission
- Current Swim Ontario board member

#### **Paul Legault**

##### **Director at Large**

- Involved with swimming over 15 years.
- President of the Perth Stingrays Aquatic Club for 7 years
- Chair of the EOSA for 4 years
- Swim Ont Board of Directors for 9 years and Chair of the Finance Committee for 8 years
- Chair of the Sports Development Committee for 2 years
- Retired from the OPP after 33 years' service
- Still working on contract as OPP Background Investigator
- Married with three adult children

#### **Newton Seawright**

##### **Director at Large**

- Married to Graciela Conde with two children – one with Etobicoke Swimming.
- Etobicoke Swimming Board of Directors Vice President for 5 years.
- Level 5 Master Official.
- Age group and Masters swimmer for 40 years.
- Business owner for 20 years.
- Swim Ontario Director since 2016.
- Finance committee, Masters committee, New Club Panel member
- Chair Finance Committee 2017-18
- Swim Ontario Treasurer

# BOARD OF DIRECTORS SUMMARY OF MOTIONS

DATE	#	TOPIC	MOVER & SECONDER	MOTION	RESOLUTION
09/24/17	1.2	Approval of Chair	B. Seawright / D. Thompson	To appoint Dale Leckie as chair.	Carried
09/24/17	2.1	Approval of Agenda	D. Leckie	To approve the agenda as circulated.	Carried
09/24/17	3.1	Elections	B. Seawright	To nominate Clare Atkinson as President	Carried
09/24/17	3.2	Elections	M. Brown	To nominate Dan Thompson as President	Carried
09/24/17	3.3	Elections	M. Brown/B. Seawright	To close nominations.	Carried
09/24/17	4.1	Elections	C. Atkinson/P. Legault	To nominate Dale Leckie for Vice President.	Carried
09/24/17	5.1	Elections	C. Atkinson	To nominate Bud Seawright as Treasurer and Finance & Audit Chair.	Carried
09/24/17	7.1	Elections	P. Legault	To nominate Tym Barker as Secretary.	Carried
09/24/17	11.1	Adjournment	M. Brown	To adjourn the meeting.	Carried
10/10/17	2.1	Approval of Agenda	P. Legault/C. Atkinson	To approve the agenda with the addition of President Report.	Carried
10/10/17	3.1	Minutes	B. Seawright/P. Legault	To approve the September 6, 2017 minutes with amendment removing motion regarding Electronic voting.	Carried
10/10/17	3.2	Minutes	P. Legault/D. Leckie	To approve the September 24, 2017 minutes.	Carried
10/10/17	4.2	Board Administration	C. Atkinson/D. Leckie	Board members have 30 days to submit Confidentiality and Police Record Checks/Offence Declarations to Swim Ontario and are permitted to continue board duties until submitted.	Carried
10/10/17	4.3	Signing Officers	M. Brown/P. Legault	The signing officers of Swim Ontario will be Dan Thompson, Bud Seawright, Dale Leckie, Rick Hannah, and John Vadeika.	Carried
10/10/17	4.10	Masters	B. Seawright/D. Leckie	Swim Ontario will permit unincorporated Masters clubs to affiliate requiring a letter from their municipal/private pool time provider indicating that they are a Community Training group.	Carried Opposed – C. Atkinson
10/10/17	4.11	Masters	P. Legault/M. Brown	Swim Ontario will create a Masters non-competitive category and will allow the ED to set pricing for the 2017/2018 season based on negotiations with Masters Swimming Canada.	Carried Opposed – B. Seawright, C. Atkinson, D. Leckie
10/10/17	8.1	Adjournment	P. Legault/B. Seawright	To adjourn the meeting.	Carried
11/14/17	2.1	Approval of Agenda	B. Seawright/M. Brown	To approve the agenda	Carried
11/14/17	4.2	President's Report	P. Legault/T. Barker	To approve the Move Us Forward Project Overview as presented in principle.	Carried
11/14/17	4.3	President's Report	P. Legault/M. Brown	To approve the working group as presented with any deviations being approved by the President and Vice President.	Carried Opposed – C. Atkinson, B. Seawright, D. Leckie
11/14/17	4.4	President's Report	P. Legault/M. Brown	To approve the lead consultants Rose Mercier and Steve Norris provided their fee proposal delivers within the financial parameters and deliverables as outlined in the project overview. Furthermore, giving the President and the Vice-President the authority to approve the proposal received provided it meets these parameters.	Carried
11/14/17	4.7	Finance and Audit Committee	B. Seawright/P. Legault	To increase CGL Insurance policy to \$10million coverage.	Carried
11/14/17	7.1	Adjournment	C. Atkinson	To adjourn the meeting.	Carried
11/30/17	2.1	Approval of Agenda	B. Seawright/M. Brown	To approve the agenda.	Carried
11/30/17	3.1	Minutes	B. Seawright/T. Barker	To approve the October 10, 2017 Board of	Carried



