

7 - Friday Prelims

2025-07-11 - 8:30

Event 13 Women, 200m Backstroke Open
2025-07-11 Startlist Prelim

Ontario provincial records Open	2:05.42	MASSE, Kylie	WEST/UT	2021
Ontario provincial records 17	2:06.36	RUCK, Taylor	SCAR/HPCO	2018
Ontario provincial records 16	2:09.88	KRYGER, Madison	BROCK Victoria	2025
Ontario provincial records 15	2:11.96	KRYGER, Madison	BROCK	2024
Ontario provincial records 14	2:13.85	KRYGER, Madison	BROCK	2023
Ontario provincial records 13	2:14.28	MCINTOSH, Summer	ESWIM	2020

	Age Club	Classification		Age Club	Classification
<u>Heat 1 of 13</u>			<u>Heat 2 of 13</u>		
0			0 VAN LOON, Adele	13 CSL	2:42.28 L
1			1 NGUYEN, Amy	13 MSSAC	2:39.04 S
2 BLACKBIRD, Ainsley	13 MMST	2:50.19 L	2 SHAO, Livia	13 MSSAC	2:41.78 L
3 KOLODENKO, Mira	13 OAK	2:45.85 L	3 GOMES, Sinead	13 SWOTT	2:38.32 S
4 CHEUNG, Armelle	13 NEW	2:42.46 L	4 ROSENBERG, Claire	13 SWOTT	2:41.34 L
5 VOISIN, Annabelle	13 PPSC	2:39.40 S	5 JONES, Olivia	13 PTBO	2:41.34 L
6 WALSH, Alora	13 USC	2:46.46 L	6 FURLONG, Quinn	13 TSC	2:41.76 L
7			7 PODESTA, Emma	13 LAC	2:38.75 S
8			8 FOURNIER, Ellie	13 NKB	2:42.26 L
9			9 TAYLOR, Margaret	13 BTSC	2:39.19 S
<u>Heat 3 of 13</u>			<u>Heat 4 of 13</u>		
0 GOODWIN, Chelsea	13 HHBF	2:41.21 L	0 RICARTI, Rafaela	13 TSC	2:37.39 L
1 NOLAN, Amelia	13 GO	2:40.73 L	1 HERZOG, Camryn	14 TSC	2:34.97 L
2 NORLOCK, Helena	13 CPWD	2:39.94 L	2 TRAN, B.	14 OAK	2:34.85 L
3 CIANNAVEI, Sophia	13 OAK	2:38.61 L	3 WATSON, Alexa	13 MSSAC	2:34.60 L
4 HANSEN, Macy	13 HAC	2:37.87 L	4 YE, Hilary	14 RHAC	2:34.43 L
5 DAHIROC, Taylor	13 LAC	2:38.57 L	5 BOODY, Miriam	14 LAC	2:34.44 L
6 AUBIN, Michelle	13 GSH	2:39.78 L	6 DU, Xinyao	14 OAK	2:34.73 L
7 SANG, Teresa	13 OAK	2:40.09 L	7 FRANZOI, Siena	14 TSC	2:31.82 S
8 JACKSON, Emily	13 MMST	2:40.89 L	8 LAING, Aly	13 GMAC	2:36.48 L
9 LEUNG, Alexandra	13 TSC	2:41.32 L	9 VAUGHAN, Emma	13 BTSC	2:34.35 S
<u>Heat 5 of 13</u>			<u>Heat 6 of 13</u>		
0 LI, Sophia	13 SSAT	2:34.29 L	0 NAGENGAST, M.	14 LSC	2:31.98 L
1 HORNBY, Keira	14 BTSC	2:30.83 S	1 BASIC, Kristina	15 RAMAC	2:31.72 L
2 RENWICK, Bronwyn	14 WS	2:33.04 L	2 WALSH, Maisie	15 BBST	2:28.62 S
3 OUIMETTE, Alexa	14 KAP	2:32.96 L	3 YANG, Claire	15 NYAC	2:28.33 S
4 WELSH, Evelyn	14 TORCH	2:29.81 S	4 GIRARDI, Aili	15 SR	2:27.70 S
5 MARKOWSKY, Ella	14 BAD	2:32.88 L	5 HILTZ, Stella	15 SWOTT	2:31.25 L
6 TAI, Wendy	13 MSSAC	2:33.03 L	6 BACH, Grace	15 WAAC	2:31.54 L
7 OPACIC, Sara	14 TORCH	2:33.11 L	7 PUN, Chloe	14 TORCH	2:31.65 L
8 KINGSLAND, C.	14 NEW	2:34.15 L	8 SULEIMANOV, A.	15 BTSC	2:28.99 S
9 VANDERBOLT, K.	14 MMST	2:31.40 S	9 HULL, Gwyneth	14 GSH	2:32.57 L

Scratches



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Scratch Deadlines
Open Relays (8AM) & 800/1500 (9AM) on day of distance/relay takes place
Youth 800 & 400s - 30 mins before start of session
Finals - 30 mins after last prelim event

Event 13, Women, 200m Backstroke, Prelim

Heat 7 of 13

0	VILCHEZ, Clara	14	BTSC
1	GUO, Olivia	15	ROW
2	ANSTETT, Sophia	16	RCAQ
3	MURDOCH, Hailey	16	CAJ
4	MCDONALD, Nalina	17	LSC
5	BATTRICK, Marissa	14	BTSC
6	ARSENAULT, Zoe	15	HHBF
7	TIGERT, Sophie	14	TSC
8	RUSU, Erica	14	MAC
9	LE, Caitlyn	15	YORK

