



2026-2027 Time Standards

ONTARIO CONSIDERATION TIMES

FEMALE								EVENTS	MALE							
17&O	16	15	14	13&U	12	11&U			11&U	12	13	14	15	16	17&O	
28.51	28.79	29.08	29.41	29.44	30.84	32.17	SCM	50 Freestyle	SCM	32.56	29.96	27.91	27.16	26.45	25.91	25.58
29.07	29.37	29.66	30.00	30.03	30.71	32.81	LCM		LCM	33.21	30.56	28.47	27.71	26.97	26.43	26.09
1:01.66	1:02.26	1:03.32	1:03.69	1:04.01	1:07.73	1:10.89	SCM	100 Freestyle	SCM	1:11.84	1:05.79	1:01.36	59.48	57.77	56.67	55.98
1:02.88	1:03.51	1:04.59	1:04.96	1:05.29	1:09.08	1:12.30	LCM		LCM	1:13.28	1:07.11	1:02.59	1:00.67	58.93	57.80	57.10
2:14.52	2:15.87	2:17.50	2:18.88	2:20.29	2:27.77	2:35.48	SCM	200 Freestyle	SCM	2:35.72	2:24.32	2:14.57	2:09.65	2:06.76	2:04.26	2:02.58
2:18.55	2:19.94	2:20.55	2:22.86	2:23.15	2:30.72	2:38.59	LCM		LCM	2:38.83	2:27.21	2:17.26	2:12.25	2:10.10	2:07.98	2:06.25
4:43.93	4:46.81	4:49.70	4:52.62	4:55.58	5:12.90	5:30.10	SCM	400 Freestyle	SCM	5:28.67	5:06.41	4:47.20	4:36.39	4:32.59	4:26.90	4:23.18
4:49.61	4:52.54	4:55.49	4:58.47	5:01.49	5:19.16	5:36.70	LCM		LCM	5:35.24	5:12.54	4:52.94	4:41.91	4:38.04	4:32.23	4:28.44
9:52.94	9:58.92	10:04.98	10:11.09	10:15.70	10:48.00	11:22.76	SCM	800 Freestyle	SCM	10:41.74	10:35.32	9:56.26	9:39.44	9:27.50	9:20.00	9:14.62
10:04.79	10:10.90	10:17.07	10:23.31	10:28.02	11:00.95	11:36.41	LCM		LCM	10:54.57	10:48.03	10:08.19	9:51.03	9:38.85	9:31.20	9:25.71
19:10.02	19:21.64	19:33.38	19:45.22	19:57.20			SCM	1500 Freestyle	SCM			19:09.63	18:41.39	18:25.08	17:58.50	17:47.70
19:33.03	19:44.87	19:56.84	20:08.93	20:21.14			LCM		LCM			19:32.63	19:03.82	18:47.19	18:20.06	18:09.06
32.38	32.72	33.09	33.29	33.80	35.87	37.45	SCM	50 Backstroke	SCM	38.36	35.27	32.21	30.90	30.37	29.25	29.19
33.03	33.37	33.75	33.95	34.47	36.58	38.20	LCM		LCM	39.12	35.97	32.85	31.52	30.98	29.84	29.78
1:09.99	1:10.81	1:12.28	1:12.64	1:13.86	1:17.40	1:21.31	SCM	100 Backstroke	SCM	1:23.00	1:17.00	1:10.74	1:08.15	1:06.03	1:04.33	1:03.69
1:11.39	1:12.23	1:13.73	1:14.09	1:15.34	1:18.94	1:22.94	LCM		LCM	1:24.66	1:18.54	1:12.16	1:09.51	1:07.36	1:05.62	1:04.96
2:31.43	2:32.96	2:35.24	2:37.43	2:39.08	2:46.08	2:53.19	SCM	200 Backstroke	SCM	2:56.67	2:45.52	2:32.60	2:27.80	2:23.68	2:21.37	2:19.95
