



# Rules & Regulations 2026

## 1 Introduction and Event Key Dates

The Luxembourg Euro Meet is organised by the Luxembourg Swimming Federation (FLNS). The 26<sup>th</sup> edition of the Luxembourg Euro Meet has been requested to World Aquatics to be classified as a qualifying event for the World Aquatics Championships in Beijing.

The key dates are:

|                                        |                                                                                       |
|----------------------------------------|---------------------------------------------------------------------------------------|
| Saturday 1 <sup>st</sup> November 2025 | Registration opening via <a href="https://app.euromeet.lu">app.euromeet.lu</a>        |
| Friday 16 <sup>th</sup> January 2026   | Registration closing at midnight<br>Reservation deadline for meals and transportation |
| Tuesday 27 <sup>th</sup> January 2026  | Team Leaders Meeting at 20:00 CET via Zoom                                            |

## 2 Rules & Regulations

### 2.1 Rules

The Luxembourg Euro Meet will be held under the rules of World Aquatics (AQUA) and the Luxembourg Swimming Federation. Every swimmer who is member of a team, club or national federation, registered with AQUA, may participate.

### 2.2 Pool

Luxembourg Euro Meet takes place at the Aquatic Centre of d'Coque.

Address of the d'Coque is 2, rue Léon Hengen, L-1745 Luxembourg ([www.coque.lu](http://www.coque.lu)).

The venue has a 50m competition pool with 10 lanes and with a depth of 2.2m, a 50m training pool with 6 lanes and a 25m warm-up pool with 4 lanes.

Time keeping is operated by electronic SWISS timing and backstroke ledges are available.

### 2.3 Age categories

| <b>Age categories</b> | <b>Open</b>  | <b>Junior</b>  | <b>Youth</b> |
|-----------------------|--------------|----------------|--------------|
| Men                   | 2007 & older | 2008/2009/2010 | 2011/2012    |
| Women                 | 2007 & older | 2008/2009/2010 | 2011/2012    |

No entries are accepted for girls and boys born 2013 or after.

