



Overall Schedule

Athletes must attend the Safety Briefing

Athletes must be at registration at least 1 hour before race start time

Saturday					
Race / Registration Time	Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
Relays Registration Opens at 2:00 PM	3:15	Age Group Relays	1	Orange	20 x 4 On white course
	3:30		3	Red	20 x 4 On yellow course
	4:15		2	Pink	19 x 4 On white course
	4:30	Masters Relays	1	Red	13 x 4 on yellow course

Relays (4x500m)

White Course Wave Time	Wave #	Cap Colour	Number of Swimmers
3:15	1	Orange	20

Team	Wave	Cap Colour	Cap Number
BAD 1	1	Orange	1
BBST 1	1	Orange	2
BBST 2	1	Orange	3
BBST 3	1	Orange	4
BTSC 1	1	Orange	5
CREST 1	1	Orange	6
CREST 2	1	Orange	7
CREST 3	1	Orange	8
CW 1	1	Orange	9
CW 2	1	Orange	10
CW 3	1	Orange	11
CW 4	1	Orange	12
CW 5	1	Orange	13
CW 6	1	Orange	14
GMAC 1	1	Orange	15
GMAC 2	1	Orange	16
HAC 1	1	Orange	17
HHBF 1	1	Orange	18
LSC 1	1	Orange	19
LSC 2	1	Orange	20

Relays (4x500m)

Yellow Course Wave Time	Wave #	Cap Colour	Number of Swimmers
3:30	3	Red	20

Team	Wave	Cap Colour	Cap Number
MSSAC 1	3	Red	1
NEW 1	3	Red	2
NEW 2	3	Red	3
OAK 1	3	Red	4
OAK 2	3	Red	5
RHAC 1	3	Red	6
ROW 1	3	Red	7
ROW 2	3	Red	8
ROW 3	3	Red	9
SCAR 1	3	Red	10
SCAR 2	3	Red	11
TSC 1	3	Red	12
TSC 2	3	Red	13
USC 1	3	Red	14
USC 2	3	Red	15
WS 1	3	Red	16
WS 2	3	Red	17
WS 3	3	Red	18
WS 4	3	Red	19
WS 5	3	Red	20
WS 6	3	Red	21

Relays (4x500m)

White Course Wave Time	Wave #	Cap Colour	Number of Swimmers
4:15	2	Pink	19

Team	Wave	Cap Colour	Cap Number
LSC 3	2	Pink	1
LSC 4	2	Pink	2
LSC 5	2	Pink	3
LSC 6	2	Pink	4
MAC 1	2	Pink	5
MAC 10	2	Pink	6
MAC 11	2	Pink	7
MAC 12	2	Pink	8
MAC 13	2	Pink	9
MAC 14	2	Pink	10
MAC 15	2	Pink	11
MAC 16	2	Pink	12
MAC 2	2	Pink	13
MAC 3	2	Pink	14
MAC 4	2	Pink	15
MAC 5	2	Pink	16
MAC 6	2	Pink	17
MAC 7	2	Pink	18
MAC 8	2	Pink	19
MAC 9	2	Pink	20

Relays (4x500m)

Yellow Course Wave Time	Masters	Wave #	Cap Colour	Number of Swimmers
4:30	Relays	1	Red	13

Team	Club	Wave	Cap Colour	Cap Number
Cashew & Whiskey	Cashew & Whiskey	1	Red	1
Lane Buddies	Lane Buddies	1	Red	2
WTBY 1	Whitby Masters	1	Red	3
ROCM2	Clarington Masters	1	Red	4
MUSK 2	Muskoka Masters	1	Red	5
DTSC 1	Downtown Swim Club	1	Red	6
GRAN 1	Granite Masters	1	Red	7
LSC Tortoises	LSC Tortoises	1	Red	8
ROCM 1	Clarington Masters	1	Red	9
MUSK 1	Muskoka Masters	1	Red	10
CREST Masters	CREST Masters	1	Red	11
SQUALL 1	Georgian Bay Masters	1	Red	12
Open Water Enthusiasts	Open Water Enthusiasts	1	Red	13