Heat 8 of 13

0	STROPLE, Brielle	17	OAK	2:28.37 L
1	NGUYEN, Ariel	17	OAK	2:28.33 L
2	HO, Abigail	13	APEX	2:27.60 L
3	FRICKLETON, A.	17	TSC	2:27.46 L
4	KLOSEVYCH, Helena	17	GO	2:24.21 S
5	OUWEHAND, Leah	17	GHAC	2:27.23 L
6	WINEGAR-TONTEGODE	16	OTTER	2:24.67 S
7	CHUNG, Emma	17	SCAR	2:25.00 S
8	GINZBURG, Leah	16	RAMAC	2:28.35 L
9	NOORDHOF, Ava	16	GO	2:25.57 S

Heat 9 of 13

0	BROPHY, Fiona	17	CPWD
1	GATTO, Anna	15	UNCAN
2	RINAS, Payton	16	WAC
3	BENNETT, Anika	16	OTTER
4	WILKIE, Ashley	17	MAC
5	JIN, Alice	14	RHAC
6	TOMORY, Zoe	16	LSC
7	BURTON, Isabelle	17	LAC
8	GREGORIC, Avelyn	14	ESWIM
9	KO, Ryeo	16	RHAC

Heat 10 of 13

0	PATTERSON, I.	15	LAC	2:24.95 L
1	PITTS, Payton	16	EBSC	2:21.88 S
2	DU, Le Anne	15	ROW	2:24.61 L
3	STEPANOFF, Paige	16	TSC	2:24.53 L
4	WALKER, Chloe	15	USC	2:24.11 L
5	WIELAND, Elena	14	ESWIM	2:24.39 L
6	MAHADANA ARACHCH	17	OTTER	2:24.55 L
7	PALACHIK, Jane	14	NYAC	2:24.69 L
8	TAKACS, Samantha	17	BTSC	2:22.04 S
9	VICENTE, Savannah	17	TSC	2:22.18 S

Heat 11 of 13

0	MUSCAT, Hayley	15	CW
1	RICHARDSON, J.	13	OYO
2	LJUCKANOV, Lilian	18	AJAX /OSA
3	WALTERS, Jenna	18	GMAC
4	KNIGHT, Avery	17	BTSC
5	ROGERS, Olive	17	ESWIM
6	TOMIC, Mia	16	ROW
7	PHANEUF, Ella	16	MMST
8	THEBARGE, Jessica	19	GO
9	WIGNALL, Hailey	18	BROCK

Heat 12 of 13

0	TRIPP, Helena	14	KBM	2:23.12 L
1	RIX, Sophie	14	MUSAC	2:21.87 L
2	XIA, Vanessa	17	OAK	2:20.86 L
3	SHENG, Jessica	19	MAC	2:18.35 L
4	TIGERT, Leah	16	TSC	2:13.11 L
5	MELANSON, Isabelle	20	GO	2:14.18 S
6	SCHWINDT, Jessica	20	UG	2:17.14 S
7	OKE, Hayley	18	MUSAC	2:21.11 L
8	BLEAKNEY, Lila	19	GGST	2:22.91 L
9	JOUBERT, Eva	15	ESWIM	2:23.51 L

Heat 13 of 13

0	TOEWS, Bevin	17	MAC	2:23.12 L
1	HO, Michelle	17	APEX	2:21.38 L
2	XU, Sunny	16	ROW	2:20.75 L
3	KISSUK, Sophie	18	ESWIM	2:17.88 L
4	KRYGER, Madison	16	BROCK	2:09.88 L
5	DROVER-SMITH, M.	20	WS	2:16.70 L
6	BEZANSON, Maya	18	TSC	2:19.16 L
7	LIPTON, Harper	17	NYAC	2:21.11 L
8	FENWICK, Isla	14	BROCK	2:22.78 L
9	VADEIKA, Robin	19	LAC	2:20.58 S

Scratches



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Youth 800 & 400s - 30 mins before start of session
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Event 14 Men, 200m Backstroke Open
2025-07-11 Startlist Prelim

Ontario provincial records Open	1:58.06	ORIWOL, Tobias	TSC		2012
Ontario provincial records 17	2:00.08	BRENNAN, Francis	BBST	Victoria	2025
Ontario provincial records 16	2:00.88	ORIWOL, Tobias	ESWIM		2001
Ontario provincial records 15	2:00.03	ORIWOL, Tobias	ESWIM		2001
Ontario provincial records 14	2:05.16	ORIWOL, Tobias	ESWIM		2000
Ontario provincial records 13	2:12.93	STOKES, Richie	ESWIM		2014

