

**2024**  
**MASTERS**  
**PROVINCIALS**

**2024 Ontario Masters Provincial Records (Short Course)**

**Day 1 Apr 19, 2024**

**1500 Free**

Male

- Dave Freeman, **65-69**, EOMAC, 20:23.58, ONT Masters Record

**50 back**

Female

- Kristy MacLennan, **40-44**, EOMAC, 31.25, ONT Masters Record
- Chris Macdonald, **65-69**, BRCK, 38.54, ONT Masters Record

Male

- Kurt Schubert, **25-29**, SQUALL, 26.10, ONT Masters Record
- Harry Braaksma, **85-89**, NTMSC, 52.23, ONT Masters Record

**200 Free**

Female

- Victoria Radounski, **30-34**, SOM, 2:04.85, ONT Masters Record \ NAT Masters Record

Male

- Peter McKinnon, **60-64**, EOMAC, 2:07.17, ONT Masters Record \ NAT Masters Record

**100 Fly**

Male

- Nate Lee, **30-34**, PMSC, 57.36, ONT Masters Record
- Dan Thompson, **65-69**, AURO, 1:04.61, ONT Masters Record \ NAT Masters Record

**200 IM**

- Ellen Reynolds, **60-64**, TRB, 2:28:63, World Record

## 400 Free Relay

- C Bertelink\K MacLennan\M Morawski\C Cermak, EOMAC, W**160-199**, 4:10.62, ONT Masters Record
- D Landry\D Kent\A Abdel Khalik\M Shu, EOMAC, M**120-159**, 3:36.05, ONT Masters Record
- M MacPherson\D Freeman\T Naylor\R Holt, EOMAC, M**240-279**, 4:14.58, ONT Masters Record

## Day 2 Apr 20, 2024

### 400 Free

#### Female

- Chris Macdonald, **65-69**, BRCK, 6:18.45, ONT Masters Record

#### Male

- David Spencer, **35-39**, GRAN, 4:12.79, ONT Masters Record
- Peter McKinnon, **60-64**, EOMAC, 4:35.75, ONT Masters Record \ NAT Masters Record
- Chris Smith, **90-94**, AURO, 8:52.62, ONT Masters Record \ NAT Masters Record

### 50 Fly

#### Male

- Kurt Schubert, **25-29**, SQUALL, 24.18, ONT Masters Record
- Nate Lee, **30-34**, PMSC, 25.09, ONT Masters Record \ NAT Masters Record
- Min Kwang Shu, **35-39**, EOMAC, 25.20, ONT Masters Record \ NAT Masters Record
- John Eddolls, **45-49**, GMMAC, 27.27, ONT Masters Record

### 200 Breast

#### Female

- Marijana Morawski, **45-49**, EOMAC, 2:55.78, ONT Masters Record
- Kalis Rasmussen, **100-104**, EOMAC, 9:24.24, ONT Masters Record \ NAT Masters Record \ World Record
- Ellen Reynolds, **60-64**, TRB, 2:51:23, World Record

#### Male

- Jose Walsh, **45-49**, SQUALL, 2:31.62, ONT Masters Record
- Chris Smith, 90-94, AURO, 6:35.72, ONT Masters Record

### 200 Free Relay

- J Best\ T Meyer\ J Kerkhof\ S Woodworth, **160-199**, 1:58.98, ONT Masters Record
- M Cossatis\ D Gronfeldt\ K McKinnon\ M de Laat, **200-239**, 2:08.45, ONT Masters Record

## 100 Free

### Female

- Gillian Mayne, **80-84**, SQUALL, 1:35.43, ONT Masters Record

### Male

- Kurt Schubert, **25-29**, SQUALL, 49.96, ONT Masters Record
- Aly Abdel Khalik, **30-34**, EOMAC, 52.35, ONT Masters Record
- Peter McKinnon, **60-64**, EOMAC, 57.52, ONT Masters Record \ NAT Masters Record
- Harry Braaksma, **85-89**, NTMSC, 1:38.34, ONT Masters Record \ NAT Masters Record

