

Schedule Session No. 1 - IM FAST Challenge

2024-12-15 - 13:45

Warmup: 13:00 until 13:40

13:45	1.	50m Butterfly	Women	Timed Final	18 +	0:08	5 Heats	43
13:53	2.	50m Butterfly	Men	Timed Final	18 +	0:10	7 Heats	67
14:03	3.	50m Backstroke	Women	Timed Final	18 +	0:10	6 Heats	53
14:13	4.	50m Backstroke	Men	Timed Final	18 +	0:11	7 Heats	65
14:24	5.	50m Breaststroke	Women	Timed Final	18 +	0:09	6 Heats	54
14:33	6.	50m Breaststroke	Men	Timed Final	18 +	0:10	7 Heats	64
14:43	7.	50m Freestyle	Women	Timed Final	18 +	0:08	6 Heats	57
14:51	8.	50m Freestyle	Men	Timed Final	18 +	0:09	7 Heats	67
15:00	9.	100m Medley	Women	Timed Final	18 +	0:15	6 Heats	52
15:15	10.	100m Medley	Men	Timed Final	18 +	0:15	7 Heats	69
15:30	End of session				Total duration	1:45		