

# ONTARIO AGE GROUPS OAG-TPASC Event and Format Update

Following the completion of the entry process, Swim Ontario would like to announce the following changes to the events schedule for the 15 and Over competition at TPASC.

While not ideal, these changes will allow for all entered swimmers to compete in their qualified events. As well as allow for the preliminary sessions to run with a reasonable timeline.

The revised meet package has been posted and can be found [HERE](#)

Please read through the changes below and adjust all plans accordingly;

- All relay events have been cancelled
- Distance Only Session: Thursday and Sunday
  - A 25 minute warm-up session will take place following the prelim session
  - All heats of the distance events will be swum in the Distance Session with seeding as per meet package (LCM then SCM regardless of age) fastest to slowest alternating genders.
  - **There will be no fastest heats in finals.**
  - **The Dive Tank will **not** be available on Thursday from 1:15 PM until 4:30 PM for warm-up/cooldown.**
  - Due to the addition of the distance only sessions and the noted session lengths, Swim Ontario is requesting each club's assistance in providing additional timers or officials especially for the Thursday and Sunday distance sessions.
  - **Clubs are required to provide a volunteer personal timer for their swimmer on those days to assist in managing the plunger for the respective swimmer during the event.**
  - As in other jurisdictions, volunteer timers can be a parent or guardian or other individual over the age of 13, including swimmers entered in the competition.
  - Coaches can also pre-assign their volunteer timers by using this [Jotform](#) or provide the names when doing positive check-in during the prelim session
  - **Any swimmer/entrant without a timer in their lane may not receive an official time.**
  - Check-in details for all volunteers will be circulated prior to the competition
  - All volunteer timers will need to check-in with the Admin desk prior to their assignment.
  - **Anyone wishing to stay for a longer period is welcome to, parking vouchers will be provided to those staying an hour or more.**
  - Volunteer hours for high school volunteers will also be accommodated.

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- Saturday Prelims Session;
  - Change to Event Order to reflect the following;
    - SPO 50 Back
    - PARA (S1-5) 50 Back
    - PARA (S1-2 & S6-14) 100 Back
    - 200 Back
    - 100 Free
    - SPO 100 Free
    - PARA (S1-14) 100 Free
    - 400 IM
- Event Seeding: 400m Events
  - The 400m events will be seeded as follows for the preliminary sessions;
  - All times will be converted to LCM
  - Seeding will be fastest to slowest with fastest 3 heats circle seeded
  - The first three heats women and first three heats of men followed by alternating heats by gender
- Finals Session Warm-Ups
  - Warm-up times have been adjusted to accommodate the additional distance sessions and length of sessions on Saturday.
  - Thur, Fri, Sat - WU begins at 5:00 PM for a 6:00 PM Start
  - Sunday - WU begins at 5:30 PM for a 6:30 PM Start
- Warm-up Protocols
  - **Pace lanes will NOT be available during the warm-up sessions at this competition.** Plan accordingly.
  - Split warm-up schedules will need to be followed.
  - Deck access will be 6:30 AM and the start of the first warm-up will be 6:50 AM.
  - We ask that swimmers who are not racing in the session not participate in warm-up periods.
  - Coaches are responsible to directly supervise their athletes during warm-ups.



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## Finals and Awards

- This competition is **not** a provincial championship
- There will be no team scoring or high point awards.
- Due to time constraints we will not scroll results after each event during the preliminary session.
- Results will be posted at the Admin Desk.
- Scratches for finals will be done via an online form.
- There will be no call room during finals.
- There will be no positive check-in during finals.
- Finalists will be responsible for self marshalling for each final.
- ALL alternates will report to the Admin Desk and be ready to swim in case of a missing swimmer in finals.
- The top three finishers in each age group will receive medals.
- Athletes are asked to come directly to the awards area after their race to receive their medal.