2:35.98	2:37.55	2:39.64	2:41.48	2:42.26	2:49.40	2:56.65	LCM		LCM	3:00.21	2:48.83	2:35.76	2:30.76	2:27.98	2:25.25	2:24.15
36.17	36.27	36.45	36.62	37.59	40.26	42.29	SCM	50 Breaststroke	SCM	42.71	39.38	35.22	34.17	33.58	32.54	32.06
36.90	36.98	37.17	37.36	38.35	41.07	43.14	LCM		LCM	43.56	40.16	35.92	34.85	34.25	33.19	32.70
1:19.99	1:20.79	1:21.61	1:22.42	1:23.15	1:28.77	1:32.94	SCM	100 Breaststroke	SCM	1:33.33	1:26.18	1:18.29	1:16.39	1:14.06	1:12.91	1:12.02
1:21.59	1:22.40	1:23.23	1:24.07	1:24.81	1:30.54	1:34.79	LCM		LCM	1:35.20	1:27.91	1:19.85	1:17.92	1:15.54	1:14.37	1:13.46
2:53.47	2:55.22	2:57.00	2:58.78	3:00.59	3:11.27	3:19.17	SCM	200 Breaststroke	SCM	3:18.78	3:05.58	2:51.61	2:48.04	2:41.31	2:39.48	2:37.90
2:58.68	3:00.48	3:02.31	3:04.00	3:05.79	3:15.09	3:23.15	LCM		LCM	3:22.76	3:09.28	2:55.05	2:51.40	2:46.15	2:44.27	2:42.27
30.06	30.43	30.54	30.70	31.31	33.42	34.91	SCM	50 Butterfly	SCM	36.48	33.16	29.96	28.93	28.18	27.81	27.22
30.66	31.04	31.15	31.31	31.94	34.09	35.62	LCM		LCM	37.20	33.82	30.56	29.51	28.75	28.37	27.76
1:08.25	1:09.03	1:09.88	1:10.01	1:11.79	1:15.84	1:21.07	SCM	100 Butterfly	SCM	1:23.19	1:14.34	1:07.39	1:05.05	1:03.65	1:01.91	1:01.16
1:09.61	1:10.40	1:11.27	1:11.41	1:13.23	1:17.35	1:22.69	LCM		LCM	1:24.85	1:15.83	1:08.73	1:06.35	1:04.92	1:03.15	1:02.39
2:36.51	2:38.09	2:40.08	2:41.70	2:43.33	3:00.61	3:15.46	SCM	200 Butterfly	SCM	3:12.18	2:54.66	2:34.85	2:28.74	2:26.46	2:20.52	2:18.57
2:41.21	2:42.51	2:44.88	2:45.48	2:48.23	3:04.22	3:19.36	LCM		LCM	3:17.95	2:58.15	2:37.95	2:31.71	2:29.39	2:24.66	2:22.73
2:32.07	2:33.62	2:35.98	2:37.62	2:39.74	2:46.50	2:56.60	SCM	200 Individual Medley	SCM	2:58.01	2:43.42	2:32.08	2:26.96	2:23.84	2:20.18	2:17.57
2:36.64	2:37.75	2:39.10	2:42.21	2:43.88	2:49.83	3:00.13	LCM		LCM	3:01.57	2:47.30	2:35.56	2:29.90	2:28.00	2:24.19	2:21.70
5:27.20	5:29.61	5:33.84	5:34.39	5:40.36	6:00.01	6:18.45	SCM	400 Individual Medley	SCM	6:14.60	5:52.23	5:24.81	5:14.13	5:08.57	5:02.10	4:57.42
5:33.74	5:36.20	5:40.52	5:41.08	5:47.16	6:07.22	6:26.02	LCM		LCM	6:22.10	5:59.28	5:31.31	5:20.41	5:14.75	5:08.13	5:03.38

October 1, 2026

The Ontario Consideration Times for 800 Free & 1500 Free do not apply for OAG and OSC