



Overall Schedule

Athletes must attend the Safety Briefing

Athletes must be at registration at least 1 hour before race start time

Sunday					
Safety Briefing	8:15	Volleyball Court			
Race / Registration Time	Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
3 KM RACE Registration Opens at 8:00 AM	9:15	14 & Over Male	1	Pink	15
	9:30	14 & Over Female	1	White	26
	9:45	Masters (combined genders)	1	Orange	24

3 KM Race

Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers	Cap Colour
9:15	14 & over Male	1	Pink	15	Pink

name	gender	Age	Age Group	Club	Wave	Cap Colour	Cap Number
Abdalla, Baker	Male	16	14&Over	MSSAC	1	Pink	1
Abdelwahed, Ziad	Male	15	14&Over	OAK	1	Pink	2
Cooper, Liam	Male	15	14&Over	MUSAC	1	Pink	3
Elsayed, Ahmed	Male	14	14&Over	OAK	1	Pink	4
Evans, Quinn	Male	16	14&Over	LSC	1	Pink	5
Field, Quentin	Male	16	14&Over	LSC	1	Pink	6
Goode, Griffin	Male	15	14&Over	MSSAC	1	Pink	7
Ki, Aidan	Male	14	14&Over	OAK	1	Pink	8
Kierstead_S14SB14SM14, George	Male	16	14&Over	MUSAC	1	Pink	9
McVeigh, Tyler	Male	16	14&Over	AJAX	1	Pink	10
Organisciak, Patrick	Male	16	14&Over	LSC	1	Pink	11
Pardoe, Noah	Male	16	14&Over	MUSAC	1	Pink	12
Powalowski, Mateusz	Male	18	14&Over	MSSAC	1	Pink	13
Wilson, Cole	Male	16	14&Over	AJAX	1	Pink	14
Zhou, Connor	Male	17	14&Over	MSSAC	1	Pink	15

SCRATCH

3 KM Race

Wave Time	Age Group	Wave #	Cap Colour	Number of Swimmers
9:30	14 & over Female	1	Orange	26

name	gender	Age	Age Group	Club	Wave	Cap Colour	Cap Number
Bennett, Anika	Female	15	14&Over	OTTER	1	White	21
Du, Shu Tong	Female	15	14&Over	MAC	1	White	22
Folk, Abigail	Female	16	14&Over	USC	1	White	23
Giles, Ella	Female	14	14&Over	USC	1	White	24
Harvey, Charlotte	Female	14	14&Over	GMAC	1	White	25
Hobbs, Olivia	Female	15	14&Over	BRANT	1	White	26
Hontoria Arroyo, Marcela	Female	19	14&Over	OAK	1	White	27
Kingston, Lindy	Female	17	14&Over	OSAC	1	White	28
Ljuckanov, Liana	Female	14	14&Over	AJAX	1	White	29
MacKinnon, Rhya	Female	14	14&Over	GMAC	1	White	30
Malhas, Maya	Female	15	14&Over	OAK	1	White	31
Mechanic, Liora	Female	14	14&Over	WEST	1	White	32
Muir, Cassidy	Female	16	14&Over	OSHAC	1	White	33
Nicols, Jasmine	Female	17	14&Over	MAC	1	White	34
Pavelic, Margaux	Female	15	14&Over	OAK	1	White	35
randall hall, brianne	Female	14	14&Over	GMAC	1	White	36
Robinson, Molly	Female	14	14&Over	BTSC	1	White	37
Shemilt, Grace	Female	18	14&Over	OAK	1	White	38
Sheng, Jessica	Female	18	14&Over	MAC	1	White	39
Sun, Jiachen	Female	15	14&Over	OAK	1	White	40
Sun, Victoria	Female	16	14&Over	MAC	1	White	41
Tahir, Hailey	Female	15	14&Over	OAK	1	White	42
Taivassalo, Kesa	Female	17	14&Over	MAC	1	White	43
Toki, Megan	Female	15	14&Over	LSC	1	White	44
Walker, Chloe	Female	14	14&Over	USC	1	White	45
Wray, Maryn	Female	16	14&Over	USC	1	White	46

3 KM Race

Wave Time	Masters	Wave #	Cap Colour	Number of Swimmers
9:45	Male & Female	1	Orange	24

name	gender	Age	Age Group	Club	Wave	Cap Colour	Cap Number
Siwiec, Oscar	Male	35	35-39	HSCM	1	Orange	51
Button, Jared	Male	36	35-39	ROCM	1	Orange	52
Stark, Cameron	Male	42	40-44	GRAN	1	Orange	53
Musgrave, Charlie	Male	43	40-44	GRAN	1	Orange	54
Crespy, Derek	Male	48	45-49	SQUALL	1	Orange	55
Evans, Clark	Male	52	50-54	Toronto	1	Orange	56
Douglas, Steve	Male	53	50-54	GRAN	1	Orange	57
Sinnige, Mark	Male	55	55-59	Huntsville	1	Orange	58
Lessem, Joel	Male	57	55-59	GRAN	1	Orange	59
Ades, Ralph	Male	65	65-69	GRAN	1	Orange	60
Santaguida, Josie	Female	20	18-24	WTBY	1	Orange	61
Ades, Camille	Female	22	18-24	GRAN	1	Orange	62
Lubbe, Christelle	Female	31	30-34	Whitby	1	Orange	63
Komorowski, Jennifer	Female	43	40-44	MSM	1	Orange	64
Corbett, Natasha	Female	44	40-44	MUSK	1	Orange	65
Gillespie, Katherine	Female	49	45-49	GRAN	1	Orange	66
Weind, Sarah	Female	47	45-49	GRAN	1	Orange	67
Adam, Jessica	Female	52	50-54	Huntsville	1	Orange	68
Brown, Naomi	Female	52	50-54	GRAN	1	Orange	69
Scott, Rebecca	Female	54	50-54	Oshawa	1	Orange	70
Sinden, Kathy	Female	55	55-59	Tillsonburg	1	Orange	71
Osborne, Katie	Female	61	60-64	GRAN	1	Orange	72
Fleming, Karen	Female	62	60-64	GRAN	1	Orange	73
Onisto, Delfina	Female	64	60-64	MUSK	1	Orange	74