DATE	#	TOPIC	MOVER & SECONDER	MOTION	RESOLUTION
				Director minutes.	
11/30/17	3.2	Minutes	M. Brown/B. Seawright	To approve the October 16, 2017 Executive Session Minutes.	Carried
11/30/17	3.3	Minutes	T. Barker/B. Seawright	To approve the November 14, 2017 Bard of Directors minutes.	Carried
11/30/17	4.1	Confidentiality Agreements and PRC/Offence Declarations	D. Thompson/B. Seawright	To approve an additional 30 days for Board members to complete Police Record Checks and to submit Confidentiality Agreements.	Carried
11/30/17	4.3	Move Us Forward Project	P. Legault/B. Seawright	To approve consulting fees totaling approximately \$39,000.00 for the Move Us Forward Project.	Carried
11/30/17	4.8	Executive Session	B. Seawright/P. Legault	To move into Executive Session with staff remaining.	Carried
11/30/17	4.9	Executive Session	B. Seawright/P. Legault	To move meeting out of Executive Session.	Carried
11/30/17	7.1	Adjournment	P. Legault	To adjourn the meeting.	Carried
01/19/18	2.1	Approval of Agenda	B. Seawright/C. Atkinson	To approve the agenda as distributed.	Carried
01/19/18	3.1	Minutes	P. Legault/M. Brown	To approve the November 30, 2017 Board of Director minutes.	Carried
01/19/18	3.2	Minutes	P. Legault/M. Brown	To approve the November 30, 2017 Executive Session Minutes.	Carried Abstained – C. Atkinson (was not at Nov. 30/17 meeting)
01/19/18	7.1	Adjournment	P. Legault	To adjourn the meeting.	Carried
03/13/18	2.1	Approval of Agenda	P. Legault	To approve the agenda as distributed.	Carried
03/13/18	3.1	Minutes	C. Atkinson/T. Barker	To approve the January 19, 2018 Board of Directors minutes with addition of “C. Atkinson abstained because she was not in attendance at that meeting”.	Carried
03/13/18	4.3	Program Policy Committee	M. Brown/P. Legault	To accept the Program Policy Committee Terms of Reference as presented and approved by Program Policy committee.	Carried
03/13/18	7.1	Adjournment	P. Legault	To adjourn the meeting.	Carried
04/18/18	1.1	Electronic Vote	D. Thompson	It is recommended that the time limit of January 15, 2018 for new masters clubs looking to join Swim Ontario be Waived for the Remainder of this season.	Carried
04/27/18	2.2	Masters	B. Seawright/M. Brown	For the 2018/2019 season that the new Swim Ontario Masters Club (SOMC) application cost for both MSO recognized clubs and New Masters Clubs be waived for all new applications within the deadline of March 31 <sup>st</sup> 2019 and that these clubs will not have to wait until the Swim Ontario New Club review committee meetings in April for approval.	Carried
04/27/18	2.3	Masters	B. Seawright/M. Brown	For the 2018/2019 season the club fee for Swim Ontario Masters Clubs will change to \$5.00 a swimmer with a \$45.00 minimum to a maximum of \$400.00. Age group clubs with Masters programs will stay the same.	Carried
04/27/18	2.4	Masters	D. Thompson	For the 2018/2019 season the one year grace period required NCCP Level 1 Coaching Certification for masters clubs be extended.	Deferred
04/27/18	2.5	Masters	B. Seawright/D. Leckie	For the 2018/2019 season the SOMC Club Coaching fee of \$100.00 will be waived for all “MASTERS ONLY clubs”.	Carried
04/27/18	2.6	Masters	D. Leckie/B. Seawright	For the 2018/19 season the Master's program will continue to draw upon the \$50,000 Masters reserve that was established in the 2018-19 budget year	Carried

