

Disqualification Wording - Reference Card

The Start
Delayed the start / Wilfully disobeyed an order / Misconduct at the start
False Start / Initiated start before the signal
Freestyle
Did not touch the wall at (m turn / finish)
Failed to break surface of water throughout race before (m turn / finish) <after 15m="" by="" mark="" surfacing=""></after>
Head did not break surface of water by the 15M mark after (start / m turn)
Backstroke
Toes bent over the lip of the gutter at the start
Failed to have at least one toe of each foot in contact with wall when using backstroke ledge
Failed to remain on back (after the start / after m turn / upon the finish)
Failed to break surface of the water throughout the race after 15M mark after (start / m turn)
Head did not break surface of the water by the 15M mark after (start /m turn)
Once on breast, failed to (immediately initiate / continuously) turn atm
Left the wall on the breast after (start / m turn)
Breaststroke
Took more than one arm stroke back to the legs after (start / m turn)
Performed more than one butterfly kick prior to first breaststroke kick after (start /m turn)
Head did not break the water surface before hands turned inwards at 2nd stroke after (start /m turn)
Body not on the breast after (start /m turn)
Failed to maintain stroke cycle of one arm stroke and one kick in that order (after the start / afterm turn)
Arm movement not simultaneous (after the start / afterm turn)
Elbows not under the water during race (after the start / afterm turn) <except at="" finish?<="" or="" td="" turn=""></except>
Brought hands back beyond hipline during stroke after (start /m turn) <except after="" at="" one="" or="" start="" td="" turn?<=""></except>
Failed to have part of head break water surface during each stroke cycle after (start /m turn)
Leg movement not simultaneous after (start /m turn)
Performed an (alternating leg movement / downward Butterfly kick) after (start /m turn)
Failed to turn feet outward during propulsive part of kick after (start /m turn)
Did not perform a (separated / simultaneous) two hand touch at (m turn / finish)
Butterfly
Head did not break surface of water by the 15M mark after (start / m turn)
Body not on the breast after (start /m turn)
Did not bring arms forward simultaneously together (over / under) the water after (start / m turn)
Did not move their legs up and down simultaneously after (start /m turn)
Performed a (breaststroke / alternating) kick after (start /m turn)
Did not perform a (separated / simultaneous) two hand touch at (m turn / finish)
Performed more than one arm pull underwater after (start / m turn)
Did not remain on surface before (m turn / finish) <after 15m="" by="" mark="" surfacing=""></after>
Medley Swimming
Swam Individual Medley in incorrect order <should <<="" back,="" be="" breast,="" fly,="" free="" td=""></should>
Swam more than one quarter of the distance as (Fly / Back / Breast / Free)
During Freestyle, failed to return to the breast before any kick or stroke after (start /m turn)
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During Freestyle, failed to return to the breast before any kick or stroke after (start /m turn)
During Freestyle, failed to return to the breast before any kick or stroke after (start /m turn) Swam Medley Relay in incorrect order The Race Did not cover whole distance
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