	Age	Club	Classification		Age	Club	Classification
<u>Heat 1 of 13</u>				<u>Heat 2 of 13</u>			
0				0	XU, N.	13	MAC 2:35.64 L
1				1	HAN, Nicholas	13	RHAC 2:35.18 L
2				2	HUTCHINSON, H.	13	ESWIM 2:30.78 S
3	RUSH, Andrew	13	CAJ 2:38.28 L	3	SFORZA, Owen	13	BROCK 2:33.24 L
4	MADANAYAKE, D.	13	TORCH 2:36.09 L	4	PATRY, Hugo	13	OTTSC 2:32.91 L
5	FU, Yiheng	13	NKB 2:36.80 L	5	MACPHEE, Nathan	13	PERTH 2:29.96 S
6	SMITH, Adam	13	LSC 2:43.12 L	6	CHEN, Christopher	13	GGST 2:33.72 L
7				7	LAU, Enzo	13	APEX 2:34.39 L
8				8	CASTILLO-CALLE, S.	13	WS 2:35.63 L
9				9	MILLER, Forrest	13	PICK 2:35.92 L
<u>Heat 3 of 13</u>				<u>Heat 4 of 13</u>			
0	PSHONKA, Steffan	13	NKB 2:28.97 S	0	SINGFIELD, Liam	13	OAK 2:26.49 L
1	YU, Felix	13	MAC 2:30.99 L	1	MA, Bernardo	14	RHAC 2:25.51 L
2	GOMEZ, Olivier	13	GGST 2:29.45 L	2	ZAKATSILOLO, Paul	13	OAK 2:25.32 L
3	WU, Ethan	13	ROW 2:28.59 L	3	WEI, Nicholas	14	ROW 2:22.01 S
4	ZHANG, Marvin	13	DUCKS 2:27.30 L	4	SCHURMANS, Liam	14	UCRO 2:24.23 L
5	BURKE, Julian	13	ESWIM 2:27.44 L	5	FALKINER, Rhyker	14	HSC 2:24.26 L
6	MCDONALD, Aiden	13	SLSC 2:28.95 L	6	BELL, Zachary	14	HAC 2:25.26 L
7	PLUMMER, Brody	13	NKB 2:29.69 L	7	TSELICHTCHEV, M.	14	VAC 2:25.42 L
8	DAI, Shaoran	13	NYAC 2:31.27 L	8	MCGREGOR, Noah	14	SLSC 2:25.60 L
9	HUANG, Edwin	13	BTSC 2:29.56 S	9	MOELLENKAMP, Z.	13	ROW 2:26.95 L
<u>Heat 5 of 13</u>				<u>Heat 6 of 13</u>			
0	KELLER, James	14	MAC 2:23.71 L	0	MARLOW, Bradley	15	LAC 2:20.23 L
1	HAMMOND, Luke	13	LSC 2:21.43 L	1	DERONETH, Saul	15	GO 2:17.16 S
2	BRENT, Owen	15	GGST 2:20.89 L	2	KRICFALUSI, Emil	15	RHAC 2:16.97 S
3	BI, Lucas	13	NSSC 2:20.74 L	3	SUCEVEANU, Kirill	15	RAMAC 2:19.48 L
4	CHURCH, Michael	15	WAC 2:20.59 L	4	DIXON, Quintin	14	TSC 2:19.34 L
5	TOMPA, Oliver	15	LSC 2:17.88 S	5	KO, Liam	15	NKB 2:19.40 L
6	LI, Andrew	15	SSAT 2:18.12 S	6	DUNCAN, Ewan	15	SLSC 2:19.58 L
7	BASSIN, Liam	15	CAJ 2:21.36 L	7	PALLANT, Matthew	15	LAC 2:19.85 L
8	SHEN, Andrew	14	MAC 2:23.39 L	8	BAIDOC, Jonathan	15	NYAC 2:19.92 L
9	CAMERON, Liam	14	TSC 2:24.16 L	9	BARKER, Ben	14	GSH 2:20.31 L

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Event 14, Men, 200m Backstroke, Prelim

Heat 7 of 13

0	YE, SiuYin	16	MAC
1	GUAN, Miles	14	RHAC
2	SUN, Tianyi	15	LAC
3	HELMAN, Jonathan	14	DUCKS
4	HEIDEN, Liam	16	KBM
5	COOKE, Jackson	16	LAC
6	GOMEZ, Leonardo	16	NEW
7	HOOD, Charles	15	GMAC
8	LAW, Brennan	16	OSAC
9	MCCURDY, Myles	13	TSC

Heat 8 of 13

2:18.35 L	0	KARAMETE, Kerem	16	TSC	2:14.79 S
2:18.22 L	1	BRADWIN, Noah	17	GMAC	2:14.56 S
2:15.43 S	2	STREDWICK, T.	16	OSAC	2:14.33 S
2:18.10 L	3	CHAN, Nathan	17	TORCH	2:16.86 L
2:17.81 L	4	GOODE, Griffin	16	MSSAC	2:13.99 S
2:17.81 L	5	CHONG, Maxwell	15	MAC	2:16.80 L
2:15.40 S	6	TULLY, Emerson	17	ESWIM	2:16.92 L
2:15.50 S	7	SINGH, Jaiveer	17	COBRA	2:17.05 L
2:18.30 L	8	RUSU, Robert	16	NEW	2:17.31 L
2:18.97 L	9	VAUGHAN, Nathan	15	BTSC	2:17.77 L

Heat 9 of 13

0	GRAY, Jack	13	CAJ
1	ROBINSON, Carter	16	GO
2	ABDELWAHED, Ziad	16	OAK
3	TWIST, Julian	16	GMAC
4	ELSAYED, Ahmed	15	OAK
5	MONGEON, James	17	NCA
6	YAGHI, Marcel	16	MSSAC
7	PECORELLA, Sam	15	CATS
8	FLOREA, Alexander	16	MSSAC
9	AFONIN, Daniel	17	VAC

Heat 10 of 13

2:16.31 L	0	FORD, James	15	SLSC	2:14.88 L
2:15.93 L	1	O'ROURKE, Fynn	14	GMAC	2:14.00 L
2:13.06 S	2	HAY, Hudson	15	COBRA	2:13.84 L
2:15.50 L	3	JUNG, Owen	15	GO	2:13.52 L
2:12.44 S	4	KIM, Eun - Woo	17	RHAC	2:13.29 L
2:15.22 L	5	BEATTY, Evan	16	BTSC	2:13.31 L
2:12.91 S	6	VIGNEAULT, Nathan	17	COBRA	2:13.58 L
2:15.80 L	7	NYKOLYN, Dennis	16	ESWIM	2:13.98 L
2:13.31 S	8	LLOYD-BEE, Lucas	16	ROW	2:14.00 L
2:13.91 S	9	TAN, Kaleb	14	TORCH	2:15.04 L

Heat 11 of 13

0	BROCK, Holden	19	NYAC
1	MACPHERSON LEWIS, C18	18	BGHAC
2	GALLACHER, J.	18	UCRO
3	DIETZ, Brian	18	ESWIM
4	WINTERBORN, B.	19	UT
5	KILLAM, Carson	16	NYAC
6	NOLAN, Declan	18	LAC
7	DU, Samuel Jinyang	17	MST
8	ELLIOT, Liam	14	NKB
9	WICK, Rowan	19	LAC

