

2023 Summer Ontario Swimming Championships  
Toronto, 6 - 9-7-2023

**Schedule Session No. 7 - Sunday Prelims**

**2023-07-09 - 8:30**

Warmup: 7:00 until 8:20

8:30	217.	150m Medley	Women	Prelim	Open	0:05	1 Heat	2
8:35	219.	200m Medley	Women	Prelim	Open	0:05	1 Heat	9
8:40	218.	150m Medley	Men	Prelim	Open		no entries	-
8:40	220.	200m Medley	Men	Prelim	Open	0:04	1 Heat	6
8:44	25.	200m Medley	Women	Prelim	Open	0:27	9 Heats	82
9:11	26.	200m Medley	Men	Prelim	Open	0:28	10 Heats	97
9:39	27.	200m Backstroke	Women	Prelim	Open	0:23	7 Heats	68
10:02	28.	200m Backstroke	Men	Prelim	Open	0:24	8 Heats	76
10:26	221.	50m Backstroke	Women	Prelim	Open	0:01	1 Heat	3
10:27	223.	100m Backstroke	Women	Prelim	Open	0:03	1 Heat	9
10:30	222.	50m Backstroke	Men	Prelim	Open		no entries	-
10:30	224.	100m Backstroke	Men	Prelim	Open	0:02	1 Heat	8
10:32	29.	400m Freestyle	Women	Prelim	Open	0:31	6 Heats	54
11:03	30.	400m Freestyle	Men	Prelim	Open	0:29	6 Heats	60
11:32	117.	4 x 100m Medley	Girls	Slower Heats	- 14		no entries	-
11:32	118.	4 x 100m Medley	Boys	Slower Heats	- 15	0:05	1 Heat	3
11:37	119.	4 x 100m Medley	Women	Slower Heats	15 +	0:11	2 Heats	12
11:48	120.	4 x 100m Medley	Men	Slower Heats	16 +	0:09	2 Heats	16
11:57		End of session			Total duration	3:27		

**Event 217 will start from the South / Turn End**  
**Event 221 will start from the South / Turn End**



2023 Summer Ontario Swimming Championships  
Toronto, 6- - 9-7-2023

7 - Sunday Prelims

2023-07-09 - 8:30

Event 217  
2023-07-09 Women, 150m Medley  
PARA S1-S4  
Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0					
1					
2					
3					
4	BURNS_S4SB4SM4, Hannah	19 LAC	SM4	A,3,4,12	4:15.51 L
5	VAN WYCK-SMART_S3SB2, Aly	20 VVAC	SM3	A,E,3,4,12	4:32.83 L
6					
7					
8					
9					

Event 219  
2023-07-09 Women, 200m Medley  
PARA S5-S14  
Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0	CALHOUN_SB9, Meghan	20 OSAC		A,12,+	2:50.82 L EXH
1	ZAFAR_S9SB9SM9, Sumbul	41 GHAC	SM9	A,3,4,12,+	3:37.79 L
2	SHEPPIT-EDWARDS_S14SB14SM1416I, GHAC		SM14		3:23.05 L
3	COSGRIFFE_S10SB9SM10, Jaime	17 OAK	SM10	3,5,12,+	2:39.04 L
4	MARINA_S14SB14SM14, Angela	24 BRANT	SM14	0	2:37.27 L
5	VAN DYK_S14SB14SM14, Emma	20 BROCK	SM14		2:38.13 L
6	JIBB_S10SB9SM10, Mary C	16 MUSAC	SM10	12,+	2:46.55 L
7	SMITH_S14SB14SM14, Kate	17 BTSC	SM14		3:23.36 L
8	TINNEY_S5SB5SM5, Jessica	23 VVAC	SM5	A,E,Y,3,4,12	4:44.43 L
9					

2023 Summer Ontario Swimming Championships  
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Event 218 Men, 150m Medley S1-S4  
2023-07-09 PARA Startlist Prelim

Age Team Class Exceptions

Event 220 Men, 200m Medley S5-S14  
2023-07-09 PARA Startlist Prelim

Age Team Class Exceptions

Heat 1 of 1

0						
1						
2	GILLIS_S9SB9SM9, John	14	PICK	SM9	A,3,5,12,+	3:35.15 L
3	GIAMMICHELE_S9SB9SM9, Charle	17	GHAC	SM9	A,3,5,12,+	2:57.48 L
4	ARNDT_S13SB13SM13, Caleb	21	NEW	SM13		2:34.65 L
5	KIERSTEAD_S14SB14SM14, Georg	15	MUSAC	SM14		2:45.34 L
6	FRICANO_S14SB14SM14, Antonio	22	GHAC	SM14		2:58.52 L
7	TRACEY_S8SB7SM8, Nathan	20	KYPS	SM8	A,3,5,12,+	3:38.48 L
8						
9						

Event 25 Women, 200m Medley Open  
2023-07-09 Startlist Prelim

Age Club Classification Age Club Classification

Heat 1 of 9

0			
1			
2			
3	LI, Karen	13	MAC 2:43.27 L
4	CHEN, Ashley	13	MSSAC 2:39.33 L
5	VROOM, Kaelyn T	13	BTSC 2:42.47 L
6			
7			
8			
9			