DATE	#	TOPIC	MOVER & SECONDER	MOTION	RESOLUTION
				and draw on this fund to develop a marketing/activation budget of \$15,000 to enhance the growth of the SO Master's program in Ontario.	
04/27/18	3.1	Approval of Agenda	P. Legault	To approve the agenda as distributed.	Carried
04/27/18	4.1	Minutes	P. Legault/M. Brown	To approve the March 13, 2018 Board of Directors minutes.	Carried
04/27/18	4.2	Minutes	P. Legault/T. Barker	To approve the April 18, 2018 Electronic Vote minutes.	Carried
04/27/18	5.4a	Finance	M. Brown/P. Legault	The Finance Committee recommends to the Board to approve exceeding budget expense line item "Meet Materials" for the period ending March 31, 2018.	Carried
04/27/18	5.4b	Finance	P. Legault/T. Barker	The Finance Committee recommends to the Board to approve the unbudgeted expense line item of "Performance Events" for the period ending March 31, 2018	Carried
04/27/18	5.4c	Finance	P. Legault/M. Brown	The Finance Committee recommends to the Board to approve exceeding the budget expense line item "Nevada Expenses" for the period ending March 31, 2018.	Carried
4/27/18	5.4d	Finance	P. Legault/M. Brown	To approve in principle the 2018-19 Swim Ontario Budget. The final draft budget to be presented to Board at next meeting.	Carried
4/27/18	8.1	Adjournment	P. Legault	To adjourn the meeting.	Carried
6/01/18	1.1	Nomination Committee	P. Legault/M. Brown	To approve the Nominations Committee Terms of Reference as presented.	Carried
6/5/18	2.1	Agenda	B. Seawright/P. Legault	To approve the agenda as circulated.	Carried
6/5/18	3.1	Minutes	P. Legault/B. Seawright	To approve the April 27, 2018 Board of Directors minutes.	Carried
6/5/18	3.2	Minutes	C. Atkinson/B. Seawright	To approve the June 1, 2018 Electronic Vote minutes.	Carried
6/5/18	4.3	Affiliation fees	P. Legault/T. Barker	To approve Option #2 – Club Affiliation fees for 2018-19 be calculated on Competitive Swimmers Only with an increase of \$1.00 per swimmer (from \$5.00 to \$6.00) with a maximum of \$1,500.00 per club (from maximum of \$1,000).	Carried – C. Atkinson registered a possible conflict because she is from club who presented the motion
6/5/18	4.4	Finance	P. Legault/B. Seawright	To approve the 2018-19 budget as presented.	Carried
6/5/18	9.1	Adjournment	B. Seawright	To adjourn the meeting.	Carried
8/13/18	2.1	Agenda	M. Brown/D. Leckie	To approve the agenda with the addition of Nominations Committee Report and Audit update from Finance Committee.	Carried
8/13/18	3.1	Minutes	B. Seawright/D. Leckie	To approve the June 5, 2018 Board of Directors minutes.	Carried – M. Brown abstained as he was not at June meeting.
8/13/18	4.1	Policies	M. Brown/P. Legault	To approve the Anti-Doping Policy 2018 and Screening Policy 2018, as recommended by the Program Policy Committee.	Carried
8/13/18	9.1	Adjournment	T. Barker	To adjourn the meeting.	Carried
8/27/18	1.1	Policy	M. Brown/B. Seawright	To approve the Social Media Policy as recommended by the Program Policy Committee.	Carried