## 200 Back

### Female

- Victoria Radounski, **30-34**, SOM, 2:24.30, ONT Masters Record
- Kristy MacLennan, **40-44**, EOMAC, 2:29.46, ONT Masters Record
- Chris McDonald, **65-69**, BRCK, 3:08.05, ONT Masters Record
- Ellen Reynolds, **60-64**, TRB, 2:55:55, World Record

### Male

- Kevin Hebner, **65-69**, SQUALL, 2:40.32, ONT Masters Record
- Harry Braaksma, **85-89**, NTMSC, 4:22.65, ONT Masters Record \ NAT Masters Record

## 100 Breast

### Female

- Kalis Rasmussen, **100-104**, EOMAC, 4:24.82, ONT Masters Record \ NAT Masters Record / World Record

### Male

- Kenney Tam, **25-29**, MPEX, 1:04.43, ONT Masters Record
- Min Kwang Shu, **35-39**, EOMAC, 1:02.49, ONT Masters Record
- Jose Walsh, **45-49**, SQUALL, 1:07.52, ONT Masters Record

## 400 Medley Relay

- C Chan\ L Shand\ T Meyer\ J Best, MSM, **W120-159**, 4:53.59, ONT Masters Record
- P Henneberry\ A Oldershaw\ N Tong\ C Knowles, BURL, **W160-199**, 4:56.56, ONT Masters Record
- D Kent\ M Shu\ M Look Yan\ A Abdel Khalik, EOMAC, **M120-159**, 3:55.94, ONT Masters Record
- K Hebner\ J Walsh\ K Schubert\ J Waring, **200-239**, SQUALL, M4:23.34, ONT Masters Record

## Day 3, 21 Apr 2024

### 100 IM

Female

- Kalis Rasmussen, **100-104**, EOMAC, 5:07.61 ONT Masters Record \ NAT Masters Record

Male

- Aly Abdel Khalik, **30-34**, EOMAC, 59.54, ONT Masters Record

### 400 IM

Female

- Ellen Reynolds, **60-64**, TRB, 5:23:30, World Record

Male

- Brian Hunter, **70-74**, SOM, 6:45.36, ONT Masters Record \ NAT Masters Record

### 50 Breast

Female

- Kalis Rasmussen, **100-104**, EOMAC, 2:00.02 ONT Masters Record
- Judy Garay, **60-64**, NTMSC, 38.69 ONT Masters Record

Male

- Henry Vehovec, **65-69**, GRAN, 34.90 ONT Masters Record
- Jason Middleton, **45-49**, AURO, 30.31 ONT Masters Record
- Min Kwang Shu, **35-39**, EOMAC, 28.14 ONT Masters Record
- Kenney Tam, **25-29**, MPEX, 29.78 ONT Masters Record
- Paul Richards, 90-94, GRAN, 1:30.35, ONT Masters Records

### 800 Free

Male

- Mark Aboud, **65-69**, GRAN, 10:21.21 ONT Masters Record
- David Spencer, **35-39**, GRAN, 8:46.58 ONT Masters Record
- Peter McKinnon, **60-64**, EOMAC, 9:50.92, ONT Masters Record

### 100 Back

Male

- Harry Braaksma, **85-89**, NTMSC, 1:56.42 ONT Masters Record
- Peter Straka, **80-84**, SOM, 1:48.10 ONT Masters Record
- Kevin Hebner, **65-69**, SQUALL, 1:13.02 ONT Masters Record
- Peter McKinnon, **60-64**, EOMAC, 1:03.78 ONT Masters Record

Female

- Renee Oake, **45-49**, PMSC, 1:12.38 ONT Masters Record
- Kristy MacLennan, **40-44**, EOMAC, 1:07.42 ONT Masters Record
- Ellen Reynolds, **60-64**, TRB, 1:07:82 World Record

## 50 Free

### Male

- Harry Braaksma, **85-89**, NTMSC, 43.94 ONT Masters Record
- Peter Straka, **80-84**, SOM, 34.78 ONT Masters Record
- Jason Middleton, **45-49**, AURO, 24.24 ONT Masters Record
- Min Kwang Shu, **35-39**, EOMAC, 23.63 ONT Masters Record, NAT Masters Record
- Zachary Fedak, **30-34**, PMSC, 23.49 ONT Masters Record
- Kurt Schubert, **25-29**, SQUALL, 22.54 ONT Masters Record