Heat 2 of 9

0	GATTO, Anna	13	UNCAN 2:37.72 L
1	BEGUN, Blythe S	14	TSC 2:37.25 L
2	MEZEI, Gemma E	14	OAK 2:35.26 L
3	CONNORS, Nicole	15	MSSAC 2:34.23 L
4	YOUNG, Sophia	13	ESWIM 2:34.04 L
5	BANSAL, Noor	18	MSSAC 2:34.10 L
6	BENNETT, Aryka L	16	UCRO 2:34.94 L
7	FAGERSTROEM, G.	15	TSC 2:36.54 L
8	LUZ, Luana-Lis	13	YORK 2:37.26 L
9			

Heat 3 of 9

0	WALKER, Chloe	13	USC 2:33.61 L
1	O'DEA, Madeleine	17	MMST 2:30.21 S
2	STOKLEY, Lauren	13	LAC 2:32.19 L
3	IRONSIDE, Sophie	14	MSSAC 2:32.10 L
4	LUZ, M.	15	YORK 2:32.02 L
5	COLQUHOUN, S.	16	BTSC 2:32.07 L
6	RATTEE, Zoe M	13	TSC 2:32.15 L
7	PETRISOR, Nicole E	18	RHAC 2:32.37 L
8	CHUNG, Emma R	15	SCAR 2:33.40 L
9	WARKENTIN, K.	13	ESWIM 2:33.78 L

Heat 4 of 9

0	RUSSELL, Madison	17	NEW 2:31.86 L
1	STOKLEY, Grier	13	LAC 2:31.59 L
2	CHAI, Grace L	17	DUCKS 2:31.42 L
3	BURTON, Isabelle	15	LAC 2:31.06 L
4	LAU, Nicole P	18	DUCKS 2:30.60 L
5	PHANEUF, Ella	14	MMST 2:30.80 L
6	COOPER, Isabella	13	LSC 2:31.22 L
7	HARRISON, Ella A	13	CREST 2:31.45 L
8	HOLLO, Annika	14	GO 2:28.75 S
9	TURTON-SUGDEN, E.	14	OAK 2:28.96 S



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Event 25, Women, 200m Medley, Prelim

Heat 5 of 9

0 SUN, Victoria	15	MAC	2:30.31 L
1 LANGRIDGE, Isabel	17	GO	2:29.45 L
2 HUTCHISON, T.	15	WAC	2:29.24 L
3 LIPTON, Harper	15	NYAC	2:29.09 L
4 MATTHEWS, Delila	17	GGST	2:29.07 L
5 BROUSSEAU, M.	17	NKB	2:29.08 L
6 BROPHY, Fiona	15	CPWD	2:29.15 L
7 LEIGH, Peyton	15	BROCK	2:29.30 L
8 MOMOTIUK, Avery	15	WEST	2:27.17 S
9 CHEUNG, Eunice	15	NEW	2:30.33 L

Heat 6 of 9

0 YUEN, Abigail	14	NYAC	2:27.83 L
1 CHAI, Amy	15	MAC	2:27.47 L
2 WALTERS, Jenna	16	GMAC	2:27.14 L
3 LUU, Kaitlyn A	16	TBT	2:23.58 S
4 WANG, Amy	18	OAK	2:26.30 L
5 FRICKLETON, A.	15	ESWIM	2:26.33 L
6 MOUSTGAARD, M.	16	NKB	2:26.98 L
7 ROGERS, Olive	15	ESWIM	2:27.30 L
8 EDGAR, Victoria	15	ESWIM	2:27.71 L
9 LUBERTI, Andrea	15	GMAC	2:29.05 L

Heat 7 of 9

0 KISSUK, Sophie	16	ESWIM	2:26.09 L
1 WANG, A.	16	MAC	2:25.35 L
2 BANTON, Paige E	20	SSAT	2:24.14 L
3 RAYMOND, Victoria	20	ESWIM	2:22.48 L
4 BEZANSON, Maya	16	ESWIM	2:17.58 L
5 BOYD, Trinity	17	ESWIM	2:21.75 L
6 HU, Maggie	16	MAC	2:23.66 L
7 BLEAKNEY, Lila	17	GGST	2:21.83 S
8 CHRISTIE, Claire	17	GGST	2:25.92 L
9 COBURN, Willow R	15	CW	2:26.25 L

Heat 8 of 9

0 ER, Melissa	16	ESWIM	2:26.07 L
1 NORDQUIST, H.	20	SLSC	2:21.96 S
2 SCHLYTER, E.	23	TBT	2:23.80 L
3 MANNING, Brooke	18	GGST	2:22.47 L
4 MOLLIN, Nina	19	TSC	2:17.51 L
5 SAVA, Helen Anne	17	RAMAC	2:20.67 L
6 TIGERT, Leah L	14	TSC	2:23.42 L
7 NICOLS, Jasmine	16	MAC	2:24.58 L
8 MASIC, Ema	17	ESWIM	2:22.95 S
9 VADEIKA, Robin	17	MAC	2:23.37 S

Heat 9 of 9

0 MAIN, Tabitha B	15	WAC	2:26.01 L
1 OGNEVA, Ekaterina	16	RAMAC	2:24.70 L
2 GORMLEY, Breckin	19	NKB	2:23.70 L
3 DENES, Julia	16	BTSC	2:22.41 L
4 BROUSSEAU, Julie	17	NKB	2:13.66 L
5 ORAVSKY, Laila M	16	BTSC	2:19.10 L
6 CAMPBELL, Lauren	17	LAC	2:23.02 L
7 VROOM, Taira N	16	BTSC	2:24.27 L
8 GAO, Emma M	17	MAC	2:25.64 L
9 SKILLING, Alana	19	LAC	2:23.32 S