**FINANCIAL STATEMENTS**

**SWIM ONTARIO**

**March 31, 2018**

**SWIM ONTARIO**  
**FINANCIAL STATEMENTS**  
**MARCH 31, 2018**

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## INDEPENDENT AUDITOR'S REPORT

To the Directors and Members of Swim Ontario

I have audited the accompanying financial statements of Swim Ontario, which comprise the statement of financial position as at March 31, 2018 and the statements of operations, changes in net assets, and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

### *Management's Responsibility for the Financial Statements*

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian generally accepted accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### *Auditor's Responsibility*

My responsibility is to express an opinion on these financial statements based on my audit. I conducted my audit in accordance with Canadian generally accepted auditing standards. These standards require that I comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the organization's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the organization's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

I believe that the audit evidence I have obtained in my audit is sufficient and appropriate to provide a basis for my qualified audit opinion.

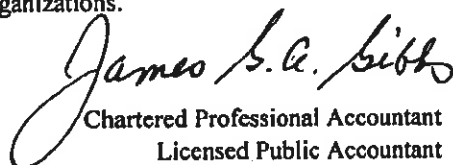
### *Basis for Qualified Opinion*

In common with many not-for-profit organizations, Swim Ontario derives revenue from fees and fundraising projects, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, my verification of these revenues was limited to the amounts recorded in the records of the organization and I was unable to determine whether any adjustments might be necessary to excess of revenue over expenses, assets and net assets.

### *Qualified Opinion*

In my opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of Swim Ontario as at March 31, 2018 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Toronto, Ontario  
August 14, 2018

  
Chartered Professional Accountant  
Licensed Public Accountant

1.

# Swim Ontario


## STATEMENT OF FINANCIAL POSITION

As at March 31

	2018	2017
<b>ASSETS</b>		
<b>Current assets</b>		
Cash and short-term investments (note 3)	1,505,654	1,792,798
Accounts receivable	10,577	42,308
Prepaid expenses	34,536	41,179
	1,550,767	1,876,285
Equipment and other capital assets (note 4)	-	3,560
	1,550,767	1,879,845
<b>LIABILITIES AND NET ASSETS</b>		
<b>Current liabilities</b>		
Accounts payable and accrued liabilities	89,982	61,459
Due to Swimming/Natation Canada (note 8)	356,315	822,953
	446,297	884,412
<b>Net assets</b>		
Invested in equipment and other capital assets	-	3,560
Restricted internally (note 5)	417,318	382,093
Unrestricted net assets	687,152	609,780
	1,104,470	995,433
	1,550,767	1,879,845

(See accompanying notes)

Approved on behalf of the Board:

 Director

 Director

# Swim Ontario

## STATEMENT OF OPERATIONS

Year ended March 31

	2018	2017
<b>REVENUE</b>		
Government grant - base	144,155	144,155
CSC-ON-OHPSI grant	200,443	200,000
Other grants	205,742	228,386
Registration fees and assessments <i>(note 8)</i>	1,372,739	1,351,292
Swim-A-Thon fundraising	25,839	25,492
Fundraising and sponsorships	10,025	13,884
Nevada income	44,011	37,097
Conference fees	24,053	9,978
Merchandise sales and services	46,640	58,692
Course fees and manuals	58,246	80,801
Investment income	15,569	6,687
Miscellaneous	29,644	77,370
	<b>2,177,106</b>	<b>2,233,834</b>
<b>EXPENSES <i>(schedule)</i></b>		
Administration, operations and communications	841,215	839,445
Athlete development	707,759	697,849
Leadership development	138,048	166,541
Regional assistance	67,894	71,356
Sport environment	107,688	56,850
Self-reliance development	205,465	117,616
	<b>2,068,069</b>	<b>1,949,657</b>
<b>Excess of revenue over expenses</b>	<b>109,037</b>	<b>284,177</b>
<i>(See accompanying notes)</i>		