## 2.4 Competition programme and time standards

| Programme - Heat Sessions                           |                        |   |               |                     | Time Standards<br>(to be achieved in 50m pools only,<br>as of 1 <sup>st</sup> January 2024) |          |          |
|-----------------------------------------------------|------------------------|---|---------------|---------------------|---------------------------------------------------------------------------------------------|----------|----------|
| Session 1 - Friday, 30 <sup>th</sup> January 2026   |                        |   |               |                     | Open                                                                                        | Junior   | Youth    |
| 1                                                   | 400m Individual Medley | W | direct finals | 60 fastest entries  | 05:21.20                                                                                    | 05:37.00 | 05:48.00 |
| 2                                                   | 400m Individual Medley | M | direct finals | 60 fastest entries  | 04:50.80                                                                                    | 05:08.00 | 05:17.90 |
| 3                                                   | 200m Butterfly         | W | heats         | 120 fastest entries | 02:26.60                                                                                    | 02:35.10 | 02:40.20 |
| 4                                                   | 200m Butterfly         | M | heats         | 120 fastest entries | 02:12.50                                                                                    | 02:20.30 | 02:24.90 |
| 5                                                   | 800m Freestyle         | W | direct finals | 40 fastest entries  | 09:30.00                                                                                    | 10:00.00 | 10:20.00 |
| 6                                                   | 1500m Freestyle        | M | direct finals | 30 fastest entries  | 17:00.00                                                                                    | 17:40.00 | 18:10.00 |
| 7                                                   | 100m Backstroke        | W | heats         |                     | 01:08.30                                                                                    | 01:12.20 | 01:14.60 |
| 8                                                   | 100m Backstroke        | M | heats         |                     | 01:01.60                                                                                    | 01:05.20 | 01:07.30 |
| 9                                                   | 50m Butterfly          | W | heats         |                     | 00:30.10                                                                                    | 00:31.80 | 00:32.80 |
| 10                                                  | 50m Butterfly          | M | heats         |                     | 00:26.60                                                                                    | 00:28.20 | 00:29.10 |
| Session 3 - Saturday, 31 <sup>st</sup> January 2026 |                        |   |               |                     |                                                                                             |          |          |
| 11                                                  | 50m Breaststroke       | W | Heats         |                     | 00:35.70                                                                                    | 00:37.70 | 00:39.00 |
| 12                                                  | 50m Breaststroke       | M | heats         |                     | 00:31.30                                                                                    | 00:33.10 | 00:34.10 |
| 13                                                  | 50m Backstroke         | W | heats         |                     | 00:32.40                                                                                    | 00:34.30 | 00:35.40 |
| 14                                                  | 50m Backstroke         | M | heats         |                     | 00:28.90                                                                                    | 00:30.60 | 00:31.60 |
| 15                                                  | 200m Freestyle         | W | heats         | 120 fastest entries | 02:13.00                                                                                    | 02:19.00 | 02:26.00 |
| 16                                                  | 200m Freestyle         | M | heats         | 120 fastest entries | 02:02.00                                                                                    | 02:06.50 | 02:13.50 |
| 17                                                  | 100m Butterfly         | W | heats         |                     | 01:06.50                                                                                    | 01:10.40 | 01:12.70 |
| 18                                                  | 100m Butterfly         | M | heats         |                     | 00:59.30                                                                                    | 01:02.80 | 01:04.50 |
| 19                                                  | 200m Breaststroke      | W | heats         | 120 fastest entries | 02:46.50                                                                                    | 02:56.00 | 03:00.00 |
| 20                                                  | 200m Breaststroke      | M | heats         | 120 fastest entries | 02:29.20                                                                                    | 02:37.90 | 02:43.00 |
| 21                                                  | 50m Freestyle          | W | heats         |                     | 00:28.30                                                                                    | 00:29.50 | 00:30.50 |
| 22                                                  | 50m Freestyle          | M | heats         |                     | 00:25.00                                                                                    | 00:26.50 | 00:27.50 |
| 23                                                  | 1500m Freestyle        | W | direct finals | 30 fastest entries  | 18:44.00                                                                                    | 19:29.00 | 20:02.30 |
| 24                                                  | 800m Freestyle         | M | direct finals | 40 fastest entries  | 08:57.40                                                                                    | 09:18.90 | 09:34.70 |
| Session 5 - Sunday, 1 <sup>st</sup> February 2026   |                        |   |               |                     |                                                                                             |          |          |
| 25                                                  | 400m Freestyle         | W | heats         | 60 fastest entries  | 04:42.20                                                                                    | 04:51.00 | 04:58.00 |
| 26                                                  | 400m Freestyle         | M | heats         | 60 fastest entries  | 04:18.00                                                                                    | 04:28.00 | 04:34.00 |
| 27                                                  | 100m Breaststroke      | W | heats         |                     | 01:16.90                                                                                    | 01:21.40 | 01:24.10 |
| 28                                                  | 100m Breaststroke      | M | heats         |                     | 01:08.60                                                                                    | 01:12.60 | 01:15.00 |
| 29                                                  | 200m Backstroke        | W | heats         | 120 fastest entries | 02:28.00                                                                                    | 02:36.00 | 02:40.50 |
| 30                                                  | 200m Backstroke        | M | heats         | 120 fastest entries | 02:13.90                                                                                    | 02:21.70 | 02:25.00 |
| 31                                                  | 200m Individual Medley | W | heats         | 120 fastest entries | 02:31.00                                                                                    | 02:41.00 | 02:46.00 |
| 32                                                  | 200m Individual Medley | M | heats         | 120 fastest entries | 02:16.10                                                                                    | 02:24.10 | 02:28.90 |
| 33                                                  | 100m Freestyle         | W | heats         |                     | 01:01.70                                                                                    | 01:05.00 | 01:07.00 |
| 34                                                  | 100m Freestyle         | M | heats         |                     | 00:55.00                                                                                    | 00:57.00 | 01:00.00 |

Luxembourg Euro Meet is staged over 3 days with preliminary heats in the morning sessions. Fastest heats in long distance events and A & B Finals are scheduled in the afternoon sessions. All events are swum in 10 lanes. The following entry restrictions apply:

- 800m Freestyle  
Direct final with maximum 40 swimmers (4 heats) selected based on the 30 fastest overall entry times, next 5 fastest entry times Junior and next 5 fastest entry times Youth.
- 1500m Freestyle  
Direct final with maximum 30 swimmers (3 heats) selected based on the 20 fastest overall entry times, next 5 fastest entry times Junior and next 5 fastest entry times Youth.
- 400m Freestyle / 400m Individual Medley  
Maximum 60 swimmers (6 heats) selected based on the 50 fastest overall entry times, next 5 fastest entry times Junior and next 5 fastest entry times Youth.

|                                                                                      |                           |
|--------------------------------------------------------------------------------------|---------------------------|
| Direct finals for all age categories                                                 | Events 1, 2, 5, 6, 23, 24 |
| A-finals only for the 10 fastest swimmers of the heats, regardless of age category   | Events 25, 26             |
| A- and B-finals for the 20 fastest swimmers of the heats, regardless of age category | all other events          |

The entry times must be 50m pool times and must not be older than 1<sup>st</sup> January 2024. Each entry must be accompanied by an official written confirmation stating the place and date of the entry time or it will be rejected otherwise.