Event 26  
2023-07-09

Men, 200m Medley

Open  
Startlist Prelim

<u>Heat 1 of 10</u>			<u>Heat 2 of 10</u>				
Age	Club	Classification	Age	Club	Classification		
0			0 RUSH, Cooper J	15	CREST	2:24.28 L	
1 DINDAYAL, Zayden	14	OAK	2:32.55 L	1 DIOMIN, Daniel A	14	RHAC	2:24.08 L
2 MALCOLM, Evan	14	GGST	2:27.74 L	2 BROCK, Brandon A	16	SCAR	2:23.94 L
3 CHEN, Andrew	14	MAC	2:26.54 L	3 YE, Siuyin	14	RHAC	2:20.67 S
4 MEHTA-OWENS, K.	16	MSSAC	2:24.77 L	4 YAO, Alex	13	MAC	2:23.41 L
5 MACLURE, Simon	14	ESWIM	2:25.49 L	5 FEDOROVSKIY, M.	14	OAK	2:20.64 S
6 STONE, Liam	15	NYAC	2:27.27 L	6 BROWN, Connor D	14	CW	2:23.72 L
7 GIBSON, Lochlann	14	RHAC	2:28.95 L	7 COOKE, Jackson	14	LAC	2:24.00 L
8				8 GOSTLIN, Misha T	14	TSC	2:24.22 L
9				9 SALAH, Alan V	14	CW	2:24.37 L

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Event 26, Men, 200m Medley, Prelim

Heat 3 of 10

0 ZELENI, Paul	14	MAC	2:23.04 L
1 MILLAR, B.	15	BTSC	2:22.94 L
2 JIAN, Alex	14	RAMAC	2:21.28 L
3 HA, Carsten	14	APEX	2:21.26 L
4 ZHU, Jonathan	14	MSSAC	2:20.98 L
5 FITZGERALD, Quinn	15	NKB	2:21.13 L
6 LEE, Luke	14	NYAC	2:21.27 L
7 TRAN, Landon	13	TORCH	2:22.01 L
8 POSTERNAK, Maty	14	ESWIM	2:23.04 L
9 BLACKWELL, M.	14	OTTER	2:23.15 L

Heat 4 of 10

0 HOU, Eric	15	ESWIM	2:20.59 L
1 SAHR, Adam M	15	MAC	2:19.86 L
2 MALONEY, Connor	18	LAC	2:16.28 S
3 CESCO, B.	14	CREST	2:18.18 L
4 RADIC, George	15	OAK	2:17.85 L
5 REED, M.	16	COBRA	2:15.26 S
6 PRODAN, Chris	15	MSSAC	2:18.87 L
7 MACNEIL, Noah	14	ESWIM	2:19.41 L
8 LONGTIN, C.	15	UCRO	2:20.18 L
9 LI, Max C	14	MAC	2:20.94 L

Heat 5 of 10

0 CLAWSON-HONEYMA	16F.	GO	2:17.81 L
1 ZOU, Ethan	16	RAMAC	2:17.63 L
2 GORT, Toby	16	NYAC	2:17.37 L
3 EMMERTON, Drew	16	MMST	2:17.24 L
4 GALLACHER, J.	16	UCRO	2:17.04 L
5 CHEN, Lucas O	15	RHAC	2:17.11 L
6 SPURRELL, Cale J	16	COBRA	2:17.32 L
7 WALKER, Raine	15	RHAC	2:17.42 L
8 KENNEDY, C.	16	JDSS	2:17.71 L
9 LANDRY, Alexandre	20	SLSC	2:17.85 L

Heat 6 of 10

0 HARRISON, J.	16	CREST	2:16.97 L
1 VOROBIEV, Max	16	MAC	2:16.60 L
2 PAWLAK, Jacob	16	NKB	2:16.56 L
3 THOMPSON, Nate	17	OAK	2:16.21 L
4 GOOGE, Owen E	19	BBST	2:15.85 L
5 LIU, Fangbo	16	ROW	2:13.49 S
6 WANG, Adam	15	OAK	2:16.36 L
7 KONG, Kiet	15	MAC	2:16.58 L
8 MESIC, Mateja	18	WAC	2:16.75 L
9 LISLE, Jordan	16	MAC	2:17.03 L

Heat 7 of 10

0 KAY, Declan E	16	SCAR	2:15.63 L
1 LOEWEN, Jack P	16	CREST	2:14.90 L
2 YARUSEVYCH, M.	16	CW	2:14.56 L
3 ZHANG, Yichi	17	RAMAC	2:14.05 L
4 KURJI, Aym J	17	WS	2:11.23 S
5 BAILEY, Damien	17	NYAC	2:14.02 L
6 ROW, Jaxson	16	ESWIM	2:14.14 L
7 LEE, Yuto	15	NKB	2:14.69 L
8 SHEARER, Ewan	16	LAC	2:15.62 L
9 WU, Fung Lin	15	ESWIM	2:15.71 L

Heat 8 of 10

0 BANTA, Jared	17	BROCK	2:10.97 S
1 TAYLOR, Noah S	17	TSC	2:10.44 S
2 MALAKHOVETS, M.	18	ESWIM	2:11.37 L
3 DALEY, Elijah	17	ESWIM	2:09.85 L
4 SKALENDA, C.	18	CREST	2:06.66 L
5 SCHEFFEL, Carter	18	BRANT	2:07.35 L
6 HARRIS, Aiden	17	ESWIM	2:10.87 L
7 BRYER, William	19	OAK	2:09.60 S
8 SCHAEPPER, Jordan	16	NKB	2:13.40 L
9 DUONG, Kale	17	ESWIM	2:13.84 L