# Swim Ontario

## STATEMENT OF CHANGES IN NET ASSETS

Year ended March 31

	Invested in capital assets	Restricted internally	Unrestricted	2018 Total	2017 Total
<b>Net assets, beginning of year</b>	<b>3,560</b>	<b>382,093</b>	<b>609,780</b>	<b>995,433</b>	<b>711,256</b>
Excess of revenue over expenses	(3,560)	-	112,597	109,037	284,177
Internally imposed restrictions (net)	-	35,225	(35,225)	-	-
Invested in equipment	-	-	-	-	-
<b>Net assets, end of year</b>	<b>-</b>	<b>417,318</b>	<b>687,152</b>	<b>1,104,470</b>	<b>995,433</b>

(See accompanying notes)



# Swim Ontario

## STATEMENT OF CASH FLOWS

Year ended March 31

	2018	2017
<b>OPERATING ACTIVITIES</b>		
Excess of revenue over expenses	109,037	284,177
Items not involving cash:		
Amortization of equipment and other assets	3,560	5,248
Net change in non-cash working capital:		
Accounts receivable	31,731	3,660
Prepaid expenses	6,643	(5,277)
Accounts payable and accrued liabilities	28,523	(20,816)
Deferred grant revenue	-	(93,349)
Due to Swimming/Natation Canada	(466,638)	72,756
<b>Net cash generated (expended) through operating activities</b>	<b>(287,144)</b>	<b>246,399</b>
<b>INVESTING ACTIVITIES</b>		
Purchase of equipment and other assets	-	-
<b>Net cash expended through investing activities</b>	<b>-</b>	<b>-</b>
<b>Net increase (decrease) in cash during the year</b>	<b>(287,144)</b>	<b>246,399</b>
Cash and short-term investments, beginning of year	1,792,798	1,546,399
<b>Cash and short-term investments, end of year</b>	<b>1,505,654</b>	<b>1,792,798</b>

(See accompanying notes)

# Swim Ontario

## NOTES TO FINANCIAL STATEMENTS

March 31, 2018

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### 1. NATURE OF OPERATIONS

Swim Ontario, (the “Organization”) is a sports governing body responsible for the organization and regulation of amateur competitive swimming in the province of Ontario. The Organization is incorporated without share capital under the laws of Ontario as a not-for-profit organization and is exempt from income tax under the Income Tax Act.

### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared by management in accordance with Canadian generally accepted accounting principles for not-for-profit organizations as provided by Part III of the *CICA Accounting Handbook* and include the following significant accounting policies:

#### Financial instruments

The Organization’s financial instruments comprised of cash and short-term investments, accounts receivable and accounts payable, are recorded at cost which approximates fair value.

#### Revenue recognition

The Organization follows the deferral method of accounting for contributions which include support from the public and government. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Endowment contributions are recognized as direct increases in net assets.

Income from investments is recognized as revenue when earned.

Fees and merchandise sales are recognized as revenue when received.

#### Equipment and other capital assets

Equipment and other capital assets are stated at cost. Amortization is calculated on the straight-line basis annually in amounts sufficient to amortize the cost of the assets over their estimated useful lives as follows:

Trademarks	15 years
Office furniture and equipment	10 years
Leasehold improvements	5 years
Computer equipment	3 years

# Swim Ontario

## NOTES TO FINANCIAL STATEMENTS

March 31, 2018

### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

#### Use of estimates

The preparation of the Organization's financial statements, in accordance with Canadian generally accepted accounting principles, requires management to make estimates and assumptions which affect the reported amounts of assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses for the year. Actual results could differ from these estimates.

#### Contributed services

Volunteers contribute many hours annually to assist the Organization in carrying out its activities. Because of the difficulty of determining their fair value, contributed services are not recognized in the financial statements.

### 3. CASH AND SHORT-TERM INVESTMENTS

	2018	2017
Cash in interest bearing accounts	1,374,159	1,663,557
Shares of Bank of Montreal and Royal Bank	96,785	96,610
Cash in Nevada account	34,710	32,631
	<b>1,505,654</b>	<b>1,792,798</b>

### 4. EQUIPMENT AND OTHER CAPITAL ASSETS

	2018		2017	
	Cost	Accumulated Amortization	Net Book Value	Net Book Value
Computer equipment	68,907	68,907	-	1,567
Office furniture and equipment	20,518	20,518	-	1,993
Leasehold improvements	10,297	10,297	-	-
Trademarks	513	513	-	-
	<b>100,235</b>	<b>100,235</b>	<b>-</b>	<b>3,560</b>

