



Overall Schedule

Athletes must attend the Safety Briefing
Athletes must be at registration at least 1 hour before race start time

Saturday					
Safety Briefing	8:15	Volleyball Court			
Race / Registration Time	Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
1 KM Race Registration Opens at 7:30 AM	8:45	15 & over Male	1	Light Blue	21
	9:00	15 & over Female	1	Yellow	28
	9:15	11-14 Male	1	White	25
	9:25		2	Red	25
	9:35		3	Teal	23
	9:50	11-14 Female	1	Orange	30
	10:00		2	Pink	30
	10:10		3	Green	30
	10:25	Masters Male	1	White	19
	10:35	Masters Female	1	Pink	19
Safety Briefing	11:00	Volleyball Court			
Race / Registration Time	Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
2 KM RACE Registration Opens at 10:00 AM	11:45	15 & over Male	1	Pink	28
	11:55		2	Orange	29
	12:10	15 & over Female	1	Red	25
	12:20		2	White	20
	12:35	12-14 Male	1	Yellow	20
	12:45		2	Pink	21
	1:00	12-14 Female	1	Orange	28
	1:15		2	White	28
	1:30	Masters Male	1	Red	27
	1:40	Master Female	1	Green	26



Overall Schedule

Athletes must attend the Safety Briefing

Athletes must be at registration at least 1 hour before race start time

Saturday					
Race / Registration Time	Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
Relays Registration Opens at 2:00 PM	3:15	Age Group Relays	1	Orange	21 x 4 On white course
	3:30		3	Red	20 x 4 On yellow course
	4:15		2	Pink	19 x 4 On white course
	4:30	Masters Relays	1	Red	12 x 4 on yellow course
Sunday					
Safety Briefing	8:15	Volleyball Court			
Race / Registration Time	Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
3 KM RACE Registration Opens at 8:00 AM	9:15	14 & Over Male	1	Pink	15
	9:30	14 & Over Female	1	White	26
	9:45	Masters (combined genders)	1	Orange	24
Safety Briefing	11:00	Volleyball Court			
5 KM RACE Registration Opens at 10:00 AM	11:45	Age Group Male	1	Pink	27
	12:00	Age Group Female	1	Orange	21
	12:45	Masters (combined genders)	1	Red	18