Heat 12 of 13

2:12.63 L	0	ZIELINSKI, Adam	22	OAK	2:09.33 S
2:11.21 L	1	CHAN, J.	17	NYAC	2:11.08 L
2:06.60 S	2	YIN, Louie	18	WAT	2:06.54 S
2:08.22 L	3	BAILEY, Damien	19	NYAC	2:07.79 L
2:04.07 L	4	HARRISON, Jaques	18	CREST	2:01.52 L
2:06.79 L	5	STEELE, Thomas	20	UG	2:04.21 S
2:08.71 L	6	WALKER, Raine	17	NEW	2:08.64 L
2:10.36 L	7	SCHINKELSHOEK, G.	16	WAC	2:10.07 L
2:11.71 L	8	GEMMELL, Lucas	17	MAC	2:11.51 L
2:13.05 L	9	ARBEAU, Aiden	16	OTTER	2:12.90 L

Heat 13 of 13

0	SO, Nik	17	RHAC	2:11.87 L
1	MATZ, Ethan	17	MMST	2:11.01 L
2	POSTERNAK, Maty	16	ESWIM	2:08.97 L
3	VILCHEZ, Lucian	17	BTSC	2:07.15 L
4	BRENNAN, Francis	17	BBST	2:00.08 L
5	BRYER, William	21	OAK	2:04.15 S
6	FRIGHT, Cullen	16	AJAX /OSA	2:08.28 L
7	KAY, Declan	18	SCAR /OSA	2:09.25 L
8	PYZER, Carson	17	TORCH	2:11.26 L
9	STONEBURGH, O.	20	GHAC	2:12.71 L

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Scratch Deadlines
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Event 209 Women, 100m Backstroke S1-S2, S6-S14
2025-07-11 PARA Startlist Prelim

Ontario Para Records S6	1:32.04	STEVENS, Ruby	RCAQ	Toronto	2024
Ontario Para Records S10	1:05.90	MORTIMER, Summer	DUCKS		2012
Ontario Para Records S14	1:10.99	VAN DYK, Emma	BROCK	Toronto	2024

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0					
1					
2					
3 STEVENS, Ruby	22	RCAQ /OSA	S6	12,3,4,A	1:36.87 L
4 COSGRIFFE, Jaime	19	OAK	S10	+,12,3,5	1:08.26 L
5 VAN DYK, Emma	22	BROCK	S14	0	1:11.34 L
6 DARBY, Alessa	13	BTSC	S6	+,12,3,5,A	2:00.19 L
7					
8					
9					

Event 210 Men, 100m Backstroke S1-S2, S6-S14
2025-07-11 PARA Startlist Prelim

Ontario Para Records S10	1:12.18	KEMP, Justin	LAC		2007
Ontario Para Records S14	1:03.29	MACDONALD, Tyson	WRMS		2017

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0					
1					
2 DALEMAN, Austin	23	RCAQ	S14	0	1:28.69 L
3 FRICANO, Antonio	24	GHAC	S14	0	1:19.78 L
4 KIERSTEAD, George	17	MUSAC	S14	0	1:11.36 L
5 NELISSEN, Austin	13	OTTER	S10	+,12,3,5,A	1:14.10 L
6 GHALY, Nadim	23	GHAC	S14	0	1:21.86 L
7					
8					
9					

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Scratch Deadlines
Open Relays (8AM) & 800/1500 (9AM) on day of distance/relay takes place
Youth 800 & 400s - 30 mins before start of session
Finals - 30 mins after last prelim event

Event 211 Women, 50m Backstroke S1-S5
2025-07-11 PARA - START FROM TURN END Startlist Prelim

Ontario Para Records S3	1:08.64	VAN WYCK-SMART, Aly	WS	Victoria	2025
Ontario Para Records S4	1:02.45	TUCKER, Jordan	RCAQ		2024
Ontario Para Records S5	59.98	MCLEAN, Kaley	VVAC		2002

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0					
1					
2					
3 LEMIEUX, Myla	14	KAP	S5	+,1,12,2,4,A	1:23.68 S
4 TUCKER, Jordan	23	RCAQ	S4	1,12,2,4,A	1:02.45 L
5 VAN WYCK-SMART, Aly	22	WS	S3	12,3,4,A,E	1:08.64 L
6					
7					
8					
9					

Event 15 Women, 400m Medley Open
2025-07-11 Startlist Prelim

Ontario provincial records Open	4:23.65	MCINTOSH, Summer	UNCAN	Victoria	2025
Ontario provincial records 17	4:40.65	MCINTOSH, Summer	UNCAN		2024
Ontario provincial records 16	4:41.43	JANSEN, Ella	ESWIM		2022
Ontario provincial records 15	4:29.01	MCINTOSH, Summer	ESWIM/HPCO		2022
Ontario provincial records 14	4:46.69	BELLIO, Katrina	ESWIM		2019
Ontario provincial records 13	4:50.43	MCINTOSH, Summer	ESWIM		2020

Age Club	Classification		Age Club	Classification	
Heat 1 of 15			Heat 2 of 15		
0			0		
1			1 PENNELL, Julia	13 EBSC	5:56.05 L
2			2 FURLONG, Quinn	13 TSC	5:55.01 L
3 KOLODENKO, Mira	13 OAK	5:56.97 L	3 TAYLOR, Margaret	13 BTSC	5:53.96 L
4 CROFT, Amelia	13 LSC	5:49.57 S	4 TRANTER, Jacobie	13 CREST	5:53.17 L
5 CHAN, Venus	13 APEX	5:56.61 L	5 SOGBEIN, Naomi	13 NBYT	5:53.43 L
6			6 LOH, Emma Kate	13 MAC	5:47.19 S
7			7 ZHU, Alice	13 OAK	5:55.41 L
8			8 MAZUR, Julia	13 ESWIM	5:56.50 L
9			9		

Scratches



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Youth 800 & 400s - 30 mins before start of session
Finals - 30 mins after last prelim event