Heat 9 of 10

0 DEBROUX, W.	17	BTSC	2:13.52 L
1 MILLS, Jack	18	NYAC	2:09.83 S
2 SIELUZYCKI, Tristan	18	WS	2:11.08 L
3 BUCK, Carter	19	TSC	2:08.64 L
4 VILCHEZ, Jordi	17	BTSC	2:04.00 L
5 KETCHIN, Matthew	24	LAC	2:04.43 S
6 HIBBERT, Samuel	15	GGST	2:10.77 L
7 BROCK, Holden	17	NYAC	2:12.14 L
8 MOAVRO, Lucas A	18	WAC	2:13.24 L
9 SAVA, M.	20	RAMAC	2:13.83 L

Heat 10 of 10

0 MATZ, Joshua J	19	MMST	2:13.49 L
1 KARTOGLU, Baris	18	BTSC	2:09.81 S
2 JIBB, Owen A	18	MUSAC	2:10.98 L
3 SHEARER, Colin	19	LAC	2:07.57 L
4 LOEWEN, B.	19	CREST	2:02.97 L
5 SENC-SAMARDZIC, F.	17	TSC	2:06.79 L
6 ALLEN, Isaac	18	WS	2:10.32 L
7 BRENNAN, Francis	15	BBST	2:12.07 L
8 UY, Rowen	18	NYAC	2:13.16 L
9 DUONG, Kaedin	17	ESWIM	2:11.03 S

2023 Summer Ontario Swimming Championships  
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Event 27  
2023-07-09

Women, 200m Backstroke

Open  
Startlist Prelim

Heat 1 of 7			Heat 2 of 7		
Age	Club	Classification	Age	Club	Classification
0			0	LEE, Cayley	14 ESWIM 2:30.58 L
1	PALACHIK, Jane J	12 WS 2:37.44 L	1	STEFELS, Torrin	14 BROCK 2:30.30 L
2	RIX, Sophie I	12 MUSAC 2:34.97 L	2	CABEZAS GARZON, M	14 ESWIM 2:30.05 L
3	LJUCKANOV, L.	13 WS 2:31.02 S	3	NOORDHOF, Ava	14 GO 2:29.30 L
4	HAO, Sarah L	12 TSC 2:29.92 S	4	ST-PIERRE, Sophia	15 BROCK 2:28.60 L
5	GUO, Olivia	13 ROW 2:33.79 L	5	MCDONALD, N.	15 LSC 2:28.69 L
6	WALKER, Chloe	13 USC 2:31.76 S	6	STEPANOFF, P.	14 TSC 2:29.41 L
7	GIRARDI, Aili	13 SR 2:37.36 L	7	SWINNERTON, H.	15 TSC 2:30.29 L
8	CHAI, Lily	12 MAC 2:37.22 S	8	RYAN, Analise	13 NYAC 2:30.51 L
9			9	DU, Le Anne	13 ROW 2:30.70 L
Heat 3 of 7			Heat 4 of 7		
0	COOKE, Keira	15 BAD 2:28.42 L	0	LIPTON, Harper	15 NYAC 2:26.06 L
1	ING, Erika	20 APEX 2:28.32 L	1	TOEWS, Bevin	15 ESWIM 2:25.78 L
2	XU, Sunny	14 ROW 2:27.93 L	2	PHANEUF, Ella	14 MMST 2:25.47 L
3	HO, Michelle	15 APEX 2:27.04 L	3	SANG, Siporah	17 LAC 2:24.98 L
4	FRICKLETON, A.	15 ESWIM 2:26.71 L	4	NICOLS, Jasmine	16 MAC 2:24.18 L
5	COBURN, Willow R	15 CW 2:26.99 L	5	SCHWINDT, Jessica	18 OAK 2:21.64 S
6	TOMORY, Zoe	13 LSC 2:27.91 L	6	HELMSTAEDT, Ellie	16 EBSC 2:25.37 L
7	FUKAMACHI-JONES, N	15 DUCKS 2:27.96 L	7	RHODES, Maggie E	18 BTSC 2:25.57 L
8	ANONYCHUK, A.	15 OAK 2:28.34 L	8	TOEWS, Avery	15 ESWIM 2:25.81 L
9	MURPHY, Cleo	18 WAT 2:25.62 S	9	BAGLOLE, Rowan A	15 WS 2:26.21 L
Heat 5 of 7			Heat 6 of 7		
0	LEE, Sophia	17 RAMAC 2:20.94 S	0	XIA, Vanessa	15 OAK 2:23.74 L
1	COOLEN, Meredith	18 MSSAC 2:20.29 S	1	MORRISON, Clarke	18 NEW 2:22.84 L
2	DENES, Julia	16 BTSC 2:22.26 L	2	LJUCKANOV, Lillian	16 WS 2:22.17 L
3	ROGERS, Olive	15 ESWIM 2:21.83 L	3	MONTRICHARD, H.	17 BRANT 2:21.67 L
4	BURTON, Bridget	17 ISC 2:16.55 L	4	KRYGER, Madison	14 BROCK 2:14.80 L
5	DROVER-SMITH, M.	18 WS 2:19.98 L	5	SAVA, Helen Anne	17 RAMAC 2:18.15 L
6	GORMLEY, Breckin	19 NKB 2:21.95 L	6	ESTABROOKS, H.	19 NEW 2:21.86 L
7	MATTHEWS, Delila	17 GGST 2:19.75 S	7	SHENG, Jessica Z	17 MAC 2:22.54 L
8	BLEAKNEY, Lila	17 GGST 2:23.66 L	8	HU, Maggie	16 MAC 2:20.56 S
9	VADEIKA, Robin	17 MAC 2:21.31 S	9	LU, Esther	15 LAC 2:24.11 L
Heat 7 of 7					
0	LEAKE, Avery L	17 TSC 2:20.86 S			
1	CHAMBERS, J.	17 LAC 2:19.99 S			
2	EBLI, Julia A	16 TSC 2:22.06 L			
3	MITCHELL, Piper J	17 WS 2:20.91 L			
4	LLOYD, Delia	16 ESWIM 2:14.24 L			
5	MANNING, Brooke	18 GGST 2:17.37 L			
6	HUNT, Elizabeth A	17 TSC 2:19.07 S			
7	HARCARUFKA, J.	17 WAC 2:19.67 S			
8	KISSUK, Sophie	16 ESWIM 2:23.15 L			
9	MAJIC, Zoe	18 ESWIM 2:23.87 L			