To guarantee a fluid competition, a maximum of 3,000 entries are accepted.

The organiser reserves the right to:

- reject entries after the registration deadline to manage the session times.
- allocate starts to swimmers affiliated to FLNS, regardless of entry time.

## 2.5 Heat sessions (sessions 1, 3 and 5)

The organiser reserves the right to divide sessions 1, 3 and 5 into groups of slower and faster heats. In this case, the morning heat sessions start with the group of faster heats followed by the slower heats respectively the direct finals. The starting times of the heat sessions depend on the number of entries.

## 2.6 Final sessions (sessions 2, 4 and 6)

The afternoon final sessions 2, 4 and 6 start with all B finals followed by the A finals. The starting times of the final sessions are communicated before the start of the competition.

| Programme 2026 - Finals                             |   |              |                                                       |   |              |                                                     |   |         |
|-----------------------------------------------------|---|--------------|-------------------------------------------------------|---|--------------|-----------------------------------------------------|---|---------|
| Session 2 - Friday<br>30 <sup>th</sup> January 2026 |   |              | Session 4 - Saturday<br>31 <sup>st</sup> January 2026 |   |              | Session 6 - Sunday<br>1 <sup>st</sup> February 2026 |   |         |
| B Finals                                            |   |              | B Finals                                              |   |              | B Finals                                            |   |         |
| 200m Butterfly                                      | W | B Final      | 50m Breaststroke                                      | W | B Final      | 100m Breaststroke                                   | W | B Final |
| 200m Butterfly                                      | M | B Final      | 50m Breaststroke                                      | M | B Final      | 100m Breaststroke                                   | M | B Final |
| 100m Backstroke                                     | W | B Final      | 50m Backstroke                                        | W | B Final      | 200m Backstroke                                     | W | B Final |
| 100m Backstroke                                     | M | B Final      | 50m Backstroke                                        | M | B Final      | 200m Backstroke                                     | M | B Final |
| 50m Butterfly                                       | W | B Final      | 200m Freestyle                                        | W | B Final      | 200m IM                                             | W | B Final |
| 50m Butterfly                                       | M | B Final      | 200m Freestyle                                        | M | B Final      | 200m IM                                             | M | B Final |
|                                                     |   |              | 100m Butterfly                                        | W | B Final      | 100m Freestyle                                      | W | B Final |
|                                                     |   |              | 100m Butterfly                                        | M | B Final      | 100m Freestyle                                      | M | B Final |
|                                                     |   |              | 200m Breaststroke                                     | W | B Final      |                                                     |   |         |
|                                                     |   |              | 200m Breaststroke                                     | M | B Final      |                                                     |   |         |
|                                                     |   |              | 50m Freestyle                                         | W | B Final      |                                                     |   |         |
|                                                     |   |              | 50m Freestyle                                         | M | B Final      |                                                     |   |         |
| A Finals                                            |   |              | A Finals                                              |   |              | A Finals                                            |   |         |
| 400m IM                                             | M | Fastest Heat | 200m Freestyle                                        | W | A Final      | 400m Freestyle                                      | W | A Final |
| 400m IM                                             | W | Fastest Heat | 50m Breaststroke                                      | W | A Final      | 100m Breaststroke                                   | M | A Final |
| 200m Butterfly                                      | W | A Final      | 50m Breaststroke                                      | M | A Final      | 100m Breaststroke                                   | W | A Final |
| 200m Butterfly                                      | M | A Final      | 200m Freestyle                                        | W | VC           | 400m Freestyle                                      | M | A Final |
| 400m IM                                             | M | VC           | 50m Breaststroke                                      | W | VC           | 400m Freestyle                                      | W | VC      |
| 400m IM                                             | W | VC           | 50m Breaststroke                                      | M | VC           | 100m Breaststroke                                   | M | VC      |
| 800m Freestyle                                      | W | Fastest Heat | 50m Backstroke                                        | W | A Final      | 200m Backstroke                                     | W | A Final |
| 1500m Freestyle                                     | M | Fastest Heat | 50m Backstroke                                        | M | A Final      | 200m IM                                             | M | A Final |
| 200m Butterfly                                      | W | VC           | 100m Butterfly                                        | W | A Final      | 100m Freestyle                                      | W | A Final |
| 200m Butterfly                                      | M | VC           | 200m Freestyle                                        | M | A Final      | 100m Freestyle                                      | M | A Final |
| 100m Backstroke                                     | W | A Final      | 50m Backstroke                                        | W | VC           | 100m Breaststroke                                   | W | VC      |
| 100m Backstroke                                     | M | A Final      | 50m Backstroke                                        | M | VC           | 400m Freestyle                                      | M | VC      |
| 800m Freestyle                                      | W | VC           | 100m Butterfly                                        | W | VC           | 200m Backstroke                                     | W | VC      |
| 1500m Freestyle                                     | M | VC           | 50m Freestyle                                         | W | A Final      | 200m IM                                             | W | A Final |
| 50m Butterfly                                       | W | A Final      | 50m Freestyle                                         | M | A Final      | 200m Backstroke                                     | M | A Final |
| 50m Butterfly                                       | M | A Final      | 200m Breaststroke                                     | W | A Final      | 200m IM                                             | M | VC      |
| 100m Backstroke                                     | W | VC           | 100m Butterfly                                        | M | A Final      | 100m Freestyle                                      | W | VC      |
| 100m Backstroke                                     | M | VC           | 1500m Freestyle                                       | W | Fastest Heat | 100m Freestyle                                      | M | VC      |
| 50m Butterfly                                       | W | VC           | 200m Freestyle                                        | M | VC           | 200m IM                                             | W | VC      |
| 50m Butterfly                                       | M | VC           | 50m Freestyle                                         | W | VC           | 200m Backstroke                                     | M | VC      |
|                                                     |   |              | 50m Freestyle                                         | M | VC           |                                                     |   |         |
|                                                     |   |              | 800m Freestyle                                        | M | Fastest Heat |                                                     |   |         |
|                                                     |   |              | 200m Breaststroke                                     | M | A Final      |                                                     |   |         |
|                                                     |   |              | 200m Breaststroke                                     | W | VC           |                                                     |   |         |
|                                                     |   |              | 100m Butterfly                                        | M | VC           |                                                     |   |         |
|                                                     |   |              | 1500m Freestyle                                       | W | VC           |                                                     |   |         |
|                                                     |   |              | 800m Freestyle                                        | M | VC           |                                                     |   |         |
|                                                     |   |              | 200m Breaststroke                                     | M | VC           |                                                     |   |         |