Event 15, Women, 400m Medley, Prelim

Heat 3 of 15

0	DAHIROC, Taylor	13	LAC
1	ALLISON, Fiona	13	BROCK
2	PODESTA, Emma	13	LAC
3	WANG, Kelly	13	MST
4	VAUGHAN, Emma	13	BTSC
5	ZHOU, Isabella	13	CW
6	SHAO, Livia	13	MSSAC
7	LASKARIS, Athena	13	ROW
8	FOURNIER, Ellie	13	NKB
9	WATSON, Alexa	13	MSSAC

Heat 4 of 15

0	HOWISON, Nora	13	ROW	5:49.99	L
1	MURDOCH, Ainsley	13	CAJ	5:49.14	L
2	VALLEE, Emma	13	SSAT	5:48.30	L
3	SANG, Teresa	13	OAK	5:48.06	L
4	LI, Sophia	13	SSAT	5:47.35	L
5	NGUYEN, Amy	13	MSSAC	5:40.64	S
6	ROMANOVA, Polina	13	BWSC	5:48.22	L
7	VAN LOON, Adele	13	CSL	5:48.84	L
8	SHEN, Yanzi	13	NYAC	5:49.22	L
9	AN, Monica	13	MAC	5:50.31	L

Heat 5 of 15

0	JONES, Olivia	13	PTBO
1	LOVE-NICHOLSON, C.	13	AJAX
2	GREIG GATTO, A.	13	UNCAN
3	SU, Ziqing	13	OAK
4	WANG, Abigail	13	MAC
5	YANG, Arianna	14	RHAC
6	POTTER, Mariko	13	MSSAC
7	MILLER, Victoria	13	MSSAC
8	FRITH, Lexi	13	MMST
9	MCKAY, Lindsay	13	GSH

Heat 6 of 15

0	GRACON, M.	14	MSSAC	5:30.11	S
1	MANKARIOS, E.	14	BTSC	5:36.02	L
2	KIM, Erin	14	MAC	5:28.66	S
3	WILSON, Olivia	13	NEW	5:34.81	L
4	SMITH, Addison	15	SWOTT	5:34.34	L
5	PETROV, Niki	13	ESWIM	5:34.46	L
6	HUANG, Vikki	14	MAC	5:35.13	L
7	TAYLOR, Blayke	13	BTSC	5:35.55	L
8	LAING, Aly	13	GMAC	5:36.18	L
9	FRANZOI, Siena	14	TSC	5:37.09	L

Heat 7 of 15

0	WALSH, Maisie	15	BBST
1	WILLIAMS, Grace	13	USC
2	LEE, Emily	13	RHAC
3	SARABURA, Kylie	15	BTSC
4	SMITH, Natalie	15	LSC
5	NAGENGAST, M.	14	LSC
6	KIM, Yunseo	13	NKB
7	MATTHEWS-DICKSON,	15	SWOTT
8	PORCO, Angelena	14	HAC
9	THAI, Erin	15	ESWIM

Heat 8 of 15

0	VITALE, Sloan	15	BROCK	5:31.68	L
1	TOKI, Megan	15	LSC	5:30.62	L
2	CHEN, Ashley	15	MSSAC	5:23.80	S
3	HUYNH, Emma	15	CREST	5:29.89	L
4	LJUCKANOV, Liana	15	AJAX	5:29.68	L
5	HILTZ, Stella	15	SWOTT	5:23.31	S
6	O'SULLIVAN, Zoe	15	MMST	5:29.90	L
7	BACH, Grace	15	WAAC	5:30.31	L
8	PIRES-MARTINS, A.	15	COBRA	5:24.50	S
9	WEHNER, Aurora	14	TSC	5:31.85	L

Heat 9 of 15

0	CHAN, Valerie	15	RHAC
1	WIGHTON, Natalie	14	OAK
2	PRICE, Chloe	16	CREST
3	BATTRICK, Marissa	14	BTSC
4	BEST, Emma	13	ESWIM
5	MCINTOSH, Grace	16	GO
6	GREGORIC, Avelyn	14	ESWIM
7	WANG, Aryia	16	OAK
8	WILSON, Jaeden	13	OAK
9	ROBINSON, Molly	15	BTSC

Heat 10 of 15

0	LEE, Cayley	16	RHAC	5:25.89	L
1	STROPLE, Brielle	17	OAK	5:25.05	L
2	COFFIN, Sarah	16	CW	5:24.94	L
3	GREENAWAY, Molly	14	GSH	5:24.64	L
4	HARDIE, Isla	17	GO	5:24.26	L
5	MEZEI, Gemma	16	MMST	5:18.15	S
6	LICARI, Danica	15	SWOTT	5:24.70	L
7	HOLLO, Annika	16	OYO	5:25.00	L
8	SCHMIDT, Isabella	15	TORCH	5:25.58	L
9	FORESTIER, Gabrielle	16	SWOTT	5:26.42	L

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Scratch Deadlines
Open Relays (8AM) & 800/1500 (9AM) on day of distance/relay takes place
Youth 800 & 400s - 30 mins before start of session
Finals - 30 mins after last prelim event

Event 15, Women, 400m Medley, Prelim

Heat 11 of 15

0	SONG, Anna	16	OAK
1	SHAHI, Elika	14	RHAC
2	RIX, Sophie	14	MUSAC
3	LOGAN, Quinlynn	17	CW
4	EBLI, Lennan	14	TSC
5	THEBARGE, Jessica	19	GO
6	THORNLEY, Daniela	14	TSC
7	CHEUNG, Eunice	17	NEW
8	CONNORS, Nicole	17	MMST
9	SUN, Jiachen	16	OAK