2023 Summer Ontario Swimming Championships  
Toronto, 6- - 9-7-2023

Event 28  
2023-07-09

Men, 200m Backstroke

Open  
Startlist Prelim

Heat 1 of 8				Heat 2 of 8			
	Age	Club	Classification		Age	Club	Classification
0				0 HEIDEN, Liam	14	EBSC	2:22.32 L
1				1 COOKE, Jackson	14	LAC	2:22.28 L
2 RADJENOVIC, N.	15	BWSC	2:24.23 L	2 TIAN, Alan Y	14	HAC	2:21.98 L
3 DIOMIN, Daniel A	14	RHAC	2:22.64 L	3 ZHU, Jonathan	14	MSSAC	2:18.66 S
4 LAW, Brennan	14	OSAC	2:22.40 L	4 CHAN, Nathan	15	TORCH	2:20.61 L
5 ARBEAU, Aiden	14	OTTER	2:22.48 L	5 JUNG, Owen	13	GO	2:20.86 L
6 LEE, Aidan	13	RAMAC	2:23.66 L	6 RUSU, Robert	14	NEW	2:21.53 L
7 LIU, Yee Ming Eric	15	MAC	2:28.66 L	7 GOSTLIN, Misha T	14	TSC	2:22.15 L
8				8 TWIST, Julian	14	GMAC	2:22.30 L
9				9 GOMEZ, Leonardo	14	DUCKS	2:22.35 L
<b>Heat 3 of 8</b>				<b>Heat 4 of 8</b>			
0 TOMPA, Justin	16	LSC	2:20.02 L	0 LOEWEN, Jack P	16	CREST	2:14.94 S
1 YAGHI, Marcel	14	MSSAC	2:19.66 L	1 CHAKRABORTY, S.	16	GO	2:17.42 L
2 LI, Michael J	15	MAC	2:16.65 S	2 MOORE, Gavin	16	OSHAC	2:14.58 S
3 HARRIS-BARTON, T.	15	TRENT	2:15.67 S	3 WALKER, Raine	15	RHAC	2:17.24 L
4 CARSWELL, Riley	15	WEST	2:15.41 S	4 YIN, Louie	16	YORK	2:17.08 L
5 DU, Samuel Jinyang	15	MST	2:18.18 L	5 WILLIAMS, Ethan A	16	BBST	2:14.47 S
6 FRIGHT, Cullen M	14	WS	2:18.65 L	6 DIETZ, Brian	16	ESWIM	2:17.24 L
7 GEMMELL, Lucas M	15	OAK	2:19.49 L	7 KLEIN, Cooper	16	LAC	2:17.41 L
8 VIGNEAULT, N.	15	COBRA	2:19.86 L	8 WATSON, Scott	14	ESWIM	2:17.48 L
9 PODOLNYI, T.	15	MSSAC	2:20.11 L	9 CHERNIN, Daniel	15	RHAC	2:15.16 S
<b>Heat 5 of 8</b>				<b>Heat 6 of 8</b>			
0 KILLAM, Ethan	16	NYAC	2:14.16 S	0 MATZ, Ethan T	15	MMST	2:13.30 L
1 WINEGAR - TONTEGOI	16	S.OTTER	2:14.11 S	1 STEELE, Thomas	18	RCAQ	2:12.13 L
2 KILLAM, Carson J	14	NYAC	2:16.66 L	2 VAN NIEKERK, R.	17	OAK	2:08.67 S
3 SHEARER, Ewan	16	LAC	2:16.39 L	3 BRENNAN, Francis	15	BBST	2:10.25 L
4 VILCHEZ, Lucian	15	BTSC	2:15.22 L	4 DUNCAN-SNOBEL, F.	19	OAK	2:05.90 S
5 GALLACHER, J.	16	UCRO	2:15.83 L	5 DANDA, Patryk A	17	BTSC	2:07.13 S
6 TANG, Evan	16	COBRA	2:13.98 S	6 DEBROUX, W.	17	BTSC	2:08.17 S
7 WICK, Rowan	17	LAC	2:16.74 L	7 SHEARER, Colin	19	LAC	2:08.92 S
8 PRODAN, Chris	15	MSSAC	2:14.14 S	8 PAYNE, Hunter	17	BRANT	2:12.85 L
9 SINGH, Jaiveer	15	COBRA	2:14.25 S	9 SCLATER, Henry	16	GGST	2:14.79 L
<b>Heat 7 of 8</b>				<b>Heat 8 of 8</b>			
0 RASMUSSEN, S.	17	DUCKS	2:10.68 S	0 KAY, Declan E	16	SCAR	2:13.27 L
1 BROCK, Holden	17	NYAC	2:11.80 L	1 KARTOGLU, Baris	18	BTSC	2:11.77 L
2 MCGROARTY, D.	18	SCAR	2:08.55 S	2 ZHANG, Charles H	18	NYAC	2:10.94 L
3 LAJOIE, Griffin H	19	CREST	2:09.90 L	3 KWINTER, Charlie	18	ESWIM	2:09.88 L
4 BUCK, Carter	19	TSC	2:02.95 L	4 LOEWEN, B.	19	CREST	2:00.33 L
5 DUONG, Kale	17	ESWIM	2:09.46 L	5 DUONG, Kaedin	17	ESWIM	2:08.70 L
6 LACKOVIC, A.	18	WAC	2:08.13 S	6 TICHY, Reid	20	RAMAC	2:07.77 S
7 BAILEY, Damien	17	NYAC	2:11.41 L	7 KURJI, Alym J	17	WS	2:08.71 S
8 HARRISON, J.	16	CREST	2:12.27 L	8 ROGOZYNSKI, N.	23	WAT	2:09.60 S
9 POSTERNAK, Maty	14	ESWIM	2:13.93 L	9 KIM, Eun-Woo D	15	NYAC	2:13.82 L

