



OSA Selection Procedure: 2025-26

The following steps are an outline of the of the application process for the full-time OSA daily training environment.

- 1) Swimmer/parent or coach contacts Swim Ontario Karen Wilson at karen@swimontario.com
- 2) Athletes will be checked against the OSA consideration times:
 - a) Two consideration times are required for application **but does not guarantee acceptance into the program. A one week tryout will be required of all athletes to assess their current fitness, skill development and coachability.**
- 3) Family must be registered with a home club and be a member in good standing and must inform home coach/club of swimmers interest in the OSA program.
- 4) Inform the family that Swim Ontario will be communicating with their home club's head coach once the family has initiated discussion with home coach.
- 5) If an OSA consideration standard is evident, an interview/meeting is scheduled with OSA Coach & Team Manager
- 6) If interview and tryout is successful, final acceptance is approved by OSA Coach & Team Manager Then Home Coach/Club will be notified of acceptance into the OSA program.
- 7) Team Manager will make arrangements for the athlete to register with OSA. Athlete/Parents sign the OSA Athletes Agreement.
- 8) Team Manager will make arrangement for athlete to complete the Healthy Athlete – Medical Testing program/protocol with CSIO.
- 9) Athlete has a 6 week probationary period upon joining the OSA program.
- 10) Coach Don Burton to discuss & collaborate competition logistics and planning with home club coach.