Heat 12 of 15

5:23.91 L	0	TURTON-SUGDEN, E.	16	MMST	5:19.39 L
5:22.76 L	1	PULSIFER, Isla	17	SWOTT	5:19.23 L
5:22.53 L	2	BROPHY, Fiona	17	CPWD	5:19.15 L
5:21.59 L	3	WIELAND, Elena	14	ESWIM	5:18.03 L
5:20.85 L	4	BENNETT, Anika	16	OTTER	5:17.17 L
5:20.88 L	5	VROOM, Kaelyn	15	BTSC	5:17.47 L
5:22.05 L	6	DANKS, Chloe	18	GO	5:18.44 L
5:22.69 L	7	RUS, Sophie	14	ROW	5:19.20 L
5:23.79 L	8	HERRINGTON, Esli	13	TSC	5:19.34 L
5:17.86 S	9	SABRY, Dahlia	15	ESWIM	5:20.24 L

Heat 13 of 15

0	DONNELLY, Megan	18	OAK
1	GONGORA GAYTAN, C	17	OAK
2	HORNBY, Kaia	14	BTSC
3	HARRISON, Ella	15	CREST
4	WANG, A.	18	MAC
5	CHAI, Amy	17	MAC
6	STOKLEY, Lauren	15	LAC
7	BURTON, Isabelle	17	LAC
8	WILKIE, Ashley	17	MAC
9	BANSAL, Noor	20	MSSAC

Heat 14 of 15

5:16.04 L	0	MUSCAT, Hayley	15	CW	5:15.94 L
5:12.65 L	1	TOEWS, Avery	17	MAC	5:12.42 L
5:06.35 L	2	DREGHICI, Jessica	18	CW	5:04.50 L
5:02.44 L	3	CABEZAS GARZON, M	16	ESWIM	5:02.11 L
4:55.15 L	4	ORAVSKY, Laila	18	BTSC	4:53.27 L
4:59.47 L	5	COOPER, Isabella	15	LSC	4:58.37 L
5:03.31 L	6	CHAI, Lily	14	MAC	5:02.85 L
5:11.96 L	7	LUPTON, Hallie	16	BBST	5:10.75 L
5:08.06 S	8	SUN, Victoria	17	MAC	5:13.55 L
5:10.49 S	9	WANG, Yanny	17	MAC	5:16.39 L

Heat 15 of 15

0	GRAY, Sara	18	GHAC	5:15.05 L
1	TOEWS, Bevin	17	MAC	5:06.02 S
2	STOKLEY, Grier	15	LAC	5:04.15 L
3	LEIGH, Peyton	17	BROCK	5:00.50 L
4	BEZANSON, Maya	18	TSC	4:52.20 L
5	VROOM, Taira	18	BTSC	4:57.77 L
6	CHRISTIE, Claire	19	GGST	5:02.55 L
7	WALKER, Chloe	15	USC	5:08.60 L
8	PERON, Amelia	17	COBRA	5:13.38 L
9	MCCHESNEY, M.	14	ESWIM	5:16.26 L

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Youth 800 & 400s - 30 mins before start of session
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Event 16 Men, 400m Medley Open
2025-07-11 Startlist Prelim

Ontario provincial records Open	4:11.74	JANKOVICS, Tristan	RCAQ	2024
Ontario provincial records 17	4:22.39	BAUMANN, Alex	LUSC	1981
Ontario provincial records 16	4:22.90	BAUMANN, Alex	LUSC	1980
Ontario provincial records 15	4:24.27	ORIWOL, Tobias	ESWIM	2001
Ontario provincial records 14	4:32.39	ORIWOL, Tobias	ESWIM	2000
Ontario provincial records 13	4:44.79	KWINTER, Charlie	ESWIM	2018

	Age	Club	Classification		Age	Club	Classification
<u>Heat 1 of 14</u>				<u>Heat 2 of 14</u>			
0				0 MILLER, Forrest	13	PICK	5:35.61 L
1				1 STREDWICK, James	13	OSAC	5:35.09 L
2 PAN, Nicholai	13	WAC	5:38.32 L	2 WATT, Rydaar	13	BTSC	5:34.70 L
3 KROCHMALNEK, L.	13	TORCH	5:36.91 L	3 YU, Felix	13	MAC	5:32.74 L
4 SCHUBERT, Kaeden	13	OAK	5:36.46 L	4 MACKENZIE, H.	13	SWOTT	5:29.51 L
5 XU, N.	13	MAC	5:30.20 S	5 IZYUMOV, Erik	13	DUCKS	5:31.68 L
6 SMITH, Adam	13	LSC	5:38.02 L	6 BURKE, Julian	13	ESWIM	5:34.41 L
7 PLUMMER, Brody	13	NKB	5:39.10 L	7 BLANCHET, Rio	13	PICK	5:34.93 L
8				8 WU, Ethan	13	ROW	5:35.15 L
9				9 RUSH, Andrew	13	CAJ	5:35.79 L
<u>Heat 3 of 14</u>				<u>Heat 4 of 14</u>			
0 TAYLOR, George	13	EBSC	5:28.55 L	0 YAO, Lucas	13	GO	5:17.32 L
1 PARKHOMENKO, O.	13	DUCKS	5:26.68 L	1 MA, Bernardo	14	RHAC	5:13.93 L
2 PSHONKA, Steffan	13	NKB	5:23.29 L	2 CAMERON, Liam	14	TSC	5:13.57 L
3 ZHU, Xiao	13	OAK	5:19.25 L	3 BUI, Vinson	14	RHAC	5:13.29 L
4 RUS, Chris	13	ROW	5:18.42 L	4 ELLIOT, Liam	14	NKB	5:12.52 L
5 WU, Rex	13	DUCKS	5:18.47 L	5 DEGIORGIO, Luke	14	LAC	5:12.95 L
6 LIU, Philip	13	NYAC	5:19.88 L	6 HAN, Nathan	14	WS	5:13.31 L
7 DUNCAN, Callum	13	SLSC	5:25.02 L	7 DIXON, Quintin	14	TSC	5:07.61 S
8 DEVROOM, Tate	13	BTSC	5:27.14 L	8 BARKER, Ben	14	GSH	5:08.46 S
9 PINTO, Arthur	13	LAC	5:28.92 L	9 LIM, Dongyun (Max)	13	OAK	5:17.58 L
<u>Heat 5 of 14</u>				<u>Heat 6 of 14</u>			
0 FUJIWARA, Nayuta	14	TSC	5:11.67 L	0 HELMAN, Jonathan	14	DUCKS	5:05.45 L
1 GUAN, Miles	14	RHAC	5:10.98 L	1 SCHLEIMER, Logan	15	LSC	5:04.74 L
2 SHEN, Andrew	14	MAC	5:09.77 L	2 MILLAR, Tyler	15	BTSC	5:04.26 L
3 MA, Ruijie	14	MAC	5:08.23 L	3 JUNG, Owen	15	GO	4:58.06 S
4 SCANLAN, Kai	14	TSC	5:07.11 L	4 SHEN, Alex Lechen	14	MST	5:03.17 L
5 HESTER, Daxton	14	SLSC	5:01.39 S	5 CHONG, Maxwell	15	MAC	5:03.54 L
6 WEI, Nicholas	14	ROW	5:08.70 L	6 O'GRADY, M.	15	LSC	5:04.22 L
7 REDHEAD, A.	13	OAK	5:10.15 L	7 DUNCAN, Ewan	15	SLSC	5:04.44 L
8 ZHANG, Xuanyi	14	OAK	5:11.27 L	8 VAUGHAN, Nathan	15	BTSC	5:04.97 L
9 LO, Yi Sheng	13	ESWIM	5:11.68 L	9 SARVARI, Oliver	14	TSC	5:07.09 L