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Event 221 Women, 50m Backstroke S1-S5  
2023-07-09 PARA Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0					
1					
2					
3	20	VVAC	S3	A,E,3,4,12	1:14.03 L
4	19	LAC	S4	A,3,4,12	1:05.21 L
5	23	VVAC	S5	A,E,Y,3,4,12	1:06.87 L
6					
7					
8					
9					

Event 223 Women, 100m Backstroke S6-S14  
2023-07-09 PARA Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0	20	OSAC		A,12,+	1:25.02 L EXH
1	17	BTSC	S14		1:40.74 L
2	20	VVAC	S8	A,3,4,12,+	1:31.73 L
3	16	MUSAC	S10	12,+	1:14.00 L
4	17	OAK	S10	3,5,12,+	1:10.94 L
5	20	BROCK	S14		1:11.59 L
6	24	BRANT	S14	0	1:14.01 L
7	16	GHAC	S14		1:36.63 L
8	15	BTSC	S14		1:42.57 L
9					

Event 222 Men, 50m Backstroke S1-S5  
2023-07-09 PARA Startlist Prelim

Age	Team	Class	Exceptions
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2023 Summer Ontario Swimming Championships  
Toronto, 6- - 9-7-2023

Event 224 Men, 100m Backstroke S6-S14  
2023-07-09 PARA Startlist Prelim

	Age	Team	Class	Exceptions	
<u>Heat 1 of 1</u>					
0					
1	17	GHAC	S9	A,3,5,12,+	1:30.01 L
2	20	KYPS	S8	A,3,5,12,+	1:22.57 L
3	15	MUSAC	S14		1:19.91 L
4	26	ROW	S14	0	1:04.12 L
5	21	NEW	S13		1:18.04 S
6	22	GHAC	S14		1:22.11 L
7	21	HHBF	S14	0	1:23.16 L
8	20	KYPS	S7	A,1,3,4,12,+	1:43.80 L
9					

Event 29 Women, 400m Freestyle Open  
2023-07-09 Startlist Prelim

	Age	Club	Classification		Age	Club	Classification	
<u>Heat 1 of 6</u>				<u>Heat 2 of 6</u>				
0				0	15	ESWIM		4:47.14 L
1				1	16	ESWIM		4:44.55 L
2				2	13	TSC		4:42.74 L
3	12	TSC	4:51.67 L	3	15	MSSAC		4:41.49 L
4	13	LSC	4:51.13 L	4	17	TSC		4:40.23 L
5	12	BTSC	4:51.52 L	5	13	ESWIM		4:40.56 L
6	12	MUSAC	5:03.84 L	6	14	NEW		4:41.78 L
7				7	15	MAC		4:44.22 L
8				8	14	NKB		4:46.54 L
9				9	13	ESWIM		4:50.10 L
<u>Heat 3 of 6</u>				<u>Heat 4 of 6</u>				
0	13	CREST	4:39.53 L	0	16	GO		4:28.98 S
1	15	OAK	4:39.03 L	1	18	NKB		4:31.13 L
2	15	ESWIM	4:30.87 S	2	16	ESWIM		4:29.56 L
3	16	NYAC	4:35.50 L	3	14	TSC		4:26.54 L
4	16	RAMAC	4:34.86 L	4	16	BTSC		4:18.35 L
5	19	BRANT	4:34.97 L	5	16	BTSC		4:25.16 L
6	13	LSC	4:36.08 L	6	16	CW		4:28.35 L
7	16	OAK	4:38.00 L	7	17	ESWIM		4:30.46 L
8	14	OAK	4:39.52 L	8	19	TSC		4:27.61 S
9	15	MAC	4:39.70 L	9	16	SE,MAC		4:34.82 L
<u>Heat 5 of 6</u>				<u>Heat 6 of 6</u>				
0	13	NYAC	4:33.89 L	0	14	BROCK		4:32.98 L
1	18	ESWIM	4:30.98 L	1	18	TSC		4:30.92 L
2	15	BROCK	4:29.38 L	2	15	ESWIM		4:28.56 L
3	14	TSC	4:25.80 L	3	17	LAC		4:25.73 L
4	16	ESWIM	4:15.71 L	4	17	NKB		4:14.10 L
5	18	ESWIM	4:22.77 L	5	17	RAMAC		4:19.94 L
6	21	PERTH	4:22.66 S	6	16	GMAC		4:27.86 L
7	18	LAC	4:25.05 S	7	17	ESWIM		4:30.28 L
8	16	MAC	4:27.17 S	8	19	OAK		4:32.32 L
9	18	OAK	4:34.65 L	9	17	LAC		4:34.39 L

