



SWIM ONTARIO

2024 SPEEDO CANADIAN MASTERS SWIMMING CHAMPIONSHIP ONTARIO RECORDS

Day 1 **May 24, 2024**

800 Free

Female

- Brigitte Zirger, **70-74**, TECH, 13:56.05
- Sohair El Attar, **75-79**, TECH, 14:41.92

Male

- Sebastian Paulins, **25-29**, BACM, 7:55.80
- Chris Smith, **90-94**, AURO, 19:20.25

400 Medley Relay

Female

- G Gagnier, L Pattinson, M Bornais, H Wiley, **72-99**, WESTM, 5:26.81
- K MacLennan, M Morawski, C Bertelink, C Cermak, **160-199**, EOMAC, 4:42.34
- B zirger, N Sevigny, L Rusu, S El Attar, **280-319**, TECH, 7:49.10

Male

- D Kent, M Shu, M Look Yan, A Abdel Khalik, **120-159**, EOMAC, 3:54.18
- J Culp, B Sheridan, R Armstrong, T Naylor, **280-319**, EOMAC, 5:30.22
- R Jack, M olsen, H Rastan, M Heath-Eves, **320-359** TECH, 7:53.94

200 Back

Male

- Peter McKinnon, **60-64**, EOMAC, 2:20.18
- Joseph Culp, **70-74**, EOMAC, 2:53.15

June 03, 2024

100 IM

Female

- Cathy Merritt, **70-74**, SOM, 1:26.09

50 Fly

Female

- Cathy Merritt, **70-74**, SOM, 39.02

Male

- Grey Brett, **45-49**, AURO, 27.23

200 Free

Female

- Cathy Merritt, **70-74**, SOM, 2:43.22
- Glad Bryce, **90-94**, SOM, 4:31.37

Male

- Aly Abdel Khalik, **30-34**, EOMAC, 1:51.73
- Ami Trauber, **85-89**, NTMS, 3:19.68
- Chris Smith, **90-94**, AURO, 4:30.55

100 Breast

Female

- Judy Garay, **60-64**, NTMS, 1:29.28

Male

- Min Kwang Shu, **35-39**, EOMAC, 1:01.31
- Chris Smith, **90-94**, AURO, 3:13.87

Day 2, May 25, 2024

400 Free

Female

- Sohair El Attar, **75-79**, TECH, 7:13.08

Male

- Sebastian Paulins, **25-29**, BACM, 3:49.90
- Ron Armstrong, **70-74**, EOMAC, 5:18.03

100 Back

Female

- Kristy MacLennan, **40-44**, EOMAC, 1:07.17
- Chris Macdonald, **65-60**, BRCK, 1:25.16

Male

- Peter McKinnon, **60-64**, EOMAC, 1:03.71

100 Free

Female

- Cathy Merritt, **70-74**, SOM, 1:13.38

Male

- Aly Abdel Khalik, **30-34**, EOMAC, 49.99
- Ami Trauber, **85-89**, NTMS, 1:32.68

200 Free Relay

Female

- G Pollock, A Wilson, A Hunyady, C Payne, **72-99**, RCAQM, 2:03.37
- C Chan, T Meyer, G Young, J Kerkhof, **120-159**, MSM, 1:56.68
- M Morawski, C Bertelink, K MacLennan, C Cermak, **160-199**, EOMAC, 1:52.57
- C Merritt, K Boegel, M Wallace, G O'Rourke, **200-239**, SOM, 2:09.43
- N Sevigny, b zirger, L Rusu, S El Attar, **280-319**, TECH, 2:57.34

Male

- K Stuckless, C LaBranche, M Salmon, A Lobo, **72-99**, MSM, 1:39.88
- R Armstrong, B Sheridan, D Freeman, T Naylor, **280-319**, EOMAC, 2:08.18

200 IM

Female

- Cathy Merritt, **70-74**, SOM, 3:10.07

Male

- Chris Smith, **90-94**, AURO, 6:11.81

50 Breast

Female

- Judy Garay, **60-64**, NTMS, 37.90
- Cathy Merritt, **70-74**, SOM, 45.05

Male

- Min Kwang Shu, **35-39**, EOMAC, 27.63
- Jason Middleton, **45-49**, AURO, 30.17
- John Monne, **90-94**, EOMAC, 1:25.81

100 Fly

Male

- Aly Abdel Khalik, **30-34**, EOMAC, 56.47
- Dan Thompson, **65-69**, AURO, 1:04.14

Day 3, May 26, 2024

50 Free

Female

- Cathy Merritt, **70-74**, SOM, 32.96
- Glad Bryce, **90-94**, SOM, 1:05.42

Male

- Aly Abdel Khalik, **30-34**, EOMAC, 23.46
- Min Kwang Shu, **35-39**, EOMAC, 23.14
- Dan Thompson, **65-69**, AURO, 26.58
- Ron Armstrong, **70-74**, EOMAC, 29.48
- Ami Trauber, **85-59**, NTMS, 39.26

200 Medley Relay

Female

- G Gagnier, L Pattinson, M Bornais, H Wiley, **72-99**, WESTM, 2:24.50

Male

- R Safta, J Wei, J Pardo, M Usov, **72-99**, WESTM, 1:52.49
- P McKinnon, M Shu, M Look Yan, A Abdel Khalik, **160-199**, EOMAC, 1:47.66
- J Culp, B Sheridan, R Armstrong, T Naylor, **280-319**, EOMAC, 2:23.24

400 Medley Relay

Female

- H Wiley, G Gagnier, L Pattinson, M Bornais, **72-99**, WESTM, 4:43.53
- N Sevigny, b zirger, L Rusu, S El Attar, **280-319**, TECH, 6:45.29

Male

- J Wei, N Martin, J Pardo, M Usov, **72-99**, WESTM, 3:46.83
- R Jack, m olsen, H Rastan, M Heath-Eves, **320-539**, TECH, 7:09.12

50 Back

Female

- Chris Macdonald, **65-59**, BRCK, 38.42

Male

- Peter McKinnon, **60-64**, EOMAC, 29.56

1500 Free

Female

- Brigitte Zirger, **70-74**, TECH, 26:05.65

Male

- Sebastian Paulins, **25-29**, BACM, 15:05.08

800 Free

Female

- Brigitte Zirger, **70-74**, TECH, 13:56.36

930 50 Fly

Men

- Chris Smith, **90-94**, AURO, 1:59.39