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Scratch Deadlines
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Event 16, Men, 400m Medley, Prelim

Heat 7 of 14

0	MA, Ruixuan	14	MAC
1	BI, Lucas	13	NSSC
2	MESZAROS, David	15	NYAC
3	MOREIRA, Arthur	15	OAK
4	FORD, James	15	SLSC
5	GRUNEWALD, Marc	14	OAK
6	GRAY, Jack	13	CAJ
7	SZAKACS, Nicolas	15	NYAC
8	KRICFALUSI, Emil	15	RHAC
9	KO, Liam	15	NKB

Heat 8 of 14

0	CHEN, Andrew	16	MAC	4:58.94 L
1	YE, SiuYin	16	MAC	4:58.54 L
2	MALCOLM, Evan	16	GGST	4:57.54 L
3	SOLTANI, Ilyes	17	NKB	4:50.91 S
4	NYKOLYN, Dennis	16	ESWIM	4:56.51 L
5	JOHNSTON, Caleb	17	ESWIM	4:56.66 L
6	HUNT, Kaleb	16	CW	4:56.91 L
7	KELLER, James	14	MAC	4:58.14 L
8	BEATTY, Evan	16	BTSC	4:58.86 L
9	SHIBATA, Kai	15	ESWIM	4:59.26 L

Heat 9 of 14

0	REFAAT, Youssef	16	OAK
1	ARDELEANU, Gabriel	16	COBRA
2	GUELDIS, Angelo	17	STARS
3	BROZDA, Lukasz	17	MSSAC
4	LANGRIDGE, William	17	GO
5	ARBEAU, Aiden	16	OTTER
6	HEINBUCH, Austin	16	CW
7	CHEN, Lucas	17	RHAC
8	HAY, Hudson	15	COBRA
9	ABDELWAHED, Ziad	16	OAK

Heat 10 of 14

0	LIU, Nathan	16	ROW	4:54.32 L
1	CAMPBELL, Silas	17	WAAC	4:47.84 S
2	COOKE, Jackson	16	LAC	4:52.34 L
3	RUSH, Cooper	17	CREST	4:45.34 S
4	WILLIAMS, Ethan	18	WAT	4:44.51 S
5	WALDA, Rhys	15	WAC	4:51.00 L
6	DENIZ, Omer	17	MAC	4:52.00 L
7	MCCONACHIE, W.	15	BTSC	4:52.72 L
8	STREDWICK, T.	16	OSAC	4:47.93 S
9	CALDER, Caelen	17	BBST	4:54.43 L

Heat 11 of 14

0	BANTA, Jared	19	BROCK
1	SHUSTOV, Anton	16	RHAC
2	MORRISSEY, C.	17	CW
3	DIOMIN, Daniel	16	RHAC
4	WU, Fung Lin	17	ESWIM
5	GOOGE, Owen	21	BBST
6	BAAS, Owen	16	SLSC
7	SUTTON, Scotty	18	BTSC
8	LLOYD-BEE, Lucas	16	ROW
9	GOSTLIN, Misha	16	MSSAC/OSA

Heat 12 of 14

0	KUNG, Owen	17	MAC	4:45.26 L
1	CLAWSON-HONEYMAN	18	GO	4:43.56 L
2	YAO, Alex	15	MAC	4:41.73 L
3	SHUSTER, Lleyton	20	OAK	4:33.36 S
4	CESCON, Benjamin	16	CREST	4:34.10 L
5	THOMPSON, Nate	19	OAK	4:31.32 S
6	MATTEIS, Quinn	20	WAC	4:35.15 S
7	THOMPSON, Oliver	17	OAK	4:42.78 L
8	POWALOWSKI, M.	19	MSSAC	4:44.51 L
9	MACNEIL, Noah	17	ESWIM	4:45.59 L

Heat 13 of 14

0	KONG, Kiet	17	MAC
1	BROWN, Connor	16	CW
2	CAPRAZ, M.	17	NKB
3	WATSON, Scott	16	MAC
4	SCHAEPPER, Jordan	18	NKB
5	BARTOCH, Hayden	22	LAC
6	LEE, Aidan	15	CREST
7	KAY, Declan	18	SCAR /OSA
8	PRODAN, Chris	17	MSSAC
9	SEGUIN, Griffin	15	BTSC