2023 Summer Ontario Swimming Championships  
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Event 30  
2023-07-09

Men, 400m Freestyle

Open  
Startlist Prelim

	Age	Club	Classification		Age	Club	Classification	
<u>Heat 1 of 6</u>				<u>Heat 2 of 6</u>				
0 CAPSON, Ben	14	PICK	4:34.63 L	0 BOYD, Dylan	15	ESWIM	4:29.31 L	
1 LEE, Joseph	14	ROW	4:31.65 L	1 LEE, Aidan	13	RAMAC	4:26.65 L	
2 FRIGHT, Cullen M	14	WS	4:30.77 L	2 CAPRAZ, M.	15	BWSC	4:25.46 L	
3 ZHANG, Jerry Z	14	MAC	4:30.11 L	3 MACNEIL, Noah	14	ESWIM	4:24.75 L	
4 GOSTLIN, Misha T	14	TSC	4:24.34 S	4 KILLAM, Carson J	14	NYAC	4:23.70 L	
5 BEYEA, Alexander	15	NKB	4:29.94 L	5 CHEN, Lucas O	15	RHAC	4:24.59 L	
6 ZELEN, Paul	14	MAC	4:30.54 L	6 TULLY, Emerson	15	VAC	4:25.11 L	
7 LUTZ-CRUZ, M.	14	NYAC	4:31.56 L	7 LEE, Luke	14	NYAC	4:26.09 L	
8 KEENES, Charlie	14	COBRA	4:27.14 S	8 ARMSDEN, E.	14	HHBF	4:29.30 L	
9 HAZELTON, Luke	14	ESWIM	4:47.42 L	9 GOMEZ, Leonardo	14	DUCKS	4:29.48 L	
<u>Heat 3 of 6</u>				<u>Heat 4 of 6</u>				
0 YAO, Alex	13	MAC	4:22.36 L	0 SKAVINSKI, N.	15	ESWIM	4:17.07 L	
1 EL TATAWY, A.	15	LAC	4:20.85 L	1 HARVIE, David	17	PICK	4:14.11 L	
2 WATSON, Scott	14	ESWIM	4:19.95 L	2 BARNARDO, C.	16	LAC	4:10.63 L	
3 MARSELLA, M.	15	GMAC	4:19.71 L	3 KWINTER, Charlie	18	ESWIM	4:06.88 L	
4 CARSWELL, Riley	15	WEST	4:19.20 L	4 MATTEIS, Quinn	18	WAC	3:59.27 L	
5 SWITZER, William	17	MAC	4:19.22 L	5 SCHAEPPER, Jordan	16	NKB	4:04.91 L	
6 THOMPSON, Oliver	15	OAK	4:19.73 L	6 DAVISON, Brent	19	NEW	4:04.11 S	
7 RADIC, George	15	OAK	4:20.70 L	7 WAHBA, Jacob	17	MSSAC	4:07.21 S	
8 THOMAS, Evan	17	LAC	4:21.15 L	8 DOBIE, Max	20	BRANT	4:14.54 L	
9 WALKER, Raine	15	RHAC	4:23.31 L	9 HARRISON, J.	16	CREST	4:18.69 L	
<u>Heat 5 of 6</u>				<u>Heat 6 of 6</u>				
0 MIEKUS, Mark	16	MSSAC	4:16.07 L	0 BRENNAN, Francis	15	BBST	4:14.57 L	
1 BANTA, Jared	17	BROCK	4:07.98 S	1 DEBROUX, W.	17	BTSC	4:12.93 L	
2 LI, Jack	18	OAK	4:10.05 L	2 PAYNE, Hunter	17	BRANT	4:09.99 L	
3 POWALOWSKI, M.	17	MAC	4:06.19 L	3 VOROBIEV, Max	16	MAC	4:05.88 L	
4 VILCHEZ, Jordi	17	BTSC	3:59.26 L	4 PAULINS, Sebastian	25	BRANT	3:54.41 L	
5 SKALENDA, C.	18	CREST	4:03.44 L	5 BARTOCH, Hayden	20	LAC	3:58.00 S	
6 TAMBLING, Max	23	TSC	4:08.65 L	6 ALLEN, Isaac	18	WS	4:07.67 L	
7 MAHER, Kevin	17	ESWIM	4:06.93 S	7 ROW, Jaxson	16	ESWIM	4:11.55 L	
8 HOU, Eric	15	ESWIM	4:14.44 L	8 DIETZ, Brian	16	ESWIM	4:14.21 L	
9 CLAWSON-HONEYMA 16F.	GO		4:18.45 L	9 YIN, Robert	16	MAC	4:18.17 L	