# Swim Ontario

## NOTES TO FINANCIAL STATEMENTS

March 31, 2018

### 5. RESTRICTIONS ON NET ASSETS

The Board of Directors has internally restricted \$432,093 of unrestricted net assets to be held for the following purposes:

	2018	2017
Canada Games Reserve Fund	74,093	74,093
Relocation Reserve Fund	50,000	50,000
High Performance Reserve Fund	100,000	100,000
Long-term investment Reserve Fund	108,000	108,000
Move Us Forward Project	35,225	-
Special Projects Reserve Fund	50,000	50,000
	417,318	382,093

### 6. FINANCIAL INSTRUMENTS

It is management's opinion that the Organization is not exposed to significant interest, currency or credit risks arising from its financial instruments.

### 7. CAPITAL MANAGEMENT

The Organization's capital is comprised of funds invested in capital assets and in restricted and unrestricted funds. The unrestricted fund balance is maintained at a level that is sufficient to meet annual operating requirements.

Management develops annual operating budgets that are approved by the Board of Directors. Actual results are compared to budgets monthly and the Board is notified when changes to plans are required.

### 8. SWIMMING/NATATION CANADA FEES

Swim Ontario acts as agent in collecting registration fees on behalf of Swimming/Natation Canada (SNC) and the registration fees collected in 2018 were \$892,999 compared to \$842,402 for 2017. SNC issues invoices for their registration fees annually in September and March. For the current year, Swim Ontario received and paid the March invoice before March 31, 2018 whereas in the prior year, the March invoice was not received and paid until April 2017. As a result, the balance due to SNC at March 31, 2018 was \$356,315 compared to a balance due at March 31, 2017 of \$822,953.

# Swim Ontario

## SCHEDULE OF EXPENSES

Year ended March 31

	2018	2017
<b>Administration, operations and communications</b>		
Salaries and benefits - staff	652,058	604,444
Rent and office expenses	141,246	193,214
Communications	20,364	21,713
Move Us Forward project	14,775	-
Amortization of equipment and other assets	3,560	5,248
Other meeting expenses	9,212	14,826
	<b>841,215</b>	<b>839,445</b>
<b>Athlete development</b>		
Athlete assistance	145,936	150,183
OTP regional centre	-	60,033
Club grant	40,004	47,500
Provincial tour team	68,443	61,724
Provincial Training Centre operations	40,000	40,000
Training camps - Provincial	63,282	63,875
Canada Games	45,378	30,284
CSC-ON-OHPSI	204,961	205,908
CSI-O Prov. Academy Next Gen	99,755	38,342
	<b>707,759</b>	<b>697,849</b>
<b>Leadership development</b>		
Club and mentor visitations	602	3,765
Provincial conference	34,459	27,536
Coaching development	32,869	57,956
Regional coaches education project expenses	-	-
NCCP expense	70,118	75,284
Hall of Fame grant	-	1,000
S.O. awards	-	1,000
	<b>138,048</b>	<b>166,541</b>

# Swim Ontario

## SCHEDULE OF EXPENSES

Year ended March 31

	2018	2017
<b>Regional Assistance</b>		
Assistance to Provincial Conference	-	44
Regional approved projects	45,871	48,013
Regional camp excellence projects	22,023	23,299
	67,894	71,356
<b>Sport Environment</b>		
Swim-A-Thon grant and expenses	20,011	18,913
PARA classifiers' seminars	615	893
Paralympics expenses	66,763	-
Performance events	20,299	37,044
	107,688	56,850
<b>Self-Reliance Development</b>		
Computer maintenance	8,915	5,261
Insurance	70,768	59,628
Marketing	-	2,889
Meet materials	93,931	24,918
Nevada expenses	30,779	19,185
Online enhancement - websites	875	-
SNC annual general meeting	197	5,735
	205,465	117,616
<b>Total expenses</b>	<b>2,068,069</b>	<b>1,949,657</b>