## 2.7 Warm-up and training times

Competition pool: Warm-up from Friday to Sunday from 90 minutes until 15 minutes before the start of each session.

Training pool: Training is possible as follows:

|                      | <b>Wednesday</b> | <b>Thursday</b>  | <b>Friday</b>   | <b>Saturday</b> | <b>Sunday</b>   | <b>Monday</b> |
|----------------------|------------------|------------------|-----------------|-----------------|-----------------|---------------|
| <b>Training pool</b> | 18:00–<br>20:00* | 10:00–<br>21:00* | 07:00–<br>20:00 | 07:00–<br>20:00 | 07:00–<br>19:00 | on request*   |

\* **Booking required:** Please communicate your preferred training times for Wednesday, Thursday and Monday on <http://app.euromet.lu/>

## 2.8 Entry fees

|                                                          |                      |
|----------------------------------------------------------|----------------------|
| One-time entry fee per team, club or national federation | € 50                 |
| Entry fee for an individual event                        | € 16                 |
| Administration fee for "entries not sent via LENEX       | € 5 per manual entry |
| Additional accreditation for team staff, if granted      | € 50                 |
| Fee for accreditation replacement                        | € 25                 |
| Fine for a 'No Show' in an event in a Final session      | € 100                |

All entry fees must be paid before the start of the competition in cash, by credit card (Visa/Master Card) or by bank transfer to the following account:

**Account owner:** FLNS - Euro Meet

**Bank:** POST Finance

**BIC/SWIFT:** CCPLLULL

**IBAN:** LU98 1111 1753 6485 0000

**Reference:** Entry fees – Luxembourg Euro Meet and name of your team, club or national federation.

There is no refund for absent swimmers. No substitutions or additions are accepted after the entry deadline.

## 2.9 Registration deadline

The registration for the 26<sup>th</sup> Luxembourg Euro Meet opens on 1<sup>st</sup> November 2025 and can only be done online via the registration [app.euromet.lu](http://app.euromet.lu). For a detailed description on how to register, please refer to the "Online registration procedure" available on the Euro Meet website.

Registration closes on Friday 16<sup>th</sup> January 2026 at midnight.

## 2.10 Withdrawals for heats

Upon entry deadline, 16<sup>th</sup> January 2026, entry lists are established as soon as possible and published on the website [in the Euro meet App](#)

The entry lists for events 1, 2, 5, 6, 23, 24, 25 and 26 include 10 reserve swimmers:

- 6 Open swimmers
- 2 Junior swimmers
- 2 Youth swimmers

As soon as withdrawals are received, the respective entry lists will be updated.