Event 117  
2023-07-09

Girls, 4 x 100m Medley

14 years and younger  
Startlist

	Club	Classification		Club	Classification
<u>Heat 1 of 1, scheduled in session 8</u>					
0					
1	Whitby Swimming 1	WS	4:48.67		
2	North York Aquatic Club 1	NYAC	4:43.02		
3	Oakville Aquatic Club 1	OAK	4:40.94		
4	Toronto Swim Club 1	TSC	4:28.33		
5	Etobicoke Swimming 1	ESWIM	4:33.34		
6	Mississauga Aquatic Club 1	MSSAC	4:42.62		
7	Markham Aquatic Club 1	MAC	4:47.22		
8	Region Of Waterloo Swim CIROW		4:49.71		
9					

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Event 118  
2023-07-09

Boys, 4 x 100m Medley

15 years and younger  
Startlist

Club		Classification	Club		Classification
<u>Heat 1 of 2</u>			<u>Heat 2 of 2, scheduled in session 8</u>		
0			0 Mississauga Aquatic Club 1	MSSAC	4:16.08
1			1 Nepean Kanata Barracudas	NKB	4:15.74
2			2 North York Aquatic Club 1	NYAC	4:10.39
3			3 Etobicoke Swimming 1	ESWIM	4:09.35
4	Etobicoke Swimming 2	ESWIM	4 Richmond Hill Aquatic Club 1	RHAC	4:06.03
5	Richmond Hill Aquatic Club 2	2RHAC	5 Markham Aquatic Club 1	MAC	4:06.79
6			6 Oakville Aquatic Club 1	OAK	4:09.71
7			7 Torch 1	TORCH	4:13.92
8			8 Markham Aquatic Club 2	MAC	4:15.78
9			9 Oakville Aquatic Club 2	OAK	4:18.17

Event 119  
2023-07-09

Women, 4 x 100m Medley

15 years and older  
Startlist

Club		Classification	Club		Classification
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>		
0			0 Barrie Trojan Swim Club 2	BTSC	4:38.67
1			1 Greater Ottawa Kingfish S.	CGO	4:36.06
2			2 Nepean Kanata Barracudas	NKB	4:33.95
3	Windsor Aquatic Club 1	WAC	3 Oakville Aquatic Club 1	OAK	4:31.25
4	Brock Niagara Aquatics 1	BROCK	4 Toronto Swim Club 1	TSC	4:28.44
5	Oakville Aquatic Club 2	OAK	5 Whitby Swimming 1	WS	4:30.32
6			6 Mississauga Aquatic Club 1	MSSAC	4:32.92
7			7 North York Aquatic Club 1	NYAC	4:34.39
8			8 Toronto Swim Club 2	TSC	4:36.74
9			9		
<u>Heat 3 of 3, scheduled in session 8</u>					
0	London Aquatic Club 2	LAC			4:27.93
1	Barrie Trojan Swim Club 1	BTSC			4:25.87
2	Etobicoke Swimming 2	ESWIM			4:22.20
3	London Aquatic Club 1	LAC			4:18.26
4	Etobicoke Swimming 1	ESWIM			4:15.94
5	Markham Aquatic Club 1	MAC			4:17.96
6	Nepean Kanata Barracudas	NKB			4:18.92
7	Newmarket Stingrays Swim	NEW 1			4:24.20
8	Granite Gators Swim Team	GGST			4:27.48
9	Markham Aquatic Club 2	MAC			4:28.09

2023 Summer Ontario Swimming Championships  
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Event 120  
2023-07-09

Men, 4 x 100m Medley

16 years and older  
Startlist

	Club	Classification	Club	Classification
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>	
0			0 Belleville Beast Swim Team	BBST 4:08.75
1			1 CREST Swimming 2	CREST 4:06.42
2 Windsor Aquatic Club 1	WAC	NT	2 London Aquatic Club 2	LAC 4:04.44
3 Nepean Kanata Barracudas	NKB	4:16.13	3 Oakville Aquatic Club 1	OAK 4:02.96
4 Oakville Aquatic Club 2	OAK	4:15.36	4 Markham Aquatic Club 1	MAC 4:01.76
5 Oshawa Aquatic Club 1	OSHAC	4:16.03	5 North York Aquatic Club 2	NYAC 4:02.68
6 Whitby Swimming 1	WS	4:21.24	6 Etobicoke Swimming 2	ESWIM 4:03.68
7 Scarborough Swim Club 1	SCAR	NT	7 COBRA Swim Club 1	COBRA 4:05.90
8			8 Granite Gators Swim Team	GGST 4:08.57
9			9 Barrie Trojan Swim Club 2	BTSC 4:11.86
<u>Heat 3 of 3, scheduled in session 8</u>				
0 Barrie Trojan Swim Club 1	BTSC	4:01.14		
1 Nepean Kanata Barracudas	NKB	3:59.50		
2 London Aquatic Club 1	LAC	3:58.71		
3 Etobicoke Swimming 1	ESWIM	3:54.58		
4 Mississauga Aquatic Club 1	MSSAC	3:29.30		
5 RAMAC Aquatic Club 1	RAMAC	3:50.17		
6 CREST Swimming 1	CREST	3:55.64		
7 Whitby Swimming 3	WS	3:59.36		
8 North York Aquatic Club 1	NYAC	3:59.68		
9 Toronto Swim Club 1	TSC	4:01.50		