

2023 Winter Ontario Swimming Champs - 2023-03-02 to 2023-03-05**Session Report**

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Women 100 Backstroke	87	9 u	08:30 AM	_____
Prelims	4 Men 100 Backstroke	86	9 u	08:48 AM	_____
Prelims	201 Women 400 Multi-Class PARA S6-S13 Free	4	1 u	09:04 AM	_____
Prelims	203 Women 200 Multi-Class PARA S1-S5&S14 Free	7	1 u	09:11 AM	_____
Prelims	202 Men 400 Multi-Class PARA S6-S13 Free	5	1 u	09:17 AM	_____
Prelims	204 Men 200 Multi-Class PARA S1-S5 &S14 Free	5	1 u	09:24 AM	_____
Prelims	5 Women 50 Freestyle	101	11 u	09:28 AM	_____
Prelims	6 Men 50 Freestyle	124	13 u	09:39 AM	_____
Prelims	7 Women 200 Breaststroke	57	6 u	09:51 AM	_____
Prelims	8 Men 200 Breaststroke	86	9 u	10:11 AM	_____
Finals-S	103 Women 15 & Over 200 Medley Relay	12	2 u	10:39 AM	_____
Finals-S	102 Men 15 & Under 200 Medley Relay	6	1 u	10:45 AM	_____
Finals-S	104 Men 16 & Over 200 Medley Relay	20	2 u	10:48 AM	_____
Finals-S	106 Men 800 Freestyle Relay	7	1 u	10:53 AM	_____
Finals-S	1 Women 800 Freestyle	22	3 u	11:02 AM	_____
Finals-S	2 Men 800 Freestyle	49	5 u	11:33 AM	_____
	Swimmers Counts for Warm-ups: 513	=====	=====		
	Entry / Heat Totals:	678	75		
	Finish Time			12:20 PM	_____

Session: 3 Friday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	205 Women 50 Multi-Class PARA S1-S14 Free	10	1 u	08:30 AM	_____
Prelims	206 Men 50 Multi-Class PARA S1-S14 Free	13	2 u	08:32 AM	_____
Prelims	11 Women 200 Freestyle	80	8 u	08:34 AM	_____
Prelims	12 Men 200 Freestyle	96	10 u	08:56 AM	_____
Prelims	13 Women 400 IM	49	5 u	09:22 AM	_____
Prelims	14 Men 400 IM	71	8 u	09:51 AM	_____
Prelims	207 Women 50 Multi-Class PARA S1-S7 Fly	4	1 u	10:35 AM	_____
Prelims	209 Women 100 Multi-Class PARA S8-S14 Fly	7	1 u	10:37 AM	_____
Prelims	210 Men 100 Multi-Class PARA S8-S14 Fly	4	1 u	10:39 AM	_____
Prelims	15 Women 100 Butterfly	79	8 u	10:41 AM	_____
Prelims	16 Men 100 Butterfly	109	11 u	10:54 AM	_____
Finals-S	108 Men 15 & Under 400 Freestyle Relay	5	1 u	11:11 AM	_____
Finals-S	109 Women 15 & Over 400 Freestyle Relay	11	2 u	11:16 AM	_____
Finals-S	110 Men 16 & Over 400 Freestyle Relay	17	2 u	11:25 AM	_____
Finals-S	9 Women 1500 Freestyle	11	2 u	11:33 AM	_____
	Swimmers Counts for Warm-ups: 460	=====	=====		
	Entry / Heat Totals:	566	63		
	Finish Time			12:12 PM	_____

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Session: 5 Saturday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	211 Women 100 Multi-Class PARA S1 - S14 Free	11	2 u	08:30 AM	_____
Prelims	212 Men 100 Multi-Class PARA S1 - S14 Free	12	2 u	08:36 AM	_____
Prelims	19 Women 100 Freestyle	87	9 u	08:40 AM	_____
Prelims	20 Men 100 Freestyle	134	14 u	08:54 AM	_____
Prelims	21 Women 200 Butterfly	51	6 u	09:14 AM	_____
Prelims	22 Men 200 Butterfly	59	6 u	09:32 AM	_____
Prelims	213 Women 50 Multi-Class PARA SB1-SB3 Breast	1	1 u	09:49 AM	_____
Prelims	215 Women 100 Multi-Class PARA SB4 -S14 Breast	11	2 u	09:51 AM	_____
Prelims	216 Men 100 Multi-Class PARA SB4 -S14 Breast	7	1 u	09:56 AM	_____
Prelims	23 Women 100 Breaststroke	63	7 u	09:59 AM	_____
Prelims	24 Men 100 Breaststroke	101	11 u	10:12 AM	_____
Finals-S	112 Men 15 & Under 200 Freestyle Relay	6	1 u	10:30 AM	_____
Finals-S	113 Women 15 & Over 200 Freestyle Relay	13	2 u	10:33 AM	_____
Finals-S	114 Men 16 & Over 200 Freestyle Relay	19	2 u	10:38 AM	_____
Finals-S	115 Women 800 Freestyle Relay	6	1 u	10:42 AM	_____
Finals-S	18 Men 1500 Freestyle	30	3 u	10:52 AM	_____
	Swimmers Counts for Warm-ups: 511	=====	=====		
	Entry / Heat Totals:	611	70		
	Finish Time			11:46 AM	_____

Session: 7 Sunday Prelims

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	217 Women 150 Multi-Class PARA SM1-SM4 IM	1	1 u	08:30 AM	_____
Prelims	219 Women 200 Multi-Class PARA SM5-S14 IM	12	2 u	08:36 AM	_____
Prelims	220 Men 200 Multi-Class PARA SM5-S14 IM	5	1 u	08:45 AM	_____
Prelims	25 Women 200 IM	72	8 u	08:48 AM	_____
Prelims	26 Men 200 IM	110	11 u	09:12 AM	_____
Prelims	27 Women 200 Backstroke	78	8 u	09:43 AM	_____
Prelims	28 Men 200 Backstroke	71	8 u	10:09 AM	_____
Prelims	221 Women 50 Multi-Class PARA S1-S5 Back	2	1 u	10:34 AM	_____
Prelims	223 Women 100 Multi-Class PARA S6-S14 Back	10	1 u	10:36 AM	_____
Prelims	224 Men 100 Multi-Class PARA S6-S14 Back	11	2 u	10:39 AM	_____
Prelims	29 Women 400 Freestyle	59	6 u	10:43 AM	_____
Prelims	30 Men 400 Freestyle	66	7 u	11:14 AM	_____
Finals-S	119 Women 15 & Over 400 Medley Relay	10	1 u	11:49 AM	_____
Finals-S	118 Men 15 & Under 400 Medley Relay	4	1 u	11:54 AM	_____
Finals-S	120 Men 16 & Over 400 Medley Relay	12	2 u	11:59 AM	_____
	Swimmers Counts for Warm-ups: 419	=====	=====		
	Entry / Heat Totals:	523	60		
	Finish Time			12:09 PM	_____