Withdrawal deadlines for the various sessions are as follows:

| <b>Session</b> | <b>Competition day</b>                  | <b>Withdrawal deadline</b>                      |
|----------------|-----------------------------------------|-------------------------------------------------|
| <b>1</b>       | Friday, 30 <sup>th</sup> January 2026   | Thursday, 29 <sup>th</sup> January 2026 @ 18:00 |
| <b>3</b>       | Saturday, 31 <sup>st</sup> January 2026 | Friday, 30 <sup>th</sup> January 2026 @ 18:00   |
| <b>5</b>       | Sunday, 1 <sup>st</sup> February 2026   | Saturday, 31 <sup>th</sup> January 2026 @ 18:00 |

## 2.11 Withdrawals for finals

Withdrawals from A and B Finals including the reserves must be done not later than 30 minutes after the display of the results of the respective event. Late withdrawals and "No Shows" are fined.

## 2.12 Classification

### Individual classification

Classification in the age categories Youth and Junior is based on the results of the heats/direct finals. Classification in the Open category is based on the results of the A-finals/direct finals.

### Team classification

The team classification ranking is based on sum of the top 30 individual results (AQUA points) realised during the heats.

## 2.13 Prize money

Luxembourg Euro Meet offers € 35,400 of prize money. Prize money for a record is not cumulative for the same athlete in the same event.

|                     |                              |                              |                              |
|---------------------|------------------------------|------------------------------|------------------------------|
| Individual event    | 1 <sup>st</sup> place: € 500 | 2 <sup>nd</sup> place: € 300 | 3 <sup>rd</sup> place: € 200 |
| Team classification | 1 <sup>st</sup> place: € 800 | 2 <sup>nd</sup> place: € 400 | 3 <sup>rd</sup> place: € 200 |

|                 |         |                        |       |
|-----------------|---------|------------------------|-------|
| World Record    | € 3,000 | World Junior Record    | € 750 |
| European Record | € 2,000 | European Junior Record | € 500 |
| Meet Record     | € 300   |                        |       |

In the category Open, prize money is paid in all events to the first 3 swimmers of the A finals and direct finals. In the age groups Junior and Youth, medals are awarded to the first 3 swimmers in each event based on the results achieved in the heats or direct finals if the time standards are reached.

## 2.14 Victory ceremonies

Victory ceremonies for the A finals take place as indicated in the programme.

The time schedule of the victory ceremonies of the age groups is communicated in due time. Swimmers must attend the victory ceremonies to obtain their medals & prizes

## 3 Miscellaneous

### 3.1 Accreditation

Team accreditations are issued to the Team Manager at the Welcome Desk. Accreditations must be picked up before entering the Aquatic Centre and must always be worn. Athletes and coaches are not granted access to the Aquatic Centre without accreditation.

The number of staff accreditation per team, club or national federation is allocated as follows:

| <b>Number of competitors</b> | <b>Maximum number of team staff</b> |
|------------------------------|-------------------------------------|
| 1–2 competitor(s)            | 1                                   |
| 3–5 competitors              | 2                                   |
| 6–10 competitors             | 3                                   |
| 11–15 competitors            | 4                                   |
| 16–20 competitors            | 5                                   |
| ≥21 competitors              | 6                                   |

### 3.2 Access control

All access doors and zones of the Aquatic Centre are guarded by security personnel. Access to the different zones and shuttle buses is only granted with an accreditation.

### 3.3 Resolution Desk

The Resolution Desk is located next to the diving platform and the Call Room. Team leaders should contact the Resolution Desk for technical information.

### 3.4 Call Room

The Call Room is located behind the diving pool. The Call Room for the 50m events is at the turn end of the pool. Athletes are responsible to arrive on time to the Call Room.

### 3.5 Results

There is free wireless internet access in the Aquatic Centre. Live-timing and results will be available on the official website.



### 3.6 Media

Luxembourg Euro Meet is covered by photographers and video cameras. By registering, you allow FLNS and their partners to cover the event and to publish material on their website, social media and media networks.

### 3.7 Liability

FLNS declines all liabilities for theft, accidents or damage of any kind.

### 3.8 Safeguarding and integrity

FLNS is actively engaged, for the benefit of athletes, coaches, officials, referees and other participants in its activities, in the protection of their health, the promotion of their well-being and the fight against all forms of abuse and physical, mental, psychological, sexual or other violence. FLNS further promotes ethics and integrity in sport by combating all practices likely to harm fair and equitable competition.

# Enjoy Luxembourg Euro Meet

Your Luxembourg Euro Meet Team