Heat 14 of 14

0	NOLAN, Declan	18	LAC	4:39.01 S
1	VON WASILEWSKI PEY	17	BTSC	4:43.32 L
2	MILLAR, Benjamin	17	BTSC	4:40.70 L
3	VOROBIEV, Max	18	MAC	4:37.23 L
4	HARRISON, Jaques	18	CREST	4:26.42 L
5	RADIC, George	17	MAC	4:35.02 L
6	UY, Rowen	20	NYAC	4:39.73 L
7	DIETZ, Brian	18	ESWIM	4:42.12 L
8	LUTZ-CRUZ, Mason	16	NYAC	4:43.86 L
9	ZELENI, Paul	16	MAC	4:45.37 L

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Event 213 Women, 100m Butterfly S8-S14
2025-07-11 PARA Startlist Prelim

Ontario Para Records S10	1:06.75	COSGRIFFE, Jaime	OAK	Toronto	2024
Ontario Para Records S13	1:06.42	SMYTH_S13SB13SM13, Alyssa	OTTER	Victoria	2025
Ontario Para Records S14	1:09.17	MARINA, Angela	BRANT		2017

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0					
1					
2					
3 CALHOUN, Meghan	22	OSAC /OSA		+,12,A	1:12.08 L EXH
4 SMYTH, Alyssa	15	OTTER	S13	T	1:06.42 L
5 COSGRIFFE, Jaime	19	OAK	S10	+,12,3,5	1:06.75 L
6 SMITH, Kate	19	BTSC	S14	0	1:27.02 L
7					
8					
9					

Event 214 Men, 100m Butterfly S8-S14
2025-07-11 PARA Startlist Prelim

Ontario Para Records S8	1:09.87	ZONA, Zach	NHAC/CHP-Q		2017
Ontario Para Records S9	1:05.00	HALEY, Andrew	GO		1999
Ontario Para Records S10	58.27	ELLIOT, Alec	ROW		2014
Ontario Para Records S11	1:05.97	CABRAJA, Matthew	COBRA		2021
Ontario Para Records S14	1:01.31	MICHIE, Gordie	STJJ		2018

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0					
1					
2 GILLIS, John	16	PICK	S9	+,12,3,5,A	1:19.24 L
3 GHALY, Nadim	23	GHAC	S14	0	1:08.63 L
4 ELLIOT, Alexander	29	ROW	S10	+,12,3,5	1:00.98 L
5 KIERSTEAD, George	17	MUSAC	S14	0	1:06.93 L
6 CABRAJA, Matthew	23	COBRA	S11	B,T	1:14.43 L
7 MAJOR-GINGRAS, Edward	21	EBSC	S8	+,12,3,5,A	1:32.41 L
8					
9					

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Open Relays (8AM) & 800/1500 (9AM) on day of distance/relay takes place
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Event 215 Women, 50m Butterfly S1-S7
2025-07-11 PARA - START FROM TURN END Startlist Prelim

Ontario Para Records S4	53.00	TUCKER, Jordan	RCAQ	Victoria	2025
Ontario Para Records S5	54.24	TUCKER, Jordan	GMAC		2022
Ontario Para Records S7	38.30	WALKER, Elisabeth	VVAC		2004

	Age	Team	Class	Exceptions	
Heat 1 of 1					
0					
1					
2					
3 LEMIEUX, Myla	14	KAP	S5	+,1,12,2,4,A	1:18.62 S
4 TAN, Yang	22	OAK	S7	+,12,3,5,A	42.93 L
5 TUCKER, Jordan	23	RCAQ	S4	1,12,2,4,A	53.00 L
6					
7					
8					
9					

Event 107 Women, 4 x 200m Freestyle Open
2025-07-11 Startlist

Ontario provincial records	1:44.89	ESWIM	ESWIM	2009
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	Club	Classification		Club	Classification
Heat 1 of 1, scheduled in session 9					
0 Oakville Aquatic Club 1	OAK	8:47.57			
1 Lakeshore Swim Club 1	LSC	8:43.54 L			
2 North York Aquatic Club 1	NYAC	8:40.59			
3 Markham Aquatic Club 1	MAC	8:28.25			
4 Toronto Swim Club 1	TSC	8:09.05			
5 Etobicoke Swim Club 1	ESWIM	8:17.80			
6 Barrie Trojan Swim Club 1	BTSC	8:29.40			
7 Richmond Hill Aquatic Club 1	RHAC	8:42.46			
8 Region Of Waterloo Swim CROW		8:45.75			
9 Greater Ottawa Kingfish S.(GO		8:49.04			

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Scratch Deadlines
Open Relays (8AM) & 800/1500 (9AM) on day of distance/relay takes place
Youth 800 & 400s - 30 mins before start of session
Finals - 30 mins after last prelim event



Event 108	Men, 4 x 200m Freestyle	Open
2025-07-11		Startlist
Ontario provincial records	1:33.26 RAMAC	RAMAC 2022

	Club	Classification	Club	Classification
<u>Heat 1 of 1, scheduled in session 9</u>				
0	Nepean Kanata BarracudasNKB	8:02.81		
1	Mississauga Aquatic Club 1MSSAC	7:57.23		
2	Oakville Aquatic Club 1 OAK	7:53.38		
3	London Aquatic Club 1 LAC	7:51.61		
4	Markham Aquatic Club 1 MAC	7:45.31		
5	Etobicoke Swim Club 1 ESWIM	7:49.18		
6	Windsor Aquatic Club 1 WAC	7:52.20		
7	North York Aquatic Club 1 NYAC	7:56.32		
8	Barrie Trojan Swim Club 1 BTSC	7:59.81		
9	Greater Ottawa Kingfish S.(GO	8:04.78		

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Finals - 30 mins after last prelim event

