

RACE VIDEO ANALYSIS

2025 Ontario Age Groups

MPAC/TPASC, Toronto, Feb 27 - Mar 2, 2025

RaceTek Race Video - Finals: Swim Ontario has arranged for RaceTek to provide full Race Video coverage for all Finals at the Summer OSC, TPASC. Race Videos will be made available to all Swim Ontario affiliated Clubs/Teams.

- Each Final will have three (3) Race Videos and will be named according to the Meet Name, Gender, Age Category, Event Name and Lanes (L0-2, L3-6 & L7-9).
 - Sample file naming protocol: 20250AG-W/M-15-200IM-FNL-L3-6
- During the Competition, Race Video files will be uploaded to DropBox and made available to all Ontario Clubs / Teams (see link below).
 - TPASC-250AG LINK: <u>https://www.dropbox.com/scl/fo/ajaw430hagnwpdnfalj5x/AFJPCtJ4wUIxgEqyxY</u> wE-Kk?rlkey=r6j1htuz5a6ixbyifubgnrb5d&st=8kkt9nof&dl=0
 - MPAC-250AG LINK: <u>https://www.dropbox.com/scl/fo/pkslf7yumv1k752742fjg/AHvtrwsDmMzHn77leli</u> <u>JZxA?rlkey=k8tjt712yqufcsqahwy7pzpv5&st=tketlxrg&dl=0</u>

RaceTek Race Analysis Data Reports can be ordered for all Finalists Pre/post-competition. Orders for Team Race Analysis Data Reports will be uploaded to a dedicated Club/Team Dropbox folder.

- Race Analysis Data Report Orders (Samples below):
 - Individual Pricing (9 or less Race Analysis Data Reports):
 - 50/100 Events \$12.00/Data Report
 - 200m Events \$16.00/Data Report
 - 400m Events \$20.00/Data Report
 - 800m /1500m \$30.00/Data Reports
 - Team Pricing (10 or more Race Analysis Data Reports):
 - All races \$12.00 per Data Report (except 800/1500 \$24.00).
- CompTrak Model & Race Plan Models (Samples below):
 - The CompTrak Model includes the Race Analysis Data Output.
 - CompTrak also includes Race Plan Data as a comparable.
 - Pricing (all events): \$12.00/Report or Plan

For Further Information

Contact Ken Olson: text: 403-815-5516 or email: ken@racetek.ca

RaceTek Systems Inc. - www.racetek.ca



Video Race Analysis Data Report (VRA): This is a "real time" Race Data Report (.html). This interactive report measures key swim-metrics data elements that can be used to objectively evaluate a race (Starts, Turns, Finishes, Split Times, Distance per Stroke, and Stroke Rates.

Sample:

https://racetek.ca/wp-content/uploads/2025/01/VRA-DATA-REPORT-100FLY-LC-SAMPLE-1.pdf

CompTrak Data Report: This data model uses VRA data to display each race on a oneline data entry. Each entry is displayed so that it can be compared to previous performances, Race Plan Data and World Performance Data.

Sample:

https://www.racetek.ca/new/wp-content/uploads/2019/09/comptrak model-womens 100 fly.pdf

Additional RaceTek Data Services

(contact ken@racetek.ca)

RacePlan Sheet: Modeled after the best World Swimmers but scaled up/down to each individual and their target time.

https://racetek.ca/wp-content/uploads/2025/01/RacePlanModel-Mens-200IM-LC-Sample.pdf

Practice Plan Sheet: Taken from the Race Plan but organized for efficient use in practice.

https://racetek.ca/wp-content/uploads/2025/01/PracticePlanModel-Mens-200IM-LC-Sample.pdf

Practice Q-Card: Suitable for lamination - take to workout.

https://racetek.ca/wp-content/uploads/2025/01/Practice-Q-Card-Mens-200IM-LC-Sample.pdf

Registration for Race Analysis Data and CompTrak can be made before, during or after the competition. The data reports will be assembled after the competition.

Please provide a list of your VRA Data Report Request, including – Contact Info, Team Code, Gender, Name, Age Category-Event Name.

Send list to ken@racetek.ca or text 403-815-5516

For detailed information about RaceTek's Integrated Race Analysis System visit the RaceTek website - <u>www